

Learning Disability Resident Advisory Group Minutes

Monday 16 December 2024

People at the meeting:
Residents Awa Jagne (Co-chair) Neil Johnston (Delivery Board Co-Chair) Sunmibare Osimsaya Titilajo Adedorkun Jason Frank Jane Defoe Bamidele Bamidondie Dele Tresoruwase Titilayo Adeyokun Yasmin Adam Olanice Sonia Kathleen
Professionals/ paid staff Melissa McAuliffe (Co-Chair) Trish Mooday (Voiceability) Yasmin Adam (Voiceability volunteer) Daniel Nichols (Adults' Commissioning, LB Newham)
Apologies None



What we talked about and Actions Welcome and introductions/apologies 1. welcome Melissa welcomed attendees and shared apologies. Attendees introduced themselves. 2. **Updates from the last meeting** Melissa reported. **Action 4** Melissa will continue to follow up regarding the local MPs. **Action 6** social worker Melissa re-invited the Learning Disability Social Work Managers to the meeting in March. They will talk to the group about flyers that they want to produce. 3. **Feedback from Delivery Board** Neil reported. Melissa told the Delivery Board about Year 3 of the Action Plan. She will talk about this later.

There are two actions that need to be finished.





The group talked about the importance of having emergency and long term plans for Carers over 50 years old.



Children's and Adult Social Care are writing a Preparing for Adulthood guide. This will be for children who have disabilities and education needs.

Melissa will share this when it is ready.



Health are going to look at Newham Centre for Mental Health. They are going to make it more autism and learning disability friendly for patients.



4.











Feedback from the Learning Disability and Autism Joint Planning Group

Melissa reported. She raised the following issues:

- Dietician support
- Mental Health support for people who misuse alcohol or illegal drugs

- Issues with Newham Centre for Mental Health telling the Integrated Care Board if there is a new Autistic Patient or patient with Learning Disabilities
- Learning Disability Diagnosis in Adults. There are no specialists dealing with this locally.



5.



Action Plan Year 3

Melissa reported.

Newham had an Adult Action plan about how to make Newham better for adults with learning disabilities. We are in the last year of this, and this is what Melissa thinks should be our priorites for the year ahead.

Heard and valued

Give Oliver McGowan training to:

- · Council's front line Adult Social Care staff
- Commissioned CQC Providers
- · Barts front Line staff and
- ELFT front line staff
- This will involve training 40,000 staff in the NHS alone



training

Work with residents to get feedback about the accessibility of our online information.

This includes the Newham and Well Newham websites.



The Council will develop a Learning Disabilities (and Autism) pack for new Social Workers.

This may include videos / training with residents.

Accomodation and Housing

Review the Floating Support offer for residents with Learning Disabilities.







Make changes to Shared Lives. These changes were learned from the Shared Lives Review.

Review and refocus the Supported Living at Ranelagh Road.



Connected and Involved

Support ILSS (Independent Living Support Services) to help the people they support connect with each other develop Friendship Circles.



Finish work on the Sex and Relationships Policy for inborough accommodation-based Providers.



ning & Skills

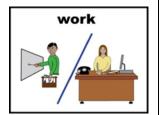
Our Newham Learning and Skills to develop an action.

Work with Better Leisure to develop an action.



Work and Purpose

Our Newham Work to write an action about Supported Employment.



Develop a few Apprenticeships in Construction for People with Learning Disabilities. To be paid for with Social Value funds.





Community Opportunities Team (Newham) to take over the shop at Newham Dockside and provide training in retail.



Health and Social Care

Deliver a Learning Disability specific Healthy Weight Project.



Review the environment and support offered to patients who have Learning Disabilities at Newham Centre for Mental Health.



The East London Foundation Trust (ELFT) will set up an Employment Forum.

This will promote training programmes and increase the number of people with learning disabilities in the workforce.



Health and Social Care to improve how they fund packages together.



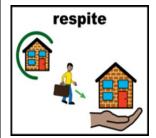
Empower staff to have End of Life conversations.

Including accessible materials and enabling choice.





ELFT Cancer Screening project AND Healthwatch Newham project to be delivered regarding Health Screening Uptake for people with learning disabilities.



Newham wants to look at it's respite offer.



Identify people who are not using planned respite who have:

- -Unpaid Carers giving 35+ hours of care and support per week;
- -people who have Profound and multiple learning disabilities.



Work has started to identify Carers 50 years or older. This will help with long term and emergency planning.

5.

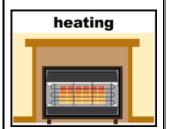


Time of future meetings

Following a discussion, it was decided that future meetings should take place between 11am and 1pm.



6.



SCOPE Energy Bills

Imran Jabber from SCOPE gave a presentation on the help that they can give people with their heating, electric and water bills. They have advisers based in East Ham and Green Street libraries who can speak to you about getting help with your bills from water and energy bills.

Further details of the scheme are available <u>here</u>.

7.



Any Other Business

Trish from VoiceAbility said that they had been contacted by the Royal Observatory in Greenwich for feedback on the accessibility of their venue. The group discussed ther possibility of a visit to Greenwich in late January or February 2025.



The group discussed having a meeting themed on safety in June or July which we could invite the police to. Trish suggested that we could discuss the nine "protected characteristics" under the 2010 Equality Act.

8.



Date of next meeting:

Monday 17 March 2025

11am to 1pm (new time)

Canning Town Library