








Learning Disability Resident Advisory Group Minutes

Monday 16 September 2024

	<p><u>People at the meeting:</u></p> <p>Residents Nathan Paul (Co-chair) Jade Sempare (Delivery Board Co-Chair) Neil Johnston Sunmibare Osimsaya Titilajo Adedorkm Rafal Marseynsian Jason Frank Tinka Dimtrova Jane Defoe Awa Jagne Bamidele Bamidondie David Goodman Dele Blessing Lawal Toby Olokadians</p> <p>Carers Tina Lawal</p> <p>Professionals/ paid staff Melissa McAuliffe (Co-Chair) Jacqui Pringle (Community Neighbourhood Link Worker, LB Newham) Sonia Thomas (p.a.) Daniel Nichols (Adults' Commissioning, LB Newham)</p>
	<p><u>Apologies</u></p> <p>None</p>

		What we talked about and Actions
<p>1.</p>	<p>welcome</p>  	<p>Welcome and introductions/apologies</p> <p>Melissa welcomed attendees and shared apologies.</p> <p>Attendees introduced themselves.</p>
<p>2.</p>	<p>minutes</p>  <p>clip toenail</p>  <p>physiotherapy</p> 	<p>Updates from the last meeting</p> <p>Nathan reported.</p> <p>Action 1</p> <p>Health staff are going to find out about help for people who cannot cut their nails.</p> <p>Completed – the form is attached separately.</p> <p>They may ask questions like:</p> <ul style="list-style-type: none"> • Why do you need help? • If you are ‘housebound’, have an additional physical disability, or behaviours that challenge <p>Action 2</p> <p>Health staff are going to find out about help for people who need Physiotherapy.</p> <p>There is a form that you can fill in and email which is attached separately.</p>

Resident Advisory Group
Rules for Meetings



 We will:	
	<ul style="list-style-type: none"> • Be on time
	<ul style="list-style-type: none"> • Turn off our mobile phones
	<ul style="list-style-type: none"> • Use the communication cards
	<ul style="list-style-type: none"> • Talk when it is our turn
	<ul style="list-style-type: none"> • Give everyone a chance to talk
	<ul style="list-style-type: none"> • Repeat what we say if others cannot hear • Speak as clearly as we can
	<ul style="list-style-type: none"> • Give people time to think and reply
	<ul style="list-style-type: none"> • Use fappause rather than clapping

Action 3 – Melissa to update the rules

Completed – see separate sheet.



Action 4 - Melissa will find out about the All Party Parliamentary Group on Learning Disabilities

This is no longer running. This may be because of the election.



Action 5 – Simon to send information about the East London Foundation Trust's Conference. This was on 24 July.

Completed.





COURSES FOR ADULTS WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES



We are offering a selection of short, interesting and progressive courses for adults with special educational needs and disabilities at various centres.




Action 6 – Melissa to invite Social Work and Community Neighbourhood Link Workers to a meeting.



Action 7 – You were unhappy that there were fewer courses at the Learning Zones.

Melissa contacted Our Newham Learning and Skills about this. They did not agree. They said that supported 227 learners last year (Up from 178 in 2022/23).

		<p>You can look on https://www.onls.ac.uk/send.php for Autumn Courses or contact Maysie Brown on 0203 373 1977 or 07974 495065.</p> <p>Other Updates</p> <p>After the last meeting Jade said that she wanted to meet people outdoors.</p> <p>In August, Jade and Melissa went to visit East Ham Nature Reserve.</p> <p>Would you like to join a new group there to have coffee, talk about nature and do crafts?</p> <p>A new Learning Disability Enablement Worker was employed by the Council. They are doing 1 to 1 work with people referred for Adult Social Care to learn independent living skills.</p> <p>Newham has got a new project on Care Technologies</p> <p>There is an updated 2024-29 plan for 50 Steps for a Healthier Newham This includes: Step 19 Make Newham a neurodiversity- and disability-friendly borough.</p> <p>Actions below in blue new.</p>
<p>3.</p>		<p>Feedback from Delivery Board</p> <p>Nathan reported.</p> <p>The Board met on 2 August 2024.</p> <p>We had a presentation on a report called <i>the Health Needs Assessment for Learning Disability Services</i>.</p> <p>This was a report from the North East London ICB (Integrated Care Board). It buys all of the health care and some of the social care in East London (Newham, Tower Hamlets and Hackney). They wanted to know</p>

		<p>more about how people access care and what is happening in their lives.</p> <p>Here is a link to the report in Easy Read.</p> <p>They will come to the December meeting to talk about it.</p>
<p>4.</p>		<p>Feedback from the Learning Disability and Autism Joint Planning Group</p> <p>Melissa reported.</p> <p>There may be a small amount of money available for Learning Disabilities.</p> <p>This is called Equity Funding. They would like to look at projects on:</p> <ul style="list-style-type: none"> • Raise awareness; • Develop existing community resources; • Develop or strengthen peer support groups or other measures to reduce social isolation/ increase inclusion; • Continue to strengthen Carer Support • Support wellbeing and positive mental health. <p>There will be a further update at the next meeting.</p> <p>Jade asks about financial support for family carers. Melissa replied that they are entitled to claim benefits.</p>
<p>5.</p>		<p>Adult Social Care and Community Neighbourhood Link Workers</p> <p>Jackie reported.</p> <p>She is part of a small team of link workers, there is one in every area of Newham.</p> <p>You can chat with them about what you want to do (for example: support, activities, groups) and make an</p>

	<p style="text-align: center;">library</p>  <p style="text-align: center;">website</p> 	<p>action plan. They can work with you for up to 6 weeks and can meet with you anywhere.</p> <p>One of their main goals is preventing people from being isolated which can lead to depression and other problems.</p> <p>You can access the service via libraries and the team can pass on their mobile phone numbers.</p> <p>ACTION: Jacqui shared a flyer at the break.</p> <p>Jade said that she was interested in change in society, wants to do performances. Jackie replied that a link worker could attend her 'ActUp' performance group.</p> <p>Jackie said that the Joy website is good for finding activities.</p> <p>Jade asked if they have hearing loops. Jackie replied that they do.</p> <p>Melissa said that she was setting up a WhatsApp group and that a social worker will be invited to a future meeting.</p>
<p>6.</p>	<p style="text-align: center;">vote</p> 	<p>Vote for new Co-Chairs</p> <p>Nathan outlined the role of the co-chairs.</p> <p>There are two resident co-chairs: 1x LD Residents' Advisory Group Co-chair 1x LD Action Plan Delivery Board Co-chair</p> <p>'Job shares' are possible for both roles.</p> <p>After a vote: Awa was elected LD Residents' Advisory Group Co-chair. Neil was elected LD Action Plan Delivery Board Co-chair.</p>

7.	<p>anything else</p> 	<p>Any Other Business</p> <ul style="list-style-type: none"> • Melissa thanked Nathan, Jade and Christopher (previous co-chairs). • Ageing Well festival - 5th October - Forest Gate Community School. • A transition event will take place in October for young people 14-25 years old (will go out on WhatsApp).
8.	<p>meeting</p> 	<p>Date of next meeting: Monday 16 December 2024</p> <p>10:30 am to 12:30 pm</p> <p>Canning Town Library</p> <p>Jade suggested a later start time. In response, Melissa asked for suggestions for start times for meetings in 2025.</p>