

Learning Disability Resident Advisory Group



Welcome

Learning Disability Resident Advisory Group

10:30- 10:40	Welcome and introductions, minutes from last meeting, Fire Safety	Awa
10:40-10:50	Feedback from Delivery Board	Neil
10:50-10:55	Feedback from the Learning Disability and Autism Joint Planning Group	Melissa
10:55-11:25	Action Plan Year 3	Melissa
11:25-11:35	Break	Everyone
11:35-11:55	Learning Disability Report	Ruth Cooper
11:55-12:20	Scope Energy Bills	Imran Jabber
12:20-12:30	Any Other Business Meeting finishes	Awa + Everyone



Welcome

Minutes from the last meeting:

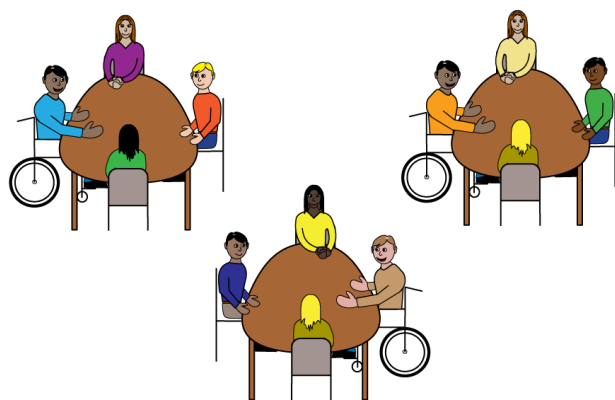
Action 4

Newham MPs:

Action 6

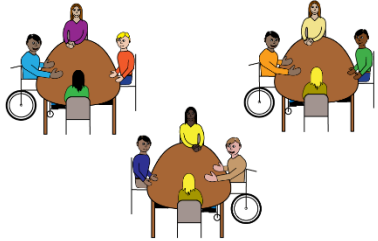
Melissa re-invited the Learning Disability Social Work Managers to the meeting.

Learning Disability Delivery Board Feedback



Neil

Delivery Board Feedback



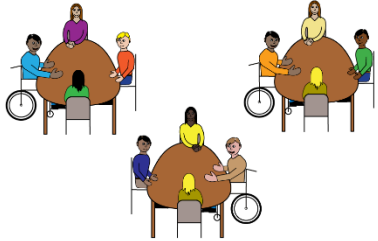
Melissa told the Delivery Board about Year 3 of the Action Plan. She will talk about this later.

There are two actions that need to be finished.



The group talked about the importance of having emergency and long term plans for Carers over 50 years old.

Delivery Board Feedback



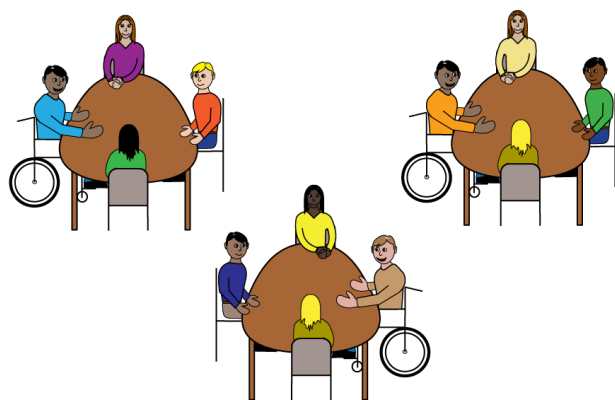
Children's and Adult Social Care are writing a Preparing for Adulthood guide. This will be for children who have disabilities and education needs.

Melissa will share this when it is ready.



Health are going to look at Newham Centre for Mental Health. They are going to make it more autism and learning disability friendly for patients.

Any Questions?



Learning Disability and Autism Joint Planning Group

Issues reported to the Joint Planning Group



- Dietician



- Mental Health support for people who misuse alcohol or illegal drugs



- Issues with Newham Centre for Mental Health telling the Integrated Care Board if there is a new Autistic Patient or patient with Learning Disabilities



- Learning Disability Diagnosis in Adults

Actions for Year 3



Newham had an Adult Action plan about how to make Newham better for adults with learning disabilities.

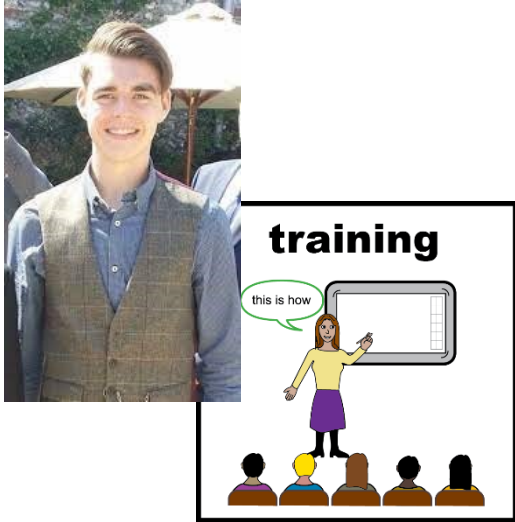
We are in the last year of this.

I am going to go talk about what we think should be in this.

I would like to hear your feedback after.

Action Plan Priorities for Year 3

Heard and Valued



Give [Oliver McGowan](#) training to:

- Council's front line Adult Social Care staff
- Commissioned CQC Providers
- Barts front Line staff and
- ELFT front line staff

Action Plan Priorities for Year 3

Heard and Valued



Work with residents to get feedback about the accessibility of our online information.

This includes the Newham and Well Newham websites.



The Council will develop a Learning Disabilities (and Autism) pack for new Social Workers.

This may include videos / training with residents.

Action Plan Priorities for Year 3

Accommodation and Housing



Review the Floating Support offer for residents with Learning Disabilities.



Make changes to Shared Lives. These changes were learned from the Shared Lives Review.

Review and refocus the Supported Living at Ranelagh Road.

Action Plan Priorities for Year 3

Connected and Involved



Support ILSS (Independent Living Support Services) to help the people they support connect with each other develop Friendship Circles.



Finish work on the Sex and Relationships Policy for in-borough accommodation-based Providers.



Our Newham Learning and Skills to develop an action.
Work with Better Leisure to develop an action.

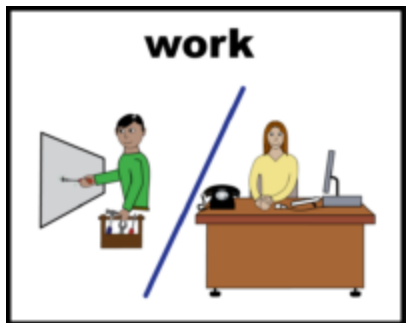


Action Plan Priorities for Year 3

Work and Purpose



Our Newham Work to write an action about Supported Employment.



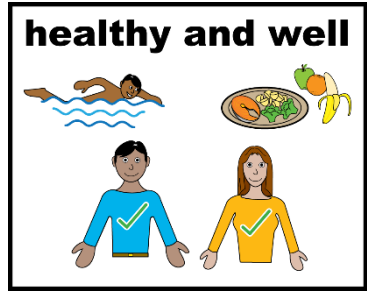
Develop a few Apprenticeships in Construction for People with Learning Disabilities. To be paid for with Social Value funds.



Community Opportunities Team (Newham) to take over the shop at Newham Dockside and provide training in retail.

Action Plan Priorities for Year 3

Health and Social Care



Deliver a Learning Disability specific Healthy Weight Project.



Review the environment and support offered to patients who have Learning Disabilities at Newham Centre for Mental Health.



The East London Foundation Trust (ELFT) will set up an Employment Forum.

This will promote training programmes and increase the number of people with learning disabilities in the workforce.

Action Plan Priorities for Year 3

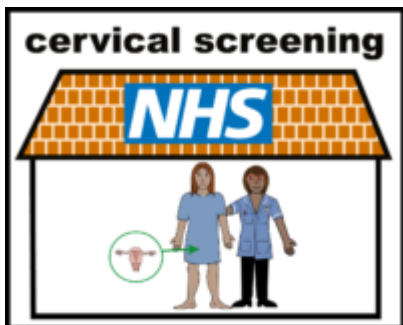
Health and Social Care



Health and Social Care to improve how they fund packages together.



Empower staff to have End of Life conversations.
Including accessible materials and enabling choice.



ELFT Cancer Screening project AND Healthwatch Newham project to be delivered regarding Health Screening Uptake for people with learning disabilities.

Action Plan Priorities for Year 3



Newham wants to look at it's respite offer.



Identify people who are not using planned respite who have:

- Unpaid Carers giving 35+ hours of care and support per week;
- people who have Profound and multiple learning disabilities



Work has started to identify Carers 50 years or older

- This will help with long term and emergency planning



Take a Break

Health Needs Assessment

Newham, Tower Hamlets and Hackney

- The NHS in North East London asked for a report called a Health Needs Assessment
- It is about:
 - Hackney
 - Newham
 - Tower Hamlets



North East London
Integrated Care Board



- The report is about the Health and Social Care needs of people who have a Learning Disability in East London.
- It tells us how we can try to do things better for people



- Different people were asked what they think, including people who have a Learning Disability



- This report found that there are more and more people with a Learning Disability living in East London.
- There are lots of cultures in East London , with Asian, Black and White people who have a Learning Disability



Health Needs

- People who have a Learning Disability can be more likely to:
- Have trouble with their heart
- Be more overweight
- To have Diabetes
- To have difficulty eating and drinking
- To have epilepsy
- To have trouble breathing



- To have sad, worried or confused thoughts and feelings
- To be lonely or bored
- Not to have a computer, or be able to use the internet



- Not to get all their vaccinations like their Covid or Flu Jab
- Not to have all their cancer screening tests - breast, bowel or cervical
- Be given medication for a mental health problem when they might not have one
- Have trouble finding a paid job



- To move out of their family home when they are young
- Have trouble moving from child to adult services - sometimes called Transition
- It is sometimes hard to find a college place
- Carers need more support
- Covid 19 was hard for people with a Learning Disability



What to Do?

- The report gives us some ideas or recommendations.
- Some of these are:
- We need to plan for more people in East London
- We need to work together to help people with their health
- Better Annual Health Checks with the Drs



- Training for staff about Learning Disability and Autism
- More jobs - in Newham we are doing some work around getting people jobs



How can we do this together – let's talk about it?

- Employment - learning about what everyo
- Screening for Cancer - how can we supp
to get the tests they need?



Scope Energy Bills

Imran Jabber

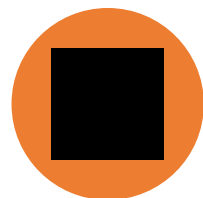
Thames Water –
WaterSure Tariff: available
to customers who have a
water meter. Customer
without a water meter can
have one fitted free of
charge (not always a
popular option)



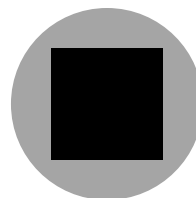


- Top 10 energy saving actions for your home
- Switch off standby. ...
- Choose energy efficient appliances. ...
- Control your lighting. ...
- Reduce your water use. ...
- Take control of your heating. ...
- Get savvy with smart controls. ...
- Draught-proof your home. ...
- Upgrade your windows and doors.

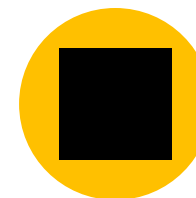
Eligibility:



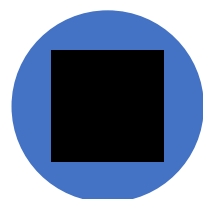
On a meter



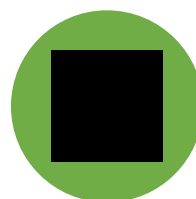
Struggling to pay their bill



Receive a Means Tested Benefit
(Universal Credit, Job Seekers,
Income Support, Child Tax
Credit etc)



Using more water than usual
due to a large family (3 or
more)



Or medical condition (stoma,
Crohns, Eczema, Incontinence
etc)

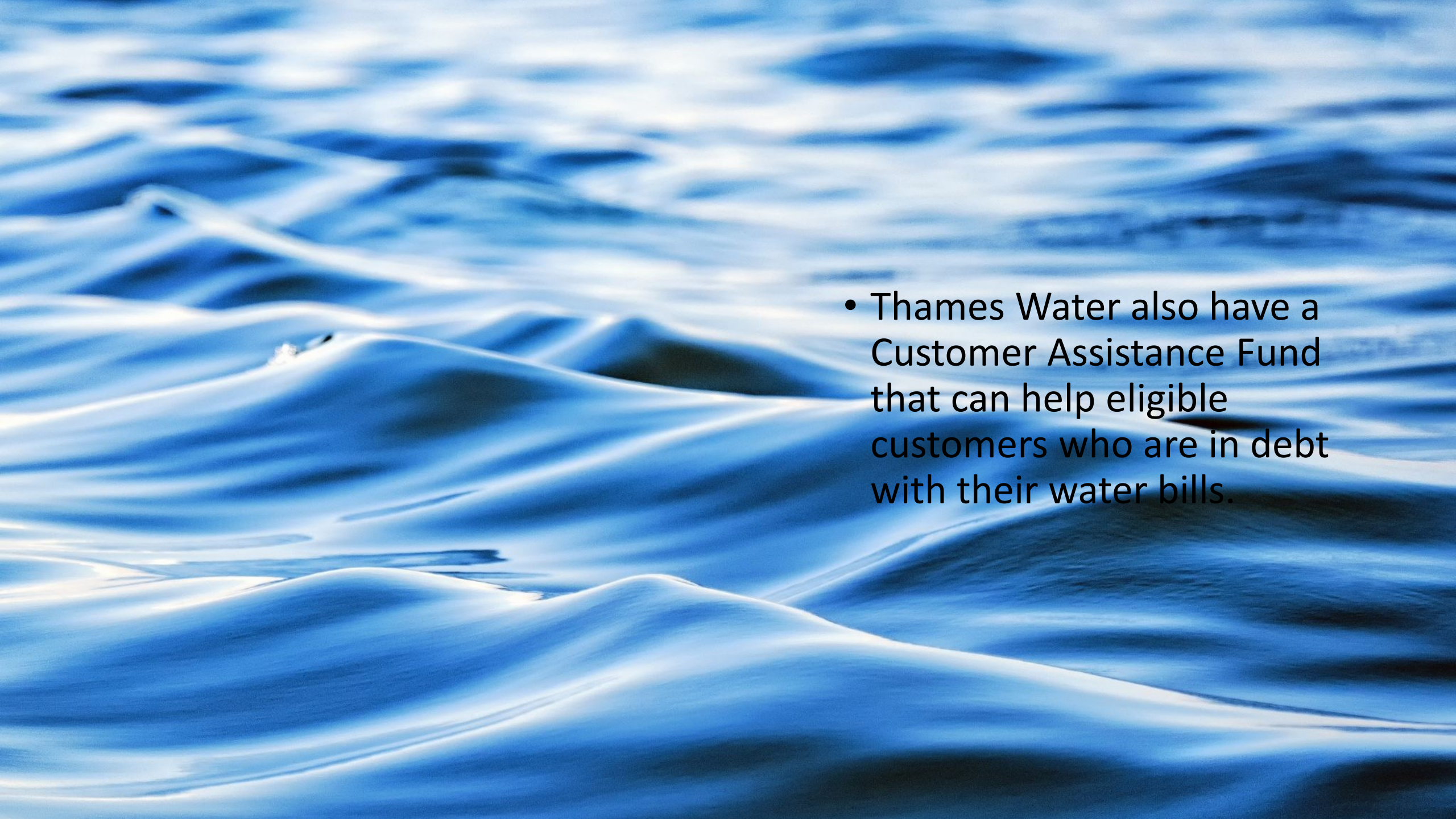
- Caps a customer bill at £471 for the year. If the customer already pays less than this their bill will not change.

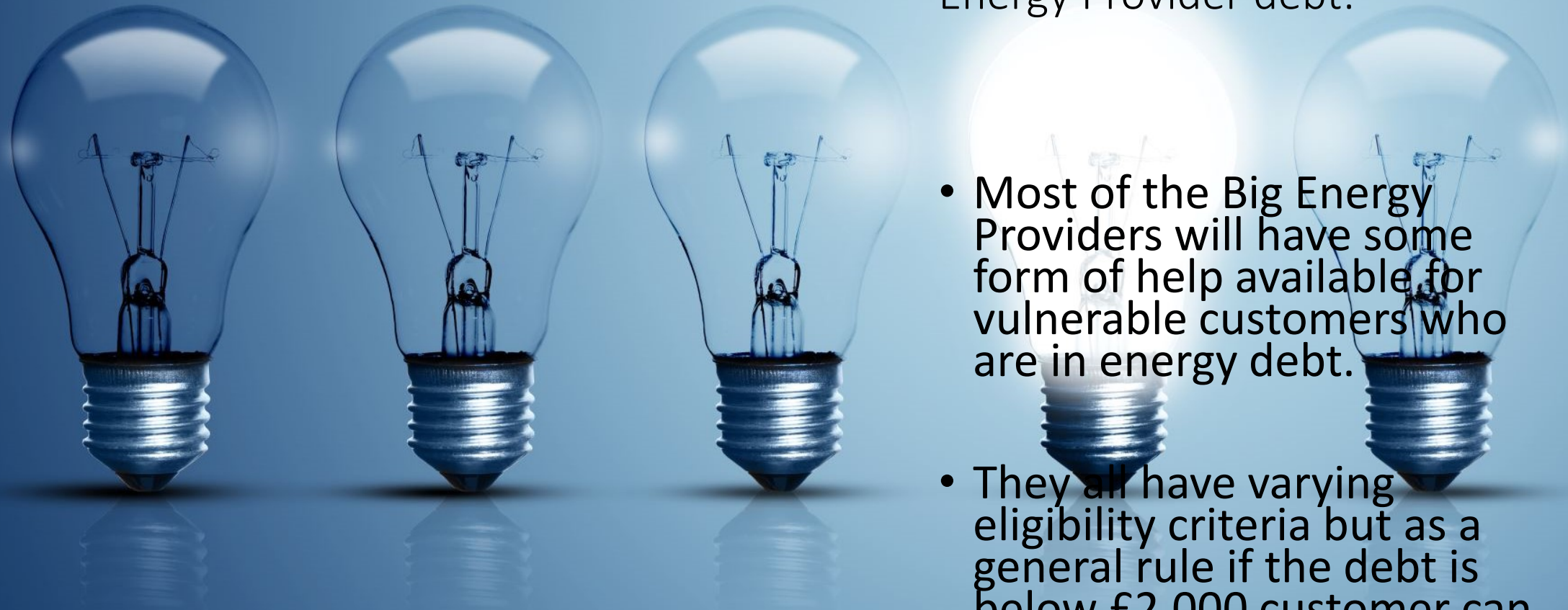


Water Help

- This tariff is generally based solely on income. If a customer in a London Burrough has a annual income of less that £21,749 (for the whole household) they are normally eligible.
- Customers will have to complete an Income & Expenditure form over the phone with Thames Water's Extra Care Team. This usually takes 40 minutes to an hour to complete.
- They will get an instant decision and the discount received is 50% regardless of how much their bill is per year.



- 
- Thames Water also have a Customer Assistance Fund that can help eligible customers who are in debt with their water bills.



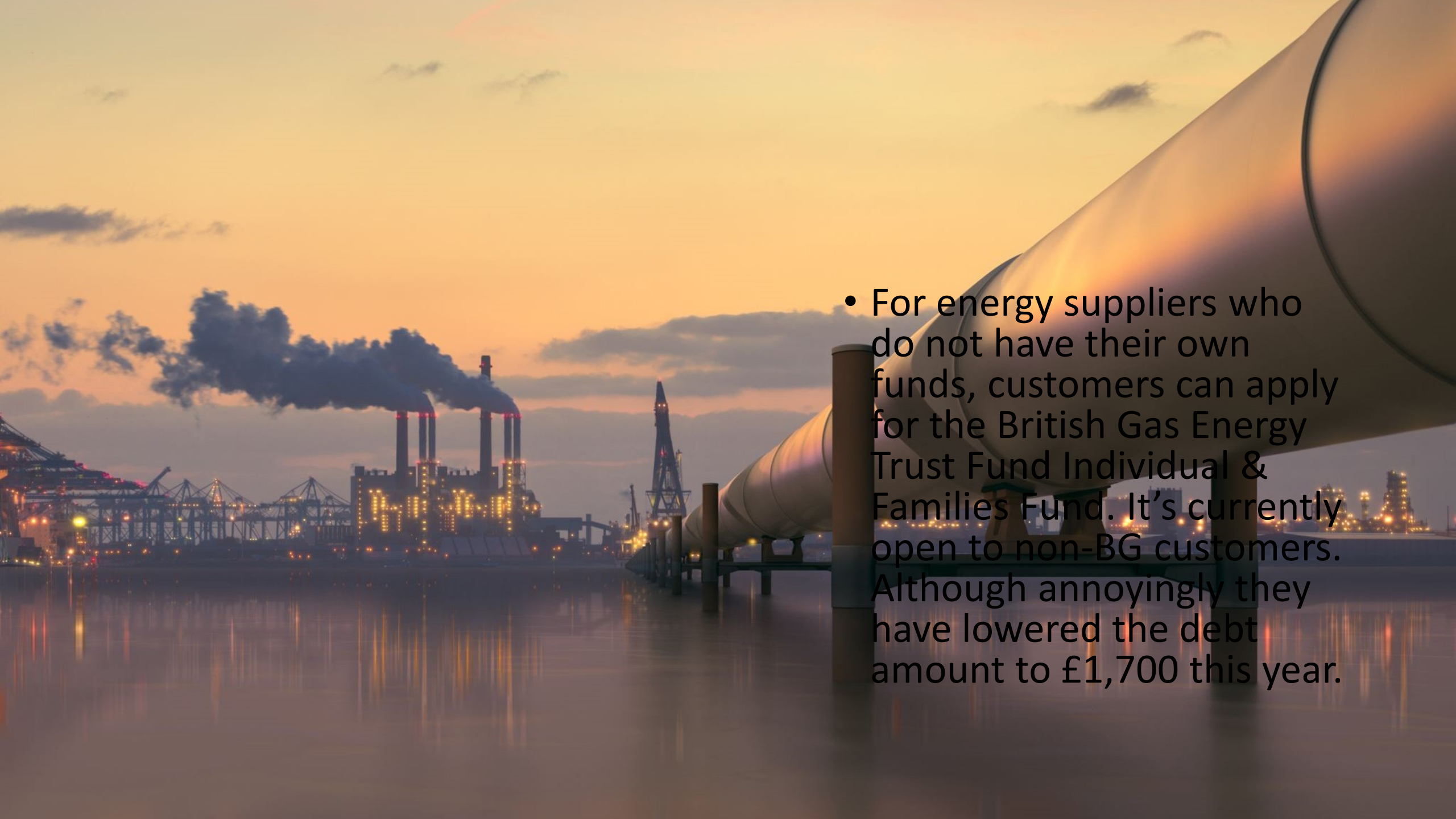
Energy Provider debt:

- Most of the Big Energy Providers will have some form of help available for vulnerable customers who are in energy debt.
- They all have varying eligibility criteria but as a general rule if the debt is below £2,000 customer can apply.



The following suppliers have their own funds:

- The following suppliers have their own funds:
- British Gas
- Scottish Power
- EDF
- E.On Next
- OVO/Boost
- Octopus Energy
- Utility Warehouse (Eric will know)

- 
- For energy suppliers who do not have their own funds, customers can apply for the British Gas Energy Trust Fund Individual & Families Fund. It's currently open to non-BG customers. Although annoyingly they have lowered the debt amount to £1,700 this year.



Pre-payment Customers:

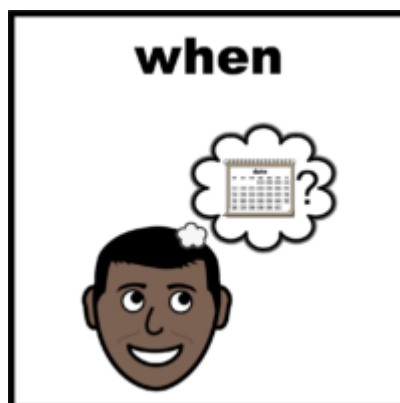
- Pre-payment Customers:
- If you speak to a customer who is on a pre-payment meter there is the Fuel Bank Foundation, through them we can currently offer a pre-payment top up voucher of £31.
- As we don't currently have everyone set up to issue vouchers. If you take the customers details we can contact them afterwards and I can go through the process with them over the phone.

kmh

mph



Any Other Business?



The next meeting will be:

**March 2025
10:30am to 12:30 pm**



Thank you