

Are you a Newham resident aged 50+?



Would you like to find out more about what Newham Council and our partners are doing to support residents to age well?

Would you like to share ideas and give views on the issues affecting residents aged 50+ - and also help shape local services?

If yes, please:

- join the Ageing Well WhatsApp Group (broadcast only messages) - or register to receive a quarterly newsletter

- come along to one of our quarterly face-to-face sessions
- join the Ageing Well Residents Advisory Group - who are independently leading / delivering actions in the Ageing Well Strategy Action Plans

To join and find out more email:

AgeingWell@newham.gov.uk or call: **02033730731**