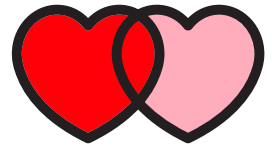


# North East London Joint Sexual & Reproductive Health Strategy (2024 – 2029)

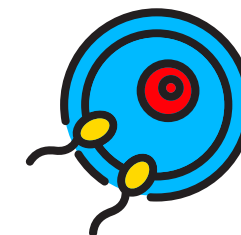
Action Plan  
Newham



# Priority 1: Healthy and fullfilling sexual relationships



Ref	Strategic Aim/ Outcome	Action	No.	Task for 2024-25 (Year 1)	Measure of success	Rationale for the target	Estimated delivery date
A	Increase SRH knowledge and awarness amongst health professionals and front line staff	Enhanced psycho-sexual capacity building in health professionals and VCFS parters.	1	Training, outreach and support to Primary Care professionals and Mental Health Teams in ELFT and/ or the VCSE, focus on anxiety and distress and impact on intimacy.	Training schedule: 1x session per month. Feedback gathered from training, shared quarterly at contract meetings.	Deliverables for enhanced NHS funding (£26k) provided until Nov 2024.	Nov 2024
			2	Partner with a VCSE organisation based in Newham to promote awareness and knowledge of sexual practices, relationships, and wellbeing.	Feedback gathered from outreach, shared quarterly at contract meetings.	Deliverables for enhanced NHS funding provided until Nov 2024.	Nov 2024
B	People know where to access sexual and reproductive health services	EI Clinic - Improve number of Newham residents accessing or awareness / marketing to attract more Newham residents	3	Training and support for primary care professionals in ELFT and VCSE. Promoting awareness and knowledge of sexual health practices, relationships, and wellbeing by partnering with VCSE organization(s) in Newham.	1 session per month (training), 1 outreach event per month	NEL Chemsex working group identified gaps in knolwedge regarding Chemsex related issues. This prevents health professionals in engaging with this community and impacts on the referrals.	Mar 25
			4	Increase the number of referrals to the service and ensure that reffered clients engage with the service	20% increase in referrals (with 80% of all referrals actively engaging with the service)	266% increase in nuber of referals for psychosexual support in 2023-24. In 2022-23, there were only 3 referrals. In 2023-24,there were 11 referrals	Mar 25

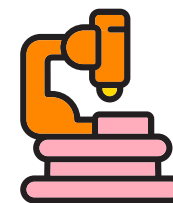


## Priority 2: Good reproductive health across the life course

Ref	Strategic Aim/ Outcome	Action	No.	Task for 2024-25 (Year 1)	Measure of success	Rationale for the target	Estimated delivery date
C	Reproductive Health services across the lifetime are client-centered and responsive to community needs	LARC - GPs: Increase provision and equity of LARC in primary care	5	Minimum Two Fitters per Quadrant	Maintain at least Two Fitters per Quadrant	Year One Target from NHC spec: estimated for reasonable and consistent level of access.	Sep 2025
			6	One LARC Hub per Quadrant	One LARC Hub per Quadrant - priority is Quad 2 (relatively low existing PC LARC activity and NE location not close to SLG)	Woodgrange Quad 1 currently delivering. Most need in Quad 2 - target Practice in Quad 2 is Carpenters (Manor Park). Ongoing.	Mar 25
			7	Establish LARC equity baseline in GP primary care	LARC baseline agreed, neighbourhood equity targets set and Power BI reports in place by March 25	Year One Target from NHC spec: equity of access.	Mar 25
D	Consistently timely access to high-quality services for contraception, abortions and menopause	LARC - Barts: Increase overall uptake	8	Increase LARC uptake among women	2,292 LARC fittings completed	Increase LARC uptake can bring long term PH savings, reduce unwanted pregnancies and number of abortions	Mar 25
			9	Increase proportion of women on LARC out of all women on contraception	22%	The distribution of contraceptive use varied significantly by race/ethnicity. In Newham is lower among women from Asian, Black and Mixed ethnic backgrounds.	Mar 25

Ref	Strategic Aim/ Outcome	Action	No.	Task for 2024-25 (Year 1)	Measure of success	Rationale for the target	Estimated delivery date
FE	Reproductive Health services across the lifetime are client-centered and responsive to community needs	Pharmacy - Condoms: Increase number of sites delivering C-Card registrations	10	Implement and monitor enhanced marketing and training	Minimum 2 pharmacy sites providing C-Card registrations in Quadrant 1 and 4.	Quadrant 1 and 4 (North West and South East) do not currently have any active C-Card providers).	Mar 25
		Pharmacy - EHC: Ensure minimum number of PGD trained pharmacists delivering in each Quadrant.	11	Develop a log and baseline for PGD-trained pharmacists by Quadrant. Implement additional training as required.	All 16 'Specialist' contracted pharmacies have minimum one PGD-trained pharmacist delivering EHC.	Ensuring coverage of free EHC at community level for women aged 15-24.	Mar 25
		Pharmacy - EHC: Improve equity of uptake of EHC	12	Establish Power BI report to outline where inequity exists (age, ethnicity) and develop a plan to address via training, Pharmoutcomes template updates and social marketing (use NEL insights)	Training completed, system updates implemented, marketing plan agreed.	Working towards more equitable uptake of free EHC at community level for women aged 15-24.	Mar 25

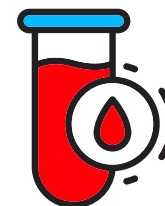
## Priority 3: High quality and innovative STI testing and treatment



Ref	Strategic Aim/ Outcome	Action	No.	Task for 2024-25 (Year 1)	Measure of success	Rationale for the target	Estimated delivery date
F	Consistency timely access to high quality STI services	Barts: STI recall and re-test: invite	13	Promote regular testing among the STI high-risk population.	99%	In 2022, Newham had 14th highest STI diagnoses rate (1,208) per 100,000 population out of all London Local Authorities, which is similar to the region rate (1,297/100,000) and significantly higher than England rate (694/100,000).	Mar 25
		Barts: STI recall and re-test: uptake	14	Promote regular testing among the STI high-risk population.	50%		Mar 25
G	Consistency timely access to high quality STI services	Barts: Hep vaccine first dose	15	Increase Hep A and B Vaccine uptake (first dose) among eligible residents	Hep A:43, Hep B 160	The hepatitis vaccines is recommended for people at higher risk from hepatitis B, including: people who inject drugs or live with someone who injects drugs, people who change sexual partners often. gay, bisexual and other men who have sex with men.	Mar 25

Ref	Strategic Aim/ Outcome	Action	No.	Task for 2024-25 (Year 1)	Measure of success	Rationale for the target	Estimated delivery date
H	Costistency timely access to high quality STI services	Barts: Hep vaccine full course	16	Increase Hep Vaccine uptake (recall) among eligible residents	Hep A: 70%, Hep B - 75%	It is essential to receive 3 doses of the Hep vaccine to provide best protection from hepatitis infection	Mar 25
		GPs: C&G screening: Increase number of screening tests	17	Increase the number of GPs offering opportunistic C&G screens to 15-24 year olds	Minimum 50% of Practices in each PCN offering C&G screens.	23-24 only 9 Practices delivering and notable variation by PCN.	Mar 25
I	Resinfection rates, monitor, reduce and get consistent reporting	GPs: C&G screening: Increase detection rate	18	Increase detection rate to minimum 500 / 100,000	Increase detection rate to minimum 500 / 100,001	Detection rate is a good summary indicator that accounts for amount of testing done and also positivity rate. Currently at 200 / 100,000 in GPs. There's no readily available benchmark for GPs (all include specialist clinics as well).	Mar 25

# Priority 4: HIV - towards zero and living well



Ref	Strategic Aim/ Outcome	Action	No.	Task for 2024-25 (Year 1)	Measure of success	Rationale for the target	Estimated delivery date
J	To increase uptake of PrEP in all eligible populations	PrEP at Barts : Increase number of new starters	19	To ensure that PrEP is offered for all eligible residents (beyond LGBTQ community)	450	PrEP reduces the risk of getting HIV from sex by about 99%. PrEP reduces the risk of getting HIV from injection drug use by at least 74%	Mar 25
K	To increase uptake of PrEP in all eligible populations	PrEP at Barts: Increase market share (%)	20	To increase number Newham residents accessing PrEP from their local SH clinic	40%	Currently high number of Newham residents access prep in Chel-West.	Mar 25
L	To increase uptake of PrEP in all eligible populations	PrEP at Barts: Women 4 Women - Number of trained advocates delivering in the community.	21	15	15	The proportion of Black African women diagnosed with HIV increased between 2017 and 2021 in England. The research shows that awareness of, and uptake of PrEP, is unequal with not all communities equally benefiting. This includes women, heterosexual men and people in Black African communities (THT, 2023)	Mar 25

Ref	Strategic Aim/ Outcome	Action	No.	Task for 2024-25 (Year 1)	Measure of success	Rationale for the target	Estimated delivery date
M	To increase uptake of PrEP in all eligible populations	PrEP at Barts: Improve the number of Newham residents accessing PrEP that are: a) Women and/or B) Of Black African heritage	22	Establish baseline and develop targets	Baseline and target established collaboratively with Barts clinical team. Year 1 target met	Despite accounting for over a quarter of new HIV diagnoses, only 1.3% of PrEP users in England are women	Mar 25
N	Reduce HIV late diagnosis	GP HIV Screening: Equity (Black African and M/F)	23	Establish baseline and set targets (Quadrants) for % of eligible and % screened (by ethnicity and sex)	Establish baseline and set targets (Quadrants) for % of eligible and % screened (by ethnicity and sex)	Monitoring of equity of offer and uptake is important to help reduce HIV late diagnosis. No up-to-date baseline data in GPs, currently.	Mar 25
O	Reduce HIV late diagnosis	GP HIV Screening: Improve offer rate to 90% on average for the borough.	24	Identify key Quadrants and Practices with low offer rates and develop specific plans for each. Agree plans with commissioners. Implement plans.	Minimum 50% of Practices with offer rates under 90% to hit the 90% target by March '25.	Improving opportunistic screening starts with offering tests. Aim is to reduce late diagnosis of HIV.	Mar 25



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## Action Plan Newham

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