

# WELCOME NEWHAM NEWS.

Edition: March 2024

Welcome to our March newsletter. Our aim is to highlight activities and events happening in the area that may be of interest to you.

## WELCOME NEWHAM.

### ONE-STOP SHOP.

In partnership with the voluntary and community sector, we have launched a weekly one-stop shop.

The weekly one-stop shops provide an opportunity to access a number of different service offerings to help establish a life in Newham. These are drop-in sessions so people can attend anytime - there is no need to RSVP. We also speak multiple languages.

On Thursday 14<sup>th</sup> March 2024 there will be no One-Stop Shop.  
We will be back on Thursday 21<sup>st</sup> March 2024.

**Welcome Newham Team**

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

**Phone:** 020 3373 3222

**Monday-Friday 10am-5pm**

# WELCOME NEWHAM NEWS

## Social Housing & Private Rented Sector Housing Sessions

Beginning the next phase of your life in the UK might seem daunting, Welcome Newham host Housing sessions every month. They are based in Stratford Library, 3 The Grove, London, E15 1EL from 3:30pm till 5:00pm.

The next session is:

- Thursday 4<sup>th</sup> April 2024
- Thursday 18<sup>th</sup> April 2024

At the workshop, you will meet with The PRS Team (Private Rented Sector Team) and the Homefinder organisation who are committed:

- **To advise and assist you on the challenges you may face when you transition to living in the private rented sector (PRS).**
- **How Newham Council is able to support you when the time comes to move to the private rented sector / social housing.**
- **To provide guidance that can help you navigate the private housing sector maximising the likelihood of success.**

In addition, we have stories for successful residents who have secured a PRS / Social Housing accommodation in and around the borough, so you can ask them questions about their experience and get useful information from them which can help you on your journey.

If you'll like to attend please email us at [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk) or by calling 02033733222 with your information.

**If you are a refugee currently living in NASS accommodation or a hotel and have received your leave to remain or eviction letter, please complete a HPAS application:**

[Homelessness Prevention and Advice Service \(HPAS\) – Homelessness prevention and advice – Newham Council](#)

If you need help completing the application, please click on the link below and watch the video:

<https://youtu.be/w8P72xxep64?si=Awikebwb228nwav7>

**If you would like social housing outside of London, register for Homefinder:**

[Customer login | Homefinder \(homefinderuk.org\)](#)

If you need help completing the application, please click on the link below and watch the video:

<https://youtu.be/ao8l1PP8jTQ?si=Y59FE1nXlrsEiDk>

**Welcome Newham Team**

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

**Phone:** 020 3373 3222

**Monday-Friday 10am-5pm**

# WELCOME NEWHAM NEWS

## Night Shelters – Homelessness in Newham



### CRISIS SKYLIGHT LONDON

If you are homeless or will soon become homeless, please call 020 7426 5650, email [london@crisis.org.uk](mailto:london@crisis.org.uk) or come to **Crisis London Skylight, 50-52 Commercial Street, London E1 6LT**



### SHELTER ENGLAND

If you are homeless, or at risk of becoming homeless, SHELTER offer advice, support and guidance with housing and benefits. Open Monday to Friday 9:30am to 6pm.  
Under 25 years old - 0330 053 6091 / 25 years and over - 0344 515 1540  
[www.England.shelter.org.uk](http://www.England.shelter.org.uk)



### DAY CENTRE IN EAST HAM

Address: **Bobby Moore Pavilion, Napier Rd, East Ham, London E6 2SG**

You will need to register when you first come to Newway, have a London borough of Newham Connection.

NEWday is unable to support adults with dependents (children/elders).

[www.newwayproject.org](http://www.newwayproject.org)



### STREET LINK

If you are CURRENTLY sleeping on the streets, use StreetLink.

This is the National Rough Sleeper referral helpline. You will need to register with them first.

[www.thestreetlink.org.uk](http://www.thestreetlink.org.uk) Choose 'Get Help for Yourself' and select 'Make an Alert'



### ST MUNGO'S

Visit St Mungo's for comprehensive advice across the whole of England [www.mungos.org](http://www.mungos.org)

**Welcome Newham Team**

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

**Phone:** 020 3373 3222

**Monday-Friday 10am-5pm**

## WELCOME NEWHAM NEWS

Any language is welcomed:

- Arabic • Pashto • Romanian • Polish • Bengali • Urdu • Lithuanian • Yoruba • Albanian
- Punjabi • Portuguese • Tamil • Hindi • Tigrinya • Kurdish • Spanish • Albanian

The training course is **FREE** - If you enjoy the tester session, we will invite you to take part in 3 workshops.

Travel fare reimbursed & free lunch **(YOU MUST BOOK YOUR PLACE)**

Criteria: Must live in Newham and be either a refugee or asylum seeker.

**Address: Canning Town Library – 18 Rathbone Market, E16 1EH**

**Book your place at the taster session by** sending an email with your full name, contact number, home postcode and status (refugee or asylum seeker) to [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk) or call 020 3 373 2222

**Welcome Newham Team**

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk) **Phone:** 020 3373 3222 **Monday-Friday 10am-5pm**

# WELCOME NEWHAM NEWS

## Tinder Sticks Adventure

Newham London

TinderSticks

Eastside Community Heritage

**DISCOVER EPPING FOREST  
FREE TRIP TO WANSTEAD PARK**

**FOR REFUGEES AND ASYLUM SEEKERS**

Enjoy a relaxing walk through the park, then settle in the woods with Tinder Sticks for a relaxing session drawing nature cards, learning how to make string and bracelets from plants or just enjoy a cup of tea around the campfire.

Accessibility: We will be sticking mainly to flat gravel paths with some gentle slopes and uneven ground. Please ensure you are dressed for the weather.

Wanstead Park  
Thursday 27th April  
11:20am - 12:40pm  
FREE

Meet at 11:20am at the Northumberland Avenue entrance (or contact us for transport opportunities)

Free refreshments provided

**MORE DATES AND TRIPS COMING SOON!**

Scan the QR code to sign up! Or email [freya@ech.org.uk](mailto:freya@ech.org.uk) or call 0208 5533 116.

Date:

Thursday 27<sup>th</sup> April 2024

Time:

11:20am – 12:40pm

Address:

Wanstead Park

Book tickets:

By scanning QR Code below or contacting Freya at [Freya@ech.org.uk](mailto:Freya@ech.org.uk)

### Welcome Newham Team

Email: [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

Phone: 020 3373 3222

Monday-Friday 10am-5pm

## WELCOME NEWHAM NEWS

### Discover Children's Story Centre x Film London & The New Black Film



#### Date & Time:

Saturday 13<sup>th</sup> April 2024 at 2:00pm

#### Location:

Discover Children's Story Centre - 383-387 High St,  
London E15 4QZ

#### Book Tickets:

[Film Screening: Wish - Discover Children's Story Centre](#)

**(Free with your Entry ticket)**

#### About the film:

Young Asha makes a wish so powerful that it's answered by a cosmic force, a little ball of boundless energy called Star. With Star's help, Asha must save her kingdom from King Magnifico and prove that when the will of one courageous human connects with the magic of the stars, wondrous things can happen.

Join Discover children centre and TNBFC as we celebrate 100 years of Disney with leading ladies from around the world, on land and sea, seeking adventure, saving the day. Sing-a-long with us to these animated and live action musicals enriched with culture, fun and laughter.

Along with each film, children will be able to explore the idea of going on an adventure and take part in a story build led by Discover's expert Story Builders.



### Welcome Newham Team

Email: [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

Phone: 020 3373 3222

Monday-Friday 10am-5pm

## WELCOME NEWHAM NEWS

### The New Black Film Collective x Newham Community Cinema

Newham Community Cinema in partnership with Welcome Newham and Film London brings a screening of - **WONKA**

With dreams of opening a shop in a city renowned for its chocolate, a young and poor Willy Wonka (Timothée Chalamet) discovers that the industry is run by a cartel of greedy chocolatiers. Armed with nothing but a hatful of dreams, young chocolatier Willy Wonka manages to change everything, one delectable bite at a time.

**Date & Time:**

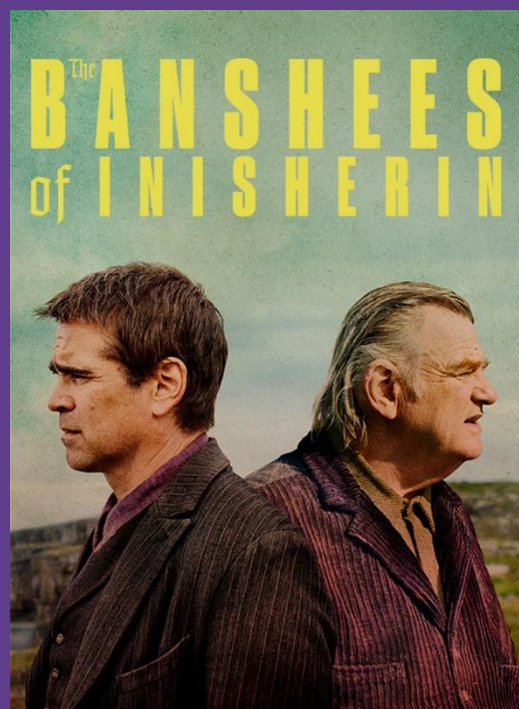
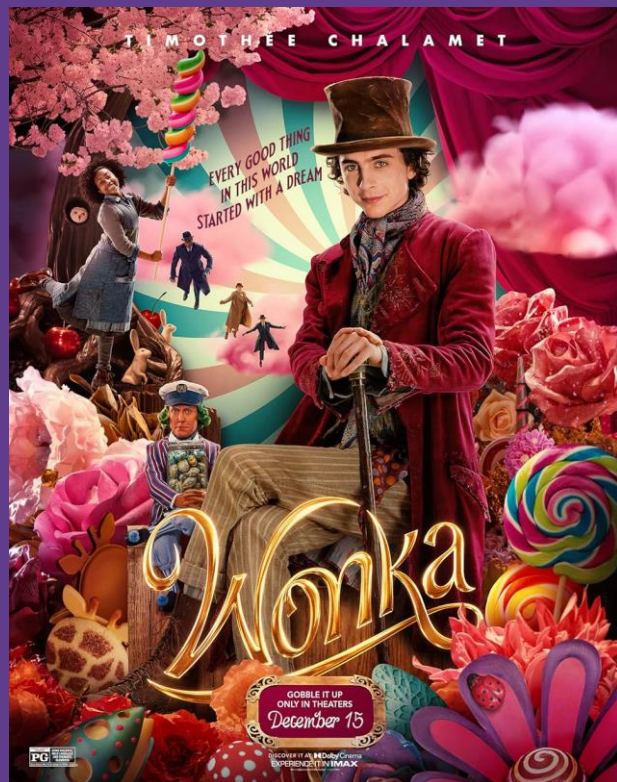
Friday 26<sup>th</sup> April 2024 – 4pm till 7pm

**Location:**

Stratford Library - 3 The Grove Stratford London E15 1EL

**Book Tickets:** [NEWHAM COMMUNITY CINEMA:](#)

[WONKA + Q&A Tickets, Fri 26 Apr 2024 at 16:00 |](#)



Newham Community Cinema, in celebration of St. Patrick's Day, presents a special screening of - **BANSHEES OF INISHERIN**

On a remote island off the coast of Ireland, Pádraic is devastated when his buddy Colm suddenly puts an end to their lifelong friendship. With help from his sister and a troubled young islander, Pádraic sets out to repair the damaged relationship by any means necessary.

**Date & Time:**

Wednesday 20<sup>th</sup> March 2024 from 6pm

**Location:**

Community Links - 105 Barking Road, London, E16 4HQ

**Book Tickets:** [NEWHAM COMMUNITY CINEMA: BANSHEES OF INISHERIN + Q&A Tickets, Wed 20 Mar 2024 at 18:00 | Eventbrite](#)

**Welcome Newham Team**

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

**Phone:** 020 3373 3222

**Monday-Friday 10am-5pm**

# WELCOME NEWHAM NEWS

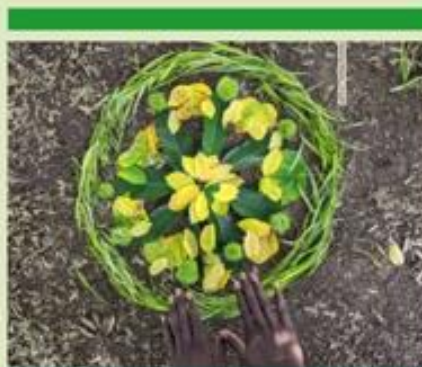
## Welcoming Wellbeing Workshops and Walk



Come and join our friendly Wellbeing Walks and Workshops!

We're holding three workshops in Newham, leading to a walk around Queen Elizabeth Olympic Park. Take part in craft activities, learn more about sustainability and become with the Park. A great way to meet new people, improve your wellbeing and learn new things!

This is suitable for refugees or people with leave to remain living in Hackney, Tower Hamlets, Waltham Forest and Newham.



**When?** Activities will take place on:

- Workshops: Thursdays, 1pm to 3pm, from 22nd February to 7th March
- Walk: Thursday 14th March, 10am to 1pm

**Where?** Newham – more details when you sign up

To sign up and for more information, please contact Lily at:

email: [welcomingwalks@](mailto:welcomingwalks@groundwork.org.uk)

[groundwork.org.uk](http://groundwork.org.uk)

mobile: 07912273994

Free to attend and with funds available to support travel expenses.



### Welcoming Wellbeing: Workshops & Walk

There are two upcoming workshop that will be held at:

Custom House Bookshop,  
3 Freemasons Road,  
E17 3AR  
at  
1pm-3pm

The 2 workshops are:

- Soap Making – 29th February 2024
- Nature Painting – 7th March 2024

The final session will be the Wellbeing Walk around the Olympic Park on the 14th March 2024 at 10am

To sign up and for more information, please email Lily at:

[Welcomingwalks@groundwork.org.uk](mailto:Welcomingwalks@groundwork.org.uk)

Welcome Newham Team

Email: [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

Phone: 020 3373 3222

Monday-Friday 10am-5pm



# WELCOME NEWHAM NEWS

## Community Meals/Food

The Help Thy Neighbour initiative  
Presents  
Together we can stop hunger

### Dates:

Saturday 30<sup>th</sup> March

Saturday 13<sup>th</sup> April

Saturday 27<sup>th</sup> April

### Time:

10am – 12pm

### Address:

Forest Lane Lodge, Forest Lane Park,  
Magpie Close, London E7 9DE


### Phone Number:

07860334814; 07789452145; 07888723403

For further details, please contact:

[Rccg.covenantsanctuary@aol.co.uk](mailto:Rccg.covenantsanctuary@aol.co.uk)

The **Help Thy Neighbour** Initiative  
P R E S E N T S  
**Together we can  
stop Hunger**



Highlights: Free food distribution and serving of cooked food

## Empower yourself in 2024

Join the "Help Thy Neighbour Project"  
courses from Jan 29 - Mar 23, 2024



## Empower yourself in 2024

Don't miss out in this chance to learn, grow and make a difference.

### Free Courses:

- Health Informatics
- Graphic Design
- Handy Skills in Painting
- Catering Business

### Contact:

Email: [covenantsanctuaryrccg@gmail.com](mailto:covenantsanctuaryrccg@gmail.com)

Phone Number: 07860334814; 07789452145;  
07888723403

## Welcome Newham Team

Email: [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

Phone: 020 3373 3222

Monday-Friday 10am-5pm

# WELCOME NEWHAM NEWS



## Better Gym

Better Gym are offering free 6 Month membership to all who have had their Refugee status granted in the last 12 months, in addition resident waiting for a decision from the Home Office can apply.

Applicants can choose to access the leisure centres from different locations. The membership is for **Young people (13-16)** and **adults (16+)**

Please find link below for referral;

[A Charitable Social Enterprise. Join us now. \(better.org.uk\)](https://www.better.org.uk)

## Community Wardrobe at the Salvation Army

### Dates:

Thursday 18<sup>th</sup> April 2024

### Time:

10:30am – 12:30pm

### Address:

Stratford Salvation Army – 1 Paul Street, E15 4QB

Salvation Army Community Wardrobe is open bi-monthly in Stratford. We have low cost/affordable pre-loved clothing as well as clothing that is vintage, designer, labels and even brand new with tags.

We ask for a donation towards entry of just 50p per adult which entitles you to a free coffee or tea! Light refreshments are available. We have a card machine for any payments over £5. We do politely ask that any packaged clothing is not opened and that children are supervised at all times.

## Welcome Newham Team

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

**Phone:** 020 3373 3222

**Monday-Friday 10am-5pm**

# WELCOME NEWHAM NEWS

ALL SERVICES  
FULLY FUNDED



Royal Docks Learning & Activity Centre

## WELCOME NEWHAM PROJECT

**SUPPORTING ALL NEWLY ARRIVED NEWHAM RESIDENTS, INCLUDING NEWLY ARRIVED UKRAINIANS, THOSE SUBJECT TO NO RECOURSE TO PUBLIC FUNDS (NRPF), REFUGEES AND THOSE SEEKING ASYLUM.**

### WELCOME & WELL-BEING CHAMPION SUPPORT

**MEET RDLAC'S WELCOME AND WELL-BEING CHAMPION**

**MONDAYS - TUESDAYS - THURSDAYS 10AM - 1.30PM.**

THE WELCOME AND WELLBEING CHAMPION WILL HELP INDIVIDUALS AND FAMILIES SIGN UP FOR RDLAC'S SERVICES FOR COMMUNITY MEMBERS INCLUDING;

**WALKING GROUP - WOMENS ART GROUP -  
MENS MH SUPPORT GROUP - FOODBANK - YOGA -  
FRIENDSHIP GROUPS - COMMUNITY CAFE - WARM HUB -  
CHATTY CAFÉ - COOKING TUTORIALS - YOUTH CLUB**

### WELCOME LUNCHES & COMMUNITY TRIPS

**FUNDED WELCOME LUNCHES** - MEET OTHER NEWLY ARRIVED NEWHAM RESIDENTS AND LOCAL COMMUNITY MEMBERS - 12PM - 2PM ON;

**14/2/24 - 14/3/24 - 23/4/24 - 6/6/24**

**FUNDED COMMUNITY MONTHLY TRIPS** TO UK PLACES OF INTEREST - 10 SPACES FUNDED EACH MONTH INCLUDING COACH AND MEAL - CONTACT US FOR DATES, PLACES AND TO SIGN UP [ADMIN@RDLAC.ORG.UK](mailto:ADMIN@RDLAC.ORG.UK)

**FOR FURTHER INFORMATION PLEASE CONTACT US**

**EMAIL: [DEPUTY@RDLAC.ORG.UK](mailto:DEPUTY@RDLAC.ORG.UK)**

**PHONE: 0207 476 1666**

**RDLAC, ALBERT ROAD - NORTH WOOLWICH E16 2JB**

**Welcome Newham Team**

**Email: [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)**

**Phone: 020 3373 3222**

**Monday-Friday 10am-5pm**

# Welcome Newham partnership with Small Grants Organisations

Organisations	Summary of Projects
Alternatives Trust	Courses in our Centre's 'Learning Hub' – a boardroom with a screen and donated laptops to fill basic skills gaps that prevent women from finding work or studying in the UK. They aim to help women be ready to find work when they have the immigration status that allows them to do so.
Bonny Downs Community Association	Family Hub project welcomes all refugee/ migrants/asylum seekers parents in Newham with dependent children who are struggling to raise family on their families on very low incomes and/or without the support network of extended family nearby. The free weekly drop-in group offers food, peer support, donated second hand clothing, parent-led cooking workshops, toys for the children to play with, and trained advocates who can help with immigration/housing/domestic abuse/school registrations
Eastside Community Heritage	This project aims to enable refugees to explore places in Newham and find out about their cultural, community and heritage associations.
Inspire Women, Men and Children	Help people prepare for life in Newham through social activities, training and volunteering opportunities.
Newham Community Project	Employability, healthy eating clubs, workshops on health, outreach and resettlement support
RDLAC	RDLAC Champion will provide support to the community making them aware of RDLAC projects including walk groups, art groups, mental health support groups, youth groups, gardening groups, cooking tutorials and hot meals, and friendships groups. In addition, there will be 10 funded places each month for individuals / families to join RDLAC monthly coach trips and community events.
Rosetta Arts	Work jointly on creative activities aimed at developing skills in textile-making and social entrepreneurship.

**Welcome Newham Team**

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

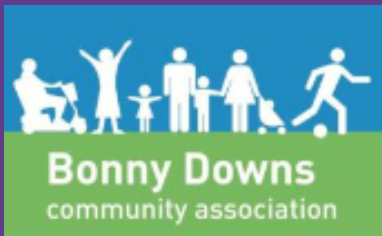
**Phone:** 020 3373 3222

**Monday-Friday 10am-5pm**

## WELCOME NEWHAM NEWS

# Welcome Newham partnership with Small Grants Organisations part 2

Organisations	Summary of Projects
Skills Enterprise	Provide monthly and weekly activities that will support refugees and people seeking asylum in building social connections, raising their awareness and knowledge about UK systems and accessing appropriate support.
The new Black Film Collective	Over the course of the project, we will hold nine events for groups moving into Newham: three for people of African heritage, three for people of Asian heritage and three for people of Eastern European heritage. Each of these events will be held at mostly Stratford East Picturehouse and will include a free screening, a culturally-specific performance, talks from members of the community and a series of stalls for businesses and services, which aim to support migrants settling in Newham.



Welcome Newham Team

Email: [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

Phone: 020 3373 3222

Monday-Friday 10am-5pm