













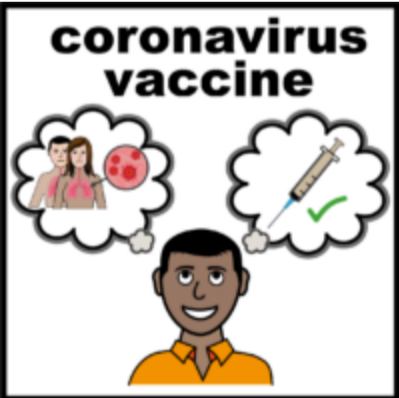
Learning Disability Action Plan Delivery Board Minutes


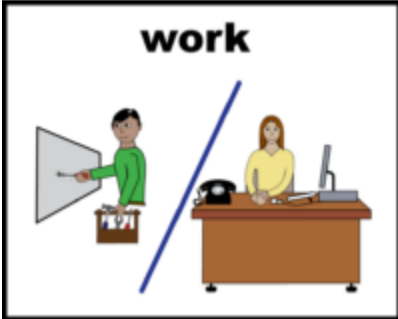



2 August 2024








	<p><u>People at the meeting:</u></p> <ul style="list-style-type: none"> ➤ Christopher Fuller (Co-Chair, Learning Disability Action Plan Delivery Board)) ➤ Melissa McAuliffe (Co-Chair, Commissioner LBN) ➤ Daniel Nichols (Minutes, Commissioning Assistant, LBN) ➤ Ruth Cooper (Operational and Strategic Lead for Learning Disability, ELFT) ➤ Laura Austin-Croft (Director of Population Health/ Consultant in Public Health, ELFT) ➤ Nathan Paul (Co-Chair, Learning Disability Resident Advisory Group) ➤ Gary Woolvett (Programme Manager, NEL ICB) ➤ Robin Betts (Manager, Community Health Team for Adults with Learning Disabilities AND Clinical Lead for Learning Disabilities and Autism NEL ICB) ➤ Marc Jackson (Head of Community Opportunities, LBN) <p>There is a Jargon Buster at the end of the minutes.</p>
	<p><u>Apologies</u></p> <p>Jade Sempare (Co-chair) Latifat Honey Sarfo (Co-Production Facilitator, LBN) Helen Murphy (Senior Commissioner, LBN) Luke Smith (Commissioner, LBN) Hannah Leask (Senior Commissioner, LBN) Jane Munsaka (Manager, 25+ Learning Disabilities Team, LBN)</p>

		What we talked about and Actions
1.	 	<p>Welcome and introductions/apologies</p> <p>Chris welcomed attendees and shared apologies.</p> <p>Attendees introduced themselves.</p>
2.	     	<p>Updates from the last meeting</p> <p>Action 1 Find information for the Resident Advisory Group about Physiotherapy.</p> <ul style="list-style-type: none"> • Robin to check after the meeting. Action 1. <p>Action 2 Find information for the Resident Advisory Group about getting your nails cut</p> <ul style="list-style-type: none"> • Robin said that nail cutting services are available for people with Learning Disabilities but that they will need to know why you need their services. Melissa asked for information on this for her to forward to the Residents' Action Group. • Action met after the meeting. See email attached with these minutes from Robin Betts. <p>Action 3 Simon to share People Participation Invitations with Trish and Melissa.</p> <ul style="list-style-type: none"> • Completed after the last Resident Advisory Group <p>Action 4 Luke to see if there is a Carers Discount Card.</p> <ul style="list-style-type: none"> • Information at this link: Carers Discount Card <p>Action 5 Gary to look for Health funding for Learning Disabilities Week.</p> <ul style="list-style-type: none"> • Gary unable to find funding. <p>Action 6 Ross to look into Children's funding towards Learning Disability Week.</p> <ul style="list-style-type: none"> • Ross found some funding.

<p>3.</p>	 	<p>Update from the Learning Disability Resident Advisory Group 24th June 2024</p> <ul style="list-style-type: none"> • Nathan did this. <p>The meeting had a discussion about what members wanted to learn, and what young people transitioning to adulthood needed to learn.</p> <p>Slides were shown detailing:</p> <ul style="list-style-type: none"> • What the people attending thought their strengths were; • What they wanted to learn; • The courses that they wanted to be available at the Learning Zone; • What young people and parents should know. <p>Discussion took place about the range of courses that are available in the Learning Zone.</p> <p>Feedback from the discussion was given to Ross Gerrie and others from Children and Young Peoples' Services.</p> <p>Other Resident Feedback (from Carers Representative and People Participation Leads was not possible, as Prabhudas, Ben and Simon did not attend.</p>
<p>4.</p>	  	<p>East London Foundation Trust Needs Assessment</p> <p>Ruth introduced the discussion. She said that she and Laura did some work for the ICB (Integrated Care Board) which buys all of the health care and some of the social care in East London (Newham, Tower Hamlets and Hackney). They wanted to know more about how people access care and what is happening in their lives.</p> <p>They asked a company called FST (who are specialists in public health) to help them to write a report. They interviewed people (including people with Learning Disabilities) and asked them what was good in their lives and what they had difficulties with.</p> <p>The report found that there are a lot of people with a Learning Disability living in East London and that there would be a lot more in the next 5-10 years.</p> <p>It also found that people are from many different cultures. They need to think about what it means to Health Services.</p> <p>They found that people with Learning Disabilities often had additional health problems such as:</p> <ul style="list-style-type: none"> • Heart problems; • Being overweight; • Diabetes; • Difficulty eating and drinking (dysphasia) • Trouble breathing (asthma, COPD) • Sad, worried and/or confused thoughts (mental illness) • Feeling lonely and/or bored <p>They also found that:</p> <ul style="list-style-type: none"> • Many activities for people with learning disabilities stopped during the COVID pandemic and never properly restarted afterwards.

<div data-bbox="218 240 590 617">  <p>training</p> </div> <div data-bbox="218 664 590 961">  <p>work</p> </div> <div data-bbox="218 1050 590 1448">  <p>report</p> </div>	<p>Nathan pointed out that this was because a lot of activities went online and a lot of people with learning difficulties have problems accessing Information Technology.</p> <ul style="list-style-type: none"> • People with Learning Disabilities often missed flu or COVID vaccinations and screenings for diseases such as cancer; • People with Learning Disabilities were sometimes given medication for mental health problems that they didn't need. <p>Nathan agreed that this should not happen;</p> <ul style="list-style-type: none"> • People with learning disabilities often couldn't find paid work. <p>The report gave the ICB some ideas (recommendations):</p> <ul style="list-style-type: none"> • They need to plan for the new people coming into East London; • They need to work together with doctors and people who deliver social care; • The annual health checks that GPs deliver need to be more effective; • Nationally the government has asked everyone who works in health and social care to have specialist training (the ICB is trying to support this). It is hoped will mean more jobs for people with Learning Disabilities. <p>Laura then asked for feedback about this from the meeting.</p> <p>Angie mentioned the Tower Project in Tower Hamlets that employs people with Learning Disabilities to valet (clean) cars as an example that should be followed.</p> <p>Melissa said that she would send everyone a copy of the report.</p> <p>Nathan said that he found job interviews very frustrating.</p>
<p>5.</p> <div data-bbox="218 1852 590 2089">  </div> <div data-bbox="218 2131 590 2504">  <p>money</p> </div>	<p>Learning Disability and Autism Joint Planning Group update</p> <p>Melissa reported:</p> <p>We have £66,000 of Equity Funding that must be used for Autism and/or Learning Disability projects.</p> <p>We need to set up a panel to look at funding ideas. We need to agree what project(s) are funded by September 2024. We need to do this quickly, or we may lose the money.</p> <p>We are suggesting the following priorities for the Equity Funding:</p> <ul style="list-style-type: none"> • Raise awareness; • Develop existing community assets and resources; • Explore develop or strengthen peer support groups or other measures to reduce social isolation/ increase inclusion; • Continue to strengthen Carer Support and involvement; • Develop and increase employment opportunities and pathways; • Support wellbeing and positive mental health. <p>Anyone applying for the money will need to show that they can deliver on at least two of the above priorities.</p> <p>We would like to fund a few smaller projects rather than have just one taking up the entire budget.</p>

	<p>community</p> 	<p>Robin said that we could not use the money to recruit staff.</p> <p>Melissa explained that voluntary and community groups would get an opportunity to bid for the money once some legal issues had been resolved.</p>
<p>6.</p>	<p>listen to me</p>   <p>tree</p>  <p>support at home</p> 	<p>Outcome Updates – see slides</p> <p>1. Heard and Valued</p> <p>1.1. Raise Awareness</p> <p>We had two events this year for Learning Disability Week.</p> <p><i>OT Service Consultation Workshop</i></p> <ul style="list-style-type: none"> • 18 residents with Learning Disabilities and Carers attended • This will feed into Newham’s Local Plan, specifically how to make new buildings better for people with learning disabilities <p><i>Celebration BBQ:</i></p> <ul style="list-style-type: none"> • Over 250 attendees, including those in transition • Performances and karaoke by residents • 18 information stalls • Dancing, fun and connecting with others <p>At the last Resident Advisory Group Jade said that she would like to meet people outdoors.</p> <p>Since then, an opportunity has come up to have activities at East Ham Nature Reserve. Jade and Melissa are going on a site visit 14 August.</p> <p>2. Accommodation and Housing</p> <p>2.3 Shared Lives</p> <p>A review of Shared Lives has taken place. This is a kind of ‘adult foster care’ where families invite adults to live with them. Commissioning spoke to the provider, Shared Lives carers, residents and professionals to find out what they think about the service and how it could be improved. A summary of our findings is below:</p> <p>We need to:</p> <ul style="list-style-type: none"> • Increase the availability of accessible properties so that residents with mobility issues can receive the service; • Improve how many people know about Shared Lives, be they professionals or residents; • Support the Shared Lives service to be able to take on a wider group of people <p>We will:</p> <ul style="list-style-type: none"> • Find out the role of Housing in supporting Shared Lives to increase accessible properties • Try to increase access the Disabled Facilities Grant, using it so that Shared Lives Carers can complete adaptations on their properties

housing support



supported work



- Work with the provider to expand carer pool
- Work to help identify and meet training needs of Carers
- Aim to have at least 1-2 Shared Lives residents join the Learning Disability Resident advisory group to raise awareness Shared Lives
- Review the transition process, and enable more foster carers to become Shared Lives carers.

2.5 The Council is changing how it buys Supported Living Services.

The Council has reopened the DPV (see Jargon buster) for Supported Living and concluding evaluations for Round 2 bidders.

- Commissioners are now using a tool to capture future accommodation needs. This has been completed for all residents aged 18-24 where accommodation needs have been identified.
- Newham's Local Plan is out for [consultation](#). This includes the recommendations of the OT Service in relation to Neurodivergent and Learning Disability specific needs.

New: Fire Safety

The London Fire Brigade (LFB) would like to set up a working group to do a focussed project on how LFB can better reach residents with a Learning Disability (or autism) for support around fire safety.

Melissa asked if anyone present would like to be involved? No one volunteered, but can contact Melissa if they would like to be involved.

3. Connected and involved

A Learning Disability Enablement Worker has been employed on a temporary basis. There is work taking place to explore a long term offer.

New: They are working with Social Care Commissioners a project on Care Technologies.

4. Work and purpose

4.3 Supported Employment

- LBN staff are working to see how residents with learning disabilities (and autism) can maximise the Access to Work funding once they are in employment.




New: Residents and Carers were unhappy that there were fewer courses at the Learning Zones. Melissa contacted Our Newham Learning and Skills about this. They did not agree. They supported 227 learners last year (Up from 178 in 2022/23).

5. Health and Social Care

5.10 Substance Misuse

Improve the offer for people with a Learning Disability who experience substance misuse issues.

Change Grow Live attended the Learning Disability and Autism Provider Forum on 16th July 2024.

		<p>There is an updated 2024-29 plan for 50 Steps for a Healthier Newham This includes: Step 19 Make Newham a neurodiversity- and disability-friendly borough.</p> <p>6. Carers</p> <p>6.1 Planned Respite</p> <ul style="list-style-type: none"> Newham are reviewing the current respite offer
7.		<p>Any Other Business</p> <ul style="list-style-type: none"> Melissa is writing an update for year two of the Learning Disability action plan. It will be distributed to the Resident Action Group and published on the council's website after it has been checked.
8.		<p>Date of next meeting: 1 November 2024</p>
9.		<p>Jargon Buster: ELFT= East London Foundation Trust LBN = London Borough of Newham NEL ICB = North East London Integrated Care Board (Health) DPV = Dynamic Purchasing Vehicle. This is a system where providers apply to provide a service to the Council. They have to meet a good standard. P.A. = Personal Assistant</p>