


Learning Disability Action Plan Delivery Board Minutes

Friday 2 February, 10:30am - 12:00pm

<p><u>People at the meeting:</u></p> <p>Christopher Fuller Melissa McAuliffe</p> <p>Nathan Paul Prabhudas Tanna Patricia Moody Simon Bedeau</p> <p>Gary Woolvett</p> <p>Ross Gerrie Marc Jackson Latifat Honey Sarfo Luke Smith</p>	<p>Role/ Organisation</p> <p>Co-Chair Co-Chair for Helen Murphy. Commissioner (Adults)</p> <p>Resident Representative Carers Representative VoiceAbility Connections People Participation Lead, East London Foundation Trust Programme Manager, North East London Integrated Care Board</p> <p>Newham Council: Commissioner (Children and Young People) In-House Day Opportunities Manager Co-Production Officer Commissioner (Carers)</p>
<p><u>Apologies</u></p> <p>Jade Sempare Lee Salmon</p> <p>Patricia Handley</p> <p>Robin Betts</p> <p>Helen Murphy Mohammed Arfan Claire Greszczuk Angie Ingleton Joseph Kunyeda</p> <p><u>Apologies continued:</u></p> <p>Hannah Leask Wil Lewis Aydin Mehmet Jane Munsaka</p>	<p>Co-Chair Provider Representative (Inclusive Care and Support)</p> <p>Barts Health: Hospital Learning Disability Nurse</p> <p>East London NHS Foundation Trust: Community Learning Disability Team Manager</p> <p>Newham Council: Senior Commissioner and Co-Chair, Workforce Development (Training) Public Health Assistant Director Social Work Service Manager Our Newham Works Manager</p> <p>Senior Commissioner (Adults) Senior Commissioner 18-24 Learning Disability Team Manager 25+ Learning Disability Team Manager</p>

What we talked about and Actions	
	<p>Welcome and introductions/apologies</p> <p>Christopher welcomed attendees and shared apologies.</p> <p>Attendees introduced themselves.</p>



minutes



Minutes and Actions

Action 1. Joseph to offer Disability Awareness training to Stratford Picture House cinema.

Done. Joseph offered the training. Melissa did not know if they had training. Joseph to update at the next meeting. (**Action 1** for May meeting)

Action 2. Have feedback from Co-production and People Participation Leads

Done. Honey and Simon were at the meeting and gave feedback later.

Action 3. Have a Carers Representative at the next meeting

Done. Prabhudas Tanna was chosen and was at the meeting.

Action 4. Have a Provider Representative from Health and Social Care providers.

Not done. This needs to be an Action for the next meeting. (**Action 2** for May meeting)

Actions 5-7. Provide feedback from the Delivery Board to Health colleagues

Done.

Action 8. Newham to update their webpages with the You Said, Together We Did Update Report

Not done. This is still with Newham Comms Team for changes. This needs to be an Action for the next meeting. (**Action 3** for May meeting)



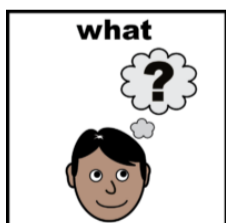
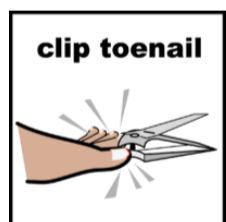
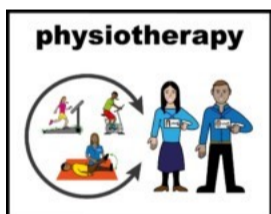
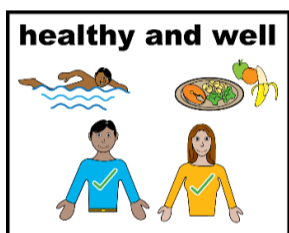
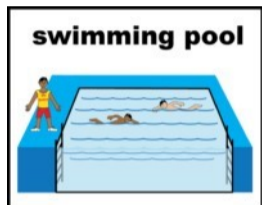
Feedback:

Learning Disability Resident Advisory Group, Co-production, People Participation

Resident Advisory Group - Nathan

Sophie from Newham Public Health came to talk about *50 Steps to a Healthier Newham*

- 4 people had an Annual Health Check, 1 had not, 1 was not sure;
- 3 people had a Health Action Plan, 3 did not;
- No one had a Hospital Passport;
- No one had heard about the *50 Steps to a Healthier Newham* before the meeting;
- People wanted to work more with Health Services and Social Prescribers;
- People were worried about how you can get services if you do not have a diagnosis of a Learning Disability;
- People wanted an Easy Read version of the *50 Steps to a Healthier Newham*
- One person said that they have to go to Waterloo to see a Specialist and Southwark to get hydrotherapy. The group asked if Newham could get a Hydrotherapy pool.
- Ross said that there is a new school being built. It will have a Hydrotherapy pool.
- He will see if they could rent this outside of school hours.



- People thought that any kind of pool exercises are good.
- It would be good to look at swimming offered in Newham. There is a new Leisure Centre contract. We could look at the swim offer and accessibility.
- Someone in the meeting thought that Barts has a Hydrotherapy Service.

Other Co-Production feedback:

East London Foundation Trust, People Participation

- Simon

- He meets Carers every month.
- These are Carers of people work with Health Staff from the Learning Disability Team on Romford Road.
- They think about how to make people's lives better.
- He wants more people to join them.

- Prabhudas had a question about what people do if they need Physiotherapy.

- He also asked about people who need their nails cut. Prabhudas said that the Foot Clinic won't do this.

Action 4: Simon will find out how people can get Physiotherapy.

Action 5: Simon will ask about where people can get their nails cut.

- Prabhudas said that Carers are telling him that they do not know what services are available.
- He is working with young people attending schools who do not have Speech and Language Therapy.

Action 6: Simon will share the invitation with Melissa and Trish. Trish will bring this to the Self-Advocacy Drop-ins.

- Simon is also working with residents and Carers to be part of interview panels.
- They will be doing Carers Training for interview panels.
- There is a Feedback Project. They want to get more feedback.
- Prabhudas said that he is the Chair of the Shrewsbury Road Surgery.
- The Surgery does not know about Learning Disability Health Services.
- Ross asked if Simon was only talking about Adult Services.
- He wanted to know if there was a Transition focus. Simon thinks that it does.
- Ross said that he would like to be involved.

Action 7 – Simon to invite Ross to a meeting.









Newham Council Co-Production - Honey

- Next Thursday, there will be a special meeting of the Co-Production Forum. This is about the Council's draft budget.
- The last Co-Production Forum talked about Freedom Passes.
- It also talked about the impact of the Council's budget on residents.
- She will invite members of the Resident Advisory Group to meetings.



Carers Feedback – Prabhudas

- Prabhudas said that Mental Health Services told him they do not work with people who have a learning disability. This was a few years ago.
- Prabhudas asked about Hospital Passports. He would like to make plans to download them.
- Day Centres, Care Homes and Supported accommodation use these.
- He said that some of the surgeries are good at Annual Health Checks.
- Patient Participation Groups should promote these. The Patient Participation Network should promote these.
- Prabhudas said his Health Centre does the follow ups from the Annual Health Checks.
- Some other areas send out a birthday card and reminder to have your Annual Health Check. It tells people to plan their check and book a double appointment.
- There are 2 nurses in Newham who go to the Surgeries. They make sure that the surgeries are offering Annual Health Checks.
- People thought that the number of Annual Health Checks being offered is good. But the quality of the check may not be.
- There was a question about whether the Health Checks are rushed at the end of the year.
- The nurses check if a Health Action Plan is completed after the Annual Health Check.
- Care homes and Supported Living should help people write a Hospital Passport.

	
   	<p>Learning Disability and Autism Joint Planning Group</p> <p>The Planning Group wants:</p> <ol style="list-style-type: none"> 1. Have closer links to the <i>50 Steps to a Healthier Newham</i> <ul style="list-style-type: none"> • The new Strategy will have a step for Neurodiversity and Learning Disability. 2. Keeping people out of hospital and better support in Newham <ul style="list-style-type: none"> • There will be an Intensive Support Team starting in April 2024. • It will cover Newham, Tower Hamlets, City & Hackney. • This will offer extra support to people with Learning Disabilities who are having a crisis related to their mental health or behaviours of concern. <p>The Joint Planning Group was asked to:</p> <ul style="list-style-type: none"> • Talk to the Integrated Care Board about Annual Health Checks, Health Action Plans and Hospital Passports; • Look into the Residents request for a Hydrotherapy Pool in Newham; <p>The next meeting will follow up about:</p> <ul style="list-style-type: none"> • Better information collection; • Recruitment of the Peer Support Worker.
  	<p>You Said, Together We Did Outcome Lead Feedback</p> <p>See the Slide Pack for the updates.</p> <p>What members thought about the updates:</p> <p>Staff training</p> <ul style="list-style-type: none"> • Nathan said that he can see that staff where he lives are being trained. • He is not sure if they are putting it into practice. <p>Newham In-House Day Opportunities</p> <ul style="list-style-type: none"> • Ross would like to visit Marc's services. • They can work on joining up the Transition link. • The Day Opportunities off usually starts when people are in their early 20's. It can start from 19. • The group thought residents should prepare Life Skills and Work Skills when people are around 14 years old, not wait until they are adults. • This may include early Enablement for young people. <p>Some of the Work opportunities could include:</p>

- Putting in vending machines at Dockside. Learning to refill these.
- They think that this would be good for the Ambulance crews who are there at night when shops are closed.
- Opening a coffee kiosk in Dockside that is open to the public.
- Have college courses tied to the work.
- Have a mobile car wash, where they go to customers to clean their cars.
- Have a market stall to sell things that are handmade.
- Change the way that other people see Day Opportunities.

Action 8 – Marc to invite Ross to see the In-House Services

Carers

- Prabhudas asked if there was still a Carers Discount Card. There was one many years ago.

Action 9 – Luke to check if there is a Carers Discount Card.

- Prabhudas said transition work needs to be slower.



Any Other Business

- Ross said Newham's Great Day to Play will be on 2 March.
- It will be at East Ham Leisure Centre.
- It will promote leisure activities.
- Prabhudas said that Carers used to go for free. Now both have to pay.
- He said that new charges come up and no one tells them ahead of time.



- His daughter is charged for day services transport. Prabhudas wants to know how to apply for discounts and how can they attend group meetings? He thought that the Social Worker should inform them when charges are coming up.
- Prabhudas did not have a letter telling him about the Transport Policy.

Action 10. j – Ross and Melissa to feedback about this.

- Prabhudas said that Newham have had complaints because 1500 people have not been given their new Freedom Passes.
- The Learning Disability Freedom Passes are automatically renewed.



- He said that the Libraries are not helping people to apply for them.
- Prabhudas applied for a Blue Badge on 21 November and has not had a reply.
- Sometimes when you call the Council you are on hold for 15-20 minutes.





Date of next meeting:

Friday 3 May 2024

10:30am – 12:00pm

This will be at Newham Dockside and on Microsoft Teams.