



## Learning Disability Resident Advisory Group Minutes

Monday 24 June 2024

### People at the meeting:

Melissa McAuliffe (Co-Chair)

#### **Residents**

Ann Marie

Bamedele

Jason Frank

David Goodman

Graham Crangle

Linda Davis

Neil Johnston

Sumabare

Jade Sempare (Delivery Board Co-Chair)

Prabhudas Tanna (Delivery Board Carers  
Representative)

Ying (Carer)

#### **Professionals/ paid staff**

Beatrice (Accedo)

Gary Woolvett (North East London Integrated Care  
Board)

James Oppon (LookAhead Housing)

Patricia Moody (Connections VoiceAbility)





Sonia (P.A.)

Sitalayo (Accedo)

Sharon (LookAhead)


Simon Bedeau (East London Foundation Trust)


	<p><b><u>Apologies</u></b></p> <p>Nathan Paul (Co-Chair)          Christopher Fuller (Delivery Board Co-Chair)          Latifat Honey Sarfo (Newham Co-Production)</p>
--	--

		<b>What we talked about and Actions</b>
<p>1.</p>	<p><b>welcome</b></p>  	<p><b>Welcome and introductions/apologies</b></p> <p>Melissa welcomed everyone and shared apologies.</p> <p>The group introduced themselves.</p>
<p>2.</p>	<p><b>minutes</b></p>  <p><b>training</b></p> 	<p><b>Updates from the last meeting</b></p> <p><b>Action 1 and Action 2</b></p> <p>Simon Bedeau (East London Foundation Trust) will tell us what help there is for people who need help cutting their nails and getting physiotherapy.</p>

<p>3.</p>		<p>This meeting talked about what we are good at.</p> <p>People said they were good at:</p> <ul style="list-style-type: none"> <li>• Organising my life</li> <li>• Communicating</li> <li>• Getting around</li> <li>• Going to shops</li> <li>• Taking buses</li> <li>• Cleaning up</li> <li>• Going to London</li> <li>• Playing tennis</li> <li>• Watching YouTube</li> <li>• Working in a kitchen</li> <li>• Dancing</li> <li>• Singing</li> <li>• Painting</li> <li>• Football</li> <li>• Walks</li> <li>• Telling people who don't have disabilities if something is not accessible</li> </ul>
<p>4.</p>		<p>We then talked about what we would like to learn.</p> <p>People said:</p> <ul style="list-style-type: none"> <li>• How to do more activities</li> <li>• Help with Reading and Writing</li> <li>• How to visit new countries</li> <li>• How to move to a flat with no steps</li> <li>• How to go to America</li> <li>• How to apply for a new job</li> <li>• How to improve communication</li> <li>• How to improve confidence</li> <li>• How to deal with the gap between college and the Learning Zone. <ul style="list-style-type: none"> <li>○ People wanted these SEND Courses at the Learning Zone: English, Music, Arts, Cooking, IT, Advanced learning (like</li> </ul> </li> </ul>

		<p>mechanics or electronics), writing, colouring, dance class</p> <ul style="list-style-type: none"> <li>• How to do the activities and choices that you want to do. People said they did some activities or groups because there was nothing else to do.</li> <li>• How to be a Manager's Assistant at work</li> <li>• How to get promoted at work / progress at work</li> <li>• How to get hydrotherapy</li> <li>• How to get a job in Parliament</li> <li>• How to speak up for disabled people</li> <li>• How to get hold of your GP</li> </ul>
<p><b>5.</b></p>		<p>We talked about what the group thinks young people need to know before they become adults.</p> <ul style="list-style-type: none"> <li>• How to plan activities</li> <li>• Disability Awareness</li> <li>• Communication</li> <li>• Knowing your letters</li> <li>• Spelling and Reading</li> <li>• Arts and crafts</li> <li>• Independence skills</li> <li>• Keeping on the right road/ path.</li> <li>• Knowing right from wrong</li> <li>• Knowing the law.</li> <li>• Have a chance to talk to the Police and how to learn from people.</li> <li>• How to keep safe</li> <li>• How to influence young people who don't have disabilities</li> <li>• How to deal with bullies</li> </ul>
<p><b>6.</b></p>		<p>We talked about what parents need to know:</p> <ul style="list-style-type: none"> <li>• The Rights of people with disabilities</li> <li>• How to support your child to avoid 'bad company'</li> </ul>

		<ul style="list-style-type: none"> <li>• Knowing the help and support they can get</li> <li>• Support your child, even if you disagree</li> <li>• Train your child, don't spoil them</li> <li>• Know about Dyslexia or other conditions</li> </ul>
7.		<p><b>Meeting Rules</b></p> <p>We then talked about the rules for the meeting and made some changes.</p> <p><b>Action 3 – Melissa to update the rules</b></p>
8.	<p><b>anything else</b></p> 	<p><b>Any Other Business</b></p> <ul style="list-style-type: none"> <li>• One person said that there was a 6 month wait for Occupational Therapy</li> <li>• Melissa will find out about the All Party Parliamentary Group on Learning Disabilities and share at the next meeting <b>Action 4</b></li> <li>• Simon said that the East London Foundation Trust is having a Conference. This will be on 24 July at the Hackney Town Hall. He will share information. <b>Action 5</b></li> <li>• The group would like to find out about getting support at the next meeting. They would like to hear from: Social Workers and the Community Neighbourhood Link Workers. <b>Action 6</b></li> <li>• One person said that their keyworker is not paid enough</li> <li>• Accedo staff said that the GP contacts them when people need an Annual Health Check.</li> </ul>

		<p>The staff are then responsible for updating information.</p> <p><b>Action 7 – Melissa to speak to Our Newham Learning and Skills</b></p>
<p>9.</p>		<p><b>Date of next meeting:</b> Monday 16 September 2024</p> <p>10:30 am to 12:30 pm</p> <p>Canning Town Library</p>