



# Save up to £1,000 by switching to reusable nappies

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[www.eastlondonwaste.gov.uk/  
reusablenappies](http://www.eastlondonwaste.gov.uk/reusablenappies)



# Why use reusable nappies?



## Money

Reusable nappies can save you up to £1000 over 2.5 years on a first baby and if used for another child, even more.



## Health

Disposable nappies are made from crude oil, plastics and chemicals whose long-term use has not been tested. Reusable nappies are made from natural or synthetic materials, such as bamboo or cotton, which do not contain active chemicals.



## Waste

Around 8 million disposable nappies are thrown away every day in the UK. Each one costing money in collection and disposal.



## Carbon footprint

Reusable nappies use fewer raw materials and can be used time and again. Choosing reusable nappies can lower carbon emissions of nappy use by 40% as they create less tonnes of carbon in production, purchase, use and disposal.



for more information and to apply for your pack, visit  
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