

### **Market Position Statement**

# Adult and Young Person Substance Misuse Services

May 2024

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# Demand / Local Picture – Young People (11 – 24)

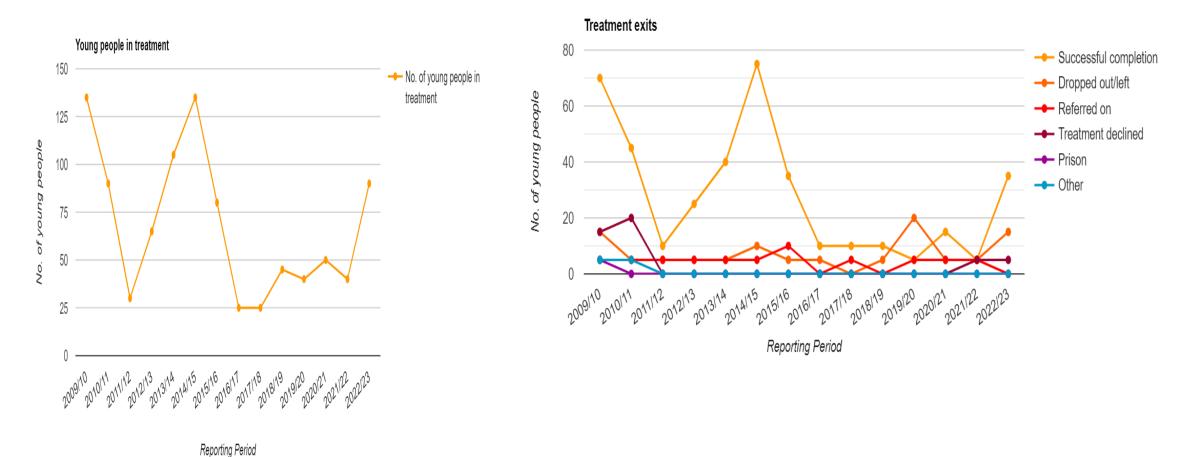


- Main drugs:
  - 96% Cannabis
  - 17% alcohol
- Emerging issues around vaping and the use of THC/Spice vapes in schools, as well as reports of edibles. Currently working with public health and schools to deliver a package of support to roll out to schools, pupils and parents
- Partnership with MOPAC to deliver 16-25 substance misuse support via youth to adulthood probation services
- Increased resource in the YP service to deliver more prevention and education works across schools
- Our targets over the next 12 months are to increase referrals and numbers in structured treatment, as well increase the number of Young People competing treatment successful.



## Local Picture – Young People (11 – 24)





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## Local needs assessment (all ages)



- The majority of those in treatment are primarily opiate use
- The majority of those in treatment are of white ethnicity, which is not representative of our residents
- Synthetic estimates show high unmet need amongst alcohol users.
- Consultation with service users shows that many experience barriers to accessing treatment
- 10% of those in treatment are in contact with the criminal justice system
- Full needs assessment is published in 2023



# **Demand / Local Picture – Adult**

only Alcohol

> only Non-

opiate &

alcohol

425

165

455

210

345

175

390

185

325

135

290

105

390

195

515

215

470

185

390

220

370

240

405

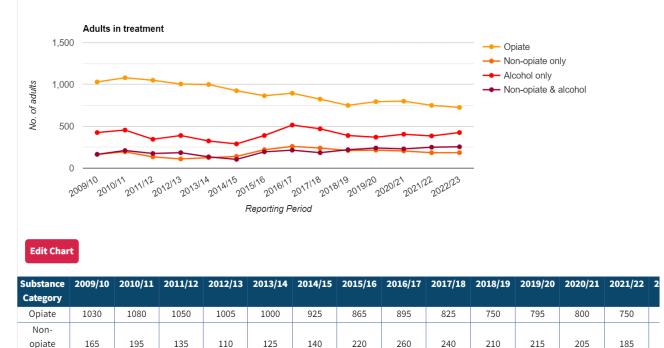
230

385

250



Restricted data for 23/24 shows significant increas es in treatment numbers, increased successful completions, and is more demographically representative

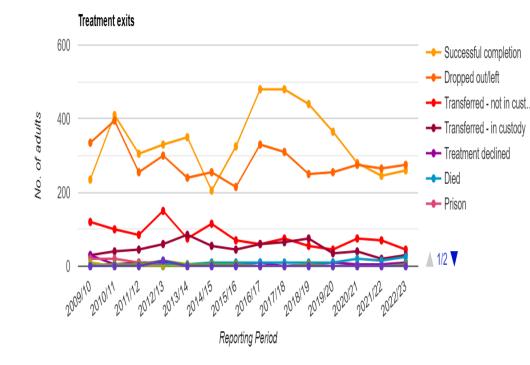


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## Successful completions





Treatment Exits	2009/10	2010/11	2011/12	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22
Successful completion	235	410	305	330	350	205	325	480	480	440	365	280	245
Dropped out/left	335	395	255	300	240	255	215	330	310	250	255	275	265
Transferred - not in custody	120	100	85	150	75	115	70	60	75	55	45	75	70
Transferred - in custody	30	40	45	60	85	55	45	60	65	75	35	40	20
Treatment declined	30	5	10	10	0	5	5	10	0	5	10	5	5
Died	5	5	5	5	5	10	10	10	10	10	10	20	15
Prison	20	20	10	0	0	5	5	0	0	5	0	0	0
Treatment withdrawn	5	5	5	15	5	5	5	0	0	5	0	0	0
Moved away	0	0	0	0	0	0	0	0	0	0	0	0	0
No appropriate treatment	0	0	0	0	0	0	0	0	0	0	0	0	0
Not known	0	0	0	0	0	0	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0	0	0	0	0	0	0
Referred on	10	0	0	0	0	0	0	0	0	0	0	0	0
Inconsistent	0	0	0	15	0	0	0	0	0	0	0	0	0

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## **Commissioned Service Overview**

#### Core Public Health Funding

- In July 2019, Newham commissioned an all-aged integrated substance misuse service, which is provided by Change, Grow, Live (CGL). The annual contract value is **£3.1m pa over five years**
- The services are provided over three hub across the borough Canning Town, Stratford and Manor Park, with young people services delivered in the community and in schools
- We also provide a small shared care service via the Newham Health Collaborative across five GP sites in Newham
- We spend on average **£250k pa** on residential rehabilitation and in-patient detoxification
- Total annual spend (including needle exchange and supervised consumption) prior to additional investment was £3.6m per annum

#### Additional investment

- An additional £1,325,422 was received between April 2023 and March 2024 to increase service capacity, and improve outcomes for those in the criminal justice system
- An additional £748,664 was received between April 2023 and March 2024 to increase service capacity, and improve outcomes for people rough sleeping or at risk of rough sleeping. Using this funding, we provide an enhanced holistic wrap substance misuse service for rough sleepers with multiple disadvantages and have invested in more education, treatment and prevention to help rebuild the wider Newham treatment system
- The three-year funding agreement via the government's 10 year drug strategy will provide (amongst additional targeted investments) several additional front-line workers, significantly reducing caseloads and increase our numbers in treatment.

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## **Commissioned Service 24-29**



We have committed to deliver against key ambitions and outcomes, including but not limited to:

- Increasing the number of residents accessing treatment and support
- Improving the offer to residents not currently accessing the service, e.g. Asian residents, women and LGBTQI+ residents.
- Further developing the offer to children and young people, including addressing issues around vaping etc.
- Increasing working arrangements with health services, including East London Foundation Trust (ELFT) and Newham University Hospital
- Expanding the offer to families of substance users, offering them support in their own right. This includes children and young people impacted by parental substance use.
- Diversifying the satellite and outreach offer, including outreach to rough sleepers, sex workers and others



# Commissioning Priority 1: Implement new Newham London service provision

- Our current contract with Change, Grow, Live ends in June 2024.
- We have recommissioned CGL for five years ending in 2029 (with an option of two further years)
- This was informed by our comprehensive needs assessment and our plans for further service development with Year 3 of the supplementary substance misuse grant.
- It was designed and assessed through co-production with residents and experts by experience.



### Commissioning Priority 2: Commissioning a culturally competent substance misuse service

- Our recently completed Needs Assessment clearly shows us that we are not providing substance misuse services which meet the needs of all our residents.
- Key to our future delivery is the development of culturally informed and competent services which reduce the current barriers to accessing treatment experienced by our diverse residents.
- As part of the procurement of the substance misuse service we will be co-produced residents and community groups on to develop and sustain these services.
- We will be implementing the new service with a renewed focus of social value and working with 'by and for' organisations.



# Commissioning Priority 3: Develop alcohol prevention and treatment provision

- Our needs assessment data tells us that we have some significant alcohol issues where residents are experiencing extremely poor health outcomes as a result of their drinking
- We also know that, nationally, there are patterns of increased drinking as a result of the pandemic and lockdowns and due to the cost of living crisis.
- A key issue will be delivering our new alcohol brief advice and support to residents before their drinking becomes harmful to their health and wellbeing.
- We also need to increase our culturally competent alcohol support and treatment to work with residents who are experiencing significant harm as a result of their drinking.
- We are working to deliver greater access to detox and rehab to ensure the best outcomes for harmful drinkers

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