Newham Autism Diagnostic Service Referral Form

The Newham Autism Diagnoistic Service offers assessment and diagnosis to those who may be on the Autistic Spectrum.

To be considered for this service, referrals must meet the following criteria (please tick):

* 18 years and over
* Living in Newham
* No existing diagnosis of Autism; including formerly used diagnostic terminology, e.g. Asperger’s Syndrome, High Functioning Autism, Atypical Autism
* Patient consents to referral

Please fill out this form completely and provide as much detail as possible

|  |  |  |  |
| --- | --- | --- | --- |
| Forenames: |  | Title/ Surname: |  |
| NHS/ Rio No.: |  | Date of Birth: |  |
| Email: |  | Phone No: |  |
| Address: |  | | |
| Gp Practice: |  | | |
| Next of Kin/  Carer |  | Phone No: |  |
| Address: |  | Ethnicity: |  |

|  |
| --- |
| **Background, social circumstances & presenting concerns:**  (ie. Personal circumstances, difficulties with behaviour, mood, education/occupation, social relationships, evidence of developmental delay, previous and current diagnoses, family history of autism, etc…) |
|  |
| **Please give us examples of difficulties in social communication and reciprocal social interaction (current and childhood):**  (ie:Mixing with people socially; making small talk; speech abnormalities; understanding others’ points of view & feelings; developing & maintaining friendships; difficulties with using eye contact, facial expressions and body language; difficulties recognising & interpreting others’ verbal & non-verbal communication, etc…) |
|  |
| **Please give us examples of restrictive, repetitive patterns of behaviours or interests, marked routines, rigidity and/ or sensory processing differences (current and childhood):** |
|  |
| **Special considerations and risk history (E.g. risk issues, difficulties attending appointments, need for interpreter or other special adjustments, suicidal ideation and self harm)** |
|  |
| **Please fill out the attached AQ-10 form and send with completed referral form, and any background information that you feel would be helpful such as previous assessments, clinical letters or CPA documents, to the email address below.** **By making this referral, you are giving your consent for us to access your health records as necessary to inform the screening and assessment process.** **We are not a mental health service, therefore if you have concerns about your mental health, please contact your GP, or out of hours contact the Crisis Line 0800 073 0066 or visit A&E.** |

**Details of Referrer:**

|  |  |  |  |
| --- | --- | --- | --- |
| Name: |  | Job Title: |  |
| Team: |  | Address: |  |
| Contact details: |  | Date of referral: |  |

|  |
| --- |
| Newham Autism Diagnostic Service  Referrals Email: [elft.NewhamAutismDiagnosticService@nhs.net](mailto:elft.NewhamAutismDiagnosticService@nhs.net)  Telephone : 07984463314 |

**AQ-10**

**Autism Spectrum Quotient (AQ)**

*A quick referral guide for adults with suspected autism who do not have a learning disability*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Please tick one option per question only:** | | **Definitely Agree** | **Slightly**  **Agree** | **Slightly Disagree** | **Definitely Disagree** |
| 1 | I often notice small sounds when others do not |  |  |  |  |
| 2 | I usually concentrate more on the whole picture, rather than the small details |  |  |  |  |
| 3 | I find it easy to do more than one thing at once |  |  |  |  |
| 4 | If there is an interruption, I can switch back to what I was doing very quickly |  |  |  |  |
| 5 | I find it easy to ‘read between the lines’ when someone is talking to me |  |  |  |  |
| 6 | I know how to tell if someone listening to me is getting bored |  |  |  |  |
| 7 | When I’m reading a story I find it difficult to work out the characters’ intentions |  |  |  |  |
| 8 | I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc) |  |  |  |  |
| 9 | I find it easy to work out what someone is thinking or feeling just by looking at their face |  |  |  |  |
| 10 | I find it difficult to work out people’s intentions |  |  |  |  |

**Key reference:** Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12



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