

# Learning Disability Resident Advisory Group Adult Action Plan Update



Health and Social Care Officers have been working on the Outcomes in the Action Plan since July 2022.

We are writing a report to say what we have done.

We have also looked at Surveys and data to see where things have gotten better and where things have not.

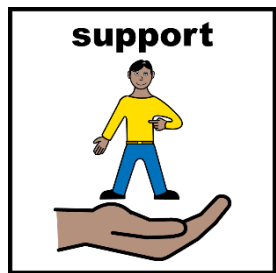
We will use this information to decide what to do this year (Year 2).

# Learning Disability Resident Advisory Group Adult Action Plan Update



## What we did in July 2022 to now:

- Held our first World Down Syndrome Day Event
- Increased the number of activities happening during Learning Disability Week
- Independence to an Ordinary Life Pilot – this project had an Occupational Therapist working with people for up to 12 weeks on goals that the person identified.
  - 31 people were seen.
  - People were able to learn skills to: shower independently, travel training, shop for themselves, make simple meals or snacks, reduce support from others.



# Learning Disability Resident Advisory Group Adult Action Plan Update



## What we did in July 2022 to now:

- Trained over 200 Health and Social Care Staff about Learning Disability and Autism, and Positive Behavioural Support;
- Made improvements to our Co-Production work, Advocacy and Self-Advocacy Offer, including:
  - Started working with Connections to support Co-production
  - Setting up this group, the Delivery Board and the Learning Disability and Autism Joint Planning Group;
  - Have a separate Carers Resident Advisory Group



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## What we did in July 2022 to now:



- Employed two Community Nurses (Peripatetic Nurses) who are working with you and GP Surgeries to
  - Have more Annual Health Checks (AHC) and Health Action Plans, 85% of people have an AHC.
  - Do more Cancer Screenings.



- Our Newham Learning and Skills has started some new courses, including Basic English and Communication, and Basic Cookery
- In-House Day Opportunities are offering more community and employment opportunities

# Learning Disability Resident Advisory Group Adult Action Plan Update

## What we did in July 2022 to now:



- Worked across Health and Social Care to keep people with additional mental health conditions or behaviours of concern at home / out of hospital;
  - We had less people in hospital this year;
  - We have more specialist Psychology and training in place to make sure people get the right support at the right time;

# Learning Disability Resident Advisory Group

# Adult Action Plan Update



## What we are we planning:

- We are going to employ a Peer Support Worker (they will work with autistic residents and/or residents with Learning Disabilities)
- In-House Day Opportunities are:
  - Improving our Enablement Offer. This will include the Independence to an Ordinary Life Project
  - Having: Talking Benches , Chatty Cafés and ‘Men in Sheds’
- Connections will be setting up Self-Advocacy Groups



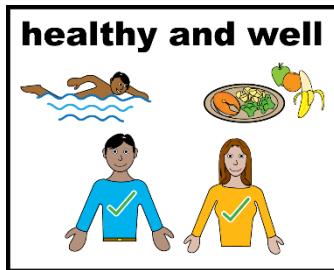
# Learning Disability Resident Advisory Group

# Adult Action Plan Update

## What we are we planning:



- We want to have better housing options and have people stay in Newham (if they want to)
  - We are trying to increase the number of people who can get their own Council homes;
  - We have big projects planned to improve supported accommodation and support. This includes planning some new housing;



- We have worked with Public Health and have the Cycling for Wellbeing as part of their regular offer. They are also planning a new offer for people with Learning Disabilities to improve health and wellbeing

**WE ARE NEWHAM.**

# Learning Disability Resident Advisory Group Adult Action Plan Update

## What we are we planning:



- We are making plans to have more Intensive Support and Crisis support in the community for people with additional mental health conditions or behaviours of concern;



- We have Positive Behavioural Support Training for Family Carers;
- We are planning more training for all Health and Care staff





# Priorities from the Join Partnership Group

## 2. Reduce Inpatient beds

### Year 1 Update:

This has been added as priority for the Learning Disability and Autism Joint Planning Group

- Newham ICB has commissioned a Learning Disability Nurse to provide oversight
- Learning Disability Nurses are now attending Ward Rounds and Care and Treatment Reviews for patients who have a Learning Disability
- We are reconfiguring the Dynamic Support Register in line with NHSE National Recommendations
- Safe and Wellbeing Reviews were completed around all Hospital admissions in 2022-23 around Safety, Quality of Care, and Competency provided in both private and NHS hospitals
- See Accommodation and Housing Section for work on improved community offer

OUTCOME	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3
Reduction in unplanned hospital admissions.	No. of residents with a Learning Disability in an inpatient setting. <i>Source: Newham ICB data</i>	8	3		
	No. of residents with a Learning Disability on the Dynamic Support Register** <i>Source: Newham ICB data</i>	31	19 + 1 with LD query  (10 from 2021/22)		

# Priorities from the Join Partnership Group



## 2. Reduce Inpatient beds continued

### Year 2 Tasks:

- An Inner North East London Intensive Support Team to be developed for Newham, Tower Hamlets, and City and Hackney to look at reducing hospital admissions and provider/ family breakdown
- Work will be done in partnership with Newham Centre for Mental Health (NCfMH) to look at the environment and interventions offered to patients who have a Learning Disability

**WE ARE NEWHAM.**




# Priorities from the Join Partnership Group

## 3. Improve data collection

### Year 1 Update:

- There was a focus on improving data to ensure that all residents with a Learning Disability are recorded as such on AzeusCare, the Council's Social Care database.
- Newham's Health Peripatetic Nurses are working with GPs to ensure all residents (aged 14+) with a Learning Disability have the correct diagnosis recorded on Health systems.
- ELFT are discussing terminology differences used between Children's Health Services and Adults Health Services, to improve the accuracy of diagnostic criteria to Health records.

OUTCOME	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3
Improve Recording	No. of residents on the Primary Care Learning Disability Register <i>Source: NHS Data</i>	1742	1635*		



### Year 2 Tasks:

- Ensure all AzeusCare records hold the protected characteristics of those with a Learning Disability – to better understand intersectional inequality.

# Priorities from the Join Partnership Group

## 4. Supported Living

Exploring new developments to increase availability of options for in borough accommodation for people with Learning Disabilities.

### Year 1 Update:

- A Supported Living Needs, Capacity and Opportunities Assessment completed - with section on Learning Disabilities.
- Supported Living Specifications for Learning Disability developed.
- Percentage of residents with a Learning Disability who live in an in-borough Supported Living scheme.  
Baseline 82% (132 / 161)      Year 1 85% (129 / 152)

*Source: AzeusCare*

### Year 2 Tasks:

- Call-off Supported Living schemes for specific need-groups as identified in the Needs, Capacity and Opportunities Assessment.
- Explore Supported Living Schemes for residents with Learning Disabilities as part of the Council's Supported Living Transformation Programme.