



North East London



Adult learning disability action plan

You Said, Together We Did
Year 1 Progress Report - July 2023

This report captures the actions in the Adults Learning Disability Action Plan that were identified to be delivered in Year One. As such, not all the actions in the Action Plan are included in this report, as they are due to be progressed in subsequent years.

The status of each action is recorded at the top of the page:

- **COMPLETE** means the action has been completed. However, some actions may have evolved to include new tasks or will be ongoing annually throughout the lifetime of the Action Plan;
- **IN PROGRESS** means the action has been started, but will be completed in Year 2;
- **NOT STARTED** means work has not started on the action due to employee capacity or resource.

The actions that have been completed and assumed into 'business as usual' activity have been marked

Action 3.1 - Develop existing community assets and resources to enable residents with Learning Disabilities the opportunity to access them - has been removed, as this has been addressed via Actions 4.4, 4.5 and 4.6.

There is a Jargon Buster at the end of this document to explain some of the words that we have used in this document.



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Outcome 1: Heard and Valued

Action 1.1 - Raise awareness

COMPLETE

Raise awareness of Learning Disabilities; and the impact on those who have them. Within this is the annual observation of: Learning Disabilities Week, Down Syndrome Day; and within other relevant annual observation events

Year 1 Update:

- The Council co-designed a series of activities for Learning Disability Week 2022, ending with a 'Get Together' BBQ attended by 163 residents with Learning Disabilities.
- On the 21st March 2023, the Council held its first all-age observation of World Down Syndrome Day attended by 23 residents with Down Syndrome.
- The Council co-designed a video to raise awareness of the Action Plan and importance of each Outcome from our residents perspective: YouTube - Adult Learning Disability Action Plan

Year 2 Tasks:

- Co-design a series of activities for Learning Disability Week 2023 and World Down Syndrome Day 2024; and have representation at the Carers Festival 2023.
- Explore with the Learning Disabilities Resident Advisory Group how the Council can further raise awareness of Learning Disabilities and the impact on those who have them within the general Newham population.

Action 1.2 - Training

COMPLETE

Develop and implement a Learning Disabilities awareness training programme for Council staff and its partner organisations

Year 1 Update:

- The Council and its Health partners delivered the following training sessions / programmes:

Training Session / Programme	Attendees	Training Session / Programme	Attendees
NEL Approved Mental Health Professional Candidate	16	Health Action and Health Checks for Families	Individual basis*
Hopeful Futures	171	Dysphagia	Individual basis*
i-Support: L1 (Managers)	14	Positive Behavioural Support	Individual basis*
i-Support: L2 (Care Staff)	20		
i-Support: L3 (Carers)	On hold	*Offered by the Community Health Team to support individual residents.	

The Council has a Making Research Count membership providing access to best practice initiatives for Health and Social Care professionals.

Year 2 Tasks:

- Roll out Oliver McGowan and Grey Matter Learning training across Health and Social Care.

Action 1.4 - Resident forums

COMPLETE

Refresh the forums (including the Learning Disability Partnership Advisory Group [LDPAG]) for people with Learning Disabilities to enable regular feedback of views and experiences of Health and Social Care and wider issues that affect lives.

Year 1 Update:

- The Learning Disability Forum has been replaced with the Learning Disability Resident Advisory Group. The Group meets quarterly face-to-face; and is an opportunity for residents to feed into the delivery of the Action Plan. Residents are asked to complete a protected characteristics form so the Council can monitor reach and equity. Each year, the Resident Advisory Group is asked to nominate a member of the Group to be a co-chair. To join the Group email: LearningDisability.Commissioning@newham.gov.uk
- The LDPAG has been replaced by a Learning Disabilities Action Plan Delivery Board. The purpose of the Board is to realise the six Outcomes in the Action Plan. Each year, the Resident Advisory Group is asked to nominate a member of the Group to be a co-chair of the Delivery Board.
- East London Foundation Trust (ELFT) has a dedicated People Participation Lead in their Learning Disability Service who undertakes regular resident engagement sessions around Health needs. To join the sessions email: simon.bedeau@nhs.net.

Year 2 Tasks:

- Increase the number of residents signed up to the Learning Disability Resident Advisory Group and ELFT sessions.

Action 1.5 - Advocacy service

COMPLETE

Review the Integrated Advocacy Service in relation to its effectiveness for people with Learning Disabilities.



Year 1 Update:

- The Council has a Contract with VoiceAbility for the provision of an Advocacy Service. The lead-Commissioner reviewed this Service to ensure it is fit for purpose and accessible for residents with a Learning Disability.
- To find out more or access the Service visit: [VoiceAbility Newham](#) or ring: **0300 303 1660**.

Year 2 Tasks:

- Monthly Learning Disability self-advocacy drop-in sessions will began from the 9th October 2023 at Chargeable Lane Resource Centre.
- Continue to monitor reach and usage of the Advocacy Service via the protected characteristics of those residents using the Service.
- The Advocacy Service Contract expires on the 31st August 2024, with no provision for extension. Re-procure the Contract.

Dashboard - Heard and valued

'I' STATEMENT	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3	
I can access information and advice when I need it to help me understand my options and make informed decisions.	% of residents who use services who find it easy to find information about support. Source: Adult Social Care Survey	45%	92%			
I am helped to make my voice heard about things that affect my life.	No. of residents signed up to the Learning Disabilities Resident Advisory Group. Source: Resident Advisory Group Database	-	11			-
I am helped to make my voice heard about things that affect my life.	No. of residents signed up to the ELFT People Participation Group. Source: ELFT People Participation Database	-	15			-
I am helped to make my voice heard about things that affect my life.	No. of residents accessing the Newham Advocacy Service. Source: Provider Contract Returns	94 Users 440 hours	92 Users 366 hours			



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Outcome 2: Accommodation and Housing

Action 2.1 - General Housing Tenancies

IN PROGRESS

Review support available for residents with Learning Disabilities to maintain tenancies in general housing.

Year 1 Update:

- Best Practice and Guidance information on supporting people with Learning Disabilities in General Housing and Easy Read support documents shared with Housing Services and Temporary Accommodation Services.

Year 2 Tasks:

- Work with the Priority Housing Steering Group and Housing partners to develop support options.

Action 2.4 - Care homes

COMPLETE

Care Homes - Complete a Needs, Capacity and Opportunities Assessment.

Year 1 Tasks:

- Needs, Capacity and Opportunities Assessment completed and Action Plan implemented.
- Market Position Statements for Older and Younger Adults Care Homes developed and agreed. These can be viewed at: [Market Position Statements - Newham Council](#)
- Methodology agreed and implemented for annual inflationary uplifts for in and out-of-borough Younger Adult Care Home placements.

Year 2 Tasks:

- Conduct an analysis of Younger Adults Care Home placements which could not be sourced in-borough and work with in-borough Providers to scope and develop capacity for these needs.
- Develop and agree new outcome-based specifications for in-borough Care Homes - detailing the requirements over and above the Care Quality Commission Fundamental Standards.

Action 2.6 - Priority housing

COMPLETE

Work with Housing to improve access to social housing for people with Learning Disabilities via the Priority Housing Nominations Quota.

Year 1 Update:

- In 2022/23, the Council included residents with a Learning Disability as a group to the Priorities Nominations Quota. One resident with a Learning Disability has been offered and moved into their own social housing property.

Action 2.7 - New Housing

IN PROGRESS

Exploring new developments to increase availability of options for in borough accommodation for people with Learning Disabilities.





Year 1 Update:

- A Supported Living Needs, Capacity and Opportunities Assessment was completed - with a section on Learning Disabilities.
- Supported Living specifications for Learning Disabilities developed.

Year 2 Tasks:

- Call-off Supported Living schemes for specific need-groups as identified in the Needs, Capacity and Opportunities Assessment, as part of the Council's Supported Living Transformation Programme.

Dashboard - Accommodation and housing

'I' STATEMENT	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3	
I have a place to live of my choosing	% of residents with a Learning Disability in receipt of Long Term Services who live in their own home or with family. *Target 80%. Source: AzeusCare	83%	87%			
	% of residents with a Learning Disability who live in an in-borough Supported Living scheme. Source: AzeusCare	82% (132 / 161)	85% (129 / 152)			
	% of residents with a Learning Disability who live in an in-borough Care Home. Source: AzeusCare	30% (33 / 111)	26% (24 / 91)			
	% of residents with a Learning Disability who advised their home is designed to meet their needs. Source: Adult Social Care Survey (Learning Disability)	77%	92%			
	% of residents with a Learning Disability who would describe their home as clean and comfortable. Source: Adult Social Care Survey (Learning Disability)	-	99%			-



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Outcome 3: Connected and Involved

Action 3.2 - Support Worker

IN PROGRESS

There is short-term Health Funding the employment of an additional Support Worker to specifically support residents with Autism and / or Learning Disabilities - with the aim of reducing social isolation and loneliness.

Year 1 Update:

- This project shifted in focus in Year 1 to meet Operational demands in Adult Social Care - with the Support Worker supporting Autistic residents, though some also have Learning Disabilities.

Year 2 Tasks:

- New two-year funding has been identified to employ a Peer Support Worker who will be responsible for setting up and sustaining a variety of Peer Support Groups for residents with Learning Disabilities and with Autism. The hope is that residents with a mild to moderate Learning Disabilities will apply - providing not only an employment opportunity, but lived experience.

Action 3.7 - Sex and Relationships

IN PROGRESS

Co-design and implement a Relationships Policy and guidance including training programme for residents with Learning Disabilities.



Year 1 Update:

- A Sex and Relationships Charter and Sex and Relationships Policy for in-borough accommodation-based Providers has been drafted. This will be presented to accommodation-based Providers and the Resident Advisory Group in Year 2 for comment.

Year 2 Tasks:

- Sex and Relationships Charter and Sex and Relationships Policy for in-borough accommodation-based Providers to be presented to accommodation-based Providers and the Resident Advisory Group for comment; and once agreed launched.

Dashboard - Connected and Involved

'I' STATEMENT	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3	
I am free from abuse, harm and discrimination.	Safeguarding raised for adults with Learning Disabilities: No. of Concerns No. of S42 Enquiries Risk Reduced or Removed Source: AzeusCare		96 54 83%			
I am accepted by my local community regardless of who I am, where I live or the circumstances of my life.	% of residents with a Learning Disability who advise they are able to get around their community. Source: Adult Social Care Survey (Learning Disability)	37%	70%			
I have a range of supportive relationships of my choosing.	% of residents with a Learning Disability who advise they have as much social contact as they would like. Source: Adult Social Care Survey (Learning Disability)	93%	89%			



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Outcome 4: Work and Purpose

Action 4.1 - Pathways

COMPLETE

Review pathway from education to further education for residents with Learning Disabilities - to identify and address the areas for improvement.

Year 1 Update:

- Our Newham Learning and Skills has developed three new Life Skills Courses for adults with disabilities, which start in September 2023:
 - English and Communication: Fridays, 10am - 12pm, Forest Gate Learning Zone
 - Basic Cookery Skills: Wednesdays, 10am - 12pm and 1pm - 3pm, Gainsborough Learning Centre
- 187 learners have attended SEND classes over the last academic year 2022/23
- This links into activities described in Outcome 2.

Year 2 Tasks:

- Review the pathway to employment.

Action 4.2 - Social Value

IN PROGRESS

Explore use of Social Value to encourage employment opportunities for residents with Learning Disabilities.

Year 1 Update:

- The Council promotes employing residents with Learning Disabilities in its procurement video: Social Value: How to Tackle it in a Tender.
- The Council's Adults and Health Commissioning Team uses CommuniTeas and Coffees (a Learning Disability Social Enterprise) for meetings, as and when required.

Year 2 Tasks:

- Monitor the number of employment opportunities for resident with Learning Disabilities provided and taken up via Council's contracts.

Action 4.3 - Supported Employment

IN PROGRESS

Refresh the Supported Employment offer - with a view to expand it and increase the number and variety of employment opportunities.

Year 1 Update:

- In Summer 2023, one new resident was trained to take part on the East London Foundation Trust interview panels.

Year 2 Tasks:

- A dedicated Commissioning lead has been identified to complete this action.

Action 4.4 - Day Opportunities

IN PROGRESS

Refresh the current Day Opportunities offer to make it more community-focused with both recreational activities and employment opportunities (for working-age residents).

Year 1 Update:

- The Community Opportunities Team expanded its social enterprise activities to implement CommuniTeas and Coffees.
- A community project that displays art work done by residents with Learning Disabilities in Stratford town centre has been implemented.
- A Loneliness Action Plan was agreed in June 2023 - with new Chatty Cafes, Men in Sheds and Talking Benches initiatives running.
- Chargeable Lane has re-opened its café creating a welcoming and pleasant environment for all who attend / visit.

Year 2 Tasks:

- The Council is working with the London Boroughs of Havering, Redbridge and Waltham Forest to develop Minimum Quality Standards for Adult Day Opportunities. Once agreed, these will be used in conjunction with local Quality Assurance processes to improve Day Opportunities.

Action 4.3 -

Supported Employment' to 'Leisure Services'



COMPLETE

Year 1 Update:

Active Newham try to ensure any commissioned programmes are inclusive and able to be accessed by anyone with a disability. This year they have delivered / supported the following specific adult disability sessions:

Session	Venue	Days / Times	Session	Venue	Days / Times
Activity Session	Newham Leisure Centre	Tuesdays 10am - 12pm	Learning Disability Pilates	Atherton Leisure Centre	Fridays 11am - 12pm
Activity Session	Newham Leisure Centre	Tuesdays 10am - 12pm	Learning Disability Pilates	Atherton Leisure Centre	Fridays 11am - 12pm
Disability Swim	Newham Leisure Centre	Saturdays 5pm - 6pm	Mental Wellbeing Badminton	Newham Leisure Centre Plashet Park Central Park	Mondays 10:30am - 12:00pm Thursdays 9:15am - 10:15am Sundays 11am - 12:00pm
Inclusive Multi-Sports	Newham Leisure Centre East Ham Leisure Centre	Tuesdays 10:30am - 12:30pm Thursdays 10:30am - 12:30pm	Sensory Tennis	East Ham Leisure Centre	Saturdays 1:15pm - 2:15pm
Learning Disability Dance	Atherton Leisure Centre	Wednesdays 12pm - 1pm	Visually Impaired Cricket	Newham Leisure Centre	Fridays 6:00pm - 7:30pm

Action 4.6 - Accessible cycling





COMPLETE

Commission 'Cycle for Wellbeing' activities (Bikeworks).

Year 1 Update:

- The Council commissions Bikeworks to provide a Cycle for Wellbeing Service. This has improved access and take-up to cycling activities, including for residents with Learning Disabilities.

Dashboard - Work and purpose

'I' STATEMENT	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3	
I am supported to develop and learn.	Students with Learning Disabilities attending Our Newham Learning and Skills. Source: Our Newham Learning and Skills	192	178			
I have opportunities to engage in meaningful activities, including employment.	% of working-age adults with Learning Disabilities supported in paid employment. Source: ASCOF	8.9%	3.2%			
I have opportunities to engage in meaningful activities, including employment.	% of people with Learning Disabilities in employment who are Care Act Eligible *Target is 3%. Source: Adult Social Care and Health Power BI	3.3%	2.9%			
I have opportunities to engage in meaningful activities, including employment.	Number of residents with Learning Disabilities receiving support from the Enterprise Scheme. Source: AzeusCare	-	15			-
I have opportunities to engage in meaningful activities, including employment.	Number of residents with Learning Disabilities receiving support from Our Newham Works Supported Employment Team Source: AzeusCare	22	42			



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Outcome 5: Health and Social Care

Action 5.1 - Improve recording

IN PROGRESS

Improve the recording on the Council's Learning Disability Adult Social Care Database and Primary Care Learning Disability Register.

Year 1 Update:

- There was a focus on improving data to ensure all residents with a Learning Disability are recorded as such on AzeusCare, the Council's Social Care database.
- Newham's Health Peripatetic Nurses are working with GPs to ensure all residents (aged 14+) with a Learning Disability have the correct diagnosis recorded on Health databases.
- ELFT are discussing terminology differences used between Children's Health Services and Adults Health Services, to improve the accuracy of diagnostic criteria to Health records.

Year 2 Tasks:

- Ensure all AzeusCare records hold all the protected characteristics of those with a Learning Disability to better understand intersectional inequality.
- Work across Health and Social Care (Children's and Adults) in order to agree to address variations in terminology and usage across services in order to improve shared understanding and data collection.

Action 5.3 - Equal health access

IN PROGRESS

Ensure parity of Health access and treatment for those with a Learning Disability.

Year 1 Update:

- The Council is using Well Newham to increase access to Easy Read information.
- A scoping exercise to map the Mild to Moderate Health Offer in Newham against the Offer across the North East London footprint has been completed.
- ELFT have employed Peripatetic Nurses to provide support to all residents (aged 14+) with a Learning Disability - increasing support to those with a Mild Learning Disability.
- From April 2023, the Community Health Team for Adults with Learning Disabilities transferred to the Adult Mental Health Directorate.
- Best practice information that supports the reduction in health inequalities for residents with a Learning Disability is actively shared. In 2022/23 these include: the Peripatetic Nurses offer, Cancer Screening, Behaviours that Challenge Pathway, Learning Disability Health Checks, ELFT Learning Disability Health Needs Assessment, Learning Disability Community Bereavement Service and Advocacy Service.
- Newham University Hospital (NUH) has adopted the Newham Health Equity Programme and Route map and is including patients with Learning Disabilities within their Equity lens.

Year 2 Tasks:

- The Council's Public Health Team has consulted members of the Learning Disability Resident Advisory Group and are developing a Learning Disability specific offer.
NUH will be aiming to reduce waiting times for patients with Learning Disabilities for elective care to at least the mean waiting time, and hopefully to less than this.

Action 5.4 - Annual health checks

COMPLETE

Ensure a minimum of 75% of people on the Primary Care Learning Disabilities Register receive an annual health check.

Year 1 Update:

- 85% of people on the Primary Care Learning Disabilities Register in North East London received an Annual Health Check.
- The Peripatetic Nurses are working with the Children's Service to look at the Annual Health Check Template; and are doing Quality Checks on Health Action Plans and Annual Health Checks (including onward referrals).
- The Local Offer website has been updated with information on what an annual health check is, who is eligible and how to get one: Newham Families Advice and Support | [Annual Health Checks - Learning Disabilities](#)
- The Council has published an article on annual health checks for young people age 14-25 with Learning Disabilities, explaining what it is and how to get one: [Inclusion Matters Newsletter - October 2022.pdf \(openobjects.com\)](#). The Inclusion Matters newsletter is circulated by email to families with children with SEND, as well as professionals. It's also available in print in libraries and children's centres.

Action 5.5 - Annual vaccination

COMPLETE

Support people with Learning Disabilities with annual vaccination programmes such as flu and Covid-19.

	Flu (data to 02.2022 - 02.2023)						Covid-19		
	Given	Given by other providers	Total Uptake	Declined/ contrary indicated/ allergies/ no consent	Not contacted / Approached	Total Not Given	Given	Not Given	Uptake
Primary Course	747	182	929 (49%)	520	445	965 (51%)	1,266	328	79.4%
Autumn 2022 Booster	-						644	929	52%

Year 2 Tasks:

- Promote reasonable adjustments and accessible information to increase understanding of the benefits of the vaccination programme in order to increase uptake.

Action 5.6 - Reduce admissions

COMPLETE

Reduce inpatient beds in line with NHSE* Learning Disability and Autism Programme* targets and reduce the length of time that people stay in an inpatient setting.

Year 1 Update:

- This has been added as priority for the Learning Disability and Autism Joint Planning Group. The Integrated Care Board has commissioned a Learning Disability Nurse to provide oversight - with Learning Disability Nurses attending Ward Rounds and Care and Treatment Reviews for patients who have a Learning Disability.
- The Dynamic Support Register has been reconfigured in line with NHSE national recommendations.
- Safe and Wellbeing Reviews were completed for all hospital admissions in 2022/23.

Year 2 Tasks:

- An inner North East London Intensive Support Team to be developed for Newham, Tower Hamlets, and City and Hackney to look at reducing hospital admissions and Provider / family breakdown.
- Work will be done in partnership with the Newham Centre for Mental Health (NCfMH) to review the environment and interventions offered to patients who have Learning Disabilities.

*Please see Jargon Buster at the end of this document'.

Action 5.7 - Strengthen C(E)TRS

COMPLETE

Continue to embed and strengthen Care (Education) and Treatment Reviews [C(E)TR] awareness and training, in partnership with stakeholders to assess their effectiveness in preventing and supporting discharge planning.

Year 1 Update:

- There is a new and C(E)TR process in place that includes more patient-focussed outcomes

C(E)TR's Completed July 2022 to June 2023

Adults - 17

CYP - 6

Year 2 Tasks:

- C(E)TR specific training for all relevant partners will be taking place in 2023/24, provided by the North East London Integrated Care Board.

Action 5.9 - Improve the transition offer

COMPLETE

Improve the offer for transition-aged residents (14 - 25). Including the implementation of recommendations from the SEND Transformation Review.

Year 1 Update:

- A practice and workforce development diagnostic has been completed to better understand the challenges faced by operational staff and senior leaders in delivering an effective transitions service; and the learning and development need. This has resulted in the development of a Practice Improvement Plan, with Children's and Adult's Social Care identifying opportunities to collaborate on workforce development.
- A sub group has been formed of colleagues across SEND and Children's and Adult's Social Care to develop the requirements for a Transitions Power BI Dashboard. This aims to create a pipeline for operational staff use, but also a tool for strategic planning and monitoring. The requirements for phase one of this piece of work have been confirmed.
- A SEND data deep dive workshop was held on the 17th April with representatives from SEND, Children's and Adult's Social Care and NHS partners to look at what our current data is telling us about our SEND population; and to identify gaps in datasets and quality. This has informed the Transitions Power BI work.

Year 2 Tasks:

- Post-16 Commissioning work will continue with Children's and Adult's Commissioners regarding the offer for residents in this group.
- A member of CAMHS (Child and Adolescent Mental Health Services) will be spending a day a week with the Newham Health Team for Adults with Learning Disabilities to identify and and vice versa to take forward shared clinical development opportunities.

Action 5.10 - Substance misuse

IN PROGRESS

Improve the offer for people with a Learning Disability who experience substance misuse issues.

Year 1 Update:

- A new lead Commissioner has been appointed to lead on Substance Misuse.

Year 2 Tasks:

- Work with Change Grow Live (CGL) / Rise Newham regarding data collection.
- Improve access pathways for individuals with dual diagnoses (Learning Disability and Substance Misuse) to both Substance Misuse Services and Adult Social Care.

Action 5.11 - Improve the social work offer

IN PROGRESS

Improve the Social Work offer via the Learning Disabilities and Autism Team.

Year 1 Update:

- The Council is continuing to work toward ensuring sufficient Social Work capacity. This has been difficult due to a national Social Worker recruitment crisis.
- Autism has been separated from the Learning Disability Teams in order to target resources and specialise expertise.

Year 2 Tasks:

- Improvement activities from Year 1 will continue into Year 2.

Action 5.12 - Support for parents who have learning disabilities

IN PROGRESS

Review the pathway / support for parents with Learning Disabilities.

Year 1 Update:

- Support currently falls under universal services, though parents and parents to be who have Learning Disabilities is eligible for additional support via the Learning Disability Hospital Liaison Nurses, Adult Social Care and Health Community Team for Adults with Learning Disabilities.

Year 2 Tasks:

- A Task and Finish Group to explore further developments in this area will be established.

Action 5.13 - Access for older people

IN PROGRESS

Review access for Adults with Learning Disabilities to Older Adults Services.

Year 1 Update:

- The Community Health Team for Adults with Learning Disabilities has an early-onset Dementia provision for residents with Down Syndrome.

Year 2 Tasks:

- The Dementia Pathway will be reviewed against the NICE guidelines.

Action 5.14 - Review joint funding arrangements

NOT STARTED

Review joint funding arrangements between Health and Social Care. Including review of Continuing Health Care budgets and the Joint Funding arrangements.

Year 1 Update:

- Not started

Year 2 Tasks:

- Re-establish conversations, including appropriate tool and agreements for Continuing Health Care, Joint-Funding and Section 117.

Action 5.15 - Map commissioned services

IN PROGRESS

Map commissioned services / Providers used by Children and Young People's Services and Adults Services.

Year 1 Update:

- Newham Family Information Service and our Local Offer for children and young people with Special Educational Needs and Disability (SEND) and their families can be found on Newham Families Advice and Support. This is updated on a regular basis
- For Adults, the Newham Health and Care Partnership developed Well Newham which brings together a range of health and well-being services. These can be accessed through the Well Newham Hubs and online on Helping everyone in Newham to live well | [Well Newham](#)
- The Council has commissioned services from the Joy Platform in order to support resident access. For more information see: Joy | Social Prescribing Software (thejoyapp.com)

Year 2 Tasks:

- Continue to work with Providers and residents with Learning Disabilities to ensure the above platforms are accessible; and evaluate use by residents with Learning Disabilities.

Action 5.16 - Market position statements

COMPLETE

Develop Market Position Statements to inform Providers of the needs of residents with Learning Disabilities and services required.

Year 1 Update:

- Market Position Statements are tools we use to show current and future supply and demand in the borough, to explain how the Council will support and take action in the local care market to meet demand, and to let providers know about the potential business opportunities that exist. Newham produced 17 new Market Position Statements in 2022/23. These capture the needs of residents with Learning Disabilities within them. They can be found on: [Market Position Statements - Newham Council](#)

Action 5.17 - Independence to an ordinary life service

COMPLETE

Re-commission an Independence to an Ordinary Life Service to increase independence and future quality of life

Year 1 Update:

- In 2022/23 the Council's Community Opportunities Team re-started the Independence to an Ordinary Life project. The project aims to support residents with Learning Disabilities to have the same opportunities as their peers: to have ordinary lives, high aspirations and be full members of their local community.
- Good Practice was shared with the Learning Disability and Autism Provider Forum in January 2023.

Referring Team	LBN Enablement	Disabled Children & Young People	Learning Disability 18-25 Social Work	Learning Disability 25+ Social Work	Learning Disability Community Health Team	Other	Total
Number seen	11	6	4	4	5	1	31

Action 5.16 - Direct payments

COMPLETE

Streamline the Direct Payments pathway and / offer to increase the number of Care Act eligible residents with Learning Disabilities with a Direct Payment.

Year 1 Update:

- The Direct Payment process has been reviewed and streamlined. In 2022/23 there were 805 Direct Payments packages for residents with Learning Disabilities (this included some residents with multiple packages).

Action 5.16 - Pbs training

COMPLETE

Procure and implement Positive Behaviour Support Training for Health and Social Care professionals and Carers to improve the quality of support and interventions for people who exhibit behaviours that challenge

Year 1 Update:

- I-Support Behaviour was commissioned to support a two-year programme of training for Health and Social Care Providers and Carers to become proficient in Positive Behavioural Support.
- The Community Health Team for Adults with Learning Disabilities provide person-specific support to Carers and Providers.

Year 2 Tasks:

- Work with I-Support Behaviour to increase the uptake of training accessed by Carers, as this was low in Year 1.
- The Supported Living Dynamic Purchasing Vehicle includes the requirement for Learning Disability Providers to be Positive Behaviour Support trained - this will be embedded in Year 2.

Action 5.16 - Community nursing

COMPLETE

Promote the support provided by the Peripatetic Nurses to commissioned services and residents with Learning Disabilities and their families living in the community

Year 1 Update:

- Year 1 focussed on Annual Health Checks - contacting GP Practice Managers to promote the use of pre-screening questionnaires, reminding patients / Carers about appointments and identifying and addressing any barriers to attendance (including following up on Did Not Attends).
- Learning Disabilities assessment pathways for breast and bowel cancer screening were developed and implemented.
- It was envisaged that PCLN's would not hold a clinical caseload; however, this has not been possible due to known gaps in service provision for residents with Mild to Moderate Learning Disabilities.

Year 2 Tasks:

- Promote the new 14-25 Hospital Passports - to strengthen links between Children's and Adults with a focus on transition.

Action 5.16 - LeDeR

COMPLETE

Review the requirements of the Learning Disabilities Mortality Review Programme (LeDeR*) alongside existing End of Life Care pathways for adults with Learning Disabilities.

Year 1 Update:

Common themes found in reviews completed between April 2022 to March 2023 LeDeR Report include:

- Recognising deterioration and making referrals in a timely manner (Significant 7+);
- Absence of individual discussions about Advanced Care Planning and lack of confidence amongst staff to have these discussions;
- Absence of Independent Mental Capacity Advocates for those who may lack capacity to support these discussions;
- last minute referrals (during last hospital admission) and in some cases the resident dying before the referrals have been actioned.

Year 2 Tasks:

- Staff training on recognising deterioration (this is already happening in BHR [Barking, Havering and Redbridge] - who work closely with Palliative Teams);
- Empower staff to have Advanced Planning conversations with - providing material in accessible formats and enabling choice.
- Promote the Advocacy Service to support staff with these discussions;
- Ensure clear documentation of individual wishes is in place where discussions do occur.

Action 5.26 - Stomp / stamp

COMPLETE

Link in with national STOMP* and STAMP* programme to prevent over-medication of residents with Learning Disabilities

Year 1 Update:

- Since implementing STOMP and STAMP, the number of STOMP patients has reduced from 153 to 80. Of the 80, 44 (55%) are on a STOMP medication reduction plan - and the other 45% are regularly reviewed with a plan to reduce in the future. Nine patients have completely stopped antipsychotics.

Year 2 Tasks:

- GP training sessions to be arranged to raise awareness of STOMP*, STAMP*; and the importance of psychotropic medication reviews for residents with challenging behaviours;
- Roll-out the NELFT piloted STOMP*-inclusive Structured Medication Review template across North East London.
- Continue work between the ELFT Adults Pharmacist and the ELFT CAMHs Pharmacist.

*See Jargon Buster at the end of this document for more information about STOMP and STAMP

Action 5.27 - Provider forum

COMPLETE





Continue to strengthen the Learning Disability and Autism Provider Forum to continue to facilitate strategic partnership working and an open dialogue between the Council, Health and stakeholders who are providers of care and support.

Year 1 Update:

- The Forum Terms of Reference has been refreshed and a new Provider co-Chair elected.
- Four Forums were held in Year 1 - with the sessions moving from online to face-to-face, which improved attendance.
- Topics covered at the Forum included, but were not limited to, positive working with family members, the Brokerage Processes with a view to reduce voids.




Health and social care dashboard

COMPLETE

OUTCOME	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3	
Improve Recording	No. of residents on the Primary Care Learning Disability Register Source: NHS Data	1742	1635*			
Equal Access to Health Services	% of eligible adults with a Learning Disability having a GP Health Check.	84%	89.11%			
Reduction in unplanned hospital admissions.	No. of residents with a Learning Disability in an inpatient setting.	8	3			
Reduction in unplanned hospital admissions.	No. of residents with a Learning Disability on the Dynamic Support Register Source: Newham ICB data	31	19+ 1 with LD query			
Positive Experience of Care and Support Services	% of residents with a Learning Disability to say they their Social Care Service helps them to have control over daily life. Source: Adult Social Care Survey (Learning Disability)	94.2%	88%			

“*Numbers decreased in Year 1 due to improvements to data recording”.

Health and social care dashboard

OUTCOME	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3	
Control over daily life	% of people who feel they have control over their daily life (%) Source: Adult Social Care Survey (Learning Disability)	85.7%	88%			
Bereavement Service	No. of residents with a Learning Disability accessing the Community Bereavement Service. Source: Mind in Tower Hamlets and Newham	26	24			
Support with Annual Vaccinations	Covid Vaccination for Newham Residents on the Learning Disability Register Source: NEL ICB	-	Primary Vaccination 79.4 Booster 52%			



North East London



Outcome 6: Carers

Action 6.2 - Emergency care and support

IN PROGRESS

Emergency Care and Support - develop a range of appropriate, high-quality emergency care and support services that meet the needs of Carers and the cared for person.

Year 1 Update:

- Work has started to map emergency care and support services currently being used.

Year 2 Tasks:

- Complete action.

Action 6.2 - Carers respite

NOT STARTED

Identify Carers who are delivering 35+ hours of care and support per week; and those supporting people with PMLD* who are not accessing planned respite.

Year 1 Update:

- Not started.

Year 2 Tasks:

- Commence work to cross-reference residents with PMLD (*Profound and Multiple Learning Disabilities) and the 50+ Carers data, to identify service needs and long-term planning

Action 6.2 - Long-term planning

IN PROGRESS

Long-Term Planning - identify Carers aged 50+ and work in partnership with them and the cared for person to agree the cared for person's long-term care and support needs.

Year 1 Update:

- The Council is working with the Learning Disability Senior Carers Group to discuss the importance of Long-Term planning.
- The Carers Support Service has been re-procured – providing a more localised offer. One of the Service KPIs is identify and supporting new Carers.
- The Council has set-up a Carers Resident Advisory Group.

Year 2 Tasks:

- Work has started to identify those Carers aged 50+ in order to anticipate demand for services for their cared for person, particularly those who are providing care in the family home
- Identify a Learning Disability Carers Representative to join the Learning Disability Action Plan Delivery Board

Dashboard - Carers

OUTCOME	INDICATOR	BASELINE	YEAR 1	YEAR 2	YEAR 3	
Range of appropriate high-quality respite services in place.	No. of in-borough respite beds / units.	-	-			
Carers aged 50+ are aware of the importance of long-term planning and engaged in communication with the cared for person and Health and Social Care.	No. of appropriate Support Plans in place for cared for people who's Carers are aged 50+.	-	-			
Reduction in Carer Breakdown.	No. of Hospital Admissions resulting from Carer breakdown.	-	-			
Reduction in Carer Breakdown.	No. of accommodation-based placements resulting from Carer breakdown.	-	-			

Jargon Buster

Term	Full name or meaning
ASC	Adult Social Care
ASCOF	The Adult Social Care Outcomes Framework measures outcomes and sets priorities for care and support services.
AzeusCare	Barts Health NHS Trust is a group of hospitals provide a huge range of clinical services to people in east London and beyond. Hospitals include: Newham University, St Bartholomew's, Mile End, Royal London and Whipps Cross Hospitals.
Barts Health NHS	Child and Adolescent Mental Health Services
CAMHS	Care, (Education) and Treatment Reviews are for children or adults with a learning disability or autism admitted, or at risk of admission to a specialist mental health / learning disability hospital. They are CCG or NHS England leads meetings, which aim is to reduce or avoid hospital admissions through community interventions and planning.
C(E)TR	*Note a Care Education and Treatment Review is held for residents under 25 who have education needs. All others will be offered a Care and Treatment Review.
CGL Change Grow Live	Local Provider of Substance Misuse Services also known as Rise Newham.

Term	Full name or meaning
CYPS	Children and Young People's Service.
Dynamic Purchasing Vehicle	It is an electronic system for the Council to buy services. The Council sets standards that the providers/suppliers must demonstrate when they apply to join. Providers / supplier must be approved before the Council will use them.
Dynamic Support Register	The DSR is a register of people with learning disabilities and/or autism who may need higher input from services and who may be at risk of being admitted to a specialist or mental health hospital. It helps local support teams to identify those who would benefit from a Care (Education) and Treatment Review. Each local borough holds a register for adults and one for children's and young people
DSR	East London NHS Foundation Trust provides mental health, community health, and inpatient services to young people, working age adults, older adults and forensic services to Newham; it also provides a range of services outside of Newham.
ELFT	NHS North East London is the Integrated Care Board (ICB) for north east London.
Integrated Care Board ICB	They meet every other month to plan, discuss and make decisions about local health services and how we can best improve them for the benefit of patients and the public.
LD Forum	The Learning Disability Forum – this has been replaced by the Learning Disability Resident Advisory Group.

Term	Full name or meaning
LDPAG	Learning Disability Partnership Group - this has been replaced by the Learning Disability Action Plan Delivery Board.
LDRAG Learning Disability Action Plan Delivery Board	The main purpose of this group is to Advise the Learning Disability Action Plan Delivery Board and make sure that residents voices are part of the delivery of the Adult Learning Disability Action Plan.
Learning Disability and Autism Joint Planning Group	The main purpose of the Delivery Board is to oversee the successful delivery of the action plan. It will monitor delivery of all of the actions within the plan to time and quality for reporting and sign off by the Learning Disability and Autism Joint Planning Group.
Learning Disability and Autism Joint Planning Group	This Group brings together statutory health and social care services, voluntary and community sector organisations, service users, and carers, to work collaboratively to test and deliver improvement and transformation initiatives.
LeDeR Learning Disabilities Mortality Review	Started in 2017 by NHS England and NHS Improvement, LeDeR is a service improvement programme that improve care, reduce care inequalities, and prevent people with a learning disability and autistic people from early deaths
NEL ICB North East London Integrated Care Board	NEL ICB is the Integrated Care Board responsible for Newham and the seven neighbouring local authorities (Barking and Dagenham, City and Hackney, Havering, Redbridge, Tower Hamlets, Waltham Forest) in North East London.

Jargon Buster

Term	Full name or meaning
NHS	National Health Service
NHSE	National Health Service England
NHSE Transformation Programme	National programme to make people who have a learning disability, have autism or both healthier, and more independent
People Participation Group	ELFT People Participation within Learning Disability Services is in the process of bringing an ELFT People Participation 'group' together; the aim is working together with service users and carers to make sure people with a learning disability and/ or their carers can say what they think about the services, and how they can be improved.
Positive Behaviour Support	PBS is research based model of intervention used to build understanding of the behaviour from the person's point of view and their lifestyle, and developing an intervention based upon this interpretation. It aims to increase the quality of life and decrease 'problem' behaviour by teaching new skills and making changes to a person's environment.
PMLD	This can be used to describe people who have Profound and Multiple Learning Disabilities

Term	Full name or meaning
S117 / S7, S17, S37/41, S47,	These are sections in the Mental Health Act related to financial arrangement between Health and Social Care.
S75	This is a financial arrangement between Health and Social Care for jointly funded care
SEND	Special Education Need and Disabilities
Social Prescribing	Social prescribing refers to when health professionals refer patients to non-clinical support services in the local community to help their health and wellbeing where appropriate.
STAMP	Supporting Treatment and Appropriate Medication in Paediatrics is a national programme that aims to make sure that children and families can access other treatment and support when children display behaviours that challenge (including accessing medication if they need it).
STOMP	Stopping over medication of people with learning disabilities, autism or both is a national programme aims to stop the overuse of psychotropic medications for children and young people with a learning disability, autism or both.
Well Newham	Well Newham is the Social Prescribing site to find information and support for Newham residents to look after their Health and Wellbeing.