

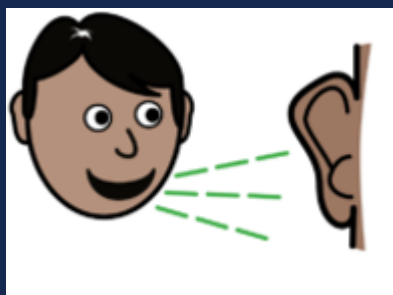


Learning Disability Action Plan



Year 2 Actions

Outcome 1 Heard and Valued



Heard and Valued



1.1 Raise Awareness

- Co-design* activities for World Down Syndrome Day 2024;
- Work with the Learning Disability Resident Advisory Group to see how the Council can further raise awareness of Learning Disabilities and the impact on those who have them within the general Newham population.
- Co-design a series of activities for Learning Disability Week 2023; **Completed**
- Have representation at the Carers Festival 2023. **Completed**



Action 1.2 Training

- Roll out [Oliver McGowan](#) and [Grey Matter Learning](#) training across Health and Social Care.

Heard and Valued



1.4 Resident Forums

- Increase the number members of the:
 - Learning Disability Resident Advisory Group
 - People Participation sessions (run by ELFT – East London Foundation Trust).



1.5 Advocacy Services

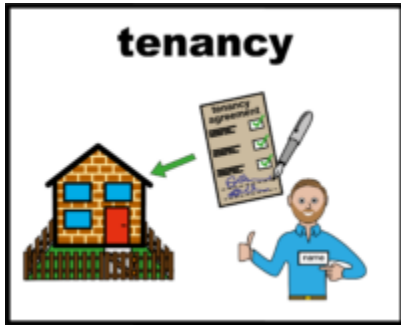
- Hold monthly Learning Disability self-advocacy drop-in sessions.
- Continue to monitor reach and use of the Advocacy Service using the protected characteristics of Advocacy Service Users.
- Plan and buy more Advocacy Service. To start September 2024.

Completed

Outcome 2 Accommodation and Housing



Accommodation and Housing



2.1 General Housing Tenancies

- The Council will work with the Priority Housing Steering Group and Housing partners to develop support options.



2.2 The Council will look at how it buys housing support / floating support services.

New
2023
/24



2.3 The Council will review the Shared Lives offer

- This will include making sure that more people with Profound and Multiple Learning Disabilities can use Shared Lives.

New
2023
/24

Accommodation and Housing



2.4 Care Homes*

- Look at who moved to an out of borough Care Home. If we did not have the right support in Newham, use this information to talk to in-borough Providers to develop the right housing or support.
- Develop and agree new outcome-based plans for Newham Care Homes.
 - These plans (also called Specifications) will include more than what the Care Quality Commission says [Care Homes must do.](#)



2.5 The Council is changing how it buys Supported Living Services

- This will include services for residents with Learning Disabilities.
- It wants all Supported Living Services to be of good quality and cost.



Accommodation and Housing



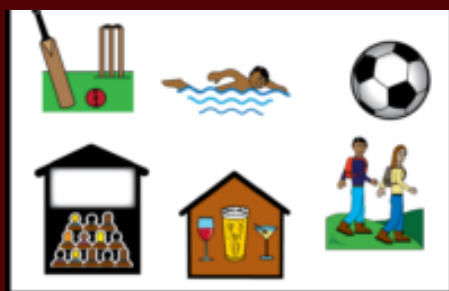
2.7 New Housing

Exploring new developments to increase housing options in Newham.

- Set up Supported Living schemes for specific need-groups
 - These needs-groups have been identified in a report (the Needs, Capacity and Opportunities Assessment), as part of the Council's Supported Living Transformation Programme.

New
2023
/24

Outcome 3 Connected and Involved

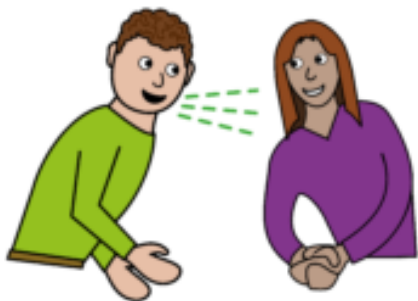


Connected and Involved



3.2 Support Worker

- A Peer Support Worker role has been created.
 - They responsible for setting up and running Peer Support Groups for residents with Learning Disabilities and with Autism.
 - We will give the job to someone who has mild to moderate Learning Disabilities (or Autism)– providing a job opportunity, and also make sure they understand what it is like to have this lived experience.



3.3 Explore set up peer support groups

- Use small-grants programmes to fund peer-led activities.



Connected and Involved



3.4 Improve awareness of and access to Assistive Technology and Community Equipment.

New
2023
/24



3.5 Write a Learning Disabilities Non-Exploitation Policy

- Write the Policy to reduce risk of hate/mate crime, criminal activity and radicalisation
- Have training about the Policy for residents and professionals

New
2023
/24

Connected and Involved



3.6 Co-design a Relationships Policy

To support residents with relationships (including sexual).

- Design a training programme for Health and Social Care professionals to support the policy
- Co-design Relationships training for residents with Learning Disabilities



3.7 Develop a Sex and Relationships Charter* and Sex and Relationships Policy for Accommodation Providers in Newham.

- Newham Council will share with Accommodation Providers in Newham and the Resident Advisory Group for comment and put in place once agreed.

Outcome 4 Work and Purpose



Work and Purpose

4.2 Social Value

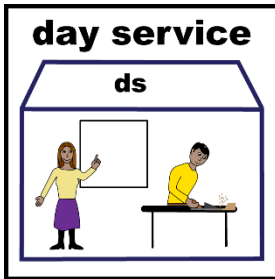
- Monitor the number of employment opportunities for residents with Learning Disabilities provided and taken up via Council's contracts.



4.3 Supported Employment

- Refresh the Supported Employment offer
 - Aim to increase the support offer
 - Aim to increase the number and variety of job opportunities.

Work and Purpose

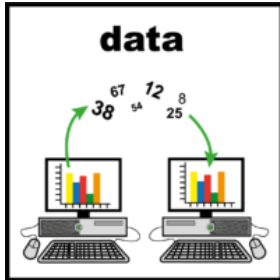


4.4 Day Opportunities

- Refresh the current Day Opportunities offer
 - Make it more community-focused with both recreational activities and employment opportunities (for working-age residents).
- The Council is working with the London Boroughs of Havering, Redbridge and Waltham Forest to develop Minimum Quality Standards for Adult Day Opportunities.
 - Once agreed, these will be used in conjunction with local Quality Assurance processes to improve Day Opportunities.

Outcome 5 Health and Social Care

Health and Social Care



5.1 Improve Recording

- Ensure all AzeusCare records hold all the protected characteristics of those with a Learning Disability
 - Aim to better understand if our services are open and accessible to all;
- Work across Health and Social Care (Children's and Adults) so we use the same labels and language to describe Learning Disability.
 - Aim to improve shared understanding and data collection.

5.2 Aim to develop a Learning Disability Diagnostic Service

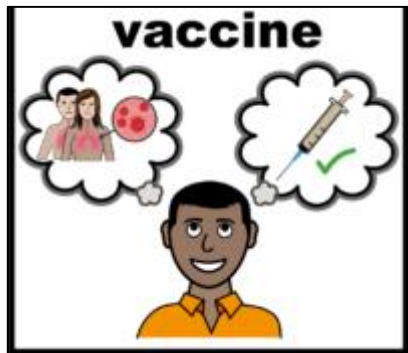
- This should include the diagnostic pathway for children and young people.





5.3 Equal Health Access

- The Council's Public Health Team are developing a Learning Disability specific offer.
 - They are co-designing this with residents;
- NUH (Newham University Hospital) aim to reduce waiting times for patients with Learning Disabilities;
 - Their aim is to reduce elective care to at least the 'mean waiting time'* and hopefully to less than this.



5.5 Annual Vaccination

- Promote reasonable adjustments and accessible information;
 - Aim to promote the benefits of the vaccination programme and increase uptake.

Health and Social Care



5.6 Reduce Admissions

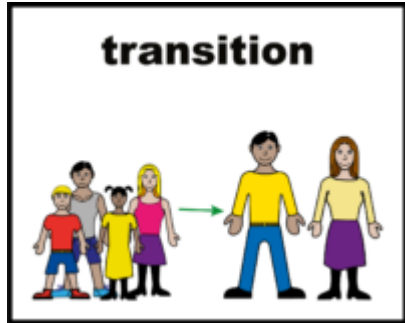
Reduce admissions/length of stay related to Mental Health needs or behaviours of concern

- Develop an Inner North East London Intensive Support Team* to reduce hospital admissions and Provider / family breakdown.
- Work with Newham Centre for Mental Health to look at the environment and the interventions offered to patients.



5.7 Improve Care, Education and Treatment Reviews [C(E)TRs]*

- Training will be offered to all relevant partners in 2023/24.
 - This will be provided by the North East London Integrated Care Board.



5.9 Improve the Transition Offer

Improve the offer for transition-aged residents (14 - 25). Including the implementation of recommendations from the SEND Transformation Review.

- Post-16 Commissioning work will continue with Children's and Adult's Commissioners regarding the offer for residents in this group.
- A member of CAMHS (Child and Adolescent Mental Health Services) will be spending a day a week with the Newham Health Team for Adults with Learning Disabilities to jointly identify and take forward shared clinical development opportunities.

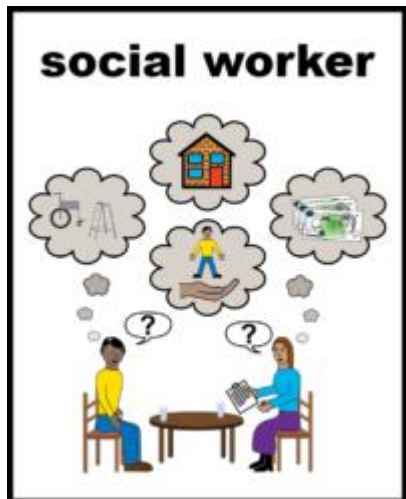
Health and Social Care



5.10 Substance Misuse

Improve the offer for people with a Learning Disability who experience substance misuse issues.

- Work with Change Grow Live (CGL) / Rise Newham regarding data collection.
- Improve access pathways for individuals with dual diagnoses (Learning Disability and Substance Misuse) to both Substance Misuse Services and Adult Social Care.



5.11 Improve the Social Work Offer

Improve the Social Work offer via the Learning Disabilities and Autism Team.

- Improvement activities from Year 1 will continue into Year 2.



5.12 Support for Parents who have Learning Disabilities

- A Task and Finish Group will be set up to review the pathway / support for Parents with Learning Disabilities.



5.13 Access for Older People

- The Dementia Pathway will be reviewed against the NICE* guidelines.

Health and Social Care



5.14 Review Joint Funding Arrangements

Review joint funding arrangements between Health and Social Care. Including review of Continuing Health Care budgets and the Joint Funding arrangements.

- Re-establish conversations, including appropriate tool and agreements for Continuing Health Care, Joint-Funding and Section 117.

Health and Social Care

5.15 Map Commissioned Services

- Continue to work with Providers and residents with Learning Disabilities to ensure the platforms below are accessible; and increase use by residents with Learning Disabilities.



For Children, Young People and their families:

- The Newham Family Information Service and our Local Offer for children and young people with Special Educational Needs and Disability (SEND) can be found on [Newham Families Advice and Support](#).

For Adults:

- There are Well Newham Hubs and online information on [Well Newham](#)
- The Joy Platform [Joy | Social Prescribing Software \(thejoyapp.com\)](#)

Health and Social Care

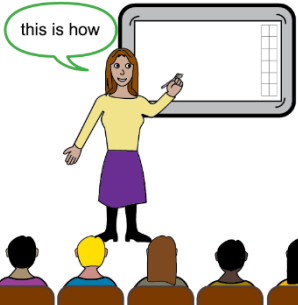


5.19 Look at how Personal Health Budgets are provided in Newham.

- Aim to increase the number of Personal Health Budgets for those who are eligible.



training



5.20 Positive Behavioural Support (PBS) Training

- Work with I-Support Behaviour to increase the uptake of training accessed by Carers, as this was low in Year 1;
- Look at the training need for Health and Social Care staff who have not taken up the training;
- The Supported Living Dynamic Purchasing Vehicle* includes the requirement for Learning Disability Providers to be trained in Positive Behaviour Support.

Health and Social Care

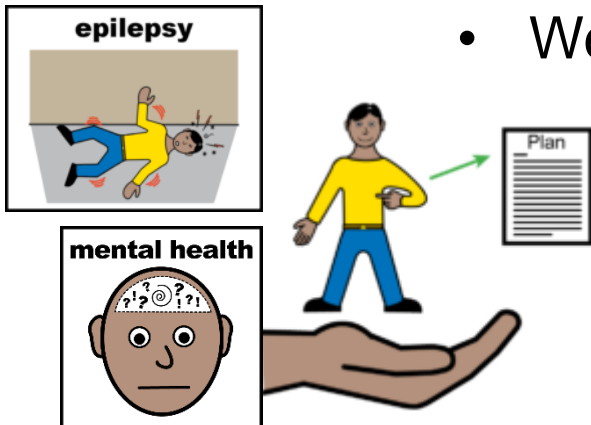


5.21 Community Nursing

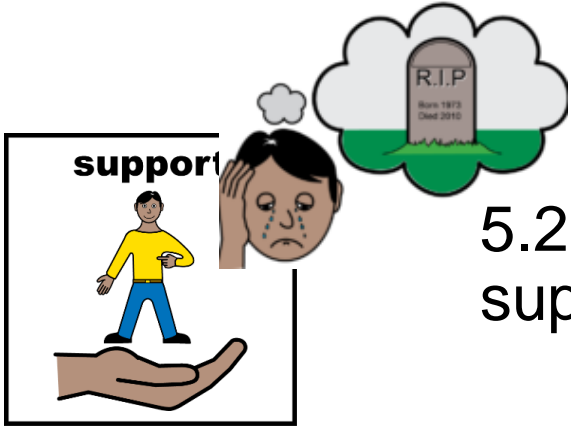
- Promote the new 14-25 Hospital Passports.

5.22 Increase understanding and plans about Epilepsy, Mental Health and Suicide.

- We are also adding increased uptake of Cancer screening.



Health and Social Care



5.23 Review the Community Bereavement Service's specialist support for people with learning disabilities

New
2023
/24



5.24 Improved End of Life planning

- Improve End or Life planning awareness
- Increase use of Advanced Planning documents

New
2023
/24

Health and Social Care



5.25 Learning Disabilities Mortality Review (LeDeR)

This looks at the deaths of people with Learning Disabilities and Autistic people to see if they had the right care.

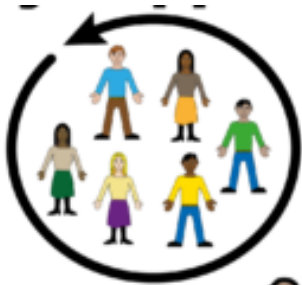
- Staff training on recognising changes to someone's health;
- Empower staff to talk about Advanced Planning and have information to support the conversations
- Promote the Advocacy Service to support staff
- Make sure people have written plans about their individual wishes

Health and Social Care



5.26 STOMP* / STAMP*

- Hold awareness training for GP's
 - Make sure this includes the benefits of psychotropic* medication reviews;
- Start using NELFT's* piloted STOMP-inclusive Structured Medication Review template* in Newham.
- Continue work between the Adults Pharmacist and the CAMHs* Pharmacist.



5.28 Create a Support Workers Peer Support Group

- To share good practice, develop skills, reflect and drive improvements



Outcome 6 Carers



6.1 Planned Respite

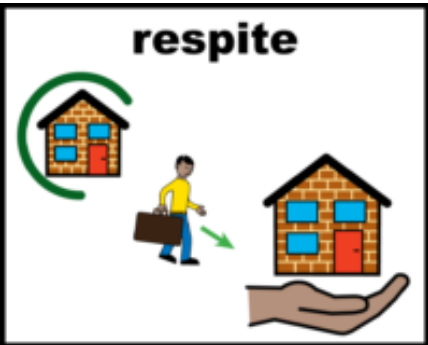
- Develop a range of appropriate, high-quality in-borough respite services that meet the needs of Carers and the cared for person.

New
2023
/24



6.2 Emergency Care and Support

- Develop a range of appropriate, high-quality emergency care and support services that meet the needs of Carers and the cared for person.



6.3 Carers Respite

Identify Carers who are:

- Delivering 35+ hours of care and support per week;
- Supporting people with Profound and Multiple Learning Disabilities (PMLD) who are not accessing planned respite.
- Look at residents with PMLD who have Carers who are over 50 years old, to identify service needs and long-term planning



6.4 Long-Term Planning

- Identify those Carers aged 50+ in order to anticipate demand for services for their cared for person, particularly those who are providing care in the family home
- Identify a Learning Disability Carers Representative to join the Learning Disability Action Plan Delivery Board