

# WELCOME NEWHAM NEWS.

Edition: January 2024

Welcome to our January newsletter. Our aim is to highlight activities and events happening in the area that may be of interest to you. If you know of something happening that you think would be a good idea to show case in the newsletter, then please get in touch with the team and we will do our best to promote it to the new arrivals in the borough.



## London Westfield Stratford City – Job Show

**Date:** 2<sup>nd</sup> & 3<sup>rd</sup> February 2024

**Time:** 11am – 5pm

**Address:** Westfield Stratford City -  
Montfichet Road London E20 1EJ

The event is FREE to attend. Register here: [London Job Show | Careers & Job Fair | Westfield Stratford Tickets, Fri 2 Feb 2024 at 11:00 | Eventbrite](#)

The London Job Show is returning to Westfield Stratford on the 2nd & 3rd February 2024.

With vacancies at an all-time high, massive people shortages and salaries on the increase, it is the ideal time to find a new job.

However, finding a new role can be a hassle. Well, the good news is there is an alternative to spending endless hours searching for jobs, sending off application after application and then (all too often) not even getting a reply. By visiting the London Job Show, you could fast-track the entire process.

If you are looking for a new start this is the perfect opportunity to meet the UK's top employers in person and apply directly.

Here is the list of employers attending:

Great Anglia • Metropolitan Police • Nursing & Midwifery Council • Penta Group • Uber Eats • Arsenal Football Club • Avon • Catch 22 • Europcar • HM Prison & Probation service • London Ambulance Service • Kiko Cosmetics • Met Police • NHS Blood & Transplant • Travelodge • Vision Express • and more.

**Welcome Newham Team**

**Email:** [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk)

**Phone:** 020 3373 3222

**Monday-Friday 10am-5pm**

# WELCOME NEWHAM NEWS

## Newham Apprenticeship Fair – 2024

**Date:** 8<sup>th</sup> February 2024

**Time:** 10am – 4:30pm

**Address:** Old Town Hall, 29 The Broadway, Stratford, E15 4BQ

Join us to celebrate the National Apprenticeship Week 2024.

It will be an exciting opportunity for Newham residents and students to explore the range of apprenticeships available. During the event you will be able to:

- meet a wide range of employers with live apprenticeship opportunities
- learn more about different companies and sectors
- understand the application process
- explore different apprenticeship levels
- find out about pay and benefits
- hear from the experience of current and previous apprentices'
- have the opportunity to network.

**To ensure you make the most of this opportunity, book your slot now to avoid disappointment: [Newham Apprenticeship Fair 2024 Tickets, Thu 8 Feb 2024 at 10:00 | Eventbrite](#)**

Here is the list of employers attending:

IBM • Barclays Bank • KPMG • Microsoft • Network Rails • TFL • HMRC • FCA • Newham Council • Bart's NHS • London Ambulance Service • London Fire Brigade • Met Police • Axis Europe • Newham College • UEL • London Design and Engineering (LDE) • Teesside University • Higgins Partnership • Bouygues • Berkley Group • Morgan Sindall • Build East Skills Centre • The Hill Group • Kind Build • Roof • Glencar • Building Crafts College • Our Newham Work/Money/Youth • Our Newham Learning • Youth Empowerment Education Inclusion • Newham Sparks



OUR NEWHAM BUSINESS & ENTERPRISE

SKILLS FOR LIFE APPRENTICESHIPS

Newham London

# Newham Apprenticeship Fair 2024

Thursday 8 February 2024, 10am-4.30pm  
Old Town Hall, 29 The Broadway, Stratford, E15 4BQ

We welcome all Newham residents and those studying in Newham. Don't miss out on this chance to kick-start your career journey! Secure your spot now.

5-11 FEBRUARY 2024 #NAW2024  
NATIONAL APPRENTICESHIP WEEK

[newham.gov.uk](http://newham.gov.uk) WE ARE NEWHAM.

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## WELCOME NEWHAM NEWS

(2023)

# PREPARE FOR WORK COURSE



FOR REFERRALS  
OR QUERIES  
PLEASE CONTACT  
RIJ@REFUGEECOU  
NCIL.ORG.UK

### Course Outline:

**CV Writing**  
13th Feb  
10am-12pm

**Writing to  
Employers**  
20th Feb  
10am -12pm

**Interview  
Skills**  
27th Feb  
10am-12pm

**All sessions  
occur online**

### Course Aim

Short, focused workshops giving you the skills and knowledge to get ahead in the today's jobs market

**Attendance at all sessions is essential to receiving ongoing support from the project**

### Eligibility criteria

- Refugee Status
- Living in England
- ESOL entry level 3

### Prepare for Work Course with Refugee Council

Course outline:  
**CV Writing –**  
Tuesday 13<sup>th</sup> February  
10am -12pm

**Writing to Employers –**  
Tuesday 20<sup>th</sup> February  
10am – 12pm

**Interview Skills –**  
Tuesday 27<sup>th</sup> February  
10am -12pm

The course will give you the skills and knowledge to get ahead in today's jobs market, it involves short focused workshops.

### Eligibility Criteria:

- Refugee Status
- Living in England
- ESOL entry level 3

If you'll like to be referred to these workshop please email [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk) or contact [RIJ@refugeecouncil.org.uk](mailto:RIJ@refugeecouncil.org.uk)

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# WORKING IN THE UK COURSE

6-WEEK ADVANCED LEVEL COURSE, CO-DELIVERED BY THE REFUGEE COUNCIL AND PWC TO PREPARE YOU FOR WORK IN PROFESSIONAL ROLES.

EVERY FRIDAY  
16TH FEB - 22ND MARCH

10:00 AM - 12:00 PM (ON ZOOM)

- GETTING AHEAD IN TODAY'S JOB MARKET
- WHAT UK EMPLOYERS ARE LOOKING FOR
- INTERVIEW PRACTICE AND MOCK INTERVIEWS WITH PWC VOLUNTEERS

TO REFER OR FIND OUT MORE CONTACT  
[RIJ@REFUGEECOUNCIL.ORG.UK](mailto:RIJ@REFUGEECOUNCIL.ORG.UK)



SUPPORTING AND EMPOWERING REFUGEES

## ELIGIBILITY

- REFUGEE STATUS
- ESOL ENTRY LEVEL 3 MINIMUM (OR EQUIVALENT)
- LIVE IN ENGLAND



## Working in the UK course:

Day 1: Friday 16<sup>th</sup> February 2024  
10am-12pm

Delivered by Refugee Council - Introduction to UK Labour Market & Recruitment pathways; The job application process, what employers look for and how you can stand out, Language of the job search- buzzwords, Value of volunteering, Researching the employer

Day 2: Friday 23<sup>rd</sup> February 2024  
10am-12pm

Delivered by Refugee Council - CVs & Applications; job descriptions & person specifications, identifying your skills and qualities and 'selling' them to employers, CV writing and addressing gaps in CV, Cover Letters vs Personal Statements/Motivation Letters

Day 3: Friday 1<sup>st</sup> March 2024  
10am- 12pm

Delivered by PwC - Professional Communication and tips for business writing

Day 4: Friday 8<sup>th</sup> March 2024  
Part 1 10am-12pm Delivered PwC  
Interview skills – general

and behavioural & transferable skills

Part 2 (optional) 12:15-1pm Delivered by Refugee Council - Practicing interview skills- an opportunity to practice answering key interview questions with advisors

Day 5: Friday 15<sup>th</sup> March 2024 10am-12pm

Delivered by PwC - 1-2-1 Mock interviews and feedback

To self-refer email us to receive the referral form and send it back to [rij@refugeecouncil.org.uk](mailto:rij@refugeecouncil.org.uk)

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# WELCOME NEWHAM NEWS

## Journal Decorating workshop



### Journal Decorating Workshop

Start the New Year Right and decorate your journal in style!

**Date:** Tuesday 30<sup>th</sup> January 2024  
Wednesday 31<sup>st</sup> January 2024

**Time:** 11:00am – 6:00pm



**Address:** The Community Shop Newham - 27 Silvertown Way London E16 1DH

Book Tickets: [Journal Decorating Workshop Tickets, Wed 31 Jan 2024 at 11:00 | Eventbrite](#)

Get ready to unleash your inner artist and personalize your journal like never before! During this in-person event, you'll learn various techniques to transform your plain journal into a unique masterpiece. Our talented instructors will guide you through the process, sharing tips and tricks to make your journal truly one-of-a-kind.

Whether you're a seasoned journaling enthusiast or just starting out, this workshop is perfect for everyone. Express yourself, experiment with different materials, and let your creativity flow.

Don't worry if you don't have any prior experience in art or crafting. This workshop is all about having fun and exploring your imagination. We'll provide all the necessary materials, so just bring yourself and your enthusiasm.

So head over to **The Community Shop Newham** for an exciting day of journal decorating. Connect with fellow journaling enthusiasts, share ideas, and leave with a beautiful journal that reflects your personality.

Spaces are limited, so be sure to reserve your spot in advance.

Join us for this delightful workshop and let your creativity soar!

#### Event Highlights:

- Use a variety of materials: stickers, decorative washi tape, colours, stamps, and glitters
- Craft a personalized journal that reflects your unique style
- Kick-start the new year with a stylish and inspiring journal
- Suitable for all ages!

Design & customise your own 2024 journal...

Suitable for all ages!



Create the perfect journal to start the New Year right!



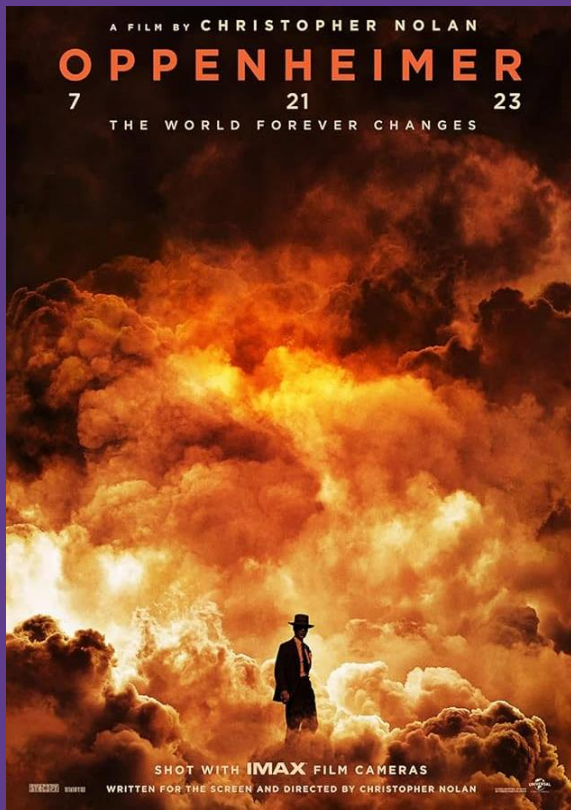
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# WELCOME NEWHAM NEWS



## Newham Community Cinema - OPPENHEIMER + Q&A

**Date:** Wednesday 31<sup>st</sup> January 2024

**Time:** 5:30pm – 10pm

**Address:** Community Links - 105 Barking Road London E16 4HQ

**Book Tickets:** [NEWHAM COMMUNITY CINEMA: OPPENHEIMER + Q&A Tickets, Wed 31 Jan 2024 at 17:30 | Eventbrite](#)

Dir: Christopher Nolan

Cast: Cillian Murphy, Florence Pugh, Emily Blunt, Matt Damon

Cert: 15

During World War II, Lt. Gen. Leslie Groves Jr. appoints physicist J. Robert Oppenheimer to work on the top-secret Manhattan Project. Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. Their work comes to fruition on July 16, 1945, as they witness the world's first nuclear explosion, forever changing the course of history.

## Lunar New Year 2024 – The Goldfinger + Panel + Performance

**Date:** Saturday 10<sup>th</sup> February 2024

**Time:** 7:00pm – 10pm

**Address:** Stratford East Picturehouse - Salway Road Stratford London E15 1BX

**Book Tickets:** [LUNAR NEW YEAR 2024 | THE GOLDFINGER + PANEL + PERFORMANCE Tickets, Sat 10 Feb 2024 at 19:00 | Eventbrite](#)

Dir: Tony Chong

Cast: Andy Lau, Tony Leung, Simon Yam

Cert: 15



When a stock market crash causes the sudden collapse of a multibillion-dollar company, an ICAC investigator uncovers a criminal conspiracy. Set in the 1980s, the film depicts cut-throat machinations between Hong Kong's jostling business elites amidst the backdrop of the tail end of British colonial rule. It tells the story of the rise and bust of a fictional Hong Kong company called Jiali Group.



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## WELCOME NEWHAM NEWS



FIND OUT MORE [www.arbeit.org.uk/whats-on](http://www.arbeit.org.uk/whats-on)

community **CLOTHES** Swap

DATE/TIME  
Saturday 3 February, 1pm - 3pm

VENUE  
Plaistow Library  
North Street, London, E13 9HN

USEFUL INFO  
No booking necessary  
FREE entry

WHAT TO BRING  
Gently used, clean clothing, accessories, shoes & bags  
We cannot accept underwear, socks and tights at the moment.

supported by  

### Community Clothes Swap - Plaistow Library

**Dates:** Saturday, February 3, 2024

**Time:** 1:00 PM - 3:00 PM

**Address:** Plaistow Library, North Street London, England, E13 9HN

Community Clothes Swap will be taking place in Plaistow Library.

This event is free to attend and no booking is required. All you need to bring is gently used and cleaned clothing, accessories, shoes and bags.

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## WELCOME NEWHAM NEWS

### Eastern European Photography Club

#### Newham Through Our Lens



#### The Eastern European Photography Club: Newham Through Our Lens

**Dates:**

Saturday 3<sup>rd</sup> February 2024

Saturday 24<sup>th</sup> February 2024

**Time:** 10:30am – 12:30pm

**Address:** Beckton Globe Library,  
1 Kingsford Way London E6 5JQ

**Book Free Tickets:** [Eastern European Photography Club: Newham Through Our Lens Tickets, Multiple Dates | Eventbrite](#)

**In partnership with:** Roma Support,

**Group, Rosetta Arts, Culture Within Newham, Centrala and Arts Council England.**

This is a photography club open to all, serving as a platform for Eastern European migrants in Newham to tell their unique stories through the art of photography and a safe space to share ideas and experiences. The photography meet-ups are dedicated to sharing narratives and discussions around visual storytelling; documenting Newham from an Eastern European perspective, capturing everyday life, focusing on the themes of identity, and belonging, collective memory, and community voices.

Whether you're an experienced photographer or just starting out, join us in capturing our stories in Newham.

#### Newham Clothes Repair Workshop



**Date:** Saturday 17<sup>th</sup> February 2024

**Time:** 10:00am – 2pm

**Address:** Applecart Arts - 207 Plashet Grove London E6 1BX

The Newham Clothes Repair Workshop is a **free** community event where participants will learn how to mend their clothes. Please bring along one or two items of clothing that are in need

and we will teach you how to mend them. We will have examples of clothes that have been repaired, as well as materials to practice on.

All our workshops are suitable for those with no previous skills and we provide the materials needed.

This event is presented by the Traid in partnership with the [London Borough of Newham](#).



Book tickets: [Newham Clothes Repair Workshop Tickets, Sat, Feb 17, 2024 at 10:00 AM | Eventbrite](#)

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# WELCOME NEWHAM NEWS

## The Dovetail

# MOVE WITH ROSE



Keep your mind healthy and release stress through our weekly exercise class which includes gentle movement and yoga practises.

## The Dovetail – Carpenters Community



### SESSION DETAILS

EVERY TUESDAY

9:30-10:30AM

The Dovetail  
22 Doran Walk, E15 2JL

LADIES ONLY



## Zumba with Daria



LADIES ONLY



### Session details

Daria offers an easy-to-follow choreography for all fitness levels, coupled with fun music, creating a vibrant, community-driven workout that adds joy to cardiovascular exercise routines.

📅 Every Wednesday 12pm-1pm

📍 The Dovetail  
22 Doran Walk, E15 2JL

The Dovetail

## Create with Ivy

### Carpenters community art sessions

Join us for this open art session for everyone! Whether you are a seasoned artist or just want to learn new skills, this session is perfect to explore your creativity in a chilled and friendly environment.

### Workshop details

Day  
Every Wednesday

Time  
1:00pm- 3:00pm

Location  
22 Doran Walk,  
E15 2JL

Free  
Open to all  
Session for adults



The Dovetail

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## WELCOME NEWHAM NEWS

### Patchwork & quilting



#### Workshop details

We share our experiences and practices with professional artists to create the best artworks.

📅 Every Thursday 1-3pm

📍 The Dovetail  
22 Doran Walk, E15 2JL



All activities at The Dovetail are FREE, and on a first come first serve basis.

### CANAL STROLL



#### Session details

Take a leisurely stroll with Shahina along the local canals and soak up all the nature of that Stratford has to offer. Explore the local parks and enjoy the fantastic benefits that walking brings!

📅 Every Friday 9:30-10:30am

📍 The Dovetail  
22 Doran Walk, E15 2JL

**The Dovetail**

Address: The Dovetail, 22 Doran Walk  
E15 2JL

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WELCOME NEWHAM NEWS

# Free water safety courses for adults



## Black Swimming Association

Funded by London Marathon Foundation

10 Jan - 7 Feb 2024

21 Feb - 20 March

27 March - 24 April

Every Wednesday 3 - 4 pm

Atherton Leisure Centre

189 Romford Rd, London E15 4JF

To apply: 07517 850 403

[tinyurl.com/yyx78wcb](https://tinyurl.com/yyx78wcb)

code: **NEWHAM2024**

We are working with the Black Swimming Association (BSA) to deliver free 5-week Water Safety Courses for adults. We have three courses currently planned, starting in January. See details below (and attached).

### Free Water Safety Courses for Adults

The course is designed for all adults (18+) who live, work or study in Newham who are nervous of water or have had negative experiences in water. Participants will learn both skills and knowledge to stay safe and comfortable in and around water.

#### Course dates:

1. Every Wednesday, 10<sup>th</sup> January until 7<sup>th</sup> February 2024.
2. Every Wednesday, 21<sup>st</sup> February until 20<sup>th</sup> March 2024.
3. Every Wednesday, 27<sup>th</sup> March until 24<sup>th</sup> April 2024.

**Location:** Atherton Leisure Centre, 189 Romford Rd, London E15 4JF

**Cost:** Free of charge (Funded by London Marathon Foundation)

**To apply:** Call 07517 850403 or apply directly online [BSA Pre-Course Assessment \(google.com\)](#) using the course code: **NEWHAM2024**

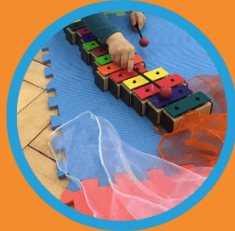
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## WELCOME NEWHAM NEWS



# FIRST STEPS

## WITH NEWHAM MUSIC ACADEMY

Family Musical Play: families with children aged 0-7 are invited to drop in and explore our magical sound garden.



**Listen, play, and connect together!**

**Saturdays, 1-2.30pm**

**Newham Music Hub  
Westfield Stratford City**

**Pay what you can**

### Family Musical Play

#### **Musical fun for all the family!**

Creative musical play sessions for children aged up to 7 and their families.

Join us for: songs and sounds, movement and dance, stories and games. Listen, play and connect together.

All children must be accompanied by a participating adult.

The venue has level access. There are no toilets in the venue – please use Westfield's nearby public toilets.

**Cost:** Pay what you can – scan the QR code to donate on the day.

**Date:** Saturday 3 February – 1-2.30pm

**Address:** Newham Music Hub: Westfield Stratford City, E20. (You can find us on The Street, in the outside area on the Ground Floor of the shopping centre. We are near to Caffe Concerto and John Lewis.)

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## WELCOME NEWHAM NEWS

# UKRAINE OUR HOME

art exhibition

24.02 – 02.03



### Ukraine Our Home: Art Exhibition

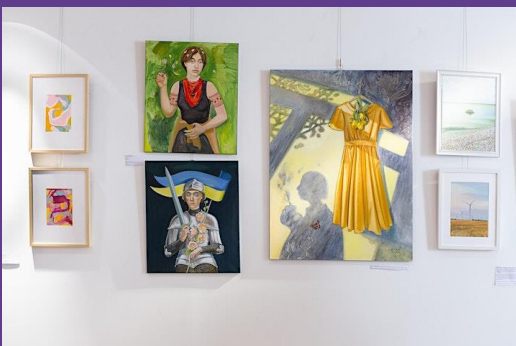
**Date:** Saturday 24<sup>th</sup> February till Saturday 2<sup>nd</sup> March 2024

**Address:** Craft Central/ Artist Studios in East London  
397-411 Island Gardens  
London E14 3AE

**Book free tickets:** [https://www.eventbrite.co.uk/e/exhibition-our-home-ukraine-tickets-775633549827?aff=ebdssbdestsearch&keep\\_tld=1](https://www.eventbrite.co.uk/e/exhibition-our-home-ukraine-tickets-775633549827?aff=ebdssbdestsearch&keep_tld=1)

The charity art exhibition Our Home: Ukraine presents works by contemporary Ukrainian artists working across a variety of mediums in response to the idea of what it means to be Ukrainian during times of war and invasion.

The artworks were created in bomb shelters under constant shelling; on the route to the rescue and in unknown locations of foreign countries; in safety, but in dread and agony for loved ones. They were made, above all, with hope and courage - the courage to create, express yourself, stand up for your country, and fight in times of war. Their creations provide a heartfelt glimpse into the struggles and complexities faced by those uprooted by war. With mediums ranging from painting to multimedia installations, they share their personal journeys of adaptation, loss, and perseverance. The artists have been stripped of their homes, income, and belongings, but they continue to fight, work, and create despite their new conditions. We aim to raise awareness among the audience about the full-scale war that is still going on in Ukraine for two years now and collect donations for the artists who became refugees due to it. We believe that our courage and the courage of the people who support us are capable of incredible things, because "life will win over death, and the light will win over darkness".



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## WELCOME NEWHAM NEWS

### THINKING OF RENTING YOUR OWN PLACE?

If the time has come that you are thinking about renting your own place, but you are not sure where to start, then the Welcome Newham Team can help! We will be hosting Private Rental Scheme information sessions in English for anyone who would like more information about how to rent their own property. During these sessions we will cover the items below and there will be a chance to ask questions afterwards.

Some of the things that we will cover in the session include:

- How Newham Council is able to support you when the time comes to move to the private rented sector
- Guidance that can help you navigate the private housing sector maximising the likelihood of success
- Advice on the challenges you may face when you transition to living in the private rented sector
- A short talk from someone who has been through the process themselves

The next PRS workshops/sessions will be held at **Stratford Library - 3 The Grove**, London E15 1EL on:

- 8<sup>th</sup> February 2024
- 22<sup>nd</sup> February 2024

If you would like to attend then please email us with your name and contact number so we know to expect you and **we can also get translators for any non-English speakers.** You can email [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk) or call 0203 373 3222 and ask for Iana.



### ДУМАЄТЕ ПРО ОРЕНДУ ВЛАСНОГО ЖИТЛА?

Якщо настав час, коли ви подумуєте про оренду власного житла, але не знаєте, з чого почати, команда Welcome Newham може допомогти! Ми проводитимемо інформаційні сесії англійською та українською мовами для людей, які хотіли б отримати більше інформації про те, як орендувати власне житло. Під час цих сесій ми розглянемо наведені нижче питання, після чого у вас буде можливість поставити запитання. Деякі з тем, які ми обговоримо під час сесії, включають - Як рада Ньюхем може підтримати вас, коли прийде час переїхати в приватний орендований сектор - Поради, які можуть допомогти вам орієнтуватися в приватному житловому секторі, максимізуючи ймовірність успіху - Поради щодо проблем, з якими ви можете зіткнутися при переході до проживання в приватному орендованому секторі - Коротка розповідь людини, яка сама пройшла через цей процес. Наступні семінари/сесії ССБ

відбудуться четвер 8 лютого / четвер 22 лютого з 15:30 до 17:00 / у Stratford Library, 3 The Grove, London E15 1EL (на другому поверсі)

Якщо ви бажаєте взяти участь, будь ласка, напишіть нам своє ім'я та контактний номер телефону, щоб ми знали, коли вас чекати! Ви можете написати на [welcome.newham@newham.gov.uk](mailto:welcome.newham@newham.gov.uk) або зателефонувати за номером 020 3 373 3222 і запитати Яну.

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