

WELCOME NEWHAM NEWS.

Edition: December 2023

On Friday 22nd December 2023 will be closing at 3pm, there will be no One Stop Shop on the 28th December 2023 and We'll be back on 2nd January 2024.

Welcome to our December newsletter. Our aim is to highlight activities and events happening in the area that may be of interest to you. If you know of something happening that you think would be a good idea to show case in the newsletter, then please get in touch with the team and we will do our best to promote it to the new arrivals in the borough.

*We would like to wish you a
Merry Christmas and a Happy New Year*

– From Welcome Newham Team

**NEWHAM
BOROUGH
OF CULTURE
2025**



**NEWHAM IS
BIDDING TO BE
BOROUGH OF
CULTURE 2025**



Newham is the beating heart of London Culture

Our bid will include a year-long programme of cultural events in 2025, co-created with our schools, residents, partners, community groups and cultural organisations and we need your help to develop our ideas. The Borough of Culture bid will bring £1.35m into Newham to support local people through more cultural and creative opportunities and jobs, as well as local businesses.

Get involved: Scan the QR code to fill in our survey, support us on social media **#NewhamIsCulture** or email us with your ideas weareculture@newham.gov.uk

Welcome Newham Team

Email: welcome.newham@newham.gov.uk

Phone: 020 3373 3222

Monday-Friday 10am-5pm

WELCOME NEWHAM NEWS

THINKING OF RENTING YOUR OWN PLACE?

If the time has come that you are thinking about renting your own place, but you are not sure where to start, then the Welcome Newham Team can help! We will be hosting Private Rental Scheme information sessions in English for anyone who would like more information about how to rent their own property. During these sessions we will cover the items below and there will be a chance to ask questions afterwards.

Some of the things that we will cover in the session include:

- How Newham Council is able to support you when the time comes to move to the private rented sector
- Guidance that can help you navigate the private housing sector maximising the likelihood of success
- Advice on the challenges you may face when you transition to living in the private rented sector
- A short talk from someone who has been through the process themselves

The next PRS workshops/sessions will be held at **Stratford Library - 3 The Grove**, London E15 1EL on:

- 14th December 2023
- 11th January 2024
- 25th January 2024



If you would like to attend then please email us with your name and contact number so we know to expect you and **we can also get translators for any non-English speakers.** You can email welcome.newham@newham.gov.uk or call 0203 373 3222 and ask for Lana.

PRS Session



English: <https://youtu.be/Jgc1BttkuaY>

Ukrainian: <https://youtu.be/4UHuhITvt0>



ДУМАЄТЕ ПРО ОРЕНДУ ВЛАСНОГО ЖИТЛА?

Якщо настав час, коли ви подумаете про оренду власного житла, але не знаєте, з чого почати, команда Welcome Newham може допомогти! Ми проведимо інформаційні сесії англійською та українською мовами для людей, які хотіли б отримати більше інформації про те, як орендувати власне житло. Під час цих сесій ми розглянемо наведені нижче питання, після чого у вас буде можливість поставити запитання. Деякі з тем, які ми обговоримо під час сесії, включають - Як рада Ньюхем може підтримати вас, коли прийде час переїхати в приватний орендований сектор - Поради, які можуть допомогти вам орієнтуватися в приватному житловому секторі, максимізуючи ймовірність успіху - Поради щодо проблем, з якими ви можете зіткнутися при переході до проживання в приватному орендованому секторі - Коротка розповідь людини, яка сама пройшла через цей процес. Наступні семінари/сесії ССБ

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Наступні семінари/сесії PRS відбудуться у Стратфордській бібліотеці - 3 The Grove, London E15 1EL on:

- 14 грудня 2023
- 11 січня 2024
- 25 січня 2024

Якщо ви бажаєте взяти участь, будь ласка, напишіть нам своє ім'я та контактний номер телефону, щоб ми знали, коли вас чекати! Ви можете написати на welcome.newham@newham.gov.uk або зателефонувати за номером 020 3 373 3222 і запитати Яну.

Help with Homelessness



CRISIS SKYLIGHT LONDON

If you are homeless or will soon become homeless, please call 020 7426 5650, email london@crisis.org.uk or come to **Crisis London Skylight, 50-52 Commercial Street, London E1 6LT**



SHELTER ENGLAND

If you are homeless, or at risk of becoming homeless, SHELTER offer advice, support and guidance with housing and benefits. Open Monday to Friday 9:30am to 6pm.

Under 25 years old - 0330 053 6091 / 25 years and over - 0344 515 1540

www.england.shelter.org.uk



DAY CENTRE IN EAST HAM

Address: **Bobby Moore Pavilion, Napier Rd, East Ham, London E6 2SG**

You will need to register when you first come to Newway, have a London borough of Newham Connection.

NEWday is unable to support adults with dependents (children/elders).

www.newwayproject.org



STREET LINK

If you are CURRENTLY sleeping on the streets, use StreetLink.

This is the National Rough Sleeper referral helpline. You will need to register with them first.

www.thestreelink.org.uk Choose 'Get Help for Yourself' and select 'Make an Alert'



ST MUNGO'S

Visit St Mungo's for comprehensive advice across the whole of England www.mungos.org

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WELCOME NEWHAM NEWS

Food banks/ Hot Meals around Newham



FoodCycle East Ham welcomes anyone to attend as a guest and enjoy a FREE hot meal. No need to book. Just turn up on the day! In addition very family friendly.

Location:

Pilgrims Way Church, Pilgrims Way (entrance via Myrtle Road), East Ham, London, E6 1HW

Date/Time:

Every Tuesday at 7 pm

Every week, our volunteers collect surplus food and cook it, Ready, Steady, Cook-style, into delicious three-course meals which they serve to you, our guests.

- Everyone is welcome
- Meals are totally free; you don't need a referral or a voucher
- If we have extra surplus food that week, our guests are welcome to take it home

In the current economic situation, more and more people are in need of a bit of help. The table below has been put together by Newham local residents to share information about food bank resources that are available in your local area and who don't believe there should be any shame or stigma around needing

If you're in financial crisis, freecall 0808 2082138 (open Mon to Fri, 9am-5pm) to talk confidentially to a trained Citizens Advice adviser. They will provide support to help you manage your money, navigate the benefits system, and identify any other grants you might be entitled to. If you need one, they'll issue you with a food bank voucher so you can get an emergency food parcel.

Newham Food Alliance www.newham.gov.uk/advice-support-benefits/newham-food-alliance or call 0779 0975086

Emergency Assistance: FairShare www.fairshare.org.uk
Salvation Army
<https://www.salvationarmy.org.uk/emergency>

How to get a food voucher? Your local food bank will be able to tell you which referral agencies they work with in your area and how you can get a voucher. You can come by the **One stop shop in Stratford library from 10am to 2pm every Thursday** so that we can make a referral for you.

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Food Banks/ Food Community - Table

Organisation:	Address:	Day/Date:	More information:
Ascension Church	Ascension Church Centre, Baxter Road, E16 3HJ	Free hot meals Tuesdays 10am – 2pm – Can just turn up	Activities include: English language sessions, Gardening, Food bank, Activities for children, Family support, Community café and Free Pilates class from 10-11am.
Highway Vineyard Church	88A Romford Rd, E15 4EH	Free hot meals Tuesdays, 11.30am-3pm. No need to book.	Activities include: Board games, Puzzles, Watch a film, English conversation groups and Creative workshops
The Renewal Programme	395 High Street, E12 6PG	Free hot meals Tuesdays 11am-1.30pm (As part of existing foodbank café sessions) Wednesdays 12.30-3pm Friday 11am-1.30pm (As part of existing foodbank café sessions)	Contact 07473 159 269 to book and find out more.
The 5es Development	St Marks Community Centre, 218 Tollgate Road, E6 5YA	Tuesdays 11am-1pm and Fridays 11am-1pm WhatsApp: 07491999289	Activities include: Wellbeing group sessions and Social connection
All Saints West Ham	All Saints Church, Church Street, Stratford, E15 3HU	Tuesdays	
The Dockland Settlements No need to book	TMO Building, 17 Doran Walk, E15 2JL.	Food bank: Mondays, Wednesdays and Fridays from 9.30pm-12pm	

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Warm Havens around Newham:

Until 31 March 2024, all of our libraries have extended opening hours to become Warm Havens; providing safe, non-judgemental, warm spaces during the cold winter months. In addition, tea and coffee will be provided.

Libraries	Monday - Saturday	Sunday
Beckton	10am-8pm	12pm-4pm
Canning Town	9am-8pm	12pm-4pm
Custom House	10am-8pm	12pm-4pm
East Ham	9am-8pm	12pm-4pm
Forest Gate	9am-8pm	12pm-4pm
Green Street	10am-8pm	12pm-4pm
Manor Park	10am-8pm	12pm-4pm
North Woolwich	9:30am-8pm	12pm-4pm
Plaistow	9.30am-8pm	12pm-4pm
Stratford	9am-8pm	12pm-4pm

HVC

HIGHWAY HAVEN

Community KITCHEN

A Taste of Home

Mon & Wed
10.30am - 4.30pm
To book text
07467 766730

HVC Stratford - 88a Romford Road, E15 4EH
www.highwayvineyard.org 020 8534 4019

Highway Haven – Highway Vineyard Church

Community Kitchen

Address: 88a Romford Road, E15 4EH

To book send text to: 07467766730

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WELCOME NEWHAM NEWS

Volunteering in Newham

Volunteering is a great way to give something back to the community and to make use of your spare time. It makes a difference to your local area and to the people who live here. It is also a fun, rewarding way to meet new people, improve the environment and the lives of others, and in addition, learn new skills. It doesn't matter if you can spare a little time, or a lot, there are lots of ways to get involved and improve your community.

It is really easy to become a volunteer, to start, register here: <https://volunteers.newham.gov.uk/index-classic>

Once you have completed your registration form you will be contacted to complete our online induction, this includes signing a code of conduct, a lone working policy and a form. Once the signed documents have been received, your induction status will then be granted and you can start volunteering straight away. You will be provided with all the information that you will need about our volunteer opportunities on offer. For further information please email volunteers@newham.gov.uk or call 0203 373 3216

Волонтерство в Ньюхемі:

Волонтерство - це чудовий спосіб зробити щось корисне для суспільства і використати свій вільний час. Це має значення для вашої громади та людей, які тут живуть. Це також веселий і корисний спосіб познайомитися з новими людьми, поліпшити навколишнє середовище і життя інших людей, а крім того, отримати нові навички. Неважливо, чи можете ви приділити трохи часу, чи багато, є багато способів долучитися до волонтерства і покращити свою громаду.

Волонтерство - це чудовий спосіб справити враження на потенційних роботодавців. Допомога місцевим жителям або громадським організаціям може заповнити прогалини у вашому досвіді роботи, покращити ваше резюме та дозволити вам спробувати себе в різних ролях, що допоможе вам отримати рекомендацію...

العمل التطوعي في نيوهام

العمل التطوعي هو وسيلة رائعة لرد الجميل للمجتمع والإستفادة من وقت فراغك. يحدث فرقاً في منطقتك المحلية والأشخاص الذين يعيشون هنا. إنها أيضاً طريقة ممتعة ومجزية لمقابلة أشخاص جدد وتحسين البيئة وحياة الآخرين، بالإضافة إلى تعلم مهارات جديدة. لا يهم إذا كان منه، فهناك الكثير من الطرق للمشاركة وتحسين مجتمعك بإمكانك توفير القليل من الوقت أو الكثير العمل التطوعي هو وسيلة رائعة لإبهار أصحاب العمل المحتملين. تقديم المساعدة في إحدى مناطق السكن المحلية أو إحدى المنظمات المجتمعية يمكن أن تساعد في سد الثغرات في خبراتك في العمل، وتعزيز سيرتك الذاتية، والسماح لك بتجربة أنواع مختلفة من الأدوار لمساعدتك في الحصول على مرجع وتوصيات من عمالك التطوعي.

WE ARE VOLUNTEERING.

WE ARE NEWHAM.



WANT TO VOLUNTEER & MAKE A DIFFERENCE?

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WELCOME NEWHAM NEWS

Volunteering Opportunities:



FoodCycle East Ham will only be possible thanks to great volunteers giving their time, enthusiasm and energy.

If you'd like to volunteer at one of these events, we are always looking for cooks, hosts and food collection volunteers

Apply: <https://foodcycle.org.uk/volunteer-roles/>

There are loads of different roles such as:

- Hosting Volunteer
- Cooking Volunteer
- Check-in and Chat Volunteer
- Project Leader Volunteer
- Food collection Volunteer

Bonny Downs CommuniTEA Café Volunteer

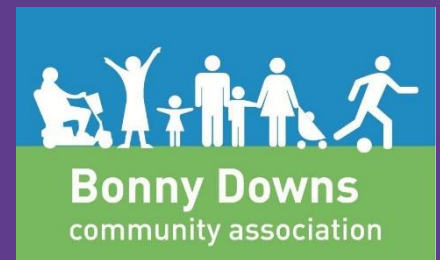
COMMUNITEA CAFE – currently open

In October 2022 we re-opened our community café. Now local residents can drop in to our warm community centre anytime from 9am to 5pm on Mondays to Fridays to enjoy FREE tea, optional books and board games – and of course a friendly chat.

Everyone is welcome and it's all completely free, so no one is left out. this winter.

We're looking for volunteers to give out hot drinks and warm welcomes, on mornings or afternoons on a day that suits you! If you could join our communiTEA, please [email us!](#)

To apply please email:
volunteer@bonnydowns.org



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WELCOME NEWHAM NEWS

Free Employment Workshop:

Are you preparing for work? Do you need help with the job application process? Do you want to develop your skills to confidently communicate in the workplace?

If the answer is yes, join our free interactive workshops delivered by business volunteers!

All workshops are held at The Wells Community Centre, 49 Vicarage Lane, London E6 6DQ on Tuesdays 10 am to 12 pm. You must [book your space here](#) or <https://eeqv.org/experience/4706/dates>

Workshops include: Help writing your CV, preparing for interviews, completing job applications, building confidence in speaking, delivering presentations confidently, managing your time effectively and more!

Ensure that you book your space as sessions are limited to 15 people per session.



Workshops:

- Techniques to improve your confidence when speaking: Tuesday 5th December 2023
Discover your strengths and areas where you have a growth or fixed mind-set. Explore strategies to help build confidence by discovering your strengths and learning about fixed and growth mind-sets, and celebrating your successes.
- Giving a good impression at a job interview Tuesday 9th January 2024
As you progress in your career, you may find you need to give presentations. This online module will take you through how to stand, how to use your slides most effectively and how to engage with your audience
- How to answer questions in job interviews: Tuesday 23rd January 2024
This workshop will look at some of the most common questions in job interviews, what to say, what not to say and how to structure your answers.
- Mock interviews: Tuesday 6th February 2024
This is your chance to put your skills into practise and have a mock interview. You can answer the mostly commonly asked questions and practise using effective body language
- Good time/workload management: Tuesday 20th February 2024
It can be difficult when you are out of work to manage your time well. This module has some tips on how you can make the most of the time you are searching for work and demonstrate good time management skills when you start your new job.

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WELCOME NEWHAM NEWS

Online ESOL Classes

Together South works with refugees and non-EU migrants living in London to help them settle into the UK. Sound interesting? Then get involved in our **free weekly sessions** today! Check out our timetable below.



Monday:

1:30 – 3:00pm:

Spotlight / Advanced English Class (Online): English grammar and creative writing sessions for higher level learners

Tuesday:

9:00am – 5:00pm:

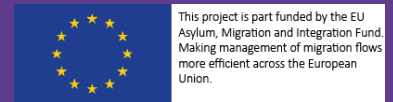
One to One English (Online): English conversation tailored to participants needs.

10:00am- 12:30pm:

English Class in Lambeth (In person): Mosaic Clubhouse, 65 Effra Road, London SW2 1BZ

10:30am – 11:30am:

Group Employment Workshop (Online): Gain advice on how you can improve your chances of finding employment or training



Wednesday:

10:30am- 12:30pm:

Weekly Walks (In-Person): Explore different locations each week and try free things to do in London!

3:30 – 4:30pm:

UK Cultural Insights (Online): Get a better understanding of UK cultures by doing fun activities and meeting new people

Thursday:

9:30am – 10:30am:

English Class (Online): Pre-beginners

11am – 12pm:

English Class (Online): Beginners

11am – 12pm:

English Class (Online): Life in the UK

1:30pm – 2:30pm:

English Class (Online): Intermediate

4pm – 6pm:

English Class in Bexleyheath (In Person): 5 Brampton Road, Bexleyheath DA7 4EZ

Friday:

12:30pm – 2pm:

English Class (In Person): Woolwich Library, 35 Wellington Street SE18 6HQ

Contact Us

For more information, contact our London Outreach & Engagement Officer:

Mazyar Dalwand

Email:

mazyar.dalwand@groundwork.org.uk

Phone: 07912 274858



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WELCOME NEWHAM NEWS

Formal ESOL Classes

ESOL Provider	Criteria	How to enrol	Notes
Mary Ward Centre 275-285 High Street, Stratford E15 2TF	Must have lived in UK for 6 months or longer	Send an email with your name, address and mobile number to MWEnquiries@marywardcentre.ac.uk	They will contact you directly with an appointment for assessment. Travel fare refunded
The Renewal Programme 395 High Street North, Manor Park E12 6PG	No criteria	No booking required. Turn up for assessments on any Thursday between 12pm – 2pm	Bring a form of ID on the first day
Catch 22 105 Barking Road E16 4HQ	No criteria	Send an email with your name, contact details and immigration status to pembelemichael.paulo@catch-22.org.uk	You can take these lessons on their own or alongside another ESOL class. They will contact you directly with an appointment for assessment. Travel fare refunded
The University of East London - Stratford Campus Water Lane, London E15 4LZ	No criteria	Send an email with your name, address and contact number to c.conway@uel.ac.uk	Lessons taught by trainee teachers on Wednesdays 12pm – 2pm They will contact you directly with an appointment for assessment. You can take these lessons on their own or alongside another ESOL class
Our Newham Learning and skills Lessons take place in either: Forest Gate E7 Stratford E15 Beckton E16 Manor Park E12 East Ham E6	No criteria	Send an email with your name, mobile number, address proof of immigration status (section 95, ARC card with the expiry date no sooner than August 2024) to ournewhamLS@newham.gov.uk	They will contact you directly with an appointment for assessment.

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Informal/ Conversational ESOL Classes

St Matthews Church 38 Dyson Road E15 4JX	Tuesdays 19:30	No need to book, just turn up
West Silvertown Foundation 2 John Harrison Square E16 2ZA	Wednesday 10:00 – 11:15 Absolute beginners (no crèche) Wednesday 11:30 – 12:45 Improvers Wednesday 13:00 – 14:15 Beginners Thursday 10:00 – 11.15 Absolute beginners Thursday 11:30 – 12:45 Higher level	text Nida on 07519953455 or Email hello@wsfroyaldocks.org to register. Crèche is available for most sessions with no age limit.
Ascension Community Trust Ascension Church Centre, Baxter Road E16 3HJ	Tuesday 13:00	No need to book, just turn up
Highway Church Vineyard 88A Romford Road E15 4EH	Tuesday 11.30 – 15:00	No need to book, just turn up
St Francis Church 160 The Grove E15 1NS	Tuesday 18:00 Intermediate level (B1) Tuesday 19:00 Beginner level	With native speaker No need to book, just turn up
St Francis Church 160 The Grove E15 1NS	Sunday 18:00 Intermediate level (B1) Sunday 19:00 Beginner level	No need to book, just turn up With Ukrainian teacher For UKRAINIANS only

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WELCOME NEWHAM NEWS



Undocumented? : An exhibition about migration on the edges of Europe

Location:

UCL East Campus One Pool St,
London E20 2AF

Date & Time:

Thu, 30th Nov – Sat, 10th Feb

Visit Monday - Saturday, 10am - 6pm, no need to book.

Tickets are required for the following special events:

- 30th November, 18:30-20:30: exhibition opening with refreshments and talk by the curators
- 22nd January, 17:00-19:00: Vignettes as Way of Seeing Seminar. In this seminar they will examine how the format of vignettes can be a useful way to understand difficult migrant stories. Thinking with the exhibition Undocumented? they discuss migration as a dynamic set of experiences in which research can only capture a glimpse into lived realities. They focus on the medium of film and the exhibition space as sites of evidence to understand the poetics of narrative as seen in vignettes.
- [February 2024 TBC]: Poetry as Record – An Interactive Workshop Exploring Ethical Documenting of Migrant Stories How can we use imaginative forms as a way of telling our own stories on our own terms? This workshop considers how different forms of evidence are created and used. Through poetry, we will share how to create one's own verbal and textual material. We will illustrate how poetry can exist as a creative form of record keeping, telling migration stories and as research materials.

Book Tickets: <https://www.eventbrite.co.uk/e/undocumented-an-exhibition-about-migration-on-the-edges-of-europe-tickets-737153244197?aff=ebdssbdestsearch>

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PRESSURE



FEATURE FILM – PRESSURE + Q&A

Tony a British born younger son of an immigrant family from Trinidad finds himself adrift between two cultures and endures discrimination despite his best effort to blend in with white society.

Dir: Horace Ove

Cast: Herbert Norville, Oscar James, Frank Singuineau

Cert: 15

Date:

Friday 20th Dec 2023 from 4pm

Location:

Community Links

105 Barking Road, London, E16 4HQ



No children under 15 years old allowed.

This film programme is supported by Newham Council and Film London.

Book tickets:

[NEWHAM COMMUNITY CINEMA: PRESSURE + Q&A Tickets, Wed 20 Dec 2023 at 16:00 | Eventbrite](#)

NEWHAM COMMUNITY CINEMA: BOXING DAY + Q&A

Inspired by writer, director, and star Aml Ameen's life, 'Boxing Day' follows Melvin (Ameen), a British author living in America, who returns home to London for Christmas to introduce his American fiancée Lisa to his British-Caribbean family. Their relationship is put to the test as Lisa discovers the world Melvin has left behind.

Dir: Aml Ameen

Cast: Aml Ameen, Aja Naomi King, Leigh-Anne Pinnock, Marianne Jean-Baptiste

Cert: 12A

Date:

Friday 22th Dec 2023 from 4pm

Location:

Stratford Library

3 The Grove, Stratford, London, E15 1EL

Book Tickets: https://www.eventbrite.co.uk/e/newham-community-cinema-boxing-day-q-a-tickets-775440602717?utm_experiment=est_share_listing&aff=ebdshios



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WELCOME NEWHAM NEWS

ALL SERVICES
FULLY FUNDED



Royal Docks Learning & Activity Centre

WELCOME NEWHAM PROJECT

SUPPORTING ALL NEWLY ARRIVED NEWHAM RESIDENTS, INCLUDING NEWLY ARRIVED UKRAINIANS, THOSE SUBJECT TO NO RECOURSE TO PUBLIC FUNDS (NRPF), REFUGEES AND THOSE SEEKING ASYLUM.

WELCOME & WELL-BEING CHAMPION SUPPORT

MEET RDLAC'S WELCOME AND WELL-BEING CHAMPION

MONDAYS - TUESDAYS - THURSDAYS 10AM - 1.30PM.

THE WELCOME AND WELLBEING CHAMPION WILL HELP INDIVIDUALS AND FAMILIES SIGN UP FOR RDLAC'S SERVICES FOR COMMUNITY MEMBERS INCLUDING;

**WALKING GROUP - WOMENS ART GROUP -
MENS MH SUPPORT GROUP - FOODBANK - YOGA -
FRIENDSHIP GROUPS - COMMUNITY CAFE - WARM HUB -
CHATTY CAFÉ - COOKING TUTORIALS - YOUTH CLUB**



WELCOME LUNCHES & COMMUNITY TRIPS

FUNDED WELCOME LUNCHES - MEET OTHER NEWLY ARRIVED NEWHAM RESIDENTS AND LOCAL COMMUNITY MEMBERS - 12PM - 2PM ON;

14/2/24 - 14/3/24 - 23/4/24- 6/6/24

FUNDED COMMUNITY MONTHLY TRIPS TO UK PLACES OF INTEREST - 10 SPACES FUNDED EACH MONTH INCLUDING COACH AND MEAL - CONTACT US FOR DATES, PLACES AND TO SIGN UP ADMIN@RDLAC.ORG.UK

FOR FURTHER INFORMATION PLEASE CONTACT US

EMAIL: DEPUTY@RDLAC.ORG.UK

PHONE: 0207 476 1666

RDLAC, ALBERT ROAD - NORTH WOOLWICH E16 2JB

Welcome Newham Team

Email: welcome.newham@newham.gov.uk

Phone: 020 3373 3222

Monday-Friday 10am-5pm

Welcome Newham partnership with Small Grants Organisations

Organisations	Summary of Projects
Alternatives Trust	Courses in our Centre's 'Learning Hub' – a boardroom with a screen and donated laptops to fill basic skills gaps that prevent women from finding work or studying in the UK. They aim to help women be ready to find work when they have the immigration status that allows them to do so.
Bonny Downs Community Association	Family Hub project welcomes all refugee/ migrants/asylum seekers parents in Newham with dependent children who are struggling to raise family on their families on very low incomes and/or without the support network of extended family nearby. The free weekly drop-in group offers food, peer support, donated second hand clothing, parent-led cooking workshops, toys for the children to play with, and trained advocates who can help with immigration/housing/domestic abuse/school registrations
Eastside Community Heritage	This project aims to enable refugees to explore places in Newham and find out about their cultural, community and heritage associations.
Inspire Women, Men and Children	Help people prepare for life in Newham through social activities, training and volunteering opportunities.
Newham Community Project	Employability, healthy eating clubs, workshops on health, outreach and resettlement support
RDLAC	RDLAC Champion will provide support to the community making them aware of RDLAC projects including walk groups, art groups, mental health support groups, youth groups, gardening groups, cooking tutorials and hot meals, and friendships groups. In addition, there will be 10 funded places each month for individuals / families to join RDLAC monthly coach trips and community events.
Rosetta Arts	Work jointly on creative activities aimed at developing skills in textile-making and social entrepreneurship.

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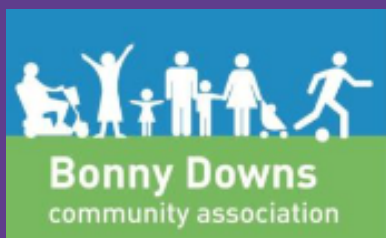
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WELCOME NEWHAM NEWS

Welcome Newham partnership with Small Grants Organisations part 2

Organisations	Summary of Projects
Skills Enterprise	Provide monthly and weekly activities that will support refugees and people seeking asylum in building social connections, raising their awareness and knowledge about UK systems and accessing appropriate support.
The new Black Film Collective	Over the course of the project, we will hold nine events for groups moving into Newham: three for people of African heritage, three for people of Asian heritage and three for people of Eastern European heritage. Each of these events will be held at mostly Stratford East Picturehouse and will include a free screening, a culturally-specific performance, talks from members of the community and a series of stalls for businesses and services, which aim to support migrants settling in Newham.



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