

WELCOME NEWHAM NEWS.

Edition: October 2023

Hello and welcome to our October newsletter. Our aim is to highlight activities and events happening in the area that may be of interest to you. If you know of something happening that you think would be a good idea to show case in the newsletter, then please get in touch with the team and we will do our best to promote it to the new arrivals in the borough.

Привіт і ласкаво просимо до нашого жовтневого нюзлетера. Наша мета - висвітлити діяльність та події, що відбуваються в регіоні, які можуть вас зацікавити. Якщо ви знаєте про якусь подію, про яку, на вашу думку, було б добре розповісти в інформаційному бюлетені, будь ласка, зв'яжіться з командою, і ми зробимо все можливе, щоб прорекламувати її новоприбулим у цьому районі.

THINKING OF RENTING YOUR OWN PLACE?

If the time has come that you are thinking about renting your own place, but you are not sure where to start, then the Welcome Newham Team can help! We will be hosting Private Rental Scheme information sessions in both English and Ukrainian for people who are would like more information about how to rent their own property. During these sessions' we will cover the items below and there will a chance to ask questions afterwards.

Some of the things that we will cover in the session include:

- How Newham Council is able to support you when the time comes to move to the private rented sector
- Guidance that can help you navigate the private housing sector maximising the likelihood of success
- Advice on the challenges you may face when you transition to living in the private rented sector
- A short talk from someone who has been through the process themselves

The next PRS workshops/sessions will held on: (From 3:30pm till 5:00pm)

- 26th October
- 2nd November
- 9th November
- 16th November
- 23rd November
- 30th November

PRS Session



English: <https://youtu.be/JgcJBttkuaY>

Ukrainian: <https://youtu.be/4UHuhtYv0>

If you would like to attend then please email us with your name and contact number so we know to expect you and we can also get translators for any non-English speakers. You can email welcome.newham@newham.gov.uk or call 0203 373 3222 and ask for Iana.

Welcome Newham Team

Email: welcome.newham@newham.gov.uk

Phone: 020 3373 3222

Monday-Friday 10am-5pm

WELCOME NEWHAM NEWS

VOUS ENVISAGEZ DE LOUER VOTRE PROPRE LOGEMENT ?

Si le moment est venu pour vous de penser à louer votre propre logement, mais que vous ne savez pas par où commencer, l'équipe de Welcome Newham peut vous aider. Nous organiserons des séances d'information sur le programme de location privée en anglais et en ukrainien pour les personnes qui souhaitent obtenir plus d'informations sur la manière de louer leur propre propriété. Au cours de ces séances, nous aborderons les points suivants et vous aurez la possibilité de poser des questions par la suite.



- Comment Newham council peut vous aider lorsque le moment est venu de déménager dans le secteur privé
- Des conseils qui peuvent vous aider à naviguer dans le secteur du logement privé en maximisant les chances de réussite
- Des conseils sur les défis auxquels vous pouvez être confronté lors de la transition vers la vie dans le secteur locatif privé
- Un bref exposé d'une personne qui a elle-même traversé le processus.

Les prochains sessions PRS est:

- 26 octobre
- 2 novembre
- 9 novembre
- 16 novembre
- 23 novembre
- 30 novembre

ДУМАЄТЕ ПРО ОРЕНДУ ВЛАСНОГО ЖИТЛА?

Якщо настав час, коли ви подумаете про оренду власного житла, але не знаєте, з чого почати, команда Welcome Newham може допомогти! Ми проведимо інформаційні сесії англійською та українською мовами для людей, які хотіли б отримати більше інформації про те, як орендувати власне житло. Під час цих сесій ми розглянемо наведені нижче питання, після чого у вас буде можливість поставити запитання. Деякі з тем, які ми обговоримо під час сесії, включають –



Як рада Ньюхем може підтримати вас, коли прийде час переїхати в приватний орендований сектор - Поради, які можуть допомогти вам орієнтуватися в приватному житловому секторі, максимізуючи ймовірність успіху - Поради щодо проблем, з якими ви можете зіткнутися при переході до проживання в приватному орендованому секторі - Коротка розповідь людини, яка сама пройшла через цей процес. Наступні семінари/сесії ССБ

будуть проводитись:

- 26 жовтня
- 2 листопада
- 9 листопада
- 16 листопада
- 23 листопада
- 30 листопада

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WELCOME NEWHAM NEWS

Help with Homelessness



CRISIS SKYLIGHT LONDON

If you are homeless or will soon become homeless, please call 020 7426 5650, email london@crisis.org.uk or come to **Crisis London Skylight, 50-52 Commercial Street, London E1 6LT**



SHELTER ENGLAND

If you are homeless, or at risk of becoming homeless, SHELTER offer advice, support and guidance with housing and benefits. Open Monday to Friday 9:30am to 6pm.
Under 25 years old - 0330 053 6091 / 25 years and over - 0344 515 1540
www.england.shelter.org.uk



DAY CENTRE IN EAST HAM

Address: **Bobby Moore Pavilion, Napier Rd, East Ham, London E6 2SG**

You will need to register when you first come to Newway, have a London borough of Newham Connection.

NEWday is unable to support adults with dependents (children/elders).

www.newwayproject.org



STREET LINK

If you are CURRENTLY sleeping on the streets, use StreetLink.

This is the National Rough Sleeper referral helpline. You will need to register with them first.

www.thestreelink.org.uk Choose 'Get Help for Yourself' and select 'Make an Alert'



ST MUNGO'S

Visit St Mungo's for comprehensive advice across the whole of England www.mungos.org

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Продовольчі банки/Гарячі обіди в районі

Food banks/ Hot Meals around Newham

In the current economic situation, more and more people are in need of a bit of help. The table below has been put together has been put together by Newham local residents to share information about food bank resources that are available in your local area and who don't believe there should be any shame or stigma around needing

If you're in financial crisis, freecall 0808 2082138 (open Mon to Fri, 9am-5pm) to talk confidentially to a trained Citizens Advice adviser. They will provide support to help you manage your money, navigate the benefits system, and identify any other grants you might be entitled to. If you need one, they'll issue you with a food bank voucher so you can get an emergency food parcel.

Newham Food Alliance www.newham.gov.uk/advice-support-benefits/newham-food-alliance or call 0779 0975086

Emergency Assistance: FairShare www.fairshare.org.uk

Salvation Army <https://www.salvationarmy.org.uk/emergency>

How to get a food voucher? Your local food bank will be able to tell you which referral agencies they work with in your area and how you can get a voucher. You can come by the **One stop shop in Stratford library from 10am to 2pm every Thursday** so that we can make a referral for you.

Ascension Church	Ascension Church Centre, Baxter Road, E16 3HJ	Free hot meals Tuesdays 10am – 2pm – Can just turn up	Activities include: English language sessions, Gardening, Food bank, Activities for children, Family support, Community café and Free Pilates class from 10-11am.
Highway Vineyard Church	88A Romford Rd, E15 4EH	Free hot meals Tuesdays, 11.30am-3pm. No need to book.	Activities include: Board games, Puzzles, Watch a film, English conversation groups and Creative workshops
The Renewal Programme	395 High Street, E12 6PG	Free hot meals Tuesdays 11am-1.30pm (As part of existing foodbank café sessions) Wednesdays 12.30-3pm Friday 11am-1.30pm (As part of existing foodbank café sessions)	Contact 07473 159 269 to book and find out more.
The 5es Development	St Marks Community Centre, 218 Tollgate Road, E6 5YA	Tuesdays 11am-1pm and Fridays 11am-1pm WhatsApp: 07491999289	Activities include: Wellbeing group sessions and Social connection
All Saints West Ham	All Saints Church, Church Street, Stratford, E15 3HU	Tuesdays	
The Dockland Settlements No need to book	TMO Building, 17 Doran Walk, E15 2JL.	Food bank: Mondays, Wednesdays and Fridays from 9.30pm-12pm	

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COMMUNITY WARDROBE

Affordable Preloved
Clothes Sale

CLOTHES FOR ADULTS, BABIES AND
TODDLERS FROM BIRTH - 4 YEARS

STAY AND PLAY SPACE AND
REFRESHMENTS

THURSDAY
NOVEMBER 9TH 2023
10:30-12:30



STRATFORD
SALVATION ARMY
1 PAUL STREET
E15 4QB

Find us on Facebook and Instagram
or stratford@salvationarmy.org.uk



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WELCOME NEWHAM NEWS

London Careers Fair

Date: Friday 10th November 2023

Time: 10am - 2pm

Address: Tottenham Hotspur Stadium - 782 High Road London N17 0BX



The London Careers Fair will offer candidates from all backgrounds, experience and education levels the opportunity to speak to representatives from over 150 local and national employers, all in one place.

There will be a wide variety of different organisations attending, alongside a wide variety of roles being advertised. Online applications can be very time consuming – by attending this event, you get the chance to skip this process and speak directly to the organisation.

You can expect companies within the Finance, Education, Selling and Marketing, Human Resources, IT, Healthcare, Tourism, Healthcare, Commercial Real Estate, Biochemistry, Electronics Manufacturing, Hospitality, Social Work, Events Management, Retail, Supermarkets, Banking and Pharmaceutical to exhibit at our upcoming London Careers Fair.



Лондонський ярмарок кар'єри

Дата: П'ятниця 10 листопада 2023 року

Час: 10:00 - 14:00

Адреса: Tottenham Hotspur Stadium - 782 High Road London N17 0BX

Лондонський ярмарок кар'єри запропонує кандидатам з різним досвідом та рівнем освіти можливість поспілкуватися з представниками понад 150 місцевих та національних роботодавців в одному місці.

У заході візьме участь велика кількість різних організацій, а також широкий спектр вакансій, що оголошуються. Онлайн-заявки можуть забирати багато часу - відвідавши цей захід, ви отримаєте можливість пропустити цей процес і поспілкуватися безпосередньо з організацією.

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WELCOME NEWHAM NEWS

CATCH 22 Presents

'Transforming and Energising Lives' Cross-Contract Job Fair

**Refugees
& Net Zero
Green Jobs**

**16TH
NOVEMBER
10AM - 3PM**

**105 Barking Road,
Canning Town,
E16 4HQ, London**

- Learning About Green Energy Jobs
- Referral Partners
- Workshops
- Vacancies
- Information Sessions
- Plus, Inclusive Support for Refugees

Contact: Gwendoline Charles
Gwendoline.charles@catch-22.org.uk
Tel: 07467 602700

REP Refugee
Employability
Programme



Funded by
UK Government

**catch
22**

Cross-Contract Job Fair

Refugee & Net Zero Green Jobs

Date: 16th November 2023
Time: 10 am – 3pm
Address: 105 Barking Road,
Canning Town, London
E16 4HQ

Salon de l'emploi interconnecté

Emplois pour les réfugiés

Date : 16 Novembre 2023
Heure : 10h00 - 15h00
Adresse : 105 Barking Road,
Canning Town, Londres 105
Barking Road, Canning
Town, Londres
E16 4HQ

Feria de Empleo Transfronteriza

Empleo para refugiados

Fecha: 16 de noviembre de
2023
Hora: 10h - 15h
Dirección: 105 Barking Road,
Canning Town, Londres
E16 4HQ

العقود عبر الوظائف معرض

اللاجئين وظائف

2023 نوفمبر 16 التاريخ

مساءً 3 - صباحا 10 الوقت

العنوان:

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WELCOME NEWHAM NEWS

Volunteering in Newham

Volunteering is a great way to give something back to the community and to make use of your spare time. It makes a difference to your local area and to the people who live here. It is also a fun, rewarding way to meet new people, improve the environment and the lives of others, and in addition, learn new skills. It doesn't matter if you can spare a little time, or a lot, there are lots of ways to get involved and improve your community.

It is really easy to become a volunteer, to start, register here: <https://volunteers.newham.gov.uk/index-classic>

Once you have completed your registration form you will be contacted to complete our online induction, this includes signing a code of conduct, a lone working policy and a form. Once the signed documents have been received, your induction status will then be granted and you can start volunteering straight away. You will be provided with all the information that you will need about our volunteer opportunities on offer. For further information please email volunteers@newham.gov.uk or call 0203 373 3216

Волонтерство в Ньюхемі:

Волонтерство - це чудовий спосіб зробити щось корисне для суспільства і використати свій вільний час. Це має значення для вашої громади та людей, які тут живуть. Це також веселий і корисний спосіб познайомитися з новими людьми, поліпшити навколишнє середовище і життя інших людей, а крім того, отримати нові навички. Неважливо, чи можете ви приділити трохи часу, чи багато, є багато способів долучитися до волонтерства і покращити свою громаду.

Волонтерство - це чудовий спосіб справити враження на потенційних роботодавців. Допомога місцевим жителям або громадським організаціям може заповнити прогалини у вашому досвіді роботи, покращити ваше резюме та дозволити вам спробувати себе в різних ролях, що допоможе вам отримати рекомендацію...

العمل التطوعي في نيوهام

العمل التطوعي هو وسيلة رائعة لرد الجميل للمجتمع والإستفادة من وقت فراغك. يحدث فرقاً في منطقتك المحلية والأشخاص الذين يعيشون هنا. إنها أيضاً طريقة ممتعة ومجزية لمقابلة أشخاص جدد وتحسين البيئة وحياة الآخرين، بالإضافة إلى تعلم مهارات جديدة. لا يهم إذا كان منه، فهناك الكثير من الطرق للمشاركة وتحسين مجتمعك بإمكانك توفير القليل من الوقت أو الكثير. العمل التطوعي هو وسيلة رائعة لإبهار أصحاب العمل المحتملين. تقديم المساعدة في إحدى مناطق السكن المحلية أو إحدى المنظمات المجتمعية يمكن أن تساعد في سد الثغرات في خبراتك في العمل، وتعزيز سيرتك الذاتية، والسماح لك بتجربة أنواع مختلفة من الأدوار لمساعدتك في الحصول على مرجع وتوصيات من عمك التطوعي.

WE ARE VOLUNTEERING.

WE ARE NEWHAM.



WANT TO VOLUNTEER & MAKE A DIFFERENCE?

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Monday-Friday 10am-5pm

WELCOME NEWHAM NEWS

Online ESOL Classes

Together South works with refugees and non-EU migrants living in London to help them settle into the UK. Sound interesting? Then get involved in our **free weekly sessions** today! Check out our timetable below.



Monday:

1:30 – 3:00pm:

Spotlight / Advanced English Class (Online): English grammar and creative writing sessions for higher level learners

Tuesday:

9:00am – 5:00pm:

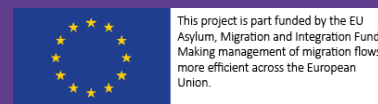
One to One English (Online): English conversation tailored to participants needs.

10:00am- 12:30pm:

English Class in Lambeth (In person): Mosaic Clubhouse, 65 Effra Road, London SW2 1BZ

10:30am – 11:30am:

Group Employment Workshop (Online): Gain advice on how you can improve your chances of finding employment or training



Wednesday:

10:30am- 12:30pm:

Weekly Walks (In-Person): Explore different locations each week and try free things to do in London!

3:30 – 4:30pm:

UK Cultural Insights (Online): Get a better understanding of UK cultures by doing fun activities and meeting new people

Thursday:

9:30am – 10:30am:

English Class (Online): Pre-beginners

11am – 12pm:

English Class (Online): Beginners

11am – 12pm:

English Class (Online): Life in the UK

1:30pm – 2:30pm:

English Class (Online): Intermediate

4pm – 6pm:

English Class in Bexleyheath (In Person): 5 Brampton Road, Bexleyheath DA7 4EZ

Friday:

12:30pm – 2pm:

English Class (In Person): Woolwich Library, 35 Wellington Street SE18 6HQ

Contact Us

For more information, contact our London Outreach & Engagement Officer:

Mazyar Dalwand

Email:

mazyar.dalwand@groundwork.org.uk

Phone: 07912 274858



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WELCOME NEWHAM NEWS

Formal ESOL Classes

ESOL Provider	Criteria	How to enrol	Notes
Mary Ward Centre 275-285 High Street, Stratford E15 2TF	Must have lived in UK for 6 months or longer	Send an email with your name, address and mobile number to MWEnquiries@marywardcentre.ac.uk	They will contact you directly with an appointment for assessment. Travel fare refunded
The Renewal Programme 395 High Street North, Manor Park E12 6PG	No criteria	No booking required. Turn up for assessments on any Thursday between 12pm – 2pm	Bring a form of ID on the first day
Catch 22 105 Barking Road E16 4HQ	No criteria	Send an email with your name, contact details and immigration status to pembelemichael.paulo@catch-22.org.uk	You can take these lessons on their own or alongside another ESOL class. They will contact you directly with an appointment for assessment. Travel fare refunded
The University of East London - Stratford Campus Water Lane, London E15 4LZ	No criteria	Send an email with your name, address and contact number to c.conway@uel.ac.uk	Lessons taught by trainee teachers on Wednesdays 12pm – 2pm They will contact you directly with an appointment for assessment. You can take these lessons on their own or alongside another ESOL class
Our Newham Learning and skills Lessons take place in either: Forest Gate E7 Stratford E15 Beckton E16 Manor Park E12 East Ham E6	No criteria	Send an email with your name, mobile number, address proof of immigration status (section 95, ARC card with the expiry date no sooner than August 2024) to ournewhamLS@newham.gov.uk	They will contact you directly with an appointment for assessment.

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WELCOME NEWHAM NEWS

Informal/ Conversational ESOL Classes

St Matthews Church 38 Dyson Road E15 4JX	Tuesdays 19:30	No need to book, just turn up
West Silvertown Foundation 2 John Harrison Square E16 2ZA	Wednesday 10:00 – 11:15 Absolute beginners (no crèche) Wednesday 11:30 – 12:45 Improvers Wednesday 13:00 – 14:15 Beginners Thursday 10:00 – 11.15 Absolute beginners Thursday 11:30 – 12:45 Higher level	text Nida on 07519953455 or Email hello@wsfroyaldocks.org to register. Crèche is available for most sessions with no age limit.
Ascension Community Trust Ascension Church Centre, Baxter Road E16 3HJ	Tuesday 13:00	No need to book, just turn up
Highway Church Vineyard 88A Romford Road E15 4EH	Tuesday 11.30 – 15:00	No need to book, just turn up
St Francis Church 160 The Grove E15 1NS	Tuesday 18:00 Intermediate level (B1) Tuesday 19:00 Beginner level	With native speaker No need to book, just turn up
St Francis Church 160 The Grove E15 1NS	Sunday 18:00 Intermediate level (B1) Sunday 19:00 Beginner level	No need to book, just turn up With Ukrainian teacher For UKRAINIANS only

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WELCOME NEWHAM NEWS

Half-Term Activities



FREE WEEKLY GROUP EXERCISE CLASSES ACROSS NEWHAM

BOOK NOW

OURPARKS.ORG.UK/NEWHAM

LOCATION	ACTIVITY	DAY	TIME
Stratford Park E15 4PT (2 FREE sessions per week)	Back to Exercise Bootcamp	Wednesday Saturday	10:30 10:00
Central Park E6 6ET (2 FREE sessions per week)	Back to Exercise Bootcamp	Monday Sunday	9:30 10:30
Plashet Park E6 1DQ (2 FREE sessions per week)	Boxfit Our Circuit	Wednesday Friday	10:00 10:00
Canning Town Rec E16 3PB (2 FREE sessions per week)	Abs, Bums & Thighs Boxfit	Saturday Friday	10:30 10:00

All our classes are designed for individuals new or returning to exercise.



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Newham London

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WELCOME NEWHAM NEWS



**IT'S ANOTHER..
GR8 DAY 2 PLAY**

A free, incredibly fun day out for SEND young people aged 0-25, their families, guardians or carers to experience Sports, Leisure and Creative Activities in Newham!

All providers are fully trained

Date: 28th October 2023 **Time:** 1-6 pm

Location: Newham Leisure Centre
Prince Regent Lane
London E13 8SD

active newham **YOUTH EMPOWERMENT** **Newham London**

	Pilates 1:00 - 2:50 pm	Multi/Mixed Sports All Day	
	Dancing 2-3:45 pm	Sensory Activities All Day	
	Tennis 3:00 - 5:00 pm	Virtual Reality (VR) All Day	
	Cricket 4:00 - 5:00 pm	Trampoline All Day	
	Swimming 5:00 - 6:00 PM		

Please Register for Activities with the Provided Link or QR Code

Although the event runs from 1-6, not all activities run the whole day. Please register to book your spot for the activities you want to attend. Please note that young people can't be left on their own without adults

<https://tinyurl.com/GR8DAY2PLAY2023>



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WELCOME NEWHAM NEWS



JUNIOR TENNIS CAMP

BOYS &
GIRLS
5-10
Years Old

Action packed holiday camps
with team challenges, tennis
skills, games and prizes.

All equipment is provided, no
prior experience necessary.

Venue

Newham Leisure Centre

281 Prince Regent Lane, London, E13 8SD

Gooseley Playing Fields

St Albans Avenue, London, Essex, E6 6AW



nationaltennis.org.uk/camps/london
hello@nationaltennis.org.uk

10.00am - 12.00pm

*Times may vary so please check the website

23 - 27 October

£20 per day

Ще один чудовий день для гри!

Безкоштовний, неймовірно веселий день, щоб зібрати молодих людей віком від 0 до 25 років, їхніх сімей або опікунів на спортивні заходи, дозвілля та творчі заходи в Ньюхем!

Дата: 28 жовтня 2023

Час: 13:00 – 18:00

Місце проведення:

Newham Leisure Centre

Prince Regent Lane, London E13 8SD

Пілатес 13:00 – 14:50

Різні види спорту - цілий день

Танці 14:00 – 15:45

Сенсорні розваги – Цілий день

Теніс 15:00 – 17:00

Віртуальна реальність (VR) – Цілий день

Крікет 16:00 – 17:00

Батут – Цілий день

Плавання 17:00 – 18:00

Будь ласка, для прийняття участі у заходах зареєструйтесь за наданим посиланням або QR-кодом.

Хоча захід буде тривати з 13:00 до 18:00, не всі події будуть проводитись цілий день.

Звертаємо вашу увагу, що діти та підлітки не можуть залишатися на самоті без дорослих

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WELCOME NEWHAM NEWS



PARENT AND TOTS TENNIS

A fun filled introduction to tennis for tots! Children will work in pairs with their parent, learning about the basics of tennis and having loads of fun along the way!

3 TO 5 YEAR OLDS

- ✓ Racket & ball skills
- ✓ Agility, balance & coordination exercises
- ✓ Improve communication & teamwork skills
- ✓ Enhance confidence & social development



OCTOBER HALF TERM

9:00 - 10:00am £10 per day

*Times may vary, please check our website

- GOOSELEY PLAYING FIELDS
- NEWHAM LEISURE CENTRE (INDOOR)



nationaltennis.org.uk/camps/londontots

hello@nationaltennis.org.uk

Welcome Newham Team

Email: welcome.newham@newham.gov.uk

Phone: 020 3373 3222

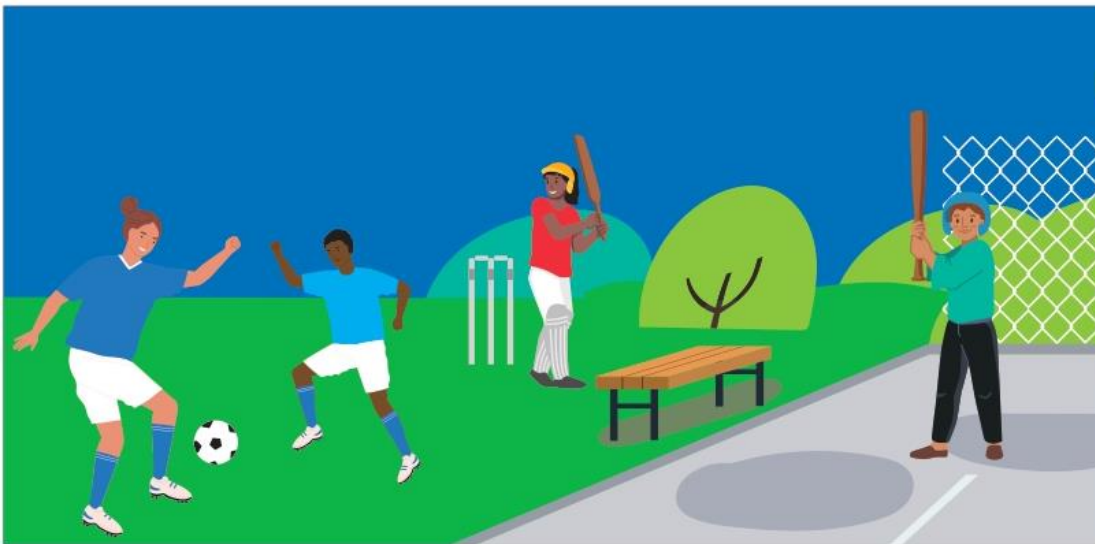
Monday-Friday 10am-5pm

WELCOME NEWHAM NEWS

active
newham

Newham London

OCTOBER HALF TERM PROGRAMME



Join us this half term for free activities in the parks for children and young people. This half term we will be based in our Multiuse Games Areas (MUGA's) across 5 parks. As part of our activity programme we want to hear your thoughts on how these great spaces could be improved. So come down and chat to us and try a variety of sports including Football, Basketball, Handball, Baseball/Softball, Cricket, Netball and Tennis! We will also be running fun mini activities for little ones, including: Mini Tennis, Mini Kickers and Mini Yoga!

DATES:

Monday 23 October – Friday 27 October

TIMES/AGES:

11am-12pm - 3-5 years

12pm-2pm - 5-11 years

2pm-4pm - 12-16 years

VENUES:

- Central Park, High Street South, E6 6ET
- Plashet Park, Plashet Grove, E6 1BT
- Plaistow Park, Balaam Street, E13 0PE
- Canning Town Rec, FreeMasons Rd, E16 3PB
- Little Ilford Park, Church Road, E12 6HB



To book: tinyurl.com/OctoberHTactivity

For more information:

sports@activenewham.org

or 07741 293506

WE ARE NEWHAM.

Welcome Newham Team

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Monday-Friday 10am-5pm

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PLAYZONE CONSULTATION

Have your say on PlayZones in your local area

London Borough of Newham is seeking the views of residents to understand the community need and requirements for local PlayZones.

The PlayZone Programme is a new, exciting investment programme aimed at tackling inequalities in physical activity and access to facilities by funding community-led spaces.

Its aim is to focus on communities with the greatest need and will deliver new or refurbished safe and accessible mini pitches that will allow priority groups to be more active.

Primarily funded by the Football Foundation, PlayZones are high quality facilities offering space for recreational physical activity across sports such as Football, Netball, Rugby, Cricket, Hockey or Basketball.

In order to gather information we will be running engagement activities alongside our holiday programme. We would love to hear from you, so come down and have your say!



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Monday-Friday 10am-5pm

WELCOME NEWHAM NEWS

VIRTUAL YOUTH SPACE FOR 10-14 YEAR OLDS

Register Today

Come along,
make friends,
play games
and have lots
of fun



- ✓ For young people from Ukraine
- ✓  Starting 16th November 18:00 - 19:00
- ✓ On the 1st and 3rd Thursday of every month



Sessions will be delivered by Barnardo's Ukrainian Support Helpline. For more information email ukrainiansupport@barnardos.org.uk

BARNARDO'S REGISTERED CHARITY NOS. 216250 AND SC037605


Believe in children
Barnardo's

ВІРТУАЛЬНИЙ МОЛОДІЖНИЙ ПРОСТІР ДЛЯ 10-14 РОКІВ

Відскануйте
QR-код, щоб
зареєструват
ися

Приходьте,
знаходьте
друзів,
грайте в ігри
та отримуйте
задоволення



- ✓ Для молодих людей з України
- ✓  Початок 16 листопада 18:00-19:00
- ✓ У 1-й та 3-й четверг кожного місяця



Зустрічі проводитиме Українська Лінія Підтримки Barnardo's. Більше інформації електронною поштою ukrainiansupport@barnardos.org.uk

BARNARDO'S REGISTERED CHARITY NOS. 216250 AND SC037605

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Monday-Friday 10am-5pm

WELCOME NEWHAM NEWS

VIRTUAL YOUTH SPACE

FOR 15-17 YEAR OLDS

Register Today

Come along,
make friends,
play games
and have lots
of fun



- ✓ For young people from Ukraine
- ✓ Starting 14th November 18:00 - 19:00
- ✓ On the 1st and 3rd Tuesday of every month



Sessions will be delivered by Barnardo's Ukrainian Support Helpline. For more information email ukrainiansupport@barnardos.org.uk

BARNARDO'S REGISTERED CHARITY NOS. 216250 AND SC037605

Believe in children
Barnardo's

ВІРТУАЛЬНИЙ МОЛОДІЖНИЙ ПРОСТІР ДЛЯ 15-17 РОКІВ

Відскануйте QR-код, щоб зареєструватися

Приходьте,
знаходьте друзів,
грайте в ігри та отримуйте задоволення



- ✓ Для молодих людей з України
- ✓ Початок 14 листопада 18:00-19:00
- ✓ У 1-й та 3-й вівторок КОЖНОГО МІСЯЦЯ



Зустрічі проводитиме Українська Лінія Підтримки Barnardo's. Більше інформації електронною поштою ukrainiansupport@barnardos.org.uk

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Monday-Friday 10am-5pm

Welcome Newham partnership with Small Grants Organisations

Organisations	Summary of Projects
Alternatives Trust	Courses in our Centre's 'Learning Hub' – a boardroom with a screen and donated laptops to fill basic skills gaps that prevent women from finding work or studying in the UK. They aim to help women be ready to find work when they have the immigration status that allows them to do so.
Bonny Downs Community Association	Family Hub project welcomes all refugee/ migrants/asylum seekers parents in Newham with dependent children who are struggling to raise family on their families on very low incomes and/or without the support network of extended family nearby. The free weekly drop-in group offers food, peer support, donated second hand clothing, parent-led cooking workshops, toys for the children to play with, and trained advocates who can help with immigration/housing/domestic abuse/school registrations
Eastside Community Heritage	This project aims to enable refugees to explore places in Newham and find out about their cultural, community and heritage associations.
Inspire Women, Men and Children	Help people prepare for life in Newham through social activities, training and volunteering opportunities.
Newham Community Project	Employability, healthy eating clubs, workshops on health, outreach and resettlement support
RDLAC	RDLAC Champion will provide support to the community making them aware of RDLAC projects including walk groups, art groups, mental health support groups, youth groups, gardening groups, cooking tutorials and hot meals, and friendships groups. In addition, there will be 10 funded places each month for individuals / families to join RDLAC monthly coach trips and community events.
Rosetta Arts	Work jointly on creative activities aimed at developing skills in textile-making and social entrepreneurship.

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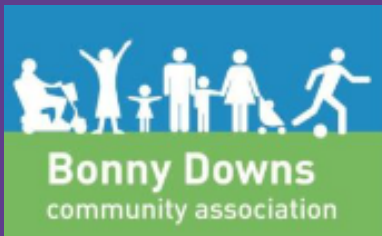
Phone: 020 3373 3222

Monday-Friday 10am-5pm

WELCOME NEWHAM NEWS

Welcome Newham partnership with Small Grants Organisations part 2

Organisations	Summary of Projects
Skills Enterprise	Provide monthly and weekly activities that will support refugees and people seeking asylum in building social connections, raising their awareness and knowledge about UK systems and accessing appropriate support.
The new Black Film Collective	Over the course of the project, we will hold nine events for groups moving into Newham: three for people of African heritage, three for people of Asian heritage and three for people of Eastern European heritage. Each of these events will be held at mostly Stratford East Picturehouse and will include a free screening, a culturally-specific performance, talks from members of the community and a series of stalls for businesses and services, which aim to support migrants settling in Newham.



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