

**WHAT'S
YOUR STEP?**



Now is the time to act.

Newham London

Newham Social Welfare Alliance Training Framework



People at the Heart
of Everything We Do

Newham Social Welfare Alliance Training Framework

We are continuing to offer a training development pathway for all frontline workers in the borough who are regularly having conversations with residents who are presenting with a range of social welfare issues. There are a number of themes with different session topics included delivered by our specialist tutors.

The purpose of this is to enhance the skills you already have! And facilitate you getting in touch with others having similar conversations across the borough. The training sessions are all delivered online and are free to attend, after attending a session we will recommend other sessions to support your learning, provide resources and useful contact information for you to refer back to.

The sessions are designed to be interactive so where possible attend via a laptop with your camera on, ready to participate. If you can no longer attend a session you have booked please cancel your booking via Eventbrite or let us know as soon as possible to allow someone else to take the place.

If you need any additional support to participate in the training session please contact us: helena.taylor@newham.gov.uk or agata.roszczynska@newham.gov.uk

We look forward to seeing you at the training, for more information and to check for the most update to date programme please visit www.newham.gov.uk/socialwelfarealliance

Timetable Sept - Dec 2023 – Slides 8-14 to book on

Training module	September	October	November	December
Employment Support and Employment Rights Services	Tue 19, 10-11.30am		Tue 28, 10am-12pm	
Employability Support for Residents with Mental Health / Disability			Wed 8, 10-10.45am	
Housing and Homelessness		Tue 3, 10am-12.00pm	Tue 24, 10am-12pm	
Private Sector Housing Standards		Tue 10, 10-11.30am		
Financial Wellbeing		Wed 4, 10-11.30am		
Move to Universal Credit and In Work Progression		Thur 5, 12.30-2pm	Wed 1, 10-11.30am	
Coping with Rising Cost of Living	Tue 12, 6.30-8pm & Fri 29, 10-11.30am		Fri 3, 10-11.30am	Tue 5, 10-11.30am

Timetable Sept - Dec 2023 – Slides 15-21 to book on

Training module	September	October	November	December
Healthy Start		Thur 12, 10-11am		Tue 12, 11am-12pm
Understanding the Role of Adult Social Care	Thur 28, 10-11.30am			
Introduction to Co-production	Thur 21, 2-3.30pm			
Well Newham Directory of Services	Tue 26, 10-11am		Tue 21, 10-11am	
Adult Safeguarding Awareness		Fri 6, 10-11.30am		Fri 1, 10-11.30am
Entitlements to Healthcare	Wed 27, 1.30-2.45pm	Tue 31, 10-11.15am		
Youth Vaping	Wed 27, 4-5.30pm	Wed 11, 10-11.30am	Wed 8 Nov, 4-5.30pm	

Timetable Sept - Dec 2023 – Slides 22-28 to book on

Training module	September	October	November	December
Female Genital Mutilation (FGM)		Wed 18, 10am-1pm		
Adult Mental Health and Wellbeing in the context of Social welfare challenges	Wed 20, 10am-12pm		Thur 16, 10am-12pm	
Good Thinking			Tue 14, 10-11am	Thur 7, 10-11am
Suicide Awareness and Prevention	Wed 6, 2-4pm	Wed 11, 2-4pm	Tue 14, 2-4pm	Tue 12, 2-4pm
Trauma Informed Care			Tue 7, 10am-1pm	Wed 6, 10am-1pm
Introduction to Youth Safety and Exploitation		To be confirmed		
Carers Awareness			Thur 2, 10-11.15am	

Timetable Sept - Dec 2023 – Slides 30-32 to book on Working with Migrants - specific topics

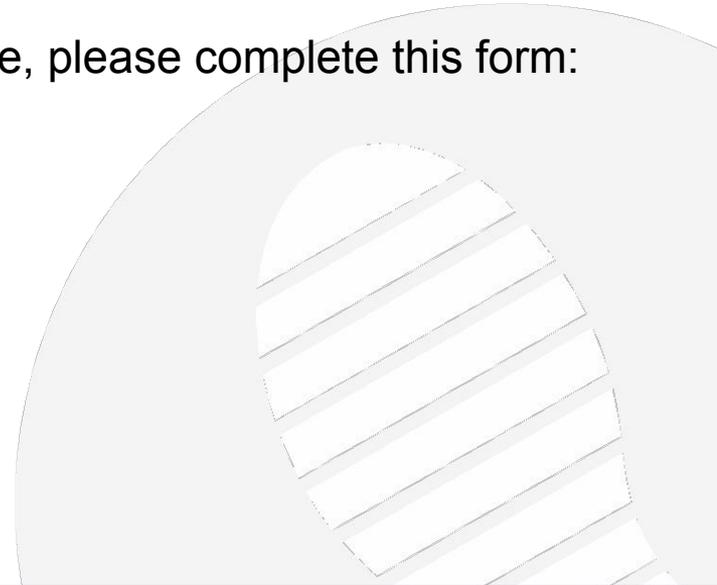
Training module	September	October	November	December
Working with Migrants - bitesize	Tue 12, 10am-12pm			
No Recourse to Public Funds		Fri 13, 9.30am-1pm		
Asylum Entitlement and Support			Fri 10, 9.30-1pm	

Sessions you can register an interest in

- Digital Inclusion
- Children and Young People Mental Health and Wellbeing
- Core Conversations

Dates to be confirmed. To register an interest in this course, please complete this form:

[Registering interest for Social Welfare Alliance training](#)



Sign up details

Employment Support and Employment Rights Services in Newham

With the cost of living crisis and soaring energy bills, our Residents need employment support more than ever before.

Join our Workshop and learn about how we not only help Residents get into work, support them with career progression and opportunities, but also how we support them when their employer treats them badly.

Get to know each service, and find out how to make a referral. This will be a joint presentation by Our Newham Work, Our Newham Employment Rights and Citizens Advice

1. Tuesday 19 September, 10:00-11:30
2. Tuesday 28 November, 10:00-12:00

Please sign up via this link:

<https://www.eventbrite.co.uk/e/employment-support-and-employment-rights-services-in-newham-tickets-171833487587>

Sign up details

Employability Support for Residents with Mental Health / Disability

Our Newham Work has begun delivering of a new project called Individual Placement & Support in Primary Care (IPSPC).

The session will provide an overview of the following:

- IPS – The delivery model , background and why is it effective
- Eligibility – Who can receive the support
- Support - What support is available – types of support – managing expectations
- Referral Pathway – How and where to refer
- Information and Links
- QA

1. Wednesday 8 November, 10:00-10:45

Please sign up via this link:

<https://www.eventbrite.co.uk/e/employability-support-for-clients-with-mental-health-disability-tickets-741382744747>

Sign up details

Housing & Homelessness training sessions

Homelessness, or the threat of homelessness, continues to be an issue that affect many of our service users. In an area like Newham, where demand is high and accessing housing often comes with barriers, the solutions can sometimes seem complex. The session is intended to help identify these obstacles and how to overcome them. Homelessness can be resolved, but will only be achieved by building stronger partnerships and understanding the landscape in which we operate.

1. Tuesday 3 October, 10:00-12:00
2. Tuesday 24 November, 10:00 - 12:00

Please sign up using this link: <https://www.eventbrite.co.uk/e/housing-and-homelessness-tickets-170400490454>

Housing and Homelessness drop-in sessions

For everyone who has already attended the Housing and Homelessness Training run by the Newham Social Welfare Alliance, this drop-in session allows you to raise any queries you may still be unable to resolve or feel uncertain about. The session will run as an open Q&A event.

Dates to be confirmed. To register an interest in this course, please complete this form: [Registering interest for Social Welfare Alliance training](#)

Sign up details

Private Sector Housing Standards (PSHS) training session

Private rented housing (i.e. direct from a private landlord or managing agent) now makes up over half of all housing in Newham, well above the national average of 15%. Typically private rented properties are in worse condition, more unaffordable and less secure than other tenures, such as council housing, other social housing or owner occupation. This session will cover what rights and responsibilities landlords and tenants have and how PSHS can help when things go wrong. Additionally it will cover the proactive work that the team carries out, which generally seeks to improve housing conditions by a range of methods. These include enforcement, encouraging grant uptake (particularly for energy efficiency) and education.

1. Tuesday 10 October, 10:00-11:30

Please sign up via this link: <https://www.eventbrite.co.uk/e/private-sector-housing-standards-pshs-tickets-260956516967>

Private Sector Housing Standards (PSHS) drop-in sessions

For anyone who attended the training session these Q&A drop in sessions will give you the opportunity to discuss any specific queries that you might have. If you have a particular case or example that you wish to bring these can be reviewed and discussed in detail; obviously any sensitive information will not be discussed, so cases should be anonymised.

Dates to be confirmed. To register an interest in this course, please complete this form: [Registering interest for Social Welfare Alliance training](#)

Sign up details

Financial Wellbeing

The purpose of this workshop is to train frontline workers, both from council services and voluntary charity sector services, about Financial Support Services available within Newham. Support such as Budgeting, Debt and Benefits, Financial Emergency Support and Financial Education.

This will be a joint presentation by Our Newham Money, Citizens Advice and Community Links.

1. Wednesday 4 October, 10:00-11:30

Please sign up via this link: <https://www.eventbrite.co.uk/e/financial-wellbeing-tickets-240898653357>

Sign up details

Move to Universal Credit and In Work Progression

In May this year the managed migration to Universal Credit of single people in receipt of tax credits only began in East London. October this year will see couples receiving tax credits begin the migration journey. April 2024, will see the remaining legacy benefits migrate with the exception of ESA which will migrate during 2028.

It's important to raise awareness around this and work in partnership with key stakeholders to support residents making the move to Universal Credit, especially in the run up to April 24.

1. Thursday 5 October, 12:30-14:00
2. Wednesday 1 November, 10:00-11:30

Please sign up via this link:

<https://www.eventbrite.co.uk/e/move-to-universal-credit-and-in-work-progression-tickets-710952737777>

Sign up details

Coping with Rising Cost of Living

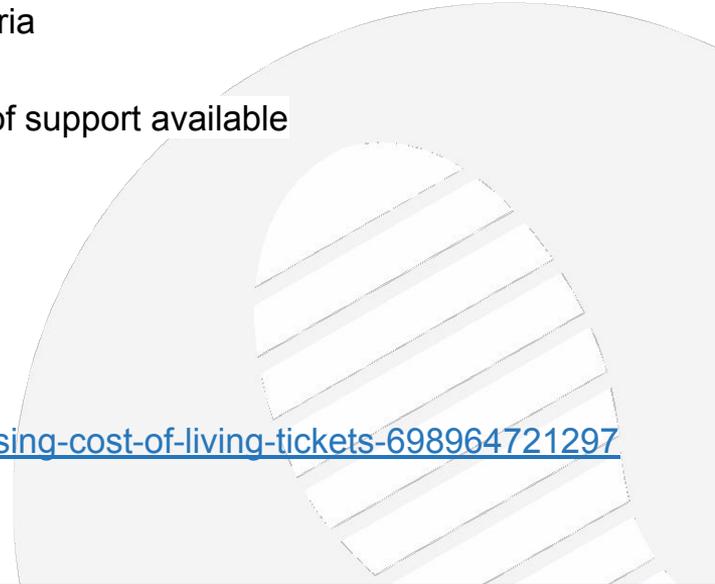
The Cost of Living Crisis has already begun to affect people and will continue to do so, this session will provide an overview of support available and practical tips for Newham residents on how to cope with the rising cost of living focusing on food, fuel and money. Brought to you by Our Newham Money, Newham Food Alliance, and Public Health.

This session will cover:

- How to access Grants and Schemes available including eligibility criteria
- Benefit and income maximisation
- How to refer residents to access food support and the different types of support available
- Energy and utility bill saving tips

1. Friday 3 November, 10:00-11:30
2. Tuesday 5 December, 10:00-11:30
3. Wednesday 31 January, 11:00-12:30

Please sign up via this link: <https://www.eventbrite.co.uk/e/coping-with-the-rising-cost-of-living-tickets-698964721297>



Sign up details

Understanding the Role of Adult Social Care

The aim of the session is to provide an overview of Adult Social Care and services it provides.

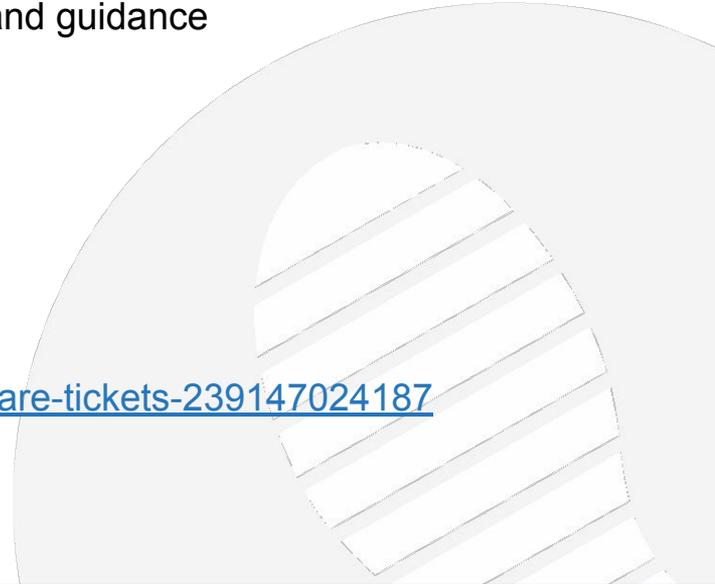
This session will cover:

- Role of Adult Social Care and available support
- How to report a safeguarding concern or refer to ASC
- Signposting residents to the services available via ASC, advice and guidance
- Case studies

1. Thursday 28 September, 10:00-11:30

Please sign up via this link:

<https://www.eventbrite.co.uk/e/understanding-the-role-of-adult-social-care-tickets-239147024187>



Sign up details

Healthy Start

This session will provide an overview of the Healthy Start scheme, which in Newham, includes both a food and vitamins offer. The session will cover the following:

Healthy Start Food Scheme

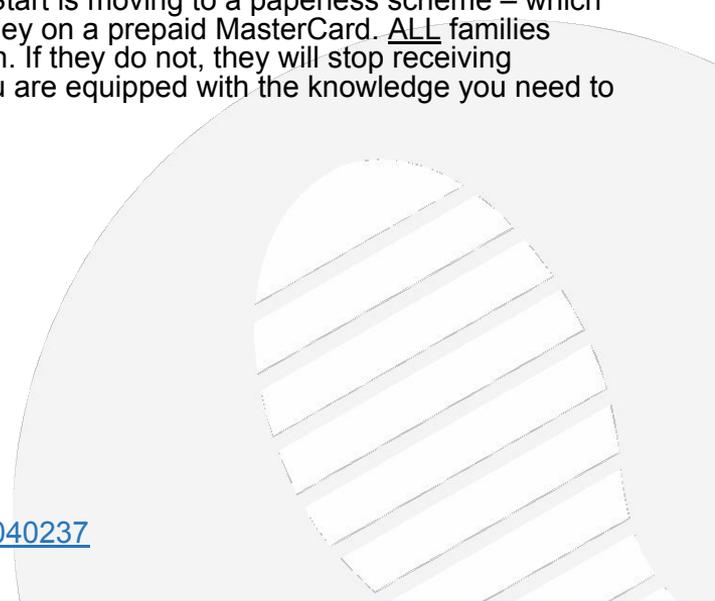
- What is the Healthy Start Food Scheme?
- Who is eligible for Healthy Start food payments?
- How do families sign up for the scheme?
- What promotional material is available to help promote the scheme?
- **NEW***** What changes are being made to the Healthy Start scheme? (Healthy Start is moving to a paperless scheme – which means that families will stop receiving paper vouchers and instead, receive money on a prepaid MasterCard. ALL families currently on the scheme must reapply for the digital scheme by the end of March. If they do not, they will stop receiving payments. This session will explain this change in more detail to ensure that you are equipped with the knowledge you need to help families during this transition period).

Healthy Start Vitamins Scheme

- What is the free Newham Universal Vitamins Scheme?
- Who is eligible for the scheme?
- How do families sign up?
- Where can families get free vitamins?
- What promotional material is available to help promote the scheme?

1. Thursday 12 October, 10:00-11:00
2. Tuesday 12 December, 11:00-12:00

Please sign up via this link: <https://www.eventbrite.co.uk/e/healthy-start-tickets-274809040237>



Sign up details

Introduction to Co-production

Ever wondered what Co-Production is?

Ever wondered why and how to get involved in decision making with your council?

Ever wondered how you can use co-production for designing and creating your own services?

We intend to highlight the importance of residents' voices when making decisions to improve the services in Newham. In the session, we will cover:

- What Co-Production is and Co-Production Principles;
- Co-Produce, Co-design and Co-deliver - the community groups in Newham which we are working with;
- The resident engagement journey - why they have decided to get involved and participate in Newham based projects;
- The Co-Production Model;
- Barriers and how to break them down

At the end of the session, we will host a question and answer session where you will be able to raise questions to the Newham Co-Production team.

1. Thursday 21st September, 2:00 – 3:30pm

Please sign up via this link: <https://www.eventbrite.com/e/introduction-to-co-production-with-newham-council-tickets-150930662675?aff=ebsdoporgprofile>

- **Email:** Co-productionteam@newham.gov.uk
- **Phone:** 07970 406 126
- **Website:** [Co-Production Web Page \(London Borough of Newham\)](#)

Sign up details

Well Newham Directory of Services

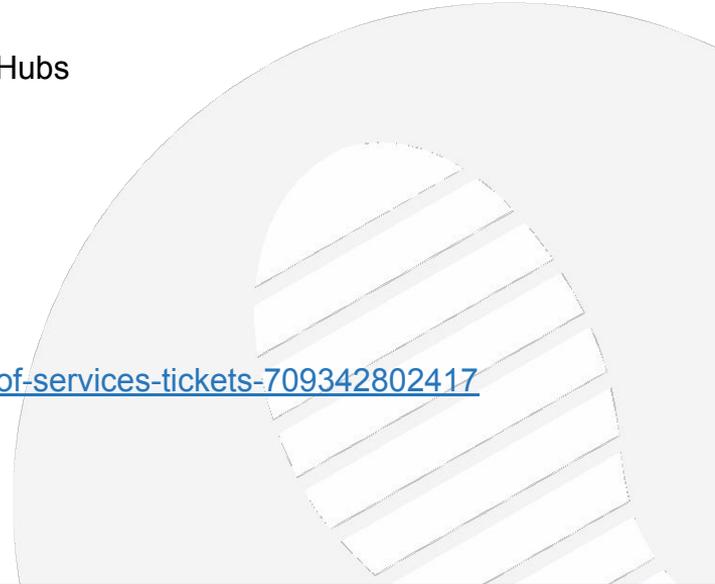
Looking forward to welcoming you to our training on Well Newham, a programme that aims to support residents with the wider determinants of their health (from stopping smoking, to housing, to money).

This session will cover:

- What Well Newham means for you and the residents you work with
- How to use our new [Well Newham website](#) and directory of services
- How to access our new health and wellbeing advisors in the Well Newham Hubs

1. Tuesday 26 September, 10:00-11:00
2. Tuesday 21 November, 10:00-11:00

Please sign up via this link: <https://www.eventbrite.co.uk/e/well-newham-directory-of-services-tickets-709342802417>



Sign up details

Adult Safeguarding Awareness

This session will cover:

- What is safeguarding - types of abuse and how to recognise the possible signs.
- When should a safeguarding concern be raised? What to do if you receive a disclosure or observe something which may indicate that someone has experienced or is at risk of abuse. What should you do if the person does not wish for any further actions to take place?
- How to make a safeguarding referral? What needs to be considered and included.
- What happens after the referral is made? A discussion regarding the safeguarding process
- Safeguarding Case Studies - A look at some potential scenarios, and discussion around what actions could/should be taken.
- Questions and plans for the future - What will you do differently as a result of this session
- Information and relevant links

1. Friday 6 October, 10:00-11:30
2. Friday 1 December, 10:00-11:30

Please sign up via this link: <https://www.eventbrite.co.uk/e/adult-safeguarding-awareness-training-tickets-170418466220>

Sign up details

Entitlement to Healthcare

The training will give an overview of entitlement to NHS services in England. It is recommended that you complete the 'Working with Migrants' bitesize training before this session but basic definitions of immigration status will be covered.

This session will cover:

- Barriers to accessing healthcare
- Entitlement to primary care and GP registration
- Useful resources for patients to understand their rights to healthcare and navigate the NHS
- Help with health costs – HC1 forms and HC2 certificates
- An introduction to secondary care charging and entitlement

1. Wednesday 27 September, 13:30-14:45
2. Tuesday 31 October, 11:00-12:15

Please sign up via this link: <https://www.eventbrite.co.uk/e/entitlements-to-healthcare-tickets-705830928307>

Sign up details

Youth Vaping

The Youth Vaping training is designed to tackle misinformation around the use of vapes and provide you with information on how to support a young person who is looking to reduce, quit or learn how to use vapes more safely. This training is being brought to you by Change Grow Live and the London Borough of Newham.

Objectives:

- To broaden your knowledge and understanding around the risks of vaping for young people.
- To begin an initial conversation with a young person to understand their vaping habits.
- To be able to signpost a young person who would like additional support to reduce their use or quit vaping.

1. Wednesday 27 September, 16:00-17:30
2. Wednesday 11 October, 10:00-11:30
3. Wednesday 8 November, 16:00-17:30

Please sign up via this link: <https://www.eventbrite.co.uk/e/youth-vaping-tickets-708432720337>

Sign up details

Female Genital Mutilation (FGM) Training for Frontline Workers

The aim of the course is to introduce professionals to the practice of Female Genital Mutilation (FGM) in girls and women, exploring why it is practiced, the different types of FGM, its prevalence and its acceptance, along with how to recognise the signs and indicators. The World Health Organisation estimates that 3 million girls undergo some form of Female Genital Mutilation (FGM) each year. Female Genital Mutilation is illegal in the UK but still affects a significant number of British girls and foreign nationals from a variety of cultures.

By the end of the training attendees will be able to:

- Describe what FGM is and the different types of FGM
- Understand the prevalence of FGM and identify high risk communities
- Understand the law in relation to FGM
- Explain the reasons why FGM is practiced and accepted in some communities
- Be aware that FGM in young women below the age of eighteen is 'child abuse' a violation of the child's right to life, their body integrity as well as their right to health
- Be able to recognise what the signs and indicators of FGM are and to make appropriate referrals to safeguard children and young people
- Be aware of the support services for women who have undergone FGM

1. Wednesday 18 October, 10:00-13:00

Please register via this link: <https://www.eventbrite.co.uk/e/female-genital-mutilation-fgm-training-tickets-170410943720>

Sign up details

Introduction course - Adult Mental Health and Wellbeing in the context of Social welfare challenges

A session to support you to understand when individuals may be struggling with their mental health, the signs to look out for, and how to signpost them to the right place.

This session will cover:

- Introduction to mental health and wellbeing and the impact of Covid on escalating issues in a social welfare context
- Case studies
- The Signs to look out for - what might you see and hear
- Referral Pathways
- Your role as a frontline worker
- Future recommended training

1. Wednesday 20 September, 10:00-12:00
2. Thursday 16 November, 10:00-12:00

Please sign up via this link: <https://www.eventbrite.co.uk/e/adult-mental-health-and-wellbeing-tickets-170403056128>



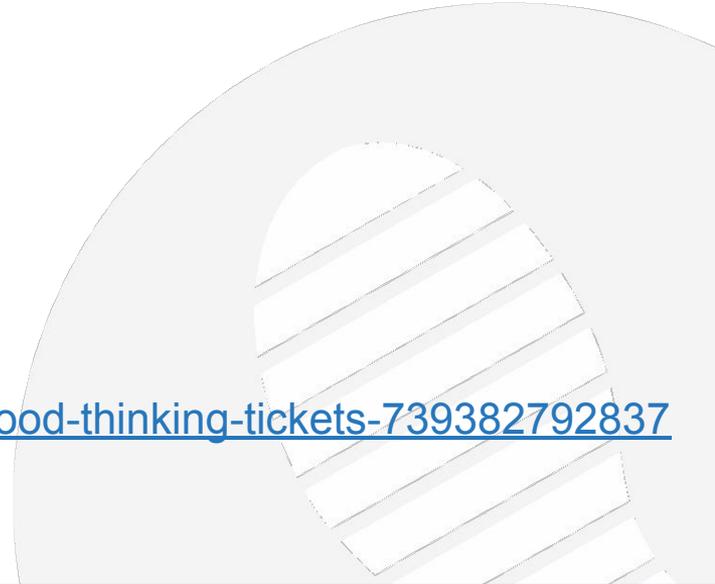
Sign up details

Good Thinking

FREE NHS-approved digital mental health and wellbeing service that provides Londoners with a range of support for those struggling with stress, anxiety, low mood, sleep problems and other mental health concerns. Good Thinking has already reached over 700,000 people since its launch and we need your help to continue supporting more Londoners to look after their mental health & wellbeing.

1. Tuesday 14 November, 10:00-11:00
2. Thursday 7 December, 10:00-11:00

Please sign up via this link: <https://www.eventbrite.co.uk/e/good-thinking-tickets-739382792837>



Sign up details

Suicide Awareness & Prevention Training

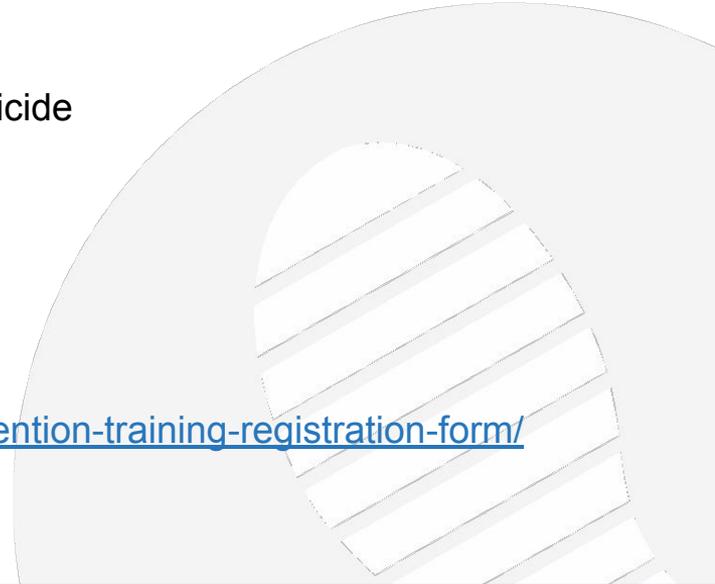
This free 2 hour training is suitable for anyone interested in learning about suicide awareness & prevention.

Topics covered will include:

- Increased understanding of suicide
- Skills to promote supportive communication
- Increased awareness of the needs of a suicidal person
- Essential practical knowledge
- Skills to effectively and confidently support a person at risk of suicide

1. Wednesday 6 September, 14:00-16:00
2. Wednesday 11 October, 14:00-16:00
3. Tuesday 14 November, 14:00-16:00
4. Tuesday 12 December, 14:00-16:00

Please register via this link: <https://www.mindchwf.org.uk/suicide-prevention-training-registration-form/>



Sign up details

NEL Trauma Informed Care

This event is designed for individuals who are interested in learning more about trauma-informed care. This workshop is perfect for anyone who wants to gain a deeper understanding of trauma and how it affects individuals. We will cover topics such as the impact of trauma on the brain and body, trauma-informed approaches to care, and the importance of self-care for caregivers. Join us for an informative and engaging workshop that will leave you with a better understanding of trauma-informed care.

Please register for the most suitable date using the links below (**you only need to attend one workshop**). The link to join the workshop will be sent once you have been registered. If you have any queries, please contact: SHLS-Contracts@tees.ac.uk

1. Tuesday 7 November, 10:00-13:00

Please sign up via this link: [NEL Trauma Informed Care Workshop 6 \(7 November 2023\) Tickets, Tue 7 Nov 2023 at 10:00 | Eventbrite](#)

2. Wednesday 6 December, 10:00-13:00

Please sign up via this link: [NEL Trauma Informed Care Workshop 7 \(6 December 2023\) Tickets, Wed 6 Dec 2023 at 10:00 | Eventbrite](#)

Sign up details

Introduction to Youth Safety and Exploitation

This session will cover signs of young people at risk of exploitation and how to keep youth safety at the forefront of all interventions

- How do children become exploited?
- The Grooming Process
- Signs and Indicators of exploitation
- Serious Youth Violence and Contextual Safeguarding

Date to be confirmed



Sign up details

Carers Awareness

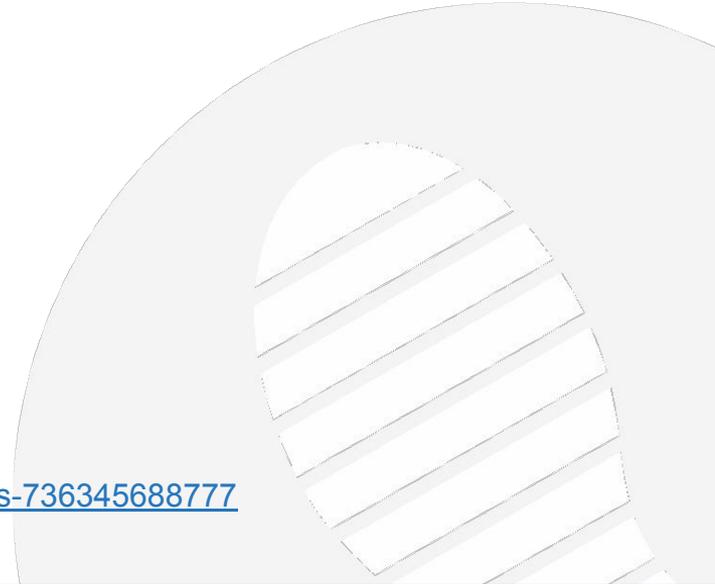
The aim of the session is to help professionals gain knowledge and understanding to enable them to identify and support a carer.

This session will cover:

- What is a Carer?
- Carer Stats
- Carer Types
- What does a Carer Do?
- What may a Carer need?
- Supporting Carers
- Introduction to Newham Carers Community (NCC)
- Making a referral to NCC

1. Thursday 2 November, 10:00-11:15

Please sign up via this link: <https://www.eventbrite.co.uk/e/carers-awareness-tickets-736345688777>



Immigration Training

Introduction to the programme of Immigration training

Over one third of Newham residents have applied for EU settled status in the past two years, with many still needing to complete their applications; The home office regularly places asylum seeking residents into the borough; and, there is an historical range of other residents all with unsettled immigration status. Each group of residents however has a range of rights and entitlements and it is therefore essential that frontline workers are fully informed about immigration issues as they go about their day to day work.

There are a range of sessions for you and we recommend that if possible you attend the Working with Migrants - Bitesize session first.

Sign up details

Working with Migrants - Bitesize session

Why is it important to understand immigration status if you are not an immigration lawyer? If you are working in a frontline service in Newham, a large proportion of the people that you encounter on a daily basis will experience problems related to their immigration status. It can be difficult to know what to ask and what to do to help people, particularly as immigration status can be a sensitive issue.

This short training will help you:

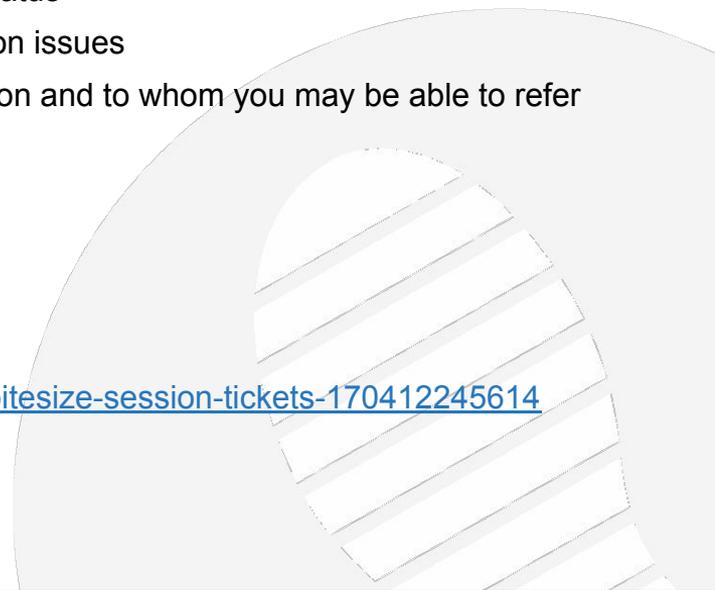
- To have a better understanding of the most common types of immigration status
- To identify key questions to ask people who may be experiencing immigration issues
- To understand what practical help you can offer and to know when to refer on and to whom you may be able to refer

1. Tuesday 12 September, 10:00-12:00

To view a short clip of the session please click here -

https://drive.google.com/drive/u/0/folders/1Xt_sLDia0Oe_rhtiLcljIVSWFO09AmiE

Please sign up via this link: <https://www.eventbrite.co.uk/e/working-with-migrants-bitesize-session-tickets-170412245614>



Sign up details

No Recourse to Public Funds (NRPF)

It is estimated that there are over 10,000 residents in Newham with NRPF. This may include up to 4000 children and young people. These residents may be some of our most vulnerable facing challenges around employment and basic necessities. This course will provide you with the essential context and knowledge you will need when working with clients with NRPF.

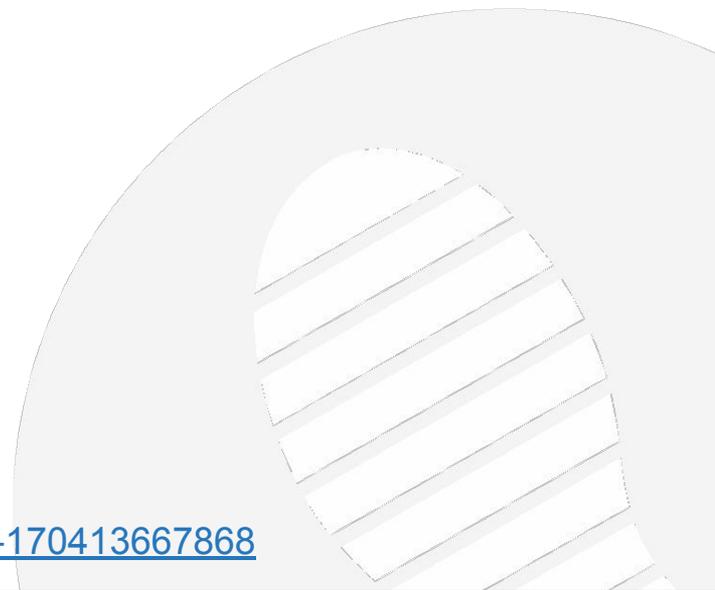
This session will cover:

- What do we mean by NRPF? What are public funds?
- Who is impacted by NRPF
- Moving from no recourse to recourse – Changes of conditions
- What services can be accessed and in what circumstances

1. Friday 13 October, 09:30-13:00

Please register via this link:

<https://www.eventbrite.co.uk/e/no-recourse-to-public-funds-nrpf-tickets-170413667868>



Sign up details

Asylum Entitlement & Support

The nature of Newham is that the borough will be hosting residents seeking asylum. Many of these residents may be quite vulnerable and it's important for frontline workers to understand the rights and entitlements of asylum seekers.

This session will cover:

- Asylum seeker or refugee – what's the difference?
- An overview of the asylum system and what is referred to as the hostile environment.
- Asylum support – what is it, what are asylum seekers entitled to receive and how should they access it?
- Other important entitlements, access to health services, enrolment into schools and further education
- Where can you find assistance for asylum seekers

1. Friday 10 November, 9:30-13:00

Please sign up via this link: <https://www.eventbrite.co.uk/e/asylum-entitlement-support-tickets-170414975780>

What past attendees have said

Please give us an example of how you intend to apply the learnings from the session in your everyday role?

"Offering more support during admission process in order to meet families needs. Signposting families to relevant organisations". - Working with Migrants Families

"By signposting my patients to the CAB or Our Newham Work for support dependent on their employment or employability issue. As a Social Prescriber I regularly speak to patients who are experiencing employment issues so the information shared is directly applicable to my role". - Employability

"A lot of families I work with have housing issues. If they are at risk of being homeless I can share with them the options they have and signpost/refer to HPAS" - Housing and Homelessness

"Make a conscious effort to look out for signs of mental health issues displayed by any of our service users that access our services". - Adult Mental Health and Wellbeing

"This knowledge is useful in my everyday role and in everyday interactions with friends, family, and other professionals. Domestic Violence disproportionately affects women with two reported deaths a day. completing a DASH risk assessment can help provide a visual aid to the service user in order for them to acknowledge their level of risk". - Domestic Abuse

"Often we interact with people spontaneously however, this session gave us an insight into thinking more about how we approach people with empathy and sensitivity, being non judgmental, upholding respect, dignity and confidentiality". - Core Conversations

OTHER TRAINING OPPORTUNITIES

Please also check below for other training sessions available to frontline professionals, managers and leaders

Social Care Academy (SCA) and Newham Safeguarding Children's Partnership (NSCP)

To book onto a SCA or NSCP workshops click the link Remember to register if it is the first time you are using this site
<https://newhamsca.event-booking.org.uk/>

You can view our 'How to' videos on registering and booking a course by using the following links:

- [How to create an account on the SCA Training System](#)
- [Watch 'Booking a course on the SCA Training System' | Microsoft Stream \(Classic\)](#)

Sign up for a Research in Practice account [here](#). Thousands of resources which can support your important work are available once [logged in](#).

