

London Borough of Newham

FOREST GATE
COMMUNITY NEIGHBOURHOOD



Bloomin' Forest GATE

**Saturday 29 February,
Saturday 4 April 2020**

Five weeks of clean and green activities,
events and initiatives around
Forest Gate for all to enjoy.



Forest Gate
**COMMUNITY
GARDEN**

#Bloominfoestgate



Newham London

Programme Introduction

Welcome to Bloomin' Forest Gate 2020.

Bloomin' Forest Gate is a month long programme celebrating everything clean and green in Forest Gate, with park events, art work, gardening lessons, recycling activities, green themed heritage talks, tidy ups, children's activities and much more.

The programme was initiated via the Forest Gate Citizens' Assemblies and developed by local residents and partners including Forest Gate Community Garden and the Forest Gate Community Neighbourhoods team with the hope that the community will learn more about the environment and green spaces which surround them and join together to help develop a cleaner and greener neighbourhood to benefit the whole community.

Please take a look at the programme and get involved.

Throughout the autumn of 2019 thousands of flower bulbs were planted by the Forest Gate Greening and Gardening group, local residents and community groups throughout Forest Gate in parks, raised beds, schools, churchyards, verges and more. Keep your eyes open and see how many different locations you can find them in. And why not take a photo and share the beauty on social media using **#Bloominforestgate**.

Local businesses are also getting involved by promoting Bloomin' Forest Gate (see the window stickers in participating businesses) by going green themselves, either in a substantial way or by simply promoting clean and green via tidying forecourts, installing flowers either inside or outside of the business or by helping to spread the message.

We very much hope you enjoy Bloomin' Forest Gate, get involved and help make Forest Gate cleaner and greener.

For updates on activities, events and happenings which didn't make the deadline for the official programme check the Forest Gate Community Garden website: fgcommunitygarden.org/bfg

Bloomin' Forest Gate Launch Party

Saturday 29 February, 2020

12 - 3pm

All Ages

The Gate Library,

6 - 8 Woodgrange Road, E7 0QH

Meet those involved in delivering activities during Bloomin' Forest Gate and take part in some green themed workshops and activities for all ages, including Flower Power face painting, kids craft activities, seed planting, flower painting with artist Eleanor Pearce and perfume extraction experiments with our local environmental scientists.



Bloomin'
Forest
GATE

Saturday 29 February - Thursday 26 March

Bloomin' Forest Gate Showcase Art Exhibition

The Gate Library, 6 - 8
Woodgrange Road, E7 0QH

Mondays - Fridays 8am - 8pm
Saturdays 10.30am - 8pm

The adult art classes at The Gate Library present Showcase, an exhibition highlighting the student's best work from the past year. Nature has been an enduring theme throughout! In the summer they worked from direct observation outdoors at the Forest Gate Community Garden. During the autumn they created a colourful large scale collaborative art work, inspired by leaf fall. In honour of Bloomin' BFG, the groups created paintings from the theme 'Birds, Bees and Blooms'. Each student has responded to the brief imaginatively and the results represent a celebration of nature in all it's blooming diversity.





Tuesday 3 - Saturday 7 March

Tuesday 3 March

Vegetable Growing Session in West Ham Park 2 - 4pm

West Ham Park, Upton Lane,
E7 9PU

Join the regular volunteers to help
tend the vegetables in the garden
on Tuesday afternoons.

No experience or tools required,
just an interest and willingness to
learn and get your hands dirty.
Special sowing and propagation
events will be held during the
'Bloom' month, see our website
for further details. Meet at
the vegetable garden by
the playground'
(www.cityoflondon.gov.uk
and search West Ham Park).

Community Clean up and Green up 10.30am - 12.30pm The Gate Library 6 - 8 Woodgrange Road, E7 0QH

Join the Community
Neighbourhoods team for a

two hour clean up and green up,
including litter picking, sticker
removal, fly tip reporting,
weeding and pruning

Children's Clean and Green themed craft activity 4 - 5.30pm The Gate Library 6 - 8 Woodgrange Road, E7 0QH Ages 5+

Clean and Green themed craft
activities taking place
throughout March.

Wednesday 4 March

Weekly Health Walk of West Ham Park 11am - 12pm West Ham Park, Upton Lane

Meet new people and have a
gentle stroll around West
Ham Park? Come and join our
walking group on Wednesday
and see the delights of spring.
Meet at the vegetable garden
by the playground'

Thursday 5 March

Science Club 5 - 6pm The Gate Library 6 - 8 Woodgrange Road, E7 0QH Age 5-11

Environment themed Science club
sessions will run throughout March.

BFG Showcase Exhibition Launch Event 6 - 8pm

The Gate Library
6 - 8 Woodgrange Road, E7 0QH
Celebrate with members of the
adult art classes from The Gate
Library, who will present a
Showcase of their work celebrating
nature in all it's blooming diversity.

Saturday 7 March

Succulents and Cacti 11.30am - 1pm The Gate Library 6 - 8 Woodgrange Road, E7 0QH

An introduction to the world of
succulents and cacti by local
expert Ken Clarke. Mainly grown
indoors, our changing climate
means many now survive outside.
Learn how to care for and
propagate these amazing plants.

Vegetable Growing sessions in West Ham Park 10am - 12pm West Ham Park, Upton Lane, E7 9PU

(meet at the vegetable garden
by the playground)
Join the regular volunteers to help
tend the vegetables in the garden
on Tuesday afternoons.
No experience or tools required,
just an interest and willingness
to learn and get your hands dirty.
Special sowing and
propagation events will be held
during the 'Bloom' month,
see our website for further details
(www.cityoflondon.gov.uk and
search West Ham Park).



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Sunday March 8 - 11th



Sunday 8 March

Tree Trail
12pm
Meet outside Forest Gate Learning Zone
1 Woodford Road E7 0QH

Join us for a tree focused wander in Forest Gate and onto Wanstead Flats to discover the diversity of trees which green our locality.



Tuesday 10 March

Vegetable Growing Sessions in West Ham Park
2 - 4pm

West Ham Park, Upton Lane, E7 9PU

Join the regular volunteers to help tend the vegetables in the garden on Tuesday afternoons. No experience or tools required, just an interest and willingness to learn and get your hands dirty. Special sowing and propagation events will be held during the 'Bloom' month, see our website for further details (www.cityoflondon.gov.uk and search West Ham Park). (meet at the vegetable garden by the playground).

Children's Clean and Green Craft Activities

4 - 5.30pm

The Gate Library

6 - 8 Woodgrange Road, E7 0QH

Age 5+

Join members of the Newham's waste outreach team for a recycling crafts activity together with interactive recycling education

Wednesday 11 March

Garden Tour of West Ham Park
11am - 12pm (meet at the Rose Garden) West Ham Park, Upton Lane

Did you know that West Ham Park once had a plant collection that rivalled Kew Gardens? And that a plant collector lived in the park and sent boats all over the world to bring back new and exotic species to East London. Join a tour around the gardens with our head gardener to discover how the parks history translates into the plant collections that you see in the ornamental gardens today.

Weekly Health Walks of West Ham Park

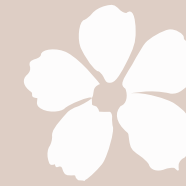
11am - 12pm (meet at the bandstand)

West Ham Park, Upton Lane

Meet new people and have a gentle stroll around West Ham Park? Come and join our walking group on Wednesday and see the delights of spring.



Thursday March 12 - 14th



London Borough of Newham
FOREST GATE
COMMUNITY NEIGHBOURHOOD

Thursday 12 March

Science Club

5 - 6pm

The Gate Library

6 - 8 Woodgrange Road, E70 QH

Environment themed Science Club sessions will run throughout March

Seeds of Change

10.30 - 11.30am

Forest Gate Community

Garden, 136 Earlham Grove,

Forest Gate E7 9AR

Want to know more about seeds? Keen to cultivate and collect your own? Join Lisa as she answers your questions and guides you through this fascinating micro world.

Forest Lane Park and Buildings:

A Heritage Talk

2 - 3.30pm

Forest Gate Lodge,

Corner of Magpie Close E7

Adults

Join local historian John Walker for a talk and walk about the fascinating heritage of Forest Lane Park.



Saturday 14 March

Green Themed

Woodgrange Market

Market 9am - 4pm

Activities 10am - 1pm

Woodgrange Market

corner of Sebert Road and

Woodgrange Road

Come on down to the Woodgrange Market today for a Bloomin' Forest Gate special, including plants cultivated in Forest Gate Community Garden for sale. All proceeds go direct to supporting the garden.

Heritage Herbal

11.30am - 1pm

The Gate, 6 - 8

Woodgrange Road, E7 0QH

All ages

Learn all about herbs with local author and artist Sonya Patel Ellis in conjunction with her latest publication *The Heritage Herbal* (British Library Publications, March 2020). Plus browse The Gate Library's blooming collection of botanically-inspired books.

www.abotanicalworld.com

Hear descriptions of the school and of the lives of the children who lived here - including details of the 1890 fire that tragically killed 26 of them. Walk the grounds and see sculptures to their memory and the site of WW2 bombs, that hit the hospital. Conclude the walk (optional) in near-by West Ham cemetery to see the memorial to the fire victims.





Monday 16 - Saturday 21 March

Tuesday 17 March

Vegetable Growing sessions in West Ham Park

2 - 4pm

West Ham Park, Upton Lane

Join the regular volunteers to help tend the vegetables in the garden on Tuesday afternoons.

No experience or tools required, just an interest and willingness to learn and get your hands dirty.

Special sowing and propagation events will be held during the 'Bloom' month, see our website for further details

(www.cityoflondon.gov.uk and search West Ham Park). (meet at the vegetable garden by the playground).

Childrens Clean and Green craft activities

4 - 5.30pm

The Gate Library

6 - 8 Woodgrange Road, E70 QH

5+ years

Clean and Green themed craft activities taking place throughout March.

Wednesday 18 March

Weekly Health Walks of West Ham Park

11am - 12pm

West Ham Park, Upton Lane

Meet new people and have a gentle stroll around West Ham Park? Come and join our walking group on Wednesday and see the delights of spring. (Meet at the bandstand).

Thursday 19 March

Science Club

5 - 6pm

The Gate Library

6 - 8 Woodgrange Road, E70 QH

Ages 5 -11

Environment themed Science club sessions will run throughout March.



Friday 20 March

Forest Gate Community Garden AGM

7pm - 7.30pm

The Gate Library

6 - 8 Woodgrange Road, E70 QH

Join us to find out more about Forest Gate Community Garden and see how you can get involved and help us plan for the future. Everybody welcome.

Bloomin' Forest Gate Quiz Night

7.30 - 9pm

The Gate, 6 - 8

Woodgrange Road, E70 QH

Come along and find out how much you know about Forest Gate and about Gardening! Bring a team or join one on the night. Entry £1 per person (proceeds to FGCG)

Saturday 21 March

Planet Organic: planting session 12 - 1.30pm

Forest Gate Community Garden,
136 Earlham Grove, E7 9AR

A practical session. Join resident community gardener Stephen at the community garden and plant Organic vegetables for your garden or balcony.

Green Forest Gate heritage talk 2.30 - 4pm

The Gate Library

6 - 8 Woodgrange Road, E70 QH

From allotments on Wanstead Flats to Forest Gate back gardens. Join local historians to see how locals have greened the area over the years.



Tuesday 24 - Saturday 28 March



Tuesday 24 March

Vegetable Growing sessions in West Ham Park

2 - 4pm

West Ham Park, Upton Lane

Join the regular volunteers to help tend the vegetables in the garden on Tuesday afternoons. No experience or tools required, just an interest and willingness to learn and get your hands dirty. Special sowing and propagation events will be held during the 'Bloom' month, see our website for further details (www.cityoflondon.gov.uk and search West Ham Park). (Meet at the vegetable garden by the playground).

Children's Clean and Green Craft Activities

4 - 5.30pm

The Gate Library

6 - 8 Woodgrange Road, E7 0QH
Age 5+

Join members of the LBN waste outreach team for a recycling crafts activity together with interactive recycling education



Wednesday 25 March

Weekly Health Walks of West Ham Park

11am - 12pm

West Ham Park, Upton Lane

Meet new people and have a gentle stroll around West Ham Park? Come and join our walking group on Wednesday see the delights of spring.

Thursday 26 March

Science Club

5 - 6pm

The Gate Library

6 - 8 Woodgrange, Road, E7 0QH

Environment themed Science club sessions will run throughout March
5 - 11 years

Friday 27 March

Flower Power at the Upbeat

7 - 9pm

The Gate Library

6 - 8 Woodgrange, Road, E7 0QH

Join Forest Gate Arts for a Flower-Power themed open mic music and poetry themed extravaganza.

Saturday 28 March

Woodchips

11am - 12pm

Forest Gate Community Garden,
136 Earlham Grove, Forest Gate,
E7 9AR

Under 5s

Join us at Magpie Lodge as we search for signs of Spring, sing and celebrate everything outdoors with family fun activities. Drop in: No Woodcraft membership required

Easter Trail

12 - 4pm

Forest Lane Lodge: Corner of
Magpie Close and Forest Lane
0 - 12 years

Come along and join the fun in Forest Lane Park for another Easter trail event to locate the missing clues dotted around the park and claim your Easter prize. Full of children's clean and green activities including seed planting and soil testing and a fun way to explore this often overlooked hidden gem.

Fantastic Fothergill

6 - 7pm

The Gate, 6 - 8

Woodgrange Road, E7 0QH

Come and hear about one of Forest Gate's most famous residents, Dr John Fothergill. Physician, plant collector,

philanthropist and Quaker, his medical writings were influential, and he built up a sizable botanic garden in West Ham Park, where he lived. He imported and planted tea bushes - he was the first person in the country to manage to get them to flower. The Gingko he planted in 1782 is the second oldest in the country.

Musical Performance Showcase 7 - 8pm

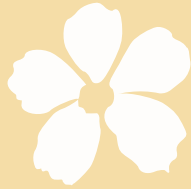
The Gate Library

6 - 8 Woodgrange Road,
E7 0QH

FLOWER POWER! A multi-media show tracing the musical history of environmental protest from the world at war through the Summer of Love to Extinction Rebellion. With songs from misty and special guest performers. Is love all we need?



Tuesday 31 - Saturday 4 April



London Borough of Newham
FOREST GATE
COMMUNITY NEIGHBOURHOOD

Tuesday 31 March

Vegetable Growing sessions in West Ham Park 2 - 4pm

West Ham Park, Upton Lane

Join the regular volunteers to help tend the vegetables in the garden on Tuesday afternoons. No experience or tools required, just an interest and willingness to learn and get your hands dirty. Special sowing and propagation events will be held during the 'Bloom' month, see our website for further details (www.cityoflondon.gov.uk and search West Ham Park). (meet at the vegetable garden by the playground).

Childrens Clean and Green Craft Activities

4 - 5.30pm

The Gate Library

6 - 8 Woodgrange Road, E70 QH

Clean & Green themed craft activities taking place throughout March.

BFG Great British Spring Clean 10.30am - 12.30pm

Meet at The Gate Library

6 - 8 Woodgrange Road, E7 0QH

Join us for a two hour clean and green session running as part of the Great British Clean up, which will include litter picking, sticker removal, fly tip reporting, weeding and pruning.

Saturday 4 April

Spring Celebration

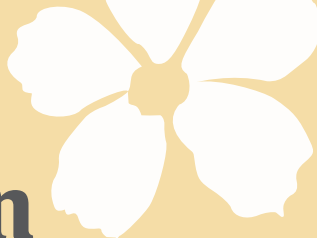
12 - 2pm

Forest Gate Community Garden, 136 Earlam Grove, E7 9AR

Take your next step into Bloomin' Forest Gate and join the community garden for a Spring celebration with live music, seed swaps and plenty more family friendly activities.



How to get green and get involved



Below are some ideas of how you can get cleaning and greening and get involved in your area.

Firstly, attend the Citizens' Assembly on Thursday 16 April 2020 from 6.30pm at Forest Gate Learning Zone, to hear about local projects and how to get involved.

Join Forest Gate Community Garden. If you don't manage to make it to one of the events taking place on site during BFG 2020 the regular opening hours are shown below:

136 Earlham Grove, Forest Gate, E7 9AR

Winter Opening Hours:
Friday 1 - 4pm
Saturday 10am - 1pm

Summer Opening Hours from Thursday 7 May:
Thursday 2 - 5pm
Friday 1 - 5pm
Saturday 10am - 1pm

www.fgcommunitygarden.org
info@fgcommunitygarden.org

Where to purchase your plants:

The Flower Cabin
(within the old slate year):
460 Sebert Road,
Forest Gate E7 0NW
020 8221 1667

Molly and Bill Stevens Florist
22 Woodford Road,
Forest Gate
E7 0HA
020 8534 1844

Smallholders, Pet, Garden and Aquatic Centre:
113 - 117 Woodgrange Road,
Forest Gate
E7 0EP
020 8534 1972



Molly and Bill Stevens Florist

London Borough of Newham
FOREST GATE
COMMUNITY NEIGHBOURHOOD



The Flower Cabin



Smallholders, Pet, Garden and Aquatic Centre



Saturday 29 February, Saturday 4 April 2020

London Borough of Newham

FOREST GATE

COMMUNITY NEIGHBOURHOOD

SATURDAY 29 FEBRUARY

BLOOMIN' FOREST GATE LAUNCH PARTY
The Gate Library,
6-8 Woodgrange Road,
E7 0QH
12- 3pm

29 FEBRUARY - 26 MARCH

BLOOMIN' FOREST GATE SHOWCASE ART EXHIBITION
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH
Mondays - Fridays
8am - 8pm
Saturdays 10.30am - 8pm

TUESDAY 3 MARCH

VEGETABLE GROWING SESSION IN WEST HAM PARK
2 - 4pm

COMMUNITY CLEAN UP AND GREEN UP
10.30am - 12.30pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

CHILDREN'S CLEAN AND GREEN THEMED CRAFT ACTIVITY
4 - 5.30pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

WEDNESDAY 4 MARCH

WEEKLY HEALTH WALK OF WEST HAM PARK
11am - 12pm
West Ham Park,
Upton Lane

THURSDAY 5 MARCH

SCIENCE CLUB
5 - 6pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH
5 - 11 years

BFG SHOWCASE EXHIBITION LAUNCH EVENT
6 - 8pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

SATURDAY 7 MARCH

SUCCULENTS AND CACTI
11.30am - 1pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

VEGETABLE GROWING SESSIONS
in West Ham Park
10am - 12pm
West Ham Park,
Upton Lane,
E7 9PU

SUNDAY 8 MARCH

TREE TRAIL
12pm
Meet outside Forest Gate Learning Zone
1 Woodford Road

TUESDAY 10 MARCH

VEGETABLE GROWING SESSIONS
in West Ham Park
2 - 4pm

CHILDREN'S CLEAN AND GREEN CRAFT ACTIVITIES
4 - 5.30pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH
5+ years

WEDNESDAY 11 MARCH

GARDEN TOUR OF WEST HAM PARK
11am - 12pm (meet at the Rose Garden) West Ham Park, Upton Lane

WEEKLY HEALTH WALKS OF WEST HAM PARK
11am - 12pm (meet at the bandstand)
West Ham Park,
Upton Lane

THURSDAY 12 MARCH

SCIENCE CLUB
5 - 6pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

SATURDAY 14 MARCH

GREEN THEMED WOODGRANGE MARKET
Market 9am - 4pm
Activities 10am - 1pm
Woodgrange Market
corner of Sebert Road and Woodgrange Road

SEEDS OF CHANGE

10.30 - 11.30am
Forest Gate Community Garden,136
Earlham Grove,
Forest Gate E7 9AR

HERITAGE HERBAL
11.30am - 1pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH
All ages

FOREST LANE PARK AND BUILDINGS: A HERITAGE TALK
2 - 3.30pm
Forest Gate Lodge,
Corner of Magpie Close E7
Adults

TUESDAY 17 MARCH

VEGETABLE GROWING SESSIONS
in West Ham Park
2 - 4pm
West Ham Park

CHILDRENS CLEAN AND GREEN CRAFT ACTIVITIES
4 - 5.30pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH
5+ years

WEDNESDAY 18 MARCH

WEEKLY HEALTH WALKS of West Ham Park
11am - 12pm
West Ham Park,
Upton Lane

THURSDAY 19 MARCH

SCIENCE CLUB
5 - 6pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH
5 - 11 years

FRIDAY 20 MARCH

FOREST GATE COMMUNITY GARDEN AGM
7pm - 7.30pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

BLOOMIN' FOREST GATE QUIZ NIGHT
7.30 - 9pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

SATURDAY 21 MARCH

PLANET ORGANIC: PLANTING SESSION
12 - 1.30pm
Forest Gate
Community Garden,
136 Earlham Grove,
Forest Gate, E7 9AR

GREEN FOREST GATE HERITAGE TALK
2.30 - 4pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

TUESDAY 24 MARCH

VEGETABLE GROWING sessions in West Ham Park
2 - 4pm
West Ham Park

CHILDREN'S CLEAN AND GREEN CRAFT ACTIVITIES
4 - 5.30pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH
5+ years

WEDNESDAY 25 MARCH

WEEKLY HEALTH WALKS of West Ham Park
11am - 12pm
West Ham Park

THURSDAY 26 MARCH

SCIENCE CLUB
5 - 6pm
The Gate Library,
6 - 8 Woodgrange, Road,
E7 0QH

FRIDAY 27 MARCH

FLOWER POWER AT THE UPBEAT
7 - 9pm
The Gate Library,
6 - 8 Woodgrange, Road,
E7 0QH

SATURDAY 28 MARCH

WOODCHIPS
11am - 12pm
Forest Gate
Community Garden,
136 Earlham Grove,
Forest Gate, E7 9AR
Under 5s

EASTER TRAIL

12 - 4pm
Forest Lane Lodge:
Corner of Magpie Close
and Forest Lane
0 - 12 years

FANTASTIC FOTHERGILL
6 - 7pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

MUSICAL PERFORMANCE SHOWCASE
7 - 8pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

VEGETABLE GROWING sessions in West Ham Park
2 - 4pm
West Ham Park

CHILDRENS CLEAN AND GREEN CRAFT ACTIVITIES
4 - 5.30pm
The Gate Library,
6 - 8 Woodgrange Road,
E7 0QH

BFG GREAT BRITISH SPRING CLEAN
10.30am - 12.30pm
Meet at The Gate,
6 - 8 Woodgrange Road,
E7 0QH

SATURDAY 4 APRIL

SPRING CELEBRATION
12 - 2pm
Forest Gate
Community Garden,
136 Earlham Grove,
Forest Gate, E7 9AR

Winter Opening Hours:
Friday 1 - 4pm
Saturday 10am - 1pm



#Bloominfoestgate

