

# Important information for east London

## Sunday 28 May 2023



### Plan ahead and check your travel options

Some roads, bridges and bus routes across  
London and Essex will be affected by  
Ford RideLondon, the world's greatest  
festival of cycling

**Come and support the event**

[ridelondon.co.uk](http://ridelondon.co.uk)

## Event information for east London



Ford RideLondon, the world's greatest festival of cycling, returns on Sunday 28 May 2023.

To make the event safe and memorable for all, road closures will be required in some areas of London and Essex. This leaflet is designed to help you plan any journeys you may need to make. Further information is available online at [ridelondon.co.uk/community-info](https://ridelondon.co.uk/community-info)

### About Ford RideLondon

Around 25,000 riders will start in central London, travel to and from Essex through Tower Hamlets, Newham, Hackney, Redbridge and Waltham Forest before returning to

the capital for a spectacular finish at Tower Bridge.

Working in partnership, the host borough councils, Transport for London (TfL), and event organisers London Marathon Events (LME) are engaging with residents, communities, businesses and partners to ensure the event builds on the success of last year.

The 2023 Ford RideLondon–Essex mass participation event will follow the same route as 2022 – see the maps on pages 8 to 19 – but we've made improvements based on extensive feedback we've received.

## Emergency services

Emergencies will be treated as a priority in the usual way. If you require the emergency services, call 999. Emergency vehicle access will be maintained and prioritised throughout all Ford RideLondon events.

For the latest Ford RideLondon road closure information, please scan the QR code below



### Showcasing east London

The London 2012 Olympic legacy event will once again showcase east London on an international level, inspire thousands of people to be active and raise millions of pounds for charity.

### Charity

Participants have raised more than £80 million for charity at the event since it was first held in 2013 and, with your support, we hope to raise even more in 2023.

### Funding for east London

The London Marathon Foundation is the parent charity of Ford RideLondon organisers LME.

Every year, LME gifts its trading surplus to the Foundation, which uses this to provide funding that supports communities across London to lead active and healthy lives. Since its founding in 1981, the Foundation has given more than £18 million

to more than 200 projects that promote physical activity in Hackney, Newham, Redbridge, Tower Hamlets and Waltham Forest.

Maybe you've enjoyed a fun family afternoon in Springfield Park's play areas in Hackney, tried water sports at Cody Dock in Newham, learnt to ride at Redbridge Cycling Centre, joined in an activity at Toynbee Hall's new Wellbeing Centre in Tower Hamlets, or visited the Orion Harriers new clubhouse in Waltham Forest. These are just a few of the projects the Foundation has funded in your area. To find out more, please visit [londonmarathonfoundation.org](https://londonmarathonfoundation.org)

### Keep up to date

If you'd like us to email you Ford RideLondon road closure updates, please register at [ridelondon.co.uk/road-closures-updates](https://ridelondon.co.uk/road-closures-updates)

## Event information for east London

Road closures will be required in some areas of east London on Sunday 28 May, which may cause significant delays to road journeys.

### Plan your journeys

Please read the information provided in this leaflet and online so that, wherever possible, you can plan your journeys and any deliveries in advance.

### Public transport

Many buses will be diverted or stop short of their normal destination. To get around more easily use London Underground and rail services or consider walking or cycling for shorter journeys. To plan a journey, please visit [tfl.gov.uk/plan-a-journey](https://tfl.gov.uk/plan-a-journey)

### TfL Go app

We also recommend downloading the TfL Go app. To find out more, visit [tfl.gov.uk/go](https://tfl.gov.uk/go)

Road	Closure time on Sunday 28 May	Reopening time on Sunday 28 May
<b>Newham</b>		
Lower Lea Crossing, A1020	04:00	19:30
Western Gateway	04:00	19:30
Tidal Basin Road	04:00	19:30
Silvertown Way, A1011	04:00	19:30
Barking Road, A124	04:00	11:30
Hermit Road	04:00	11:30
Grange Road	04:00	11:30
Upper Road	04:00	11:30
Plaistow Road, A112	04:00	11:30
New Plaistow Road, A112	04:00	11:30
West Ham Lane, A112	04:00	11:30
Broadway, A118	04:00	11:30
High Street, A118 – westbound	04:00	18:30
High Street, A118 – eastbound	04:00	12:00
Rick Roberts Way	08:00	19:00
Abbey Lane	08:00	19:00
Abbey Road	08:00	19:00
Manor Road, A1011	08:00	19:00

## Road closures on Sunday 28 May

Road	Closure time on Sunday 28 May	Reopening time on Sunday 28 May
<b>Redbridge</b>		
Hollybush Hill, A1199	05:00	18:30
Woodford Road, A1199	05:00	18:30
High Road, A1199	05:00	18:30
Woodford Green, A1199	05:00	18:30
Woodford New Road, A104	05:00	18:30
Woodford Green, A104	05:00	18:30
Manor Road, B173	05:00	18:30
Chigwell Road, A113	07:30	18:00
Broadmead Road, A1009	07:30	18:00
<b>Tower Hamlets</b>		
The Highway, A1203	04:00	19:30
Limehouse Link Tunnel, A1203	04:00	19:30
Aspen Way, A1261	04:00	19:30
East India Dock Tunnel, A1261	04:00	19:30
Leamouth Road, A1020	04:00	19:30
Bow Road, A11 – westbound	04:00	18:30
Bow Road, A11 – eastbound	04:00	12:00
Blackwall Tunnel Northern Approach, A12 – northbound	04:00	12:00
Blackwall Tunnel Northern Approach, A12 – southbound	04:00	18:30
East Smithfield, A1203	04:00	19:30
<b>Waltham Forest</b>		
Green Man Interchange A12, A106, A114, and A1199	05:00	18:30
Woodford New Road, A104	05:00	18:30
Woodford Green, A104	05:00	18:30
<b>All four boroughs listed and Hackney</b>		
A12 – Northbound	04:00	12:00
A12 – Southbound	04:00	18:30

**Local access plans**

In addition to this leaflet, we've produced local access plans for several areas on the Ford RideLondon route. The plans provide specific access information for residents and businesses to plan essential journeys during the road closures.

Please see the maps on pages 8 to 19 for information about which areas have a local access plan and view them online at [ridelondon.co.uk/community-info](https://ridelondon.co.uk/community-info)

**River crossings**

Several bridges in central London will be closed to traffic from 04:00 to 19:30 on Sunday 28 May. To cross the River Thames during this time, please use alternative crossing points such as Blackfriars Bridge, London Bridge or the Rotherhithe Tunnel (vehicle restrictions apply) or use Tube or rail services. For more information about river crossings during the event weekend, visit [ridelondon.co.uk/community-info](https://ridelondon.co.uk/community-info)

Bridge	Closure time on Sunday 28 May	Reopening time on Sunday 28 May
Southwark Bridge	04:00	19:30
Tower Bridge	04:00	19:30
Westminster Bridge	04:00	19:30
Waterloo Bridge	08:00	19:30

**Parking restrictions**

If you usually park on a road that will be closed for the event, please move your vehicle the night before. Vehicles cannot be parked on the event route from 00:01 on Sunday 28 May until the road reopens. Any vehicle left on the route or parked in a suspended parking bay will be relocated and can be found by visiting <https://trace.london>

**Public transport**

There may be some planned engineering works taking place on the Transport for London (TfL) network on the event weekend. For more details, please visit [tfl.gov.uk/status-updates/planned-works-calendar](https://tfl.gov.uk/status-updates/planned-works-calendar)

**Cycles on public transport**

You can find out when and where you can take different types of cycles on TfL and National Rail services by visiting [tfl.gov.uk/modes/cycling/cycles-on-public-transport](https://tfl.gov.uk/modes/cycling/cycles-on-public-transport)

**Cycleways**

You may like to consider using London's network of Cycleways. To find out more about the network, as well as real-time travel information and the TfL journey planner, please check [tfl.gov.uk](https://tfl.gov.uk)

**During the event**

Stewards and volunteers will be available to provide assistance during the event and to help you cross the route wherever possible.

**Care providers**

**Provision will be in place for care providers to make visits as planned. If you have private or family care arrangements, please see page 6 for more information about the local access plans available in your area.**

**If you have any queries or need assistance to plan care visits, please contact our dedicated Customer Services Team online at [ridelondon.co.uk/help/contact-us](https://ridelondon.co.uk/help/contact-us)**

If you require assistance that is not a 999 emergency during the event, please ask event staff.

**Pavements**

Pavements along the route are accessible to members of the public throughout the event.

**Pedestrian crossing points**

Pedestrian crossing points are located along the event route. These will be supervised to help pedestrians cross the road. Usual crossings may be suspended, but an alternative will be signposted where it will be easier to cross. Please be patient during the event and listen to stewards' instructions.

**Online information**

To help plan your travel, you can view road closure information for Sunday 28 May prior to the event and live on the day at [ridelondon.co.uk/community-info](https://ridelondon.co.uk/community-info)

**Sat nav updates**

We share all Ford RideLondon road closure information with travel information services, online mapping providers and satellite navigation companies.

**Safety and security**

The safety of all our riders, spectators and volunteers is of paramount importance to us.

We are working closely with the Metropolitan Police, Essex Police, City of London Police and other organisations to ensure we have a range of measures in place to help keep everyone safe and secure.

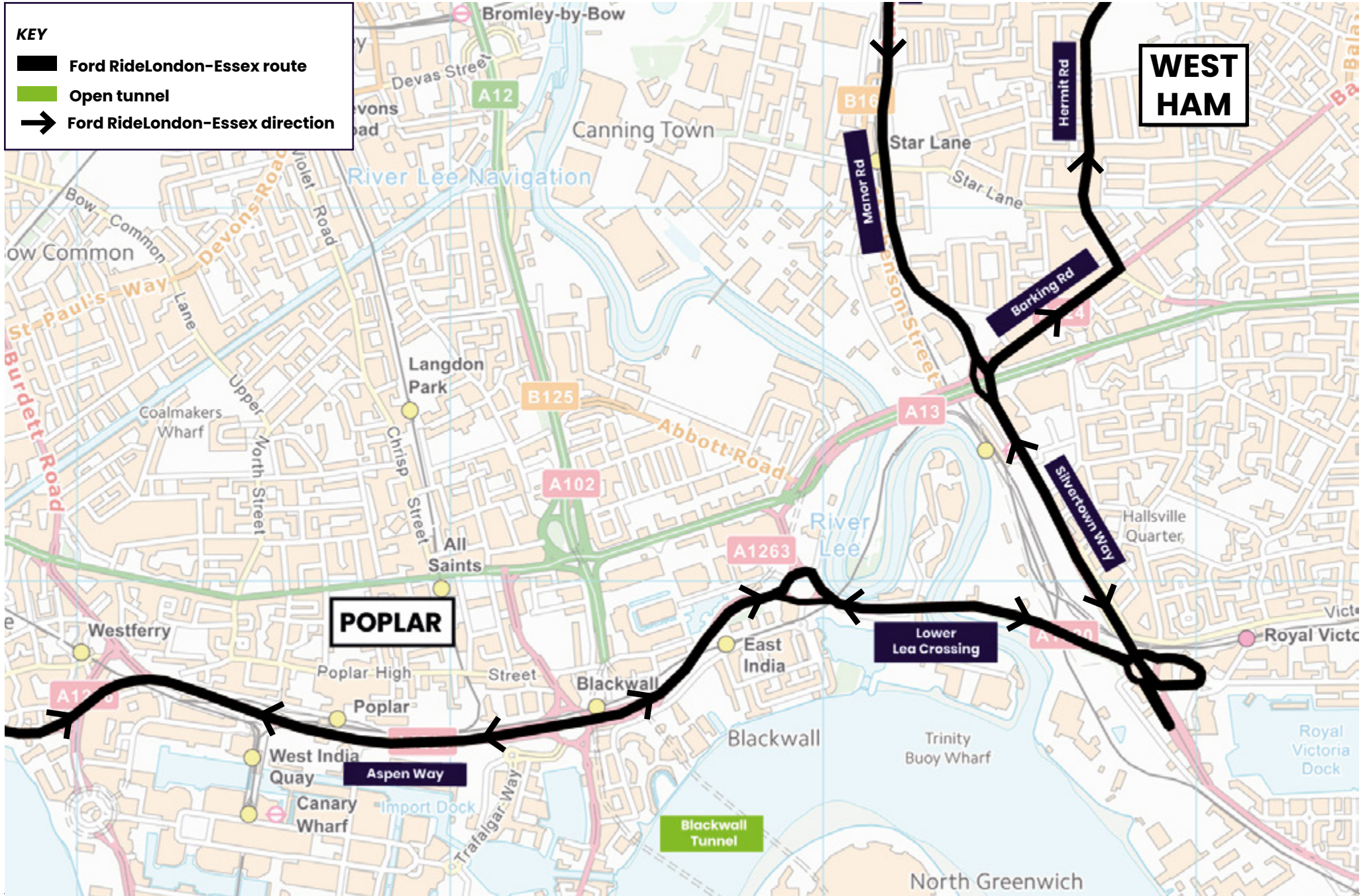
These include our trained security personnel, security systems and processes such as accreditation checks and security patrols.

For more information, please visit [met.police.uk/projectservator](https://met.police.uk/projectservator)

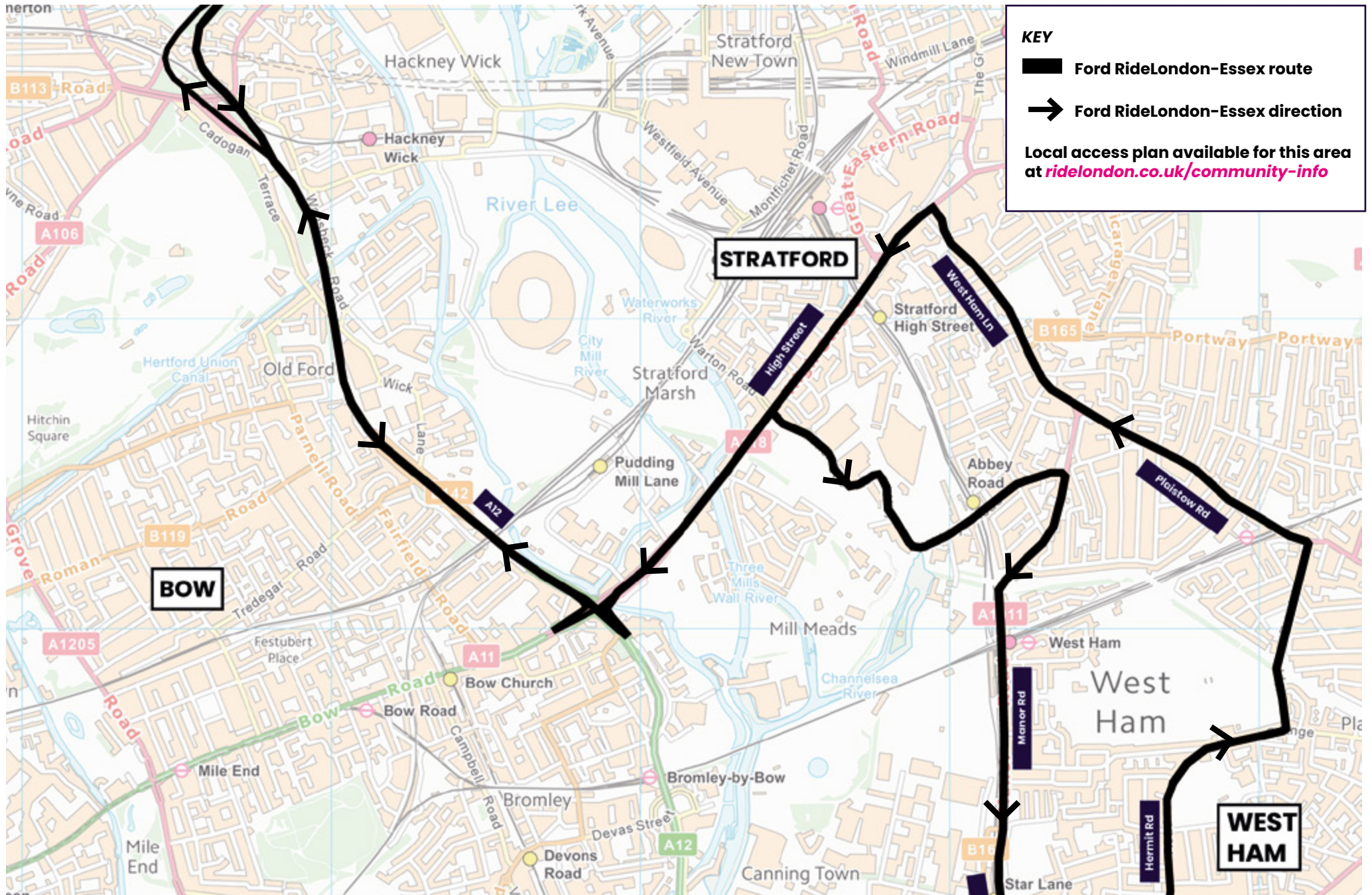




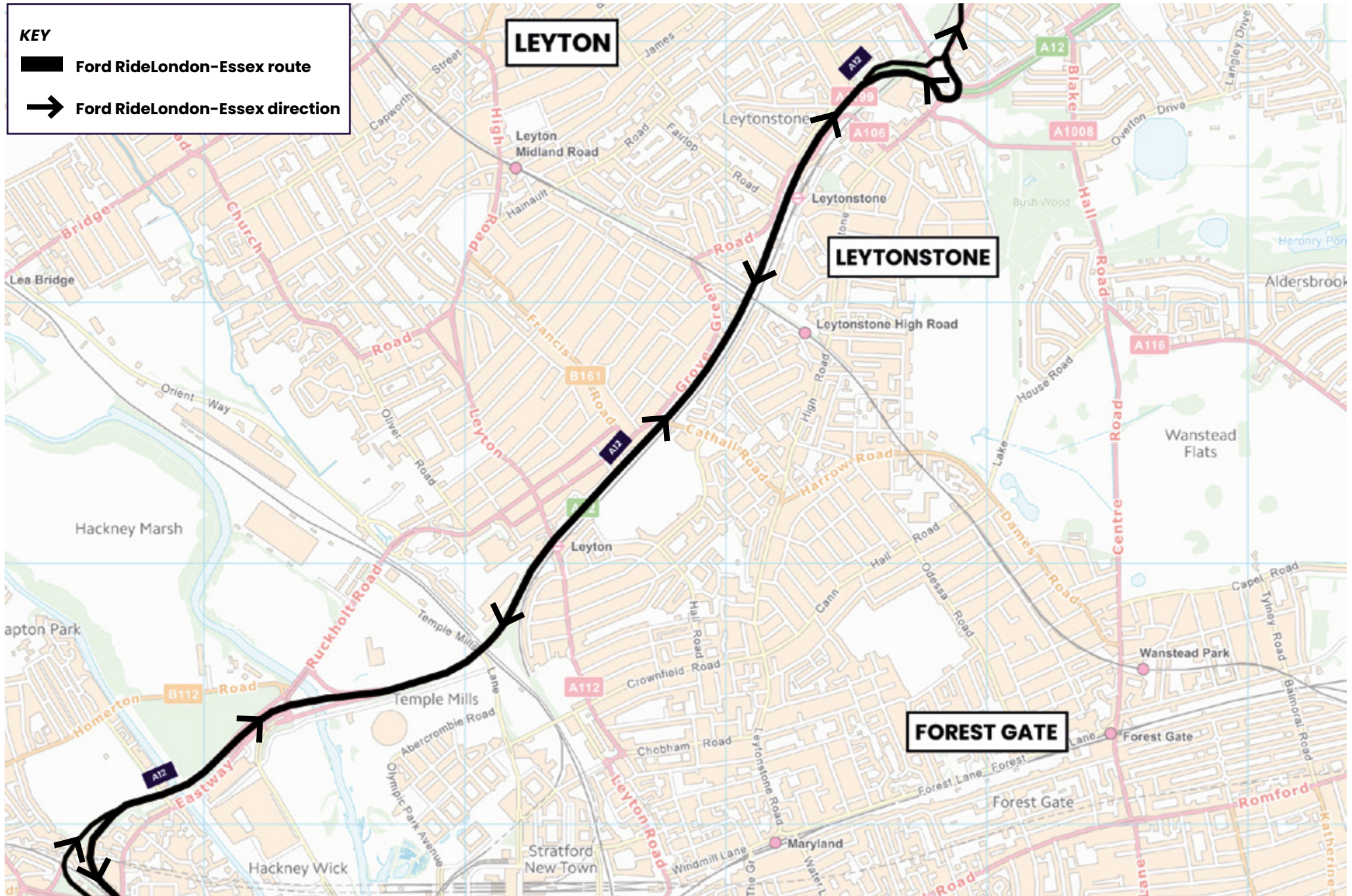




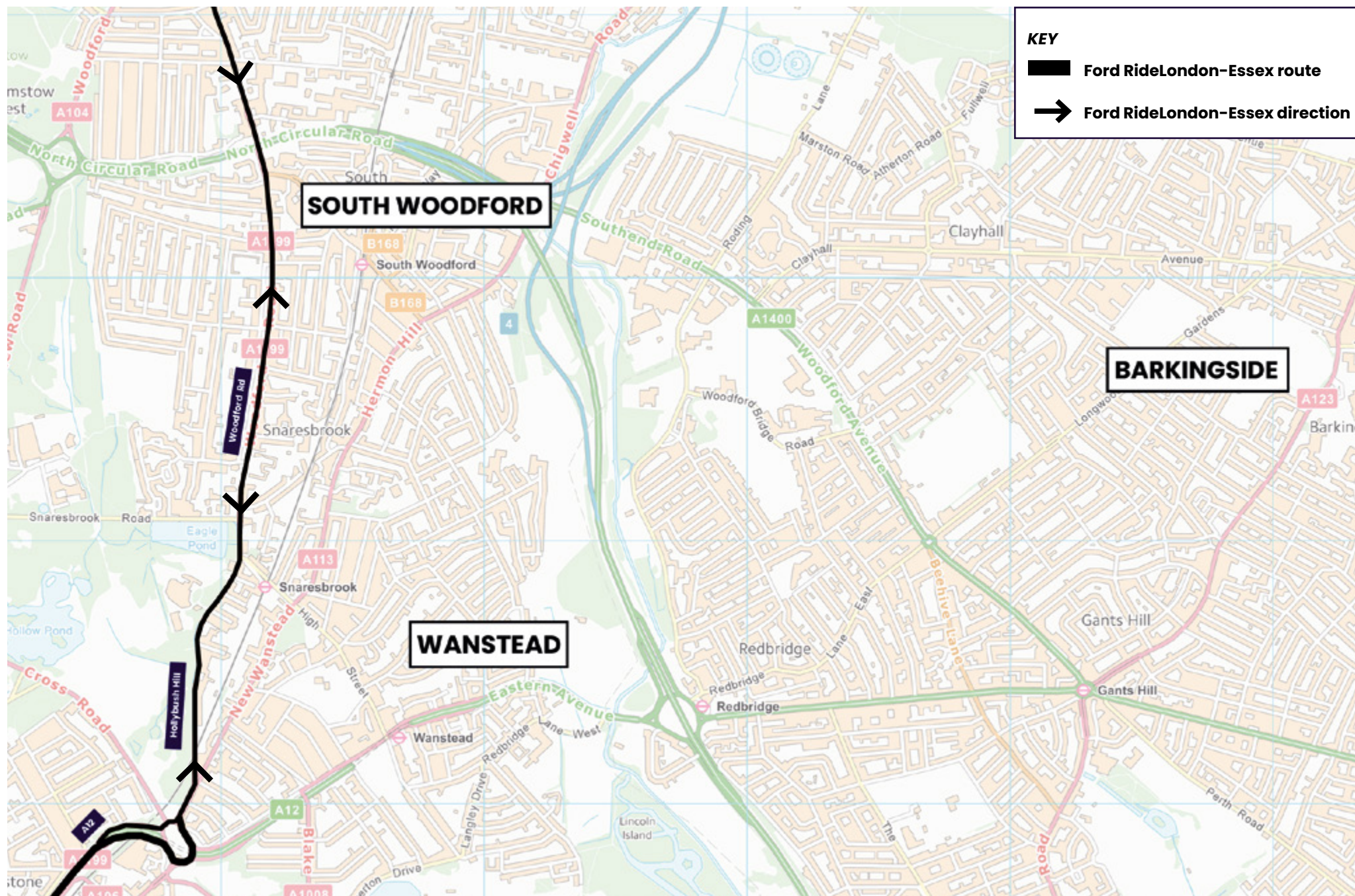




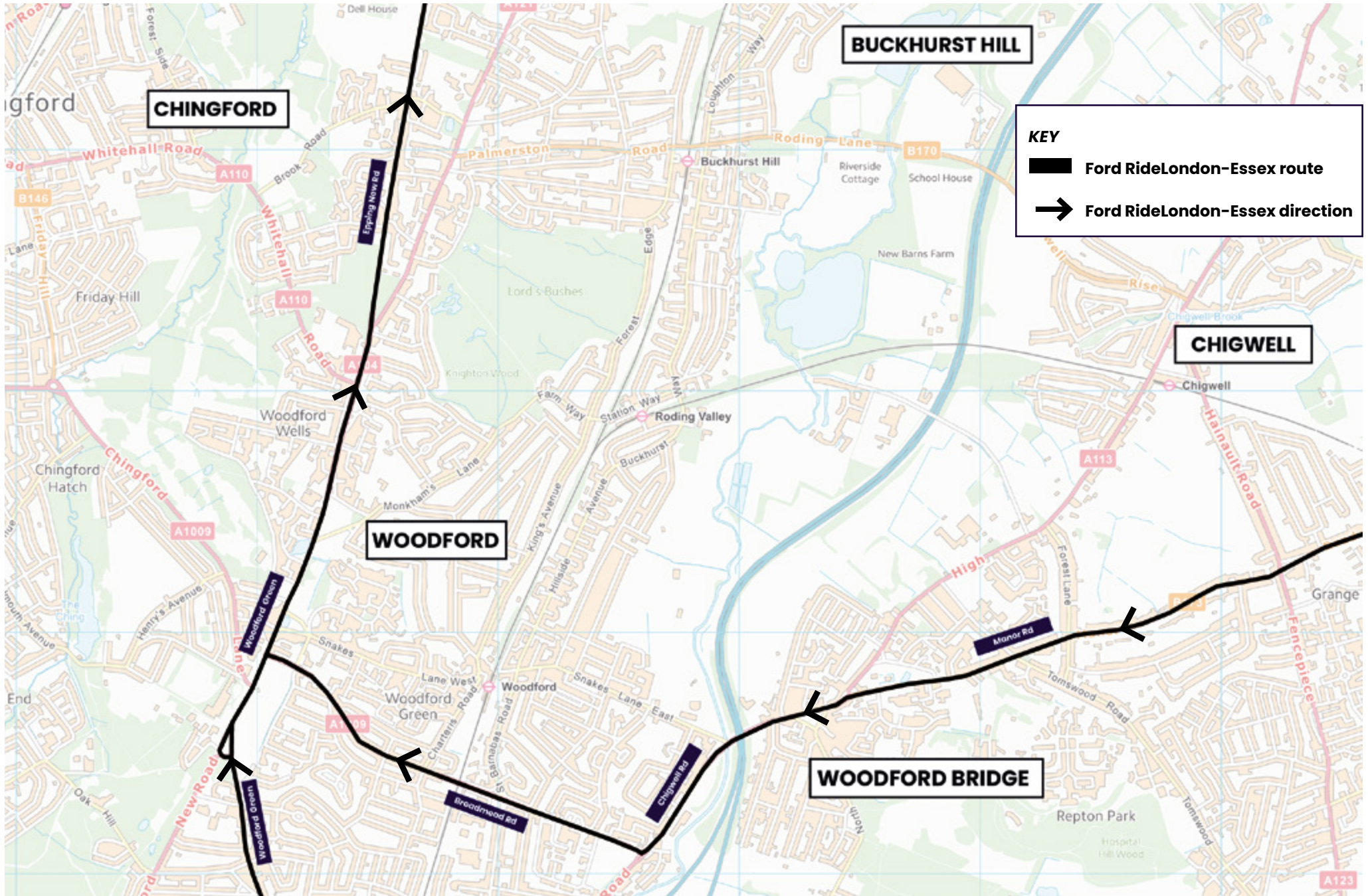














# Assistance

## Need help?

To receive Ford RideLondon road closure updates via email, please register at [ridelondon.co.uk/road-closures-updates](https://ridelondon.co.uk/road-closures-updates)

If you have any queries or need assistance, please visit [ridelondon.co.uk/help/contact-us](https://ridelondon.co.uk/help/contact-us)

Thank you in advance for your cooperation and understanding in the run-up to Ford RideLondon.

## Information

[ridelondon.co.uk](https://ridelondon.co.uk)

[tfl.gov.uk/ridelondon](https://tfl.gov.uk/ridelondon)

[helpdesk@ridelondon.co.uk](mailto:helpdesk@ridelondon.co.uk)



[facebook.com/RideLondon](https://facebook.com/RideLondon)



[@RideLondon](https://twitter.com/RideLondon)



[instagram.com/RideLondon](https://instagram.com/RideLondon)

## Where to watch

There are lots of great places to watch the Ford RideLondon events and opportunities to take part too. For information on where to view the action, what's on and how to get involved, visit [ridelondon.co.uk](https://ridelondon.co.uk)

## London Marathon Foundation

Ford RideLondon is organised by London Marathon Events (LME) and all surplus profit generated by Ford RideLondon and other LME events goes to the London Marathon Foundation (registered charity 283813).

Organisations across the UK are eligible to apply for grants from the Foundation to support projects that inspire people to get active. The Foundation prioritises funding for projects in areas that host LME events, such as London and now Essex. To find out more, visit

[londonmarathonfoundation.org](https://londonmarathonfoundation.org)

To help plan your travel, you can view road closure information for Sunday 28 May prior to the event and live on Ride Day at

[ridelondon.co.uk/community-info](https://ridelondon.co.uk/community-info)