

## Newham's Vaccine Schedule: 17 October to 23 October 2022

Clinics marked with \* can accept walk-ins subject to availability. All other clinics require booking via the NHS website [www.nhs.uk/covidvaccination](http://www.nhs.uk/covidvaccination).

Please check the vaccine available and age eligibility for each clinic. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2<sup>nd</sup> dose 8 weeks after your 1<sup>st</sup> dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Day	Where	Time	Neighbourhood	Vaccine types
Mon 17 October	Essex Lodge	9am to 3pm*	Plaistow	Moderna Booster
		3:30pm to 5pm		Pfizer (5-11yrs)
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Tues 18 October	Sir Ludwig Guttmann Medical Centre	8:30am to 12:30pm*	Stratford	Moderna Booster
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Wed 19 October	Bus – Meridian Square	11am to 5pm*	Stratford	Pfizer (5+yrs) / Moderna
	Essex Lodge	9am to 3pm*	Plaistow	Moderna Booster
		3:30pm to 5pm		Pfizer (5-11yrs)
	Westbury Road Medical Centre	9:30am to 1:30pm	Green Street	Pfizer Booster (12+yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer (18+yrs)/ Moderna
Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna	
Thur 20 October	Sir Ludwig Guttmann Medical Centre	8:30am to 12:30pm*	Stratford	Moderna Booster
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Fri 21 October	Essex Lodge	1:30pm to 4:30*	Plaistow	Pfizer Booster (12+yrs)
	Westbury Road Medical Centre	9:30am to 1:30pm	Green Street	Pfizer Booster (12+yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer (18+yrs)/ Moderna
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Sat 22 October	UKIM	2pm to 6pm*	Plaistow	Pfizer (5+yrs) / Moderna
	Woodgrange Medical Practice	10am to 2pm*	Forest Gate	Pfizer (5+yrs) / Moderna

All adults will be offered the new Moderna vaccine that targets both the original COVID-19 virus and the Omicron variant for their booster. It is safe for people who get a different vaccine from their first and second dose for their booster.

You must wait 28 days after having COVID-19 to get your vaccine. If you are under 16, you will have to wait for 12 weeks before getting the vaccine after having COVID-19.

Some people who can get COVID-19 booster are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. More information about the flu vaccine and where to get it [www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/](http://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/).

To find out more: [www.newham.gov.uk/bookyourvaccine](http://www.newham.gov.uk/bookyourvaccine)

Questions? Request a conversation with a Vaccine Peer Supporter [covidhealthchampions@newham.gov.uk](mailto:covidhealthchampions@newham.gov.uk)

## Newham's Vaccine Schedule (Pharmacies): 17 October to 23 October 2022

Clinics marked with \* can accept walk-ins subject to availability. All other clinics require booking via the NHS website [www.nhs.uk/covidvaccination](http://www.nhs.uk/covidvaccination). Please contact the Pharmacy ahead of your visit.

Unless specified, all pharmacies vaccinate people over 16 yrs old. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2<sup>nd</sup> dose 8 weeks after your 1<sup>st</sup> dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Where	Day	Time	Neighbourhood	Vaccine types
Beckton Pharmacy	Monday – Saturday	10am to 4pm*	Beckton	Moderna / Pfizer (16 years+)
	Please check directly: 020 74760243			
Berg Pharmacy	Monday – Friday	9am to 6:30pm*	Canning Town	Moderna / Pfizer (18 years+)
	Saturday	9am to 6pm*	Canning Town	Moderna / Pfizer (18 years+)
Kalhan Ltd	Monday – Friday	12pm to 5pm	Upton Park	Moderna / Pfizer (18 years+)
	Saturday	10am to 2pm		Moderna / Pfizer (18 years+)
LRM Dispensing Chemist	Monday – Saturday	11am to 4pm	Forest Gate	Moderna / Pfizer (16 years+)
Royal Docks Pharmacy	Monday – Friday	10am to 8pm	West SilverTown	Moderna / Pfizer (12+yrs)
	Saturday – Sunday	10am to 6pm		
Vicarage Pharmacy	Monday – Saturday	9:30am to 2pm*	Stratford	Moderna / Pfizer (18 years+)
Weston Ltd	Tuesday – Saturday	10am to 5pm*	Forest Gate	Moderna / Pfizer (18 years+)
Weston Pharmacy	Monday – Friday	10am to 4pm*	Forest Gate	Moderna / Pfizer (18 years+)
Woodgrange Pharmacy	Monday – Sunday	9am to 6pm	Forest Gate	Moderna / Pfizer (16 years+)

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