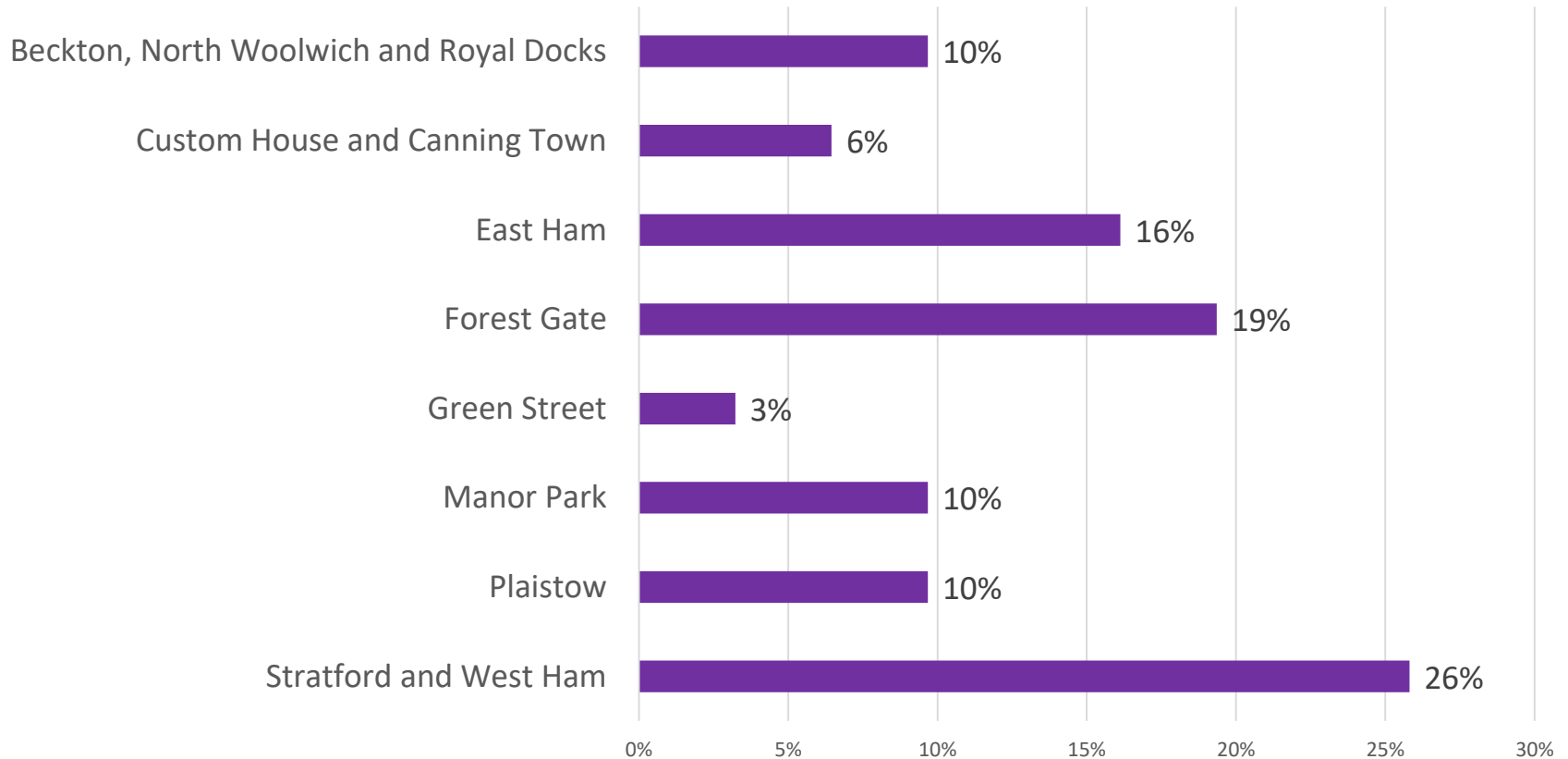


# Have Your Say Results

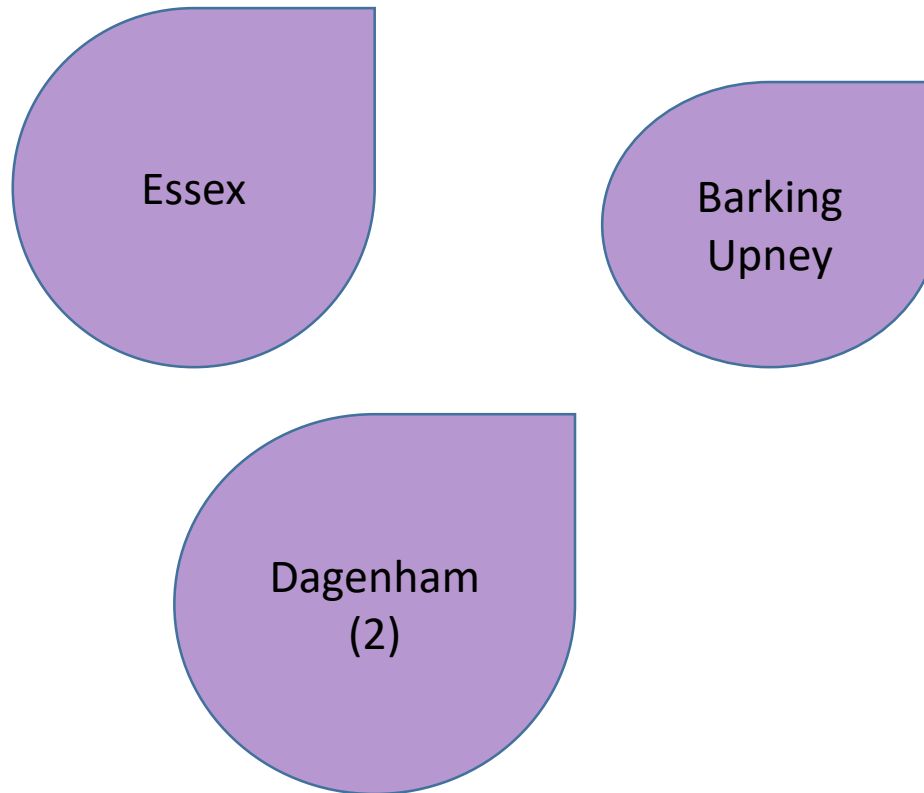
From the Learning Disabilities Citizen Assembly  
2021

# Demographic questions

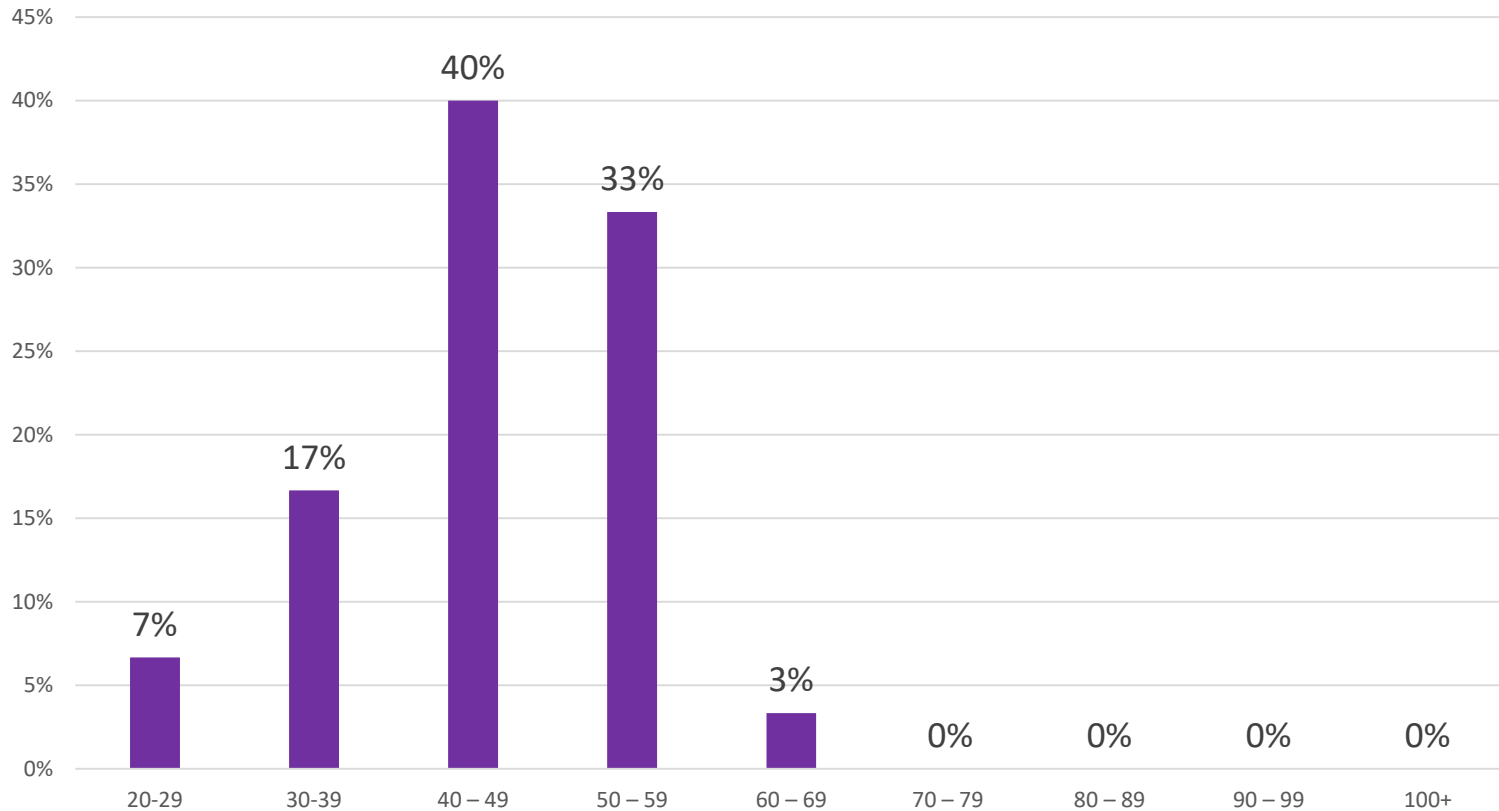
# Where do you live?



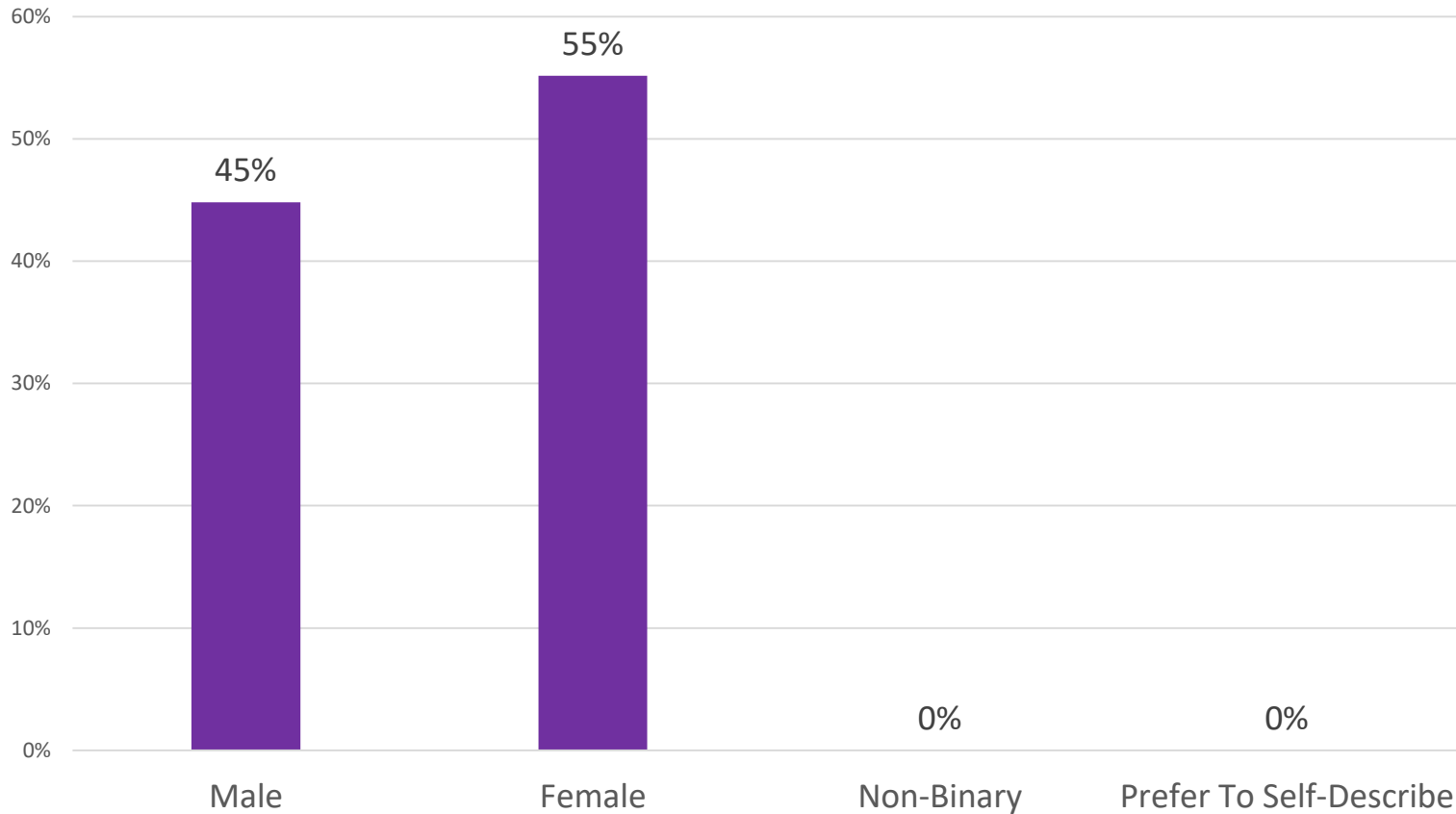
# Where do you live - other



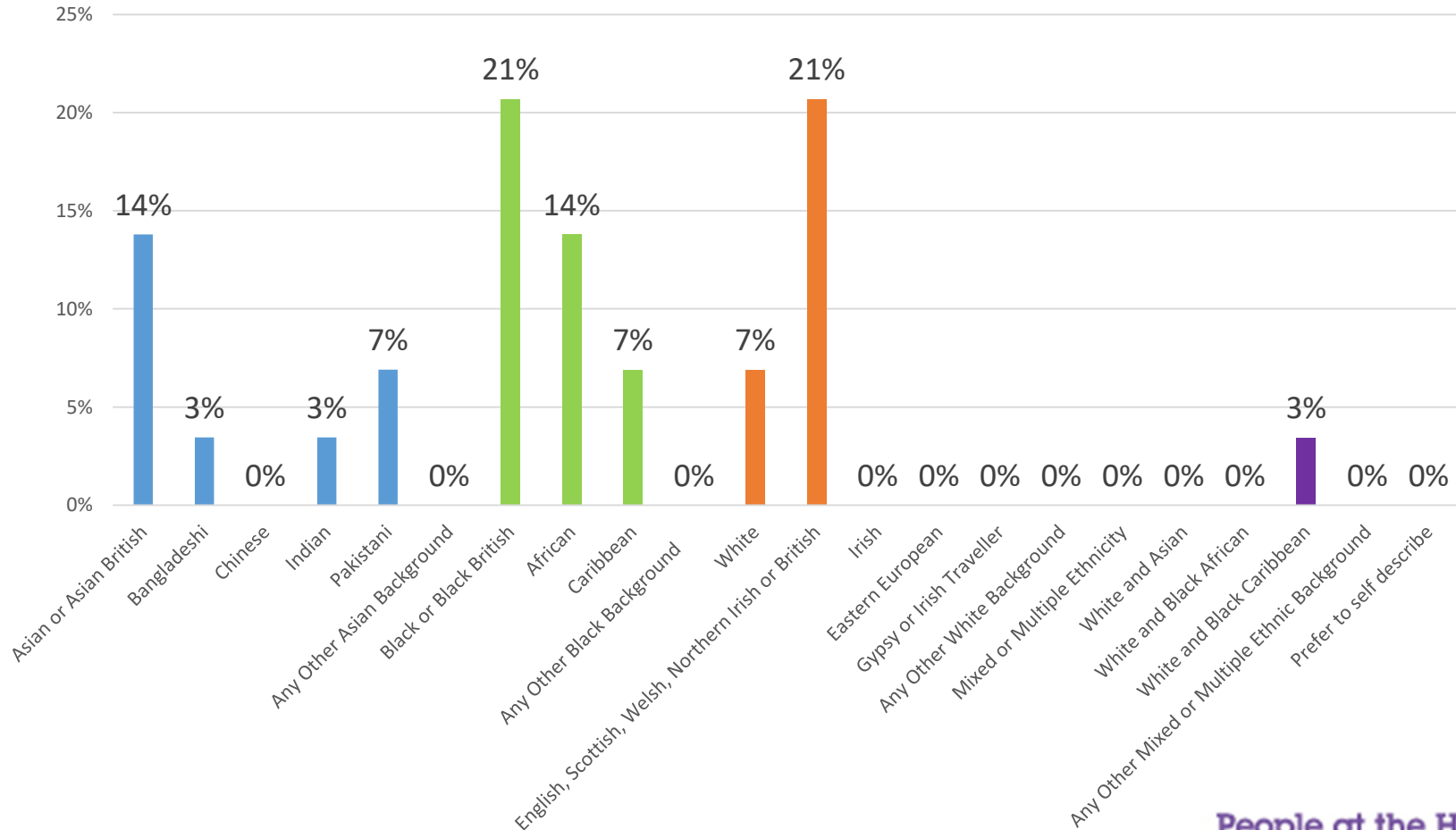
# How old are you?



# Do you identify as:



# What is your ethnicity?



# Self-described ethnicity:

Indian

Black  
British

African

Very diverse  
and reserved,  
enjoy working  
with diverse  
people

Bangladeshi  
British

British  
Pakistani

Sikh

Non

White  
British  
(2)

None

Very  
good  
and  
outgoing



# “I Statements” and Work Streams

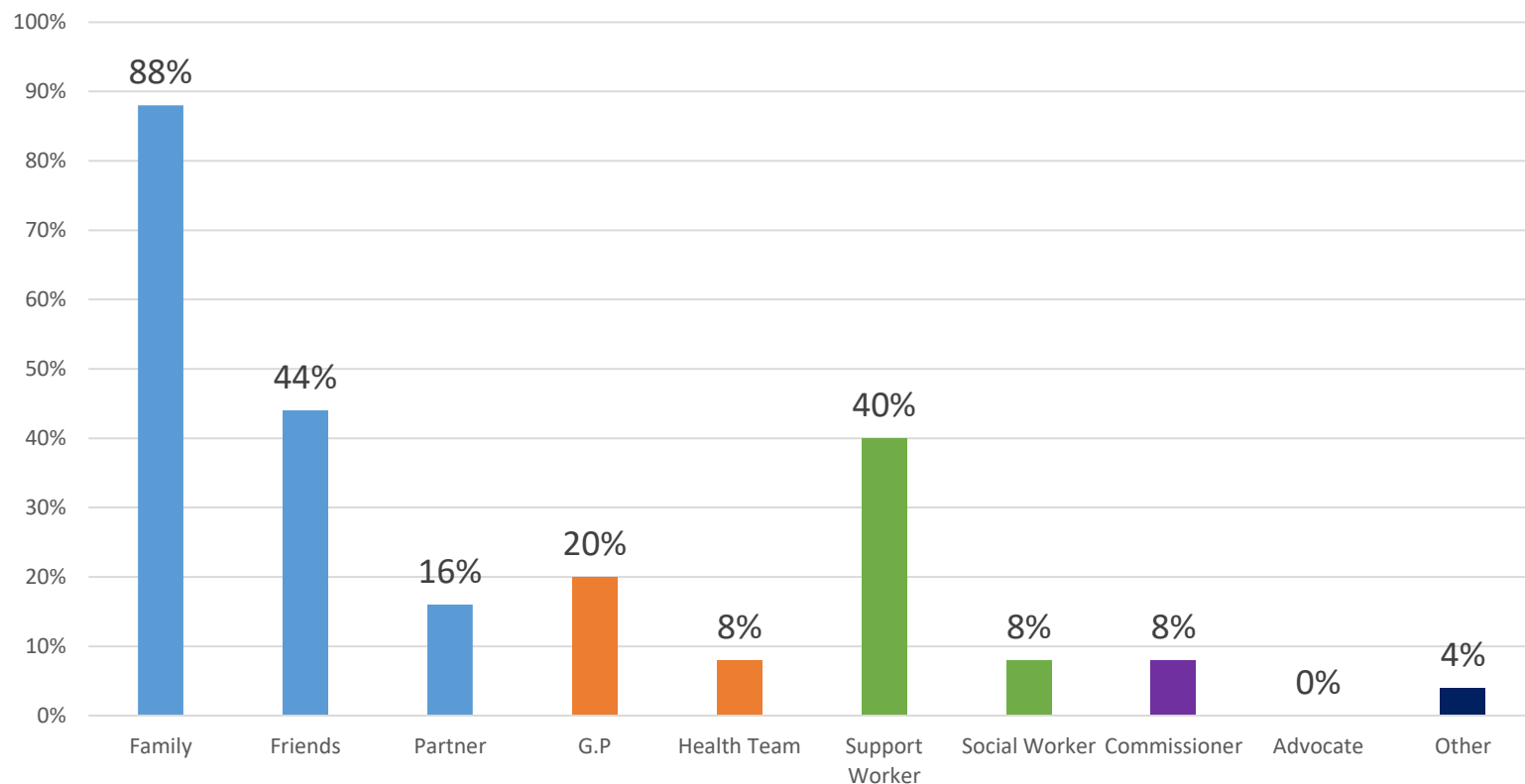
Heard and Valued	Accommodation and Housing	Connected and Involved	Work and Purpose	Health and Social Care	Carers
<p>I am treated with dignity and respect.</p> <p>I can access information and advice when I need it to help me understand my options and make informed decisions.</p> <p>I am helped to make my voice heard about things that affect my life.</p>	<p>I have a place to live of my choosing.</p>	<p>I am free from abuse, harm and discrimination.</p> <p>I am accepted by my local community regardless of who I am, where I live or the circumstances of my life.</p> <p>I have a range of supportive relationships of my choosing.</p>	<p>I am supported to develop and learn.</p> <p>I have opportunities to engage in meaningful activities, including employment.</p> <p>I have time and support to rest and relax and to do things that help with this.</p>	<p>I get the right help at the right time from the right people. I have a team around me who know my needs and my plans and work together to help me achieve them.</p>	<p>I am supported to have a life alongside and outside of my caring role.</p>

# Heard & Valued

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# Who is good at listening to you?



# Who is good at listening to you, other:

My son

My workmates and the others in my drama company.

None (4)

Counsellors that I have seen for difficulty with my mental health.

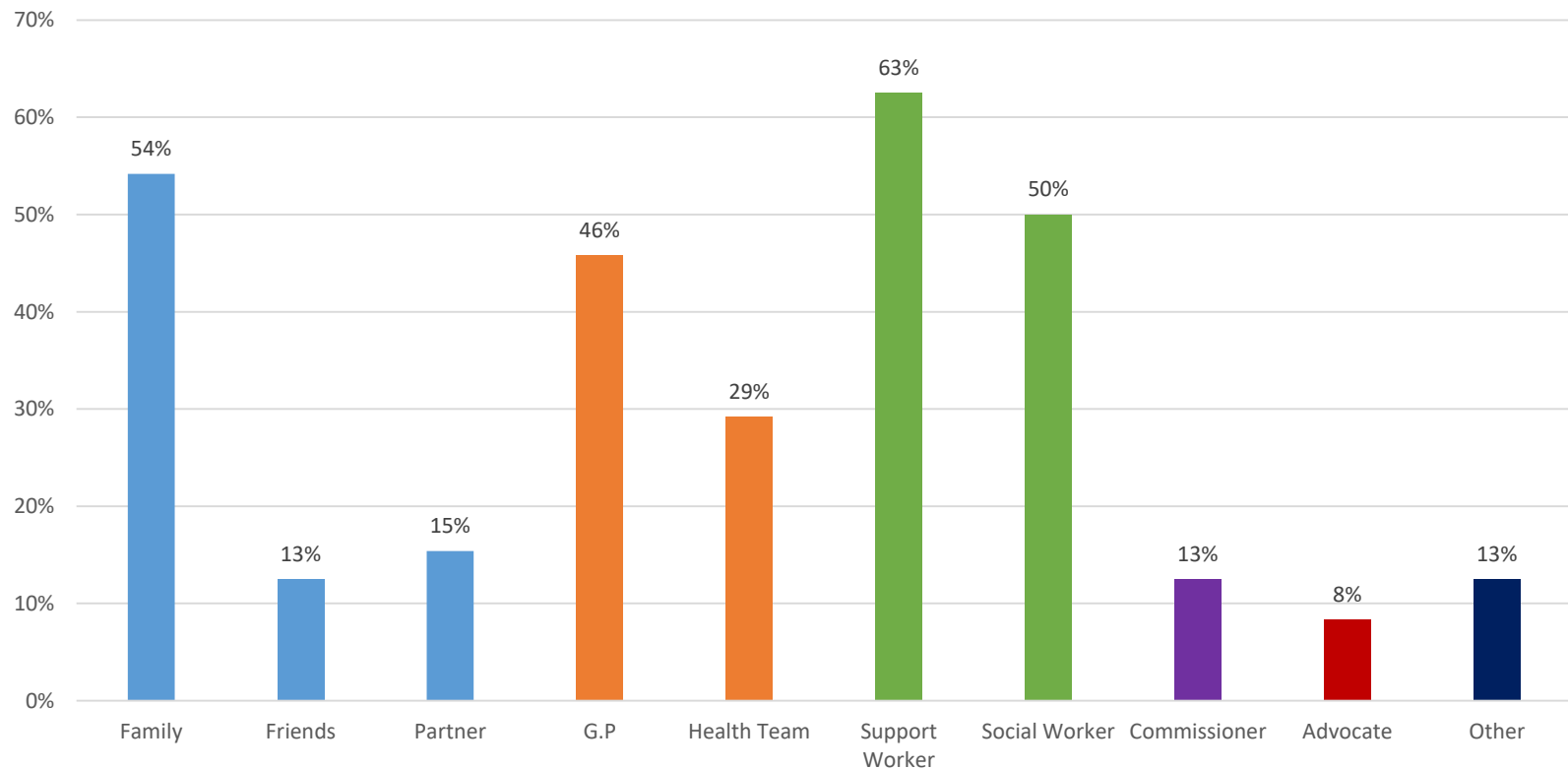
I would like more friends

Health workers

Brethren

Support groups

# Who needs to listen more?



# Who needs to listen more, other:

Uncle

The support worker office - they don't give me the time I want.

Sister

Work colleagues, especially senior members of staff and senior management. Putting them on a course is not good enough.

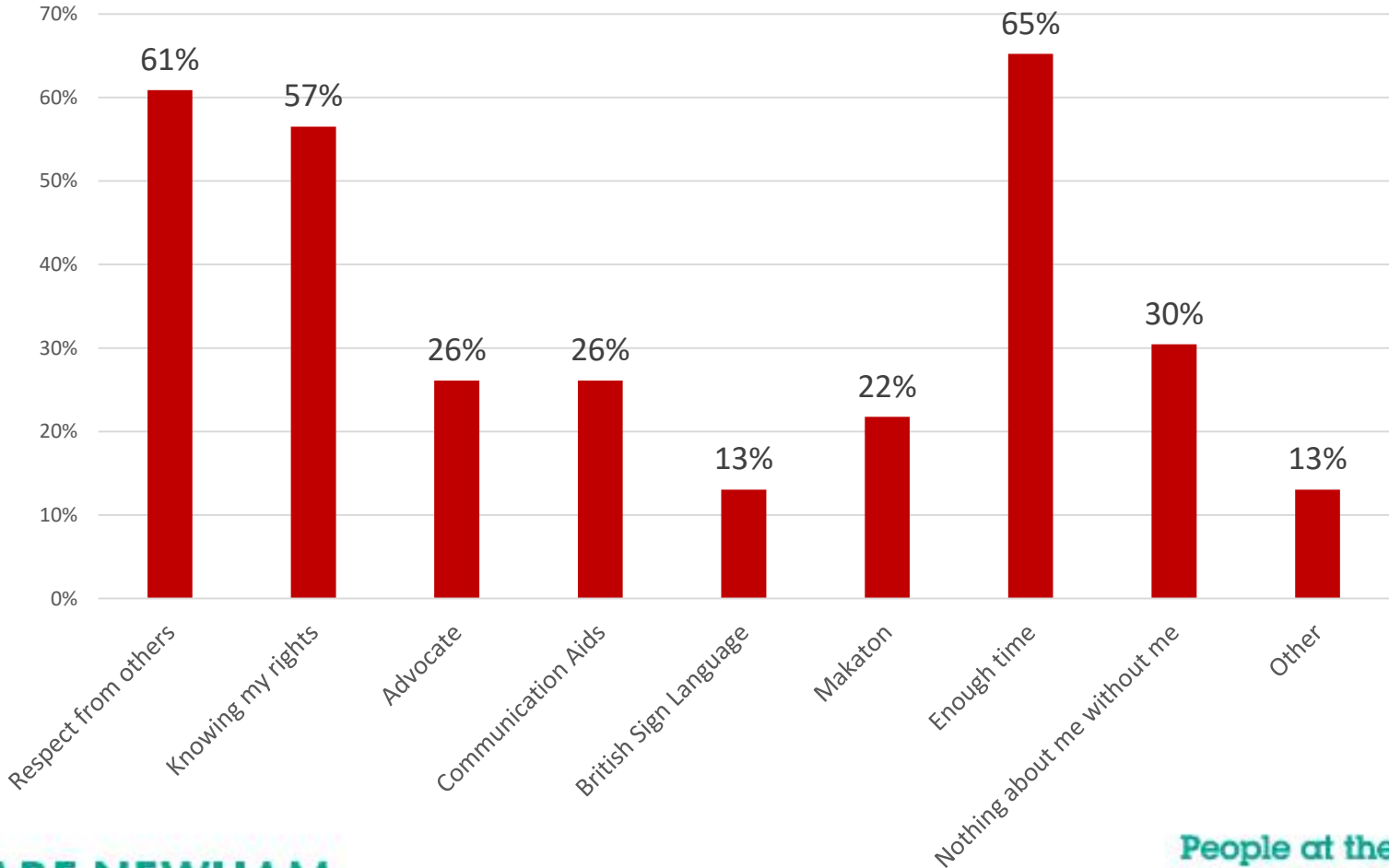
Everyone need to listen

Brother

Everyone who support me need to listen more. (2)

Nobody

# What would help you be heard?



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# What would help you be heard? Comments...

Social Worker

Listen more, respectful (2)

A trusted friend or colleague to stick up for me.

People understanding being person centred and having positive attitudes.

Carers take the mickey. I think Carers need more training about disabilities.

Enough

Listen more (3)

My family tells the Carers why I am upset

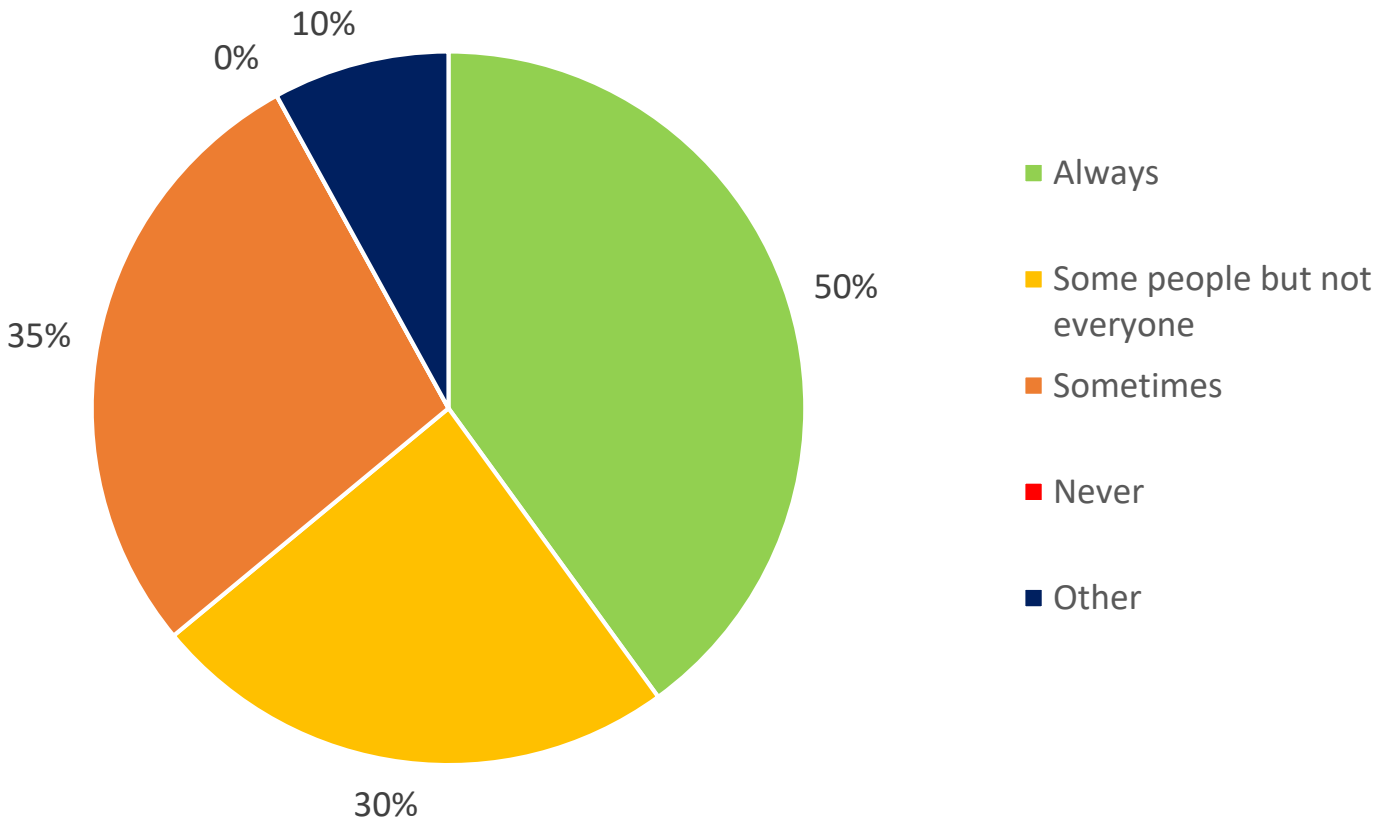
Individual time

Family, support worker and Social worker

More clearly explaining and support



# Do people act on what you say?



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# Do people act on what you say? Other comments:

Some people  
ignore me

Not all  
the  
time

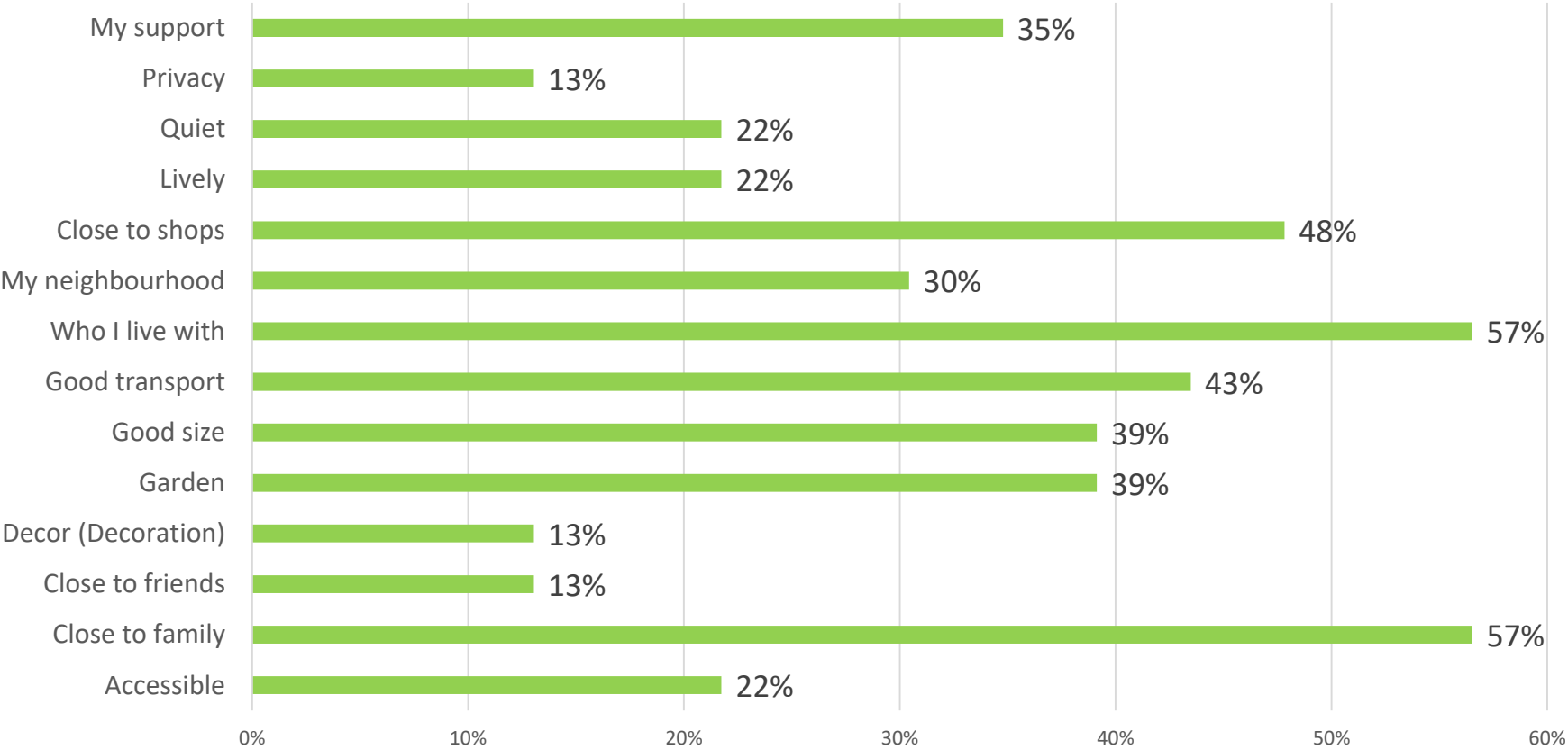
The Carers need to listen to  
the office. The carer with me  
now is a little bit good. The  
Carers need to be told what I  
need to do. The old Carers  
used to sleep on the job

# Accommodation & Housing

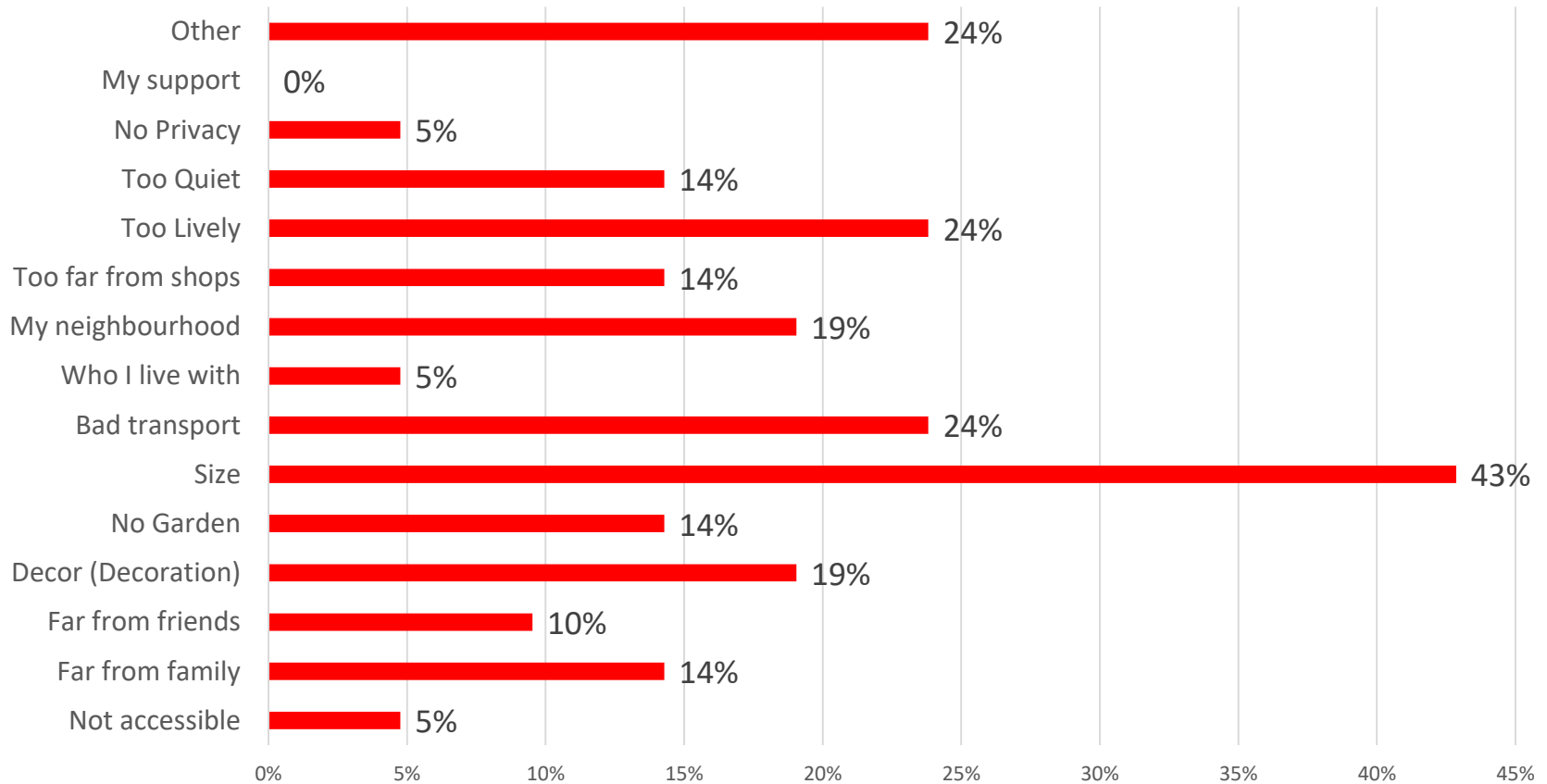
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# What do you like about where you live?



# What don't you like about where you live?



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# What don't you like about where you live- other comments:

Too far from transport

Nothing

The amount of rubbish and mess people dump really upsets me.

Too far

Everywhere you live is dangerous, you need to be careful where you go.

No clubs for people with learning disabilities

I need big room

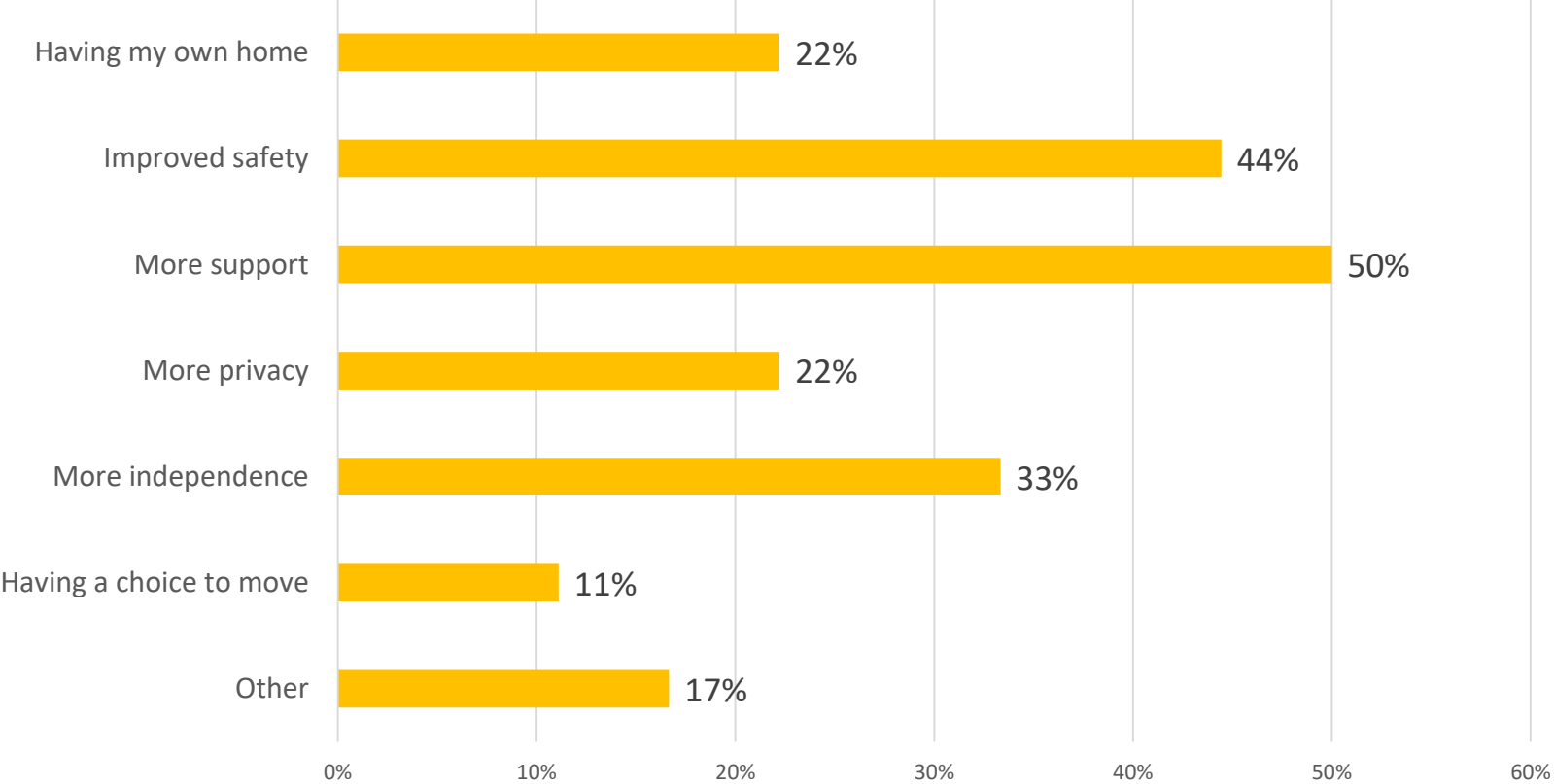
Too much trouble where i live, neighbours always fight and make noise

I like where I live

People not being encouraged to use the bins and dispose of rubbish properly

I like where i live, i am happy with my accommodation

# Accommodation -What could be better?



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# What could be better? Comments:

Improved safety

Less litter and more safe clubs to meet other people with learning disabilities

I am happy with where I live. (2)

More support to use the computer in the library

People to be more respectful in the community

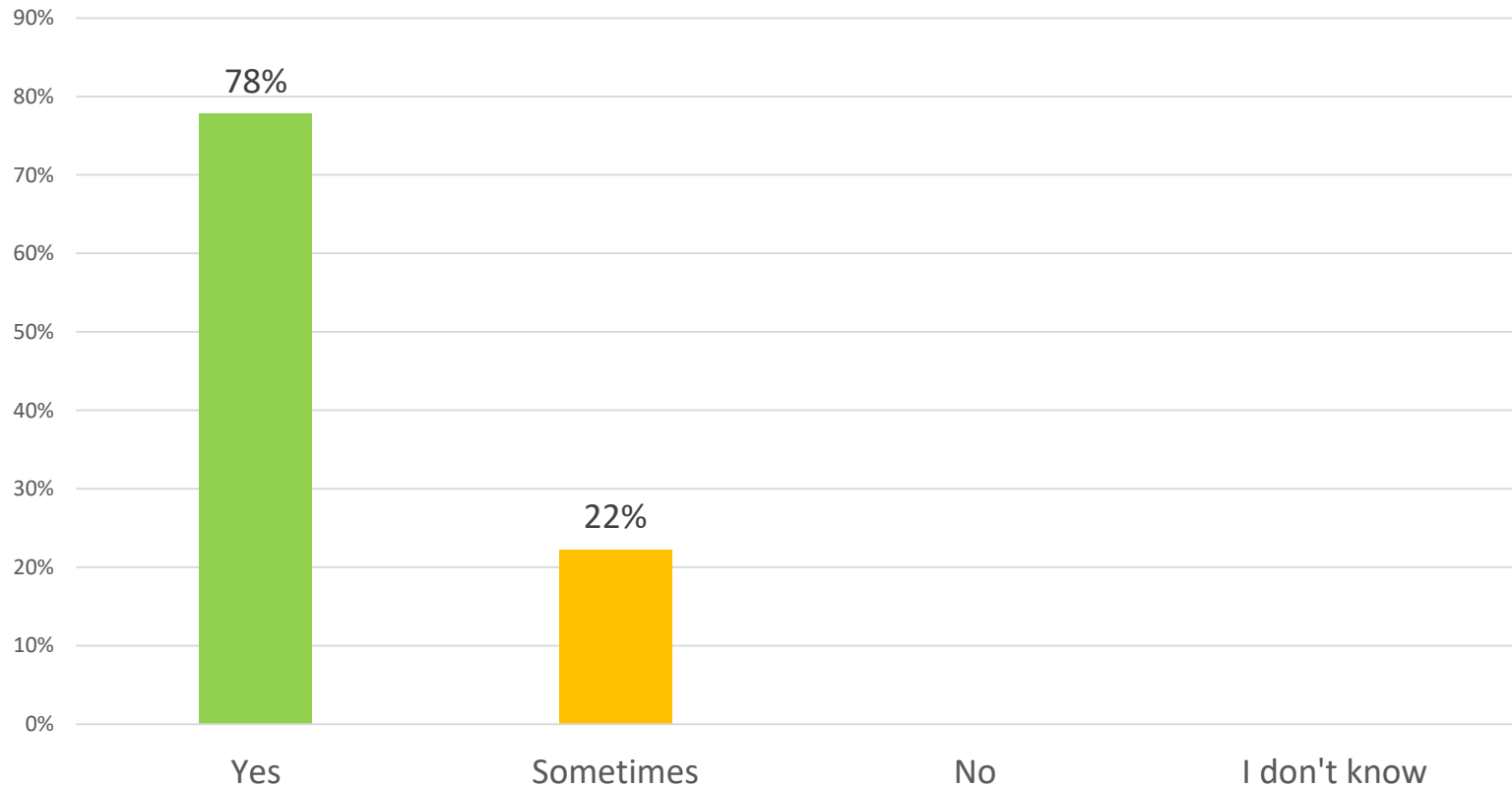
More support

Support to use the computer at home.

More police in the area



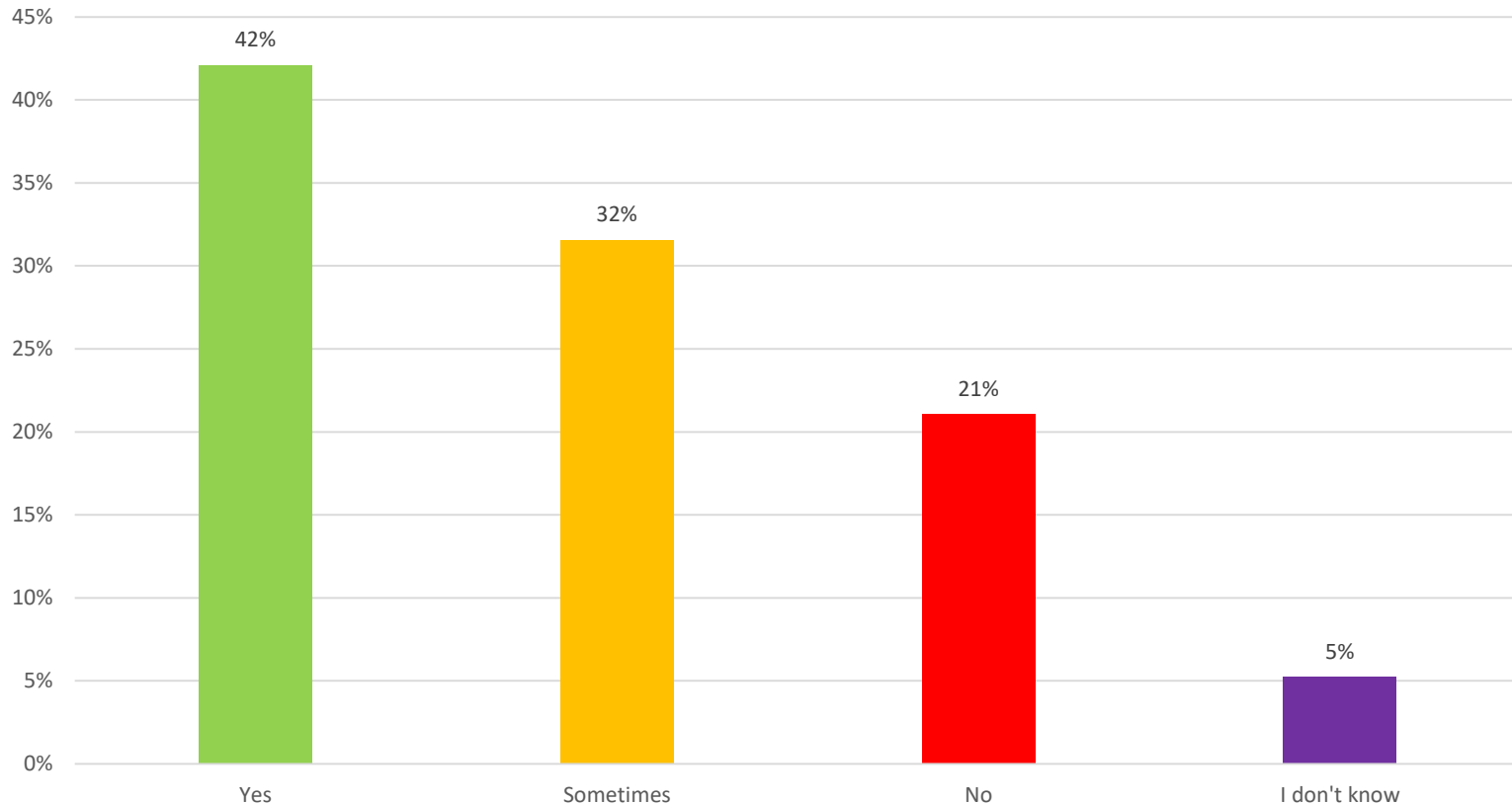
# Do you feel safe at home?



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# Do you feel safe when out in the community?



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# What would help to make you feel safer when out in the community?

## Comments:

More police on street (5)

More street lights (2)

(I) don't like my Carers to be too far behind me when we're out.

Less young people hanging in big groups on street corners

Security

If school children were nicer to people with disability

No dangerous animal on street

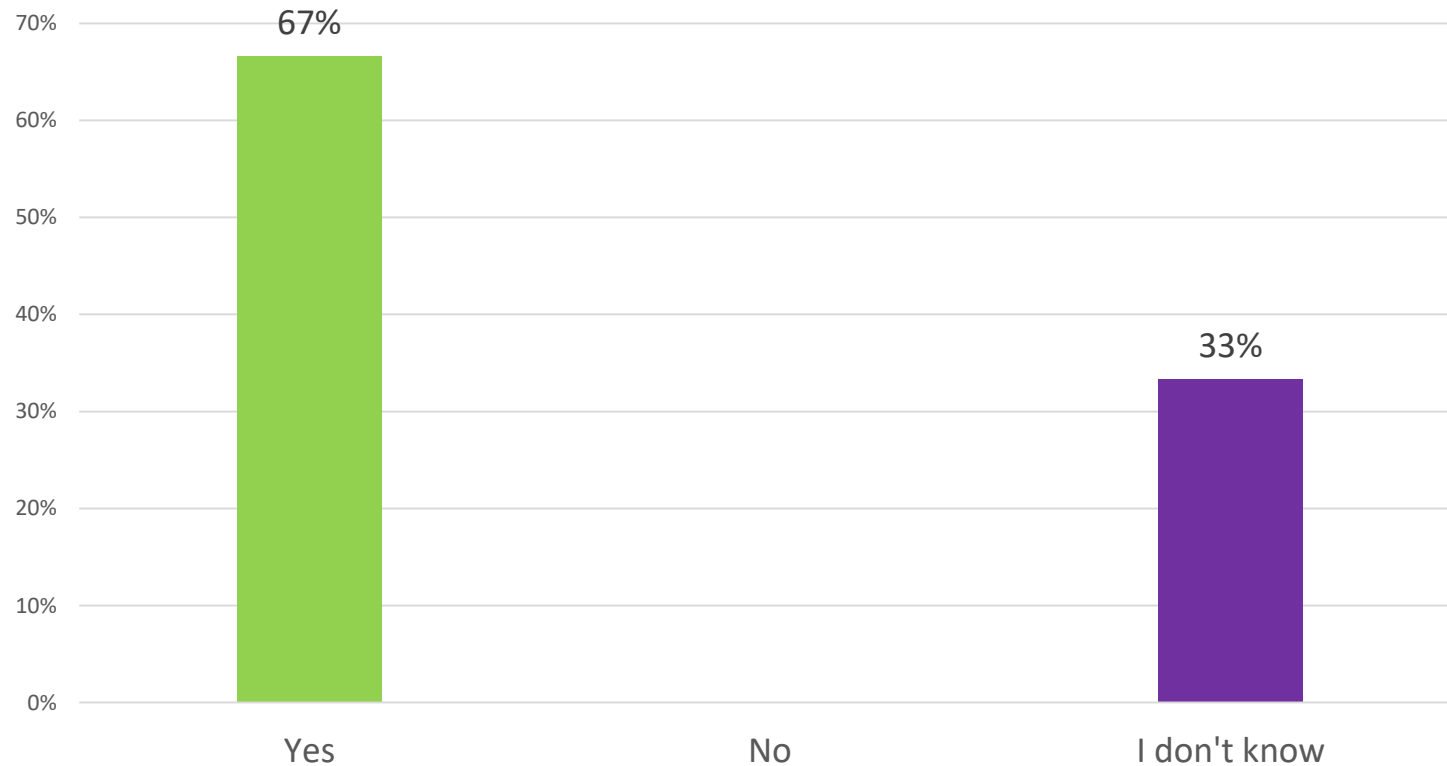
More places that are safe for people to go to

More staff to take me out at night

Stop young people or groups of men hanging around the street socialising. I feel unsafe.

I speak to my mother or father if I need help

# Safety - Do you know who to ask for help if you are in danger?



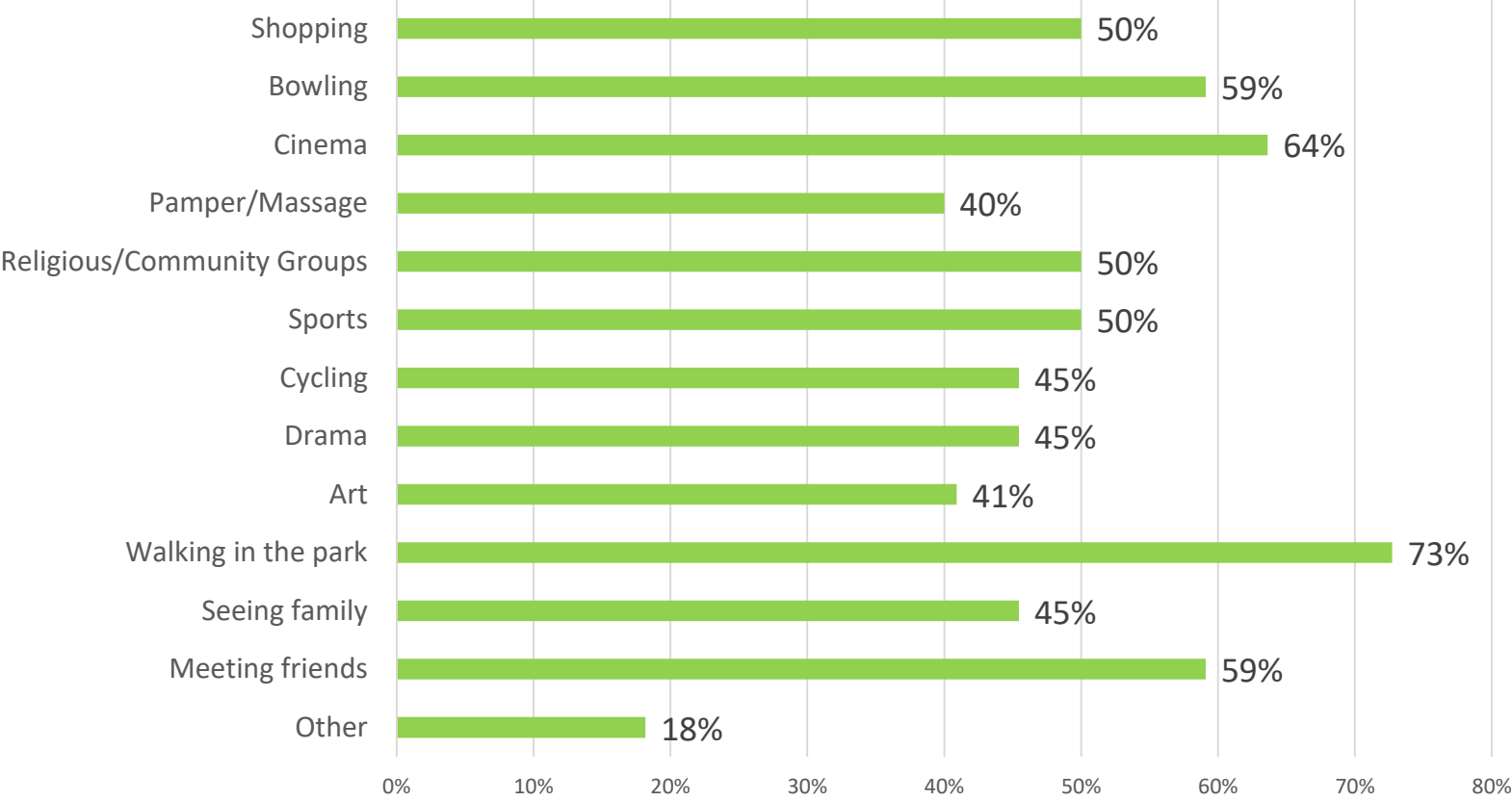
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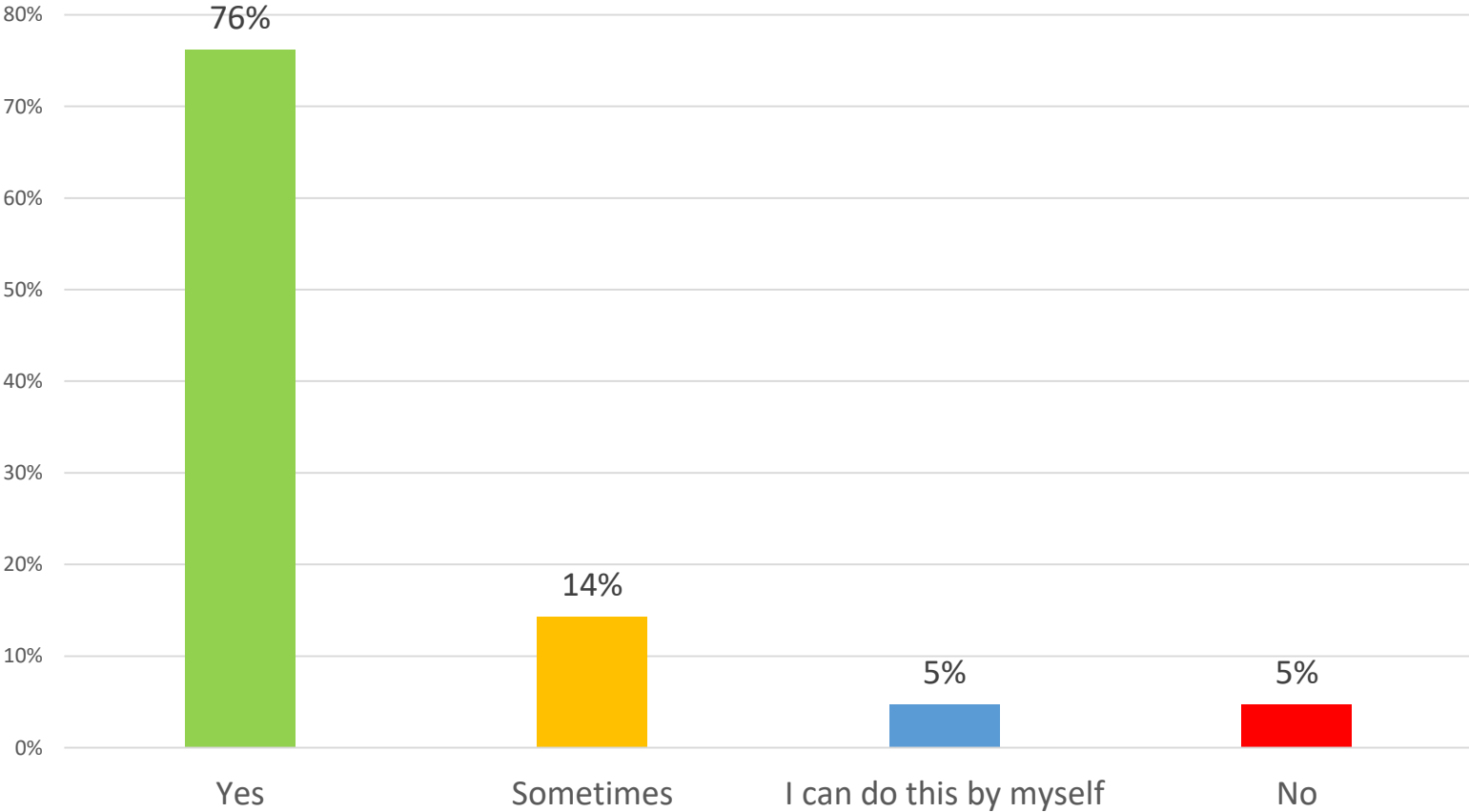
# Connected & Involved

## Activities

# What Community activities do you enjoy doing?



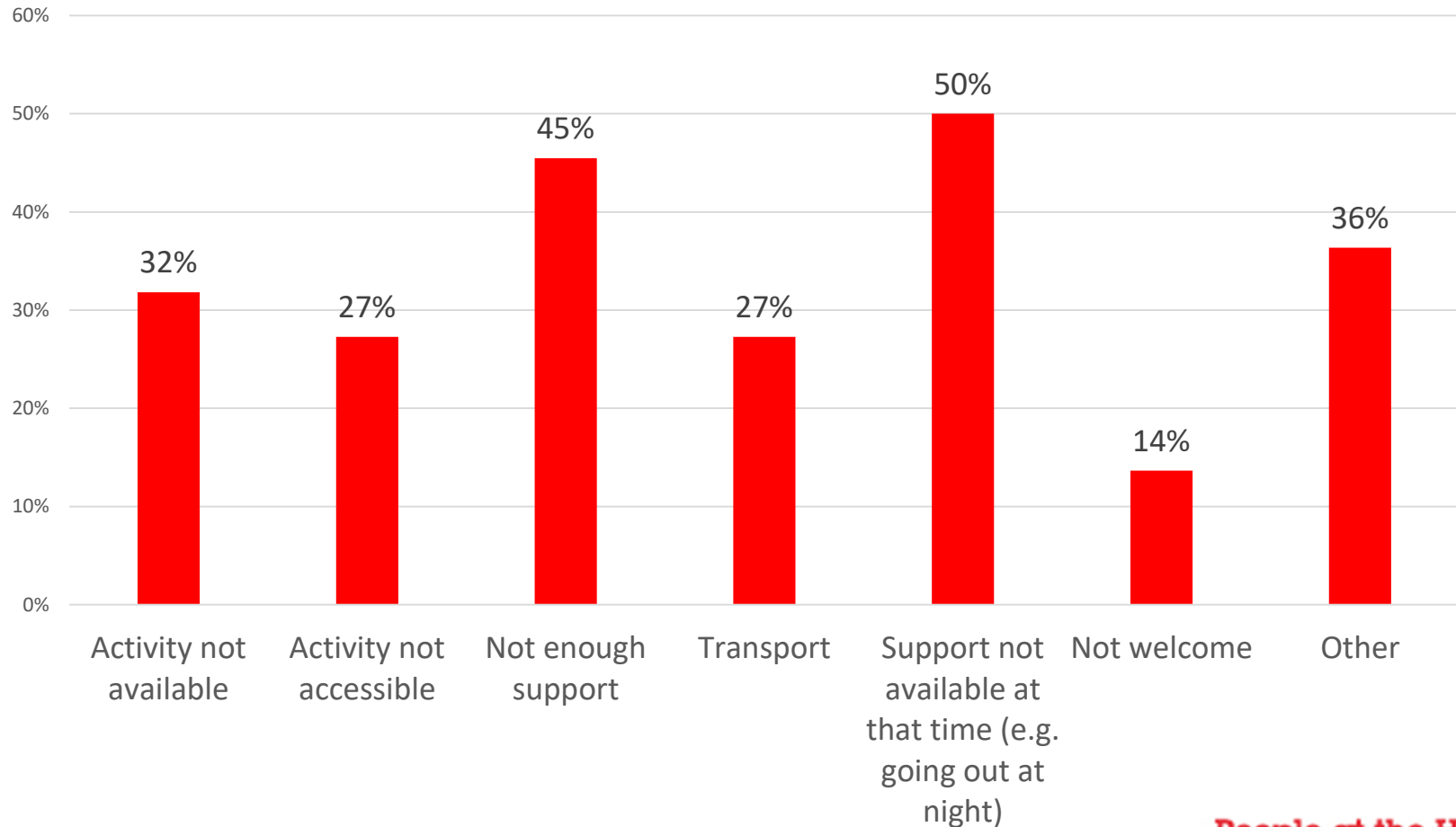
# Are you supported to join activities?



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# What things are stopping you from joining activities, if any?



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# What things are stopping you from joining activities, if any? ...

There is not enough activities

Need more clubs and groups for people with learning disabilities

In the case of things like the cinema, it's become card only payment when I feel comfortable paying in cash

Most things are cashless and I don't like that

My Carers can't work at the times I want - even if I booked dial-a-ride.

Broken down lift  
No suitable toilet

I live at home with my mum and sister who both have illnesses so I'm worried that i will catch coronavirus and pass it to them

Nothing available

I would like activities in the library's

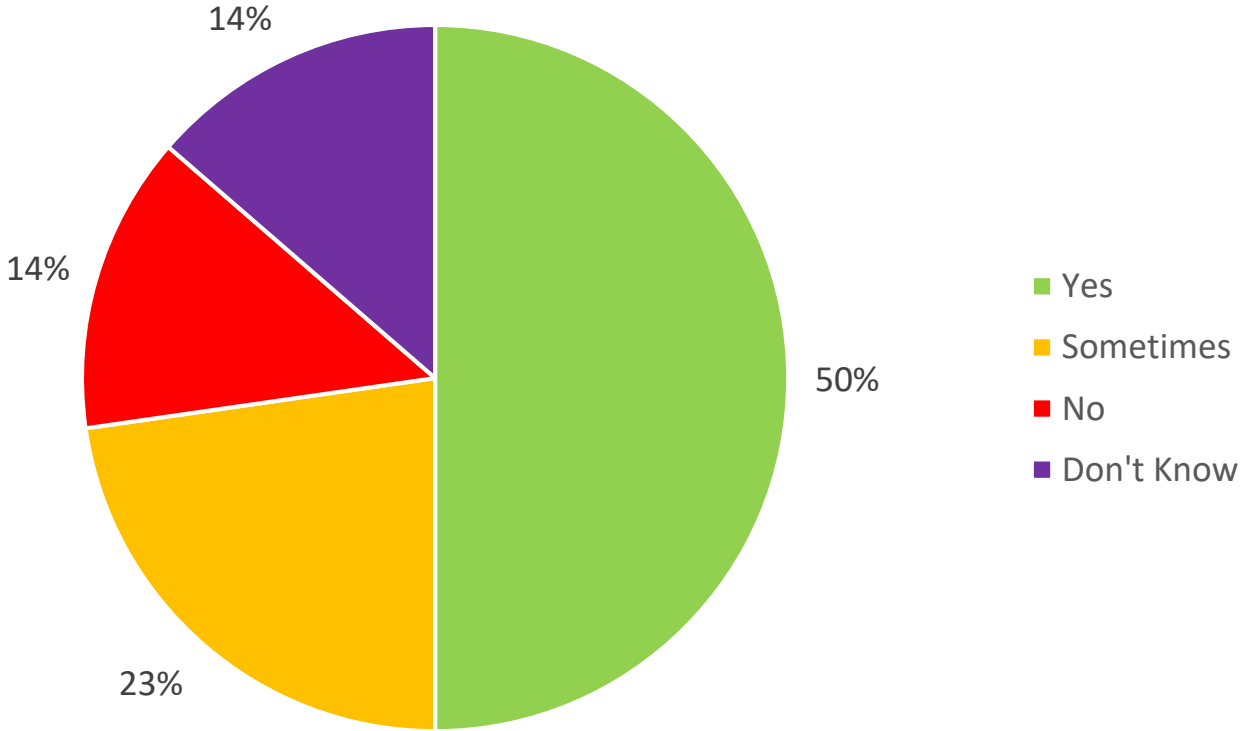
# Connected & Involved

## Relationships

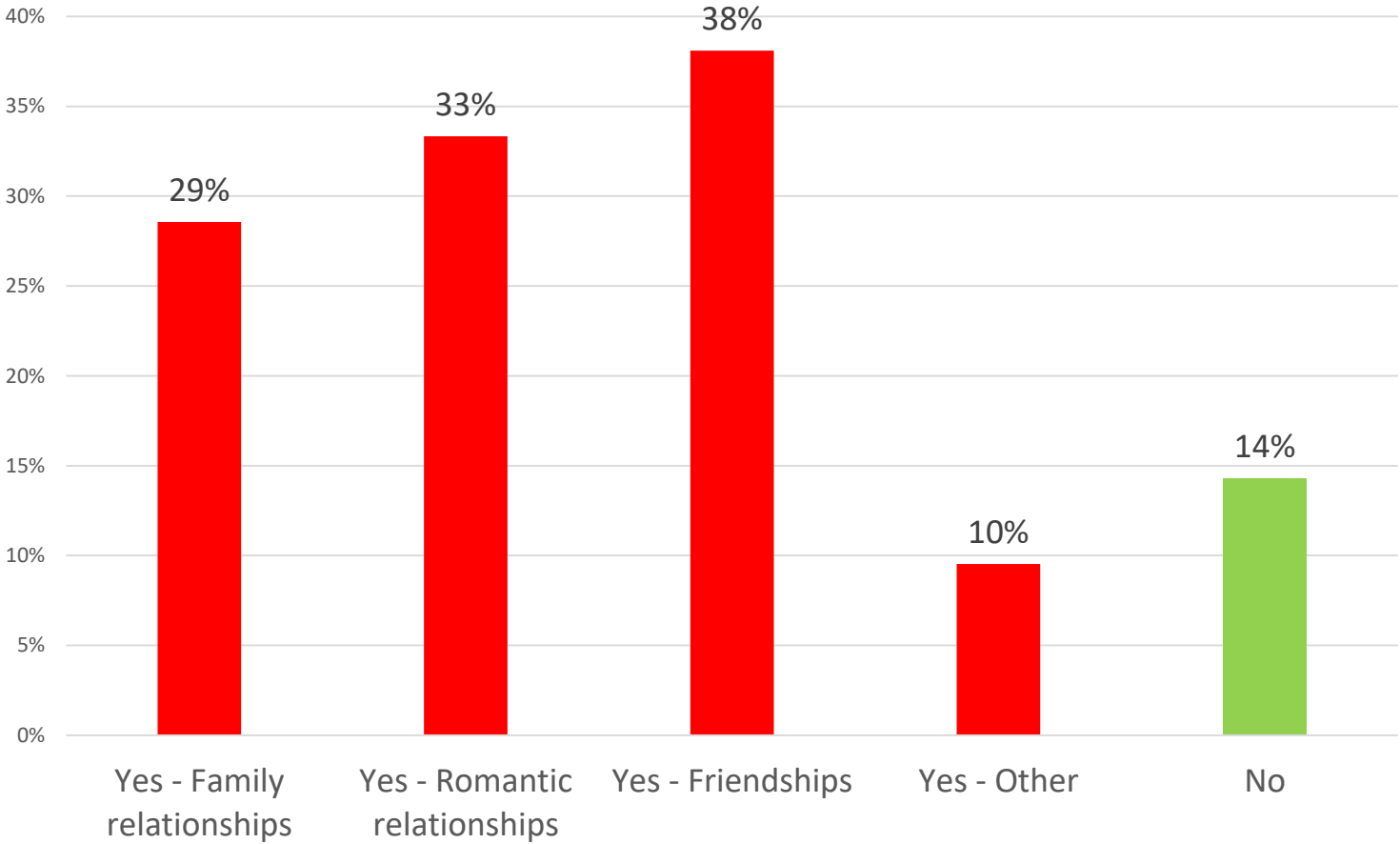
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# Do you have enough time with friends and family?



# Do you need more support with relationships?



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# Do you need more support with relationships? Comments...

Dating agency for people with learning disabilities

I would like some help with things like dating as I have found it too difficult lately.

Support to meet people

When the time comes I will be ready

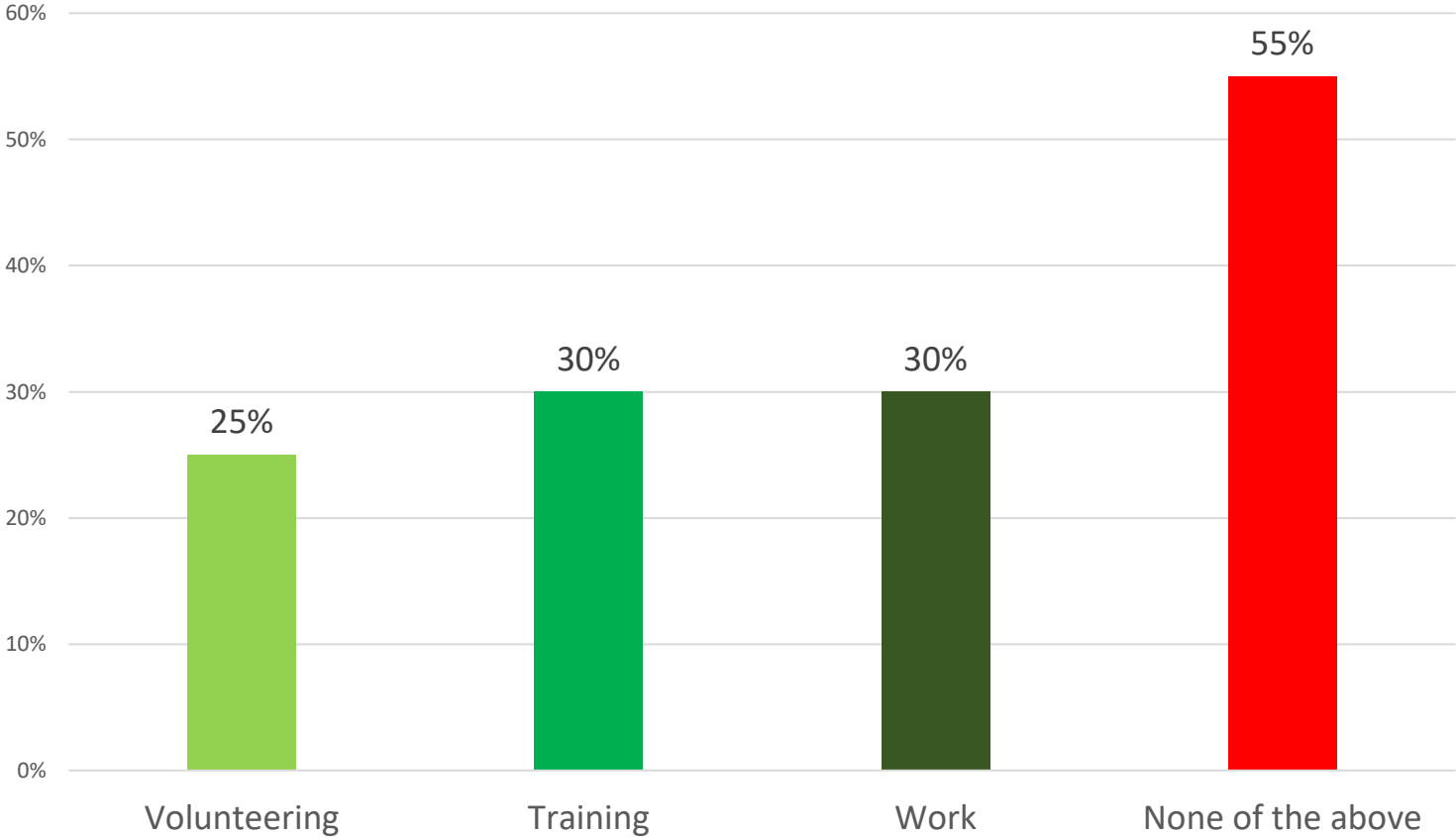
No my day centre I attend is very supportive

Support to get to know my social worker and for them to know me. And for them to talk to my family. Same for my carers

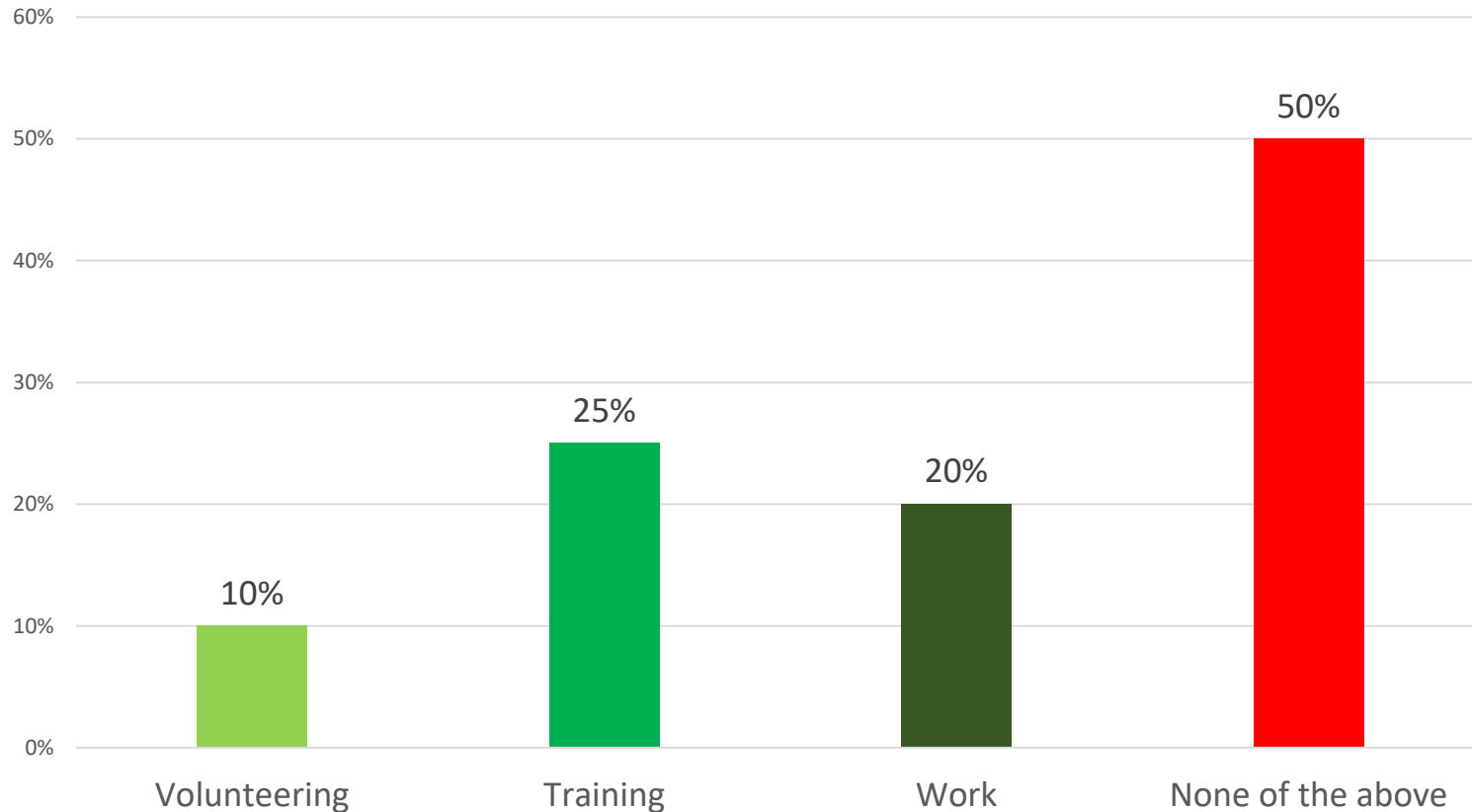
# Work and Purpose

Work, Education, Training and Volunteering

# Have you accessed any of these now (or before Covid)?

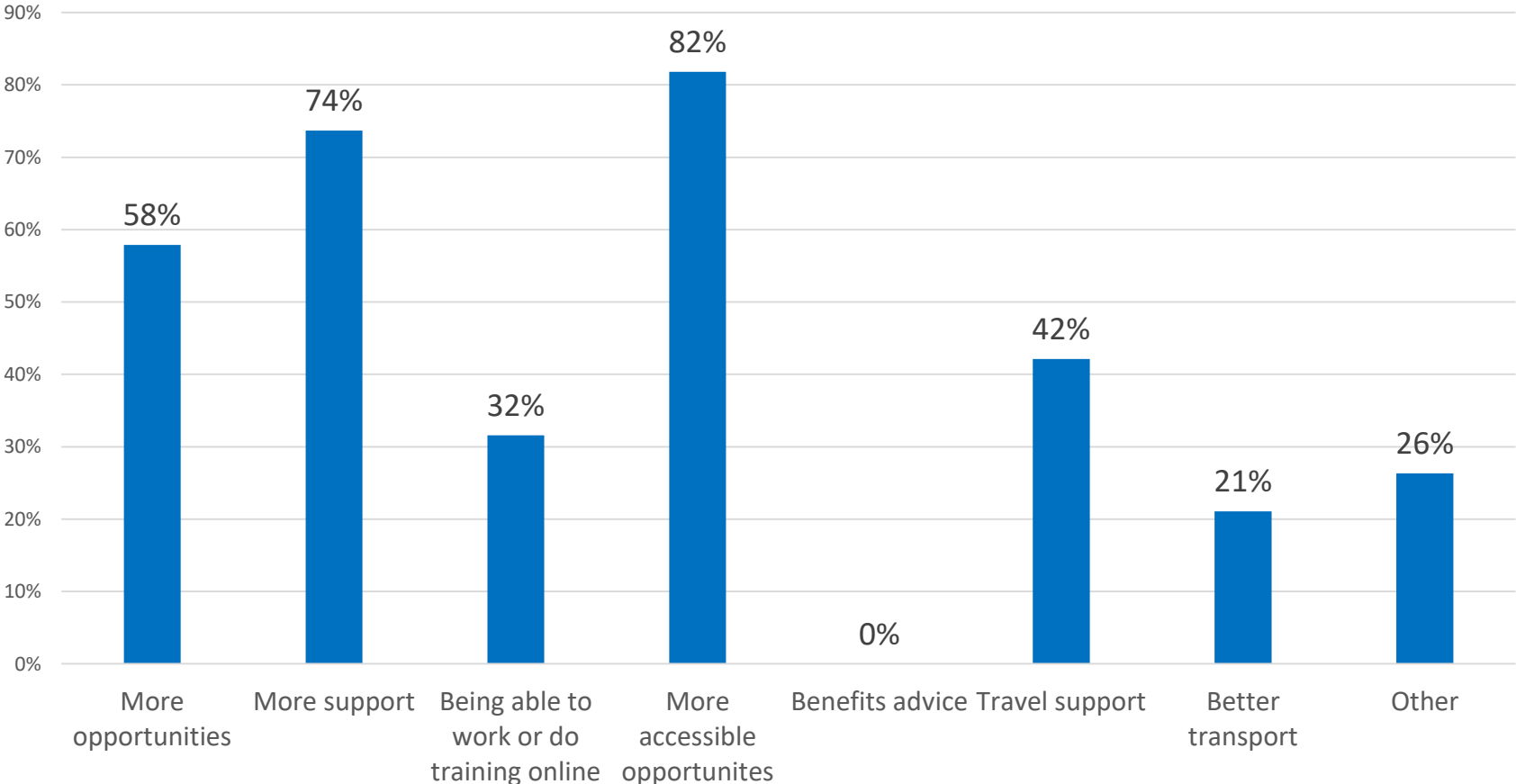


# Would you like to access these in the future?





# What would help you to get into Volunteering, Training or Work?



# What would help you to get into Volunteering, Training or Work? Comments...

I would like  
the  
opportunity to  
train carers

Options  
needed

Training not a  
wide range.  
Too limited

I already  
volunteer at  
Newham  
People First

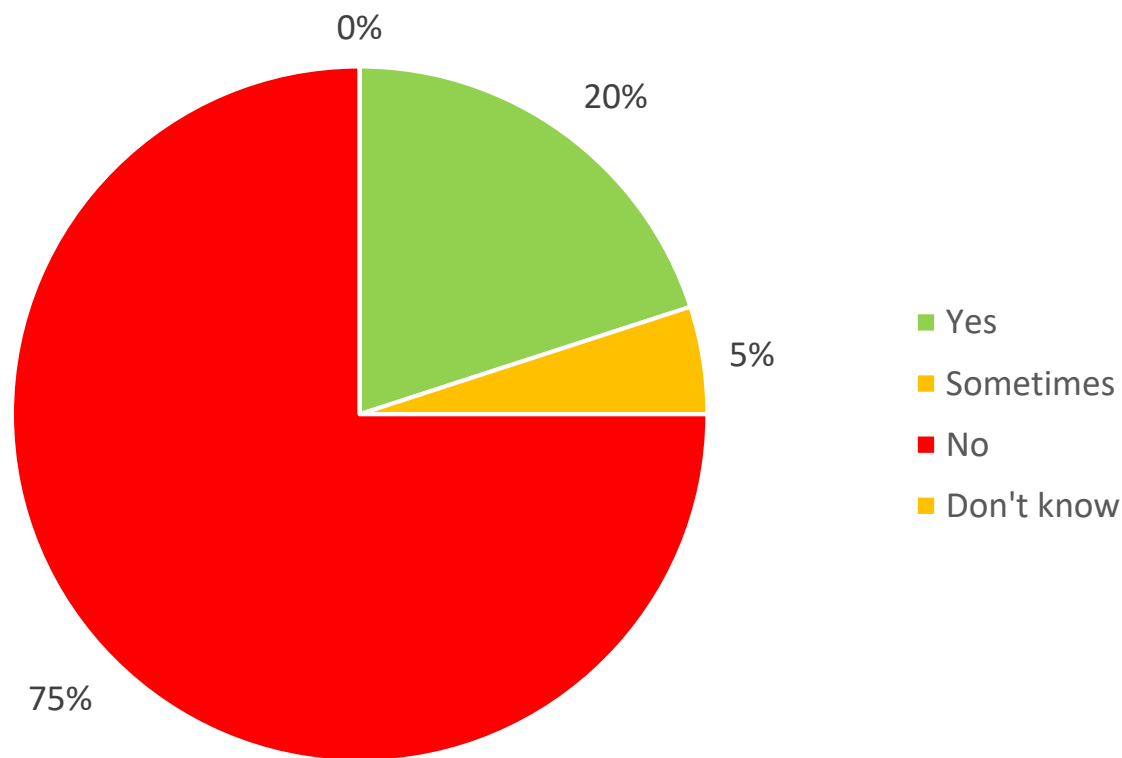
I would like  
training about  
what my Carers  
can do and what  
they can not

Training that  
doesnt treat  
me like a  
baby

# Work & purpose

Money and Finances

# Do you have control of your money and make decisions about spending it?



# What would help you to have control of your money and decisions?

An easy to use card

More clearer financial info not in jargon

Own bank account (4)

Uncle

My family (2)

I don't know

Money training

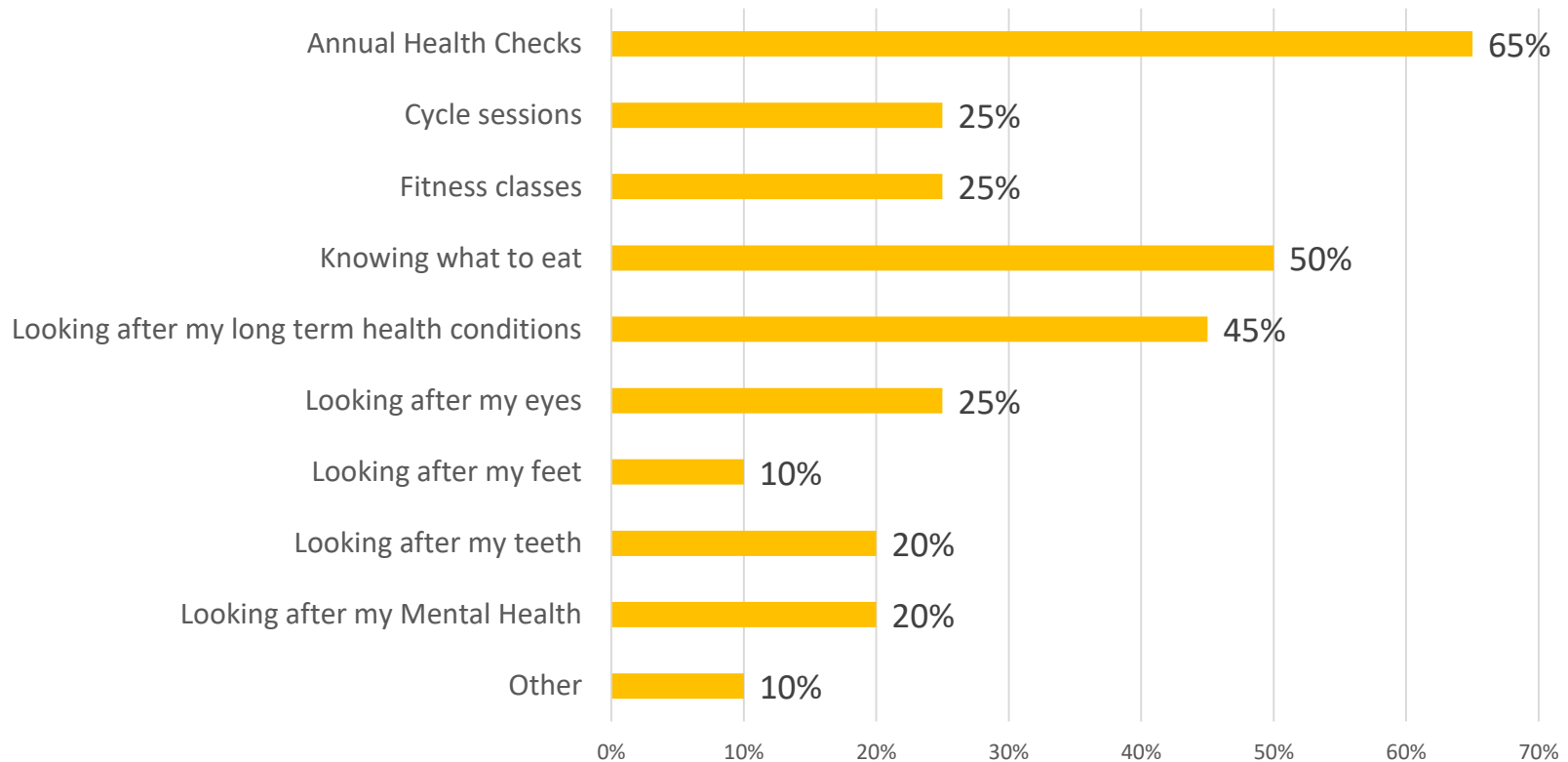
My family manages my budget

Card

# Health & Social Care

Physical health, mental health and wellbeing

# What is keeping you physically well?



# What is keeping you physically well? Comments...

Park Run

Dancing Group

I go to the dentist when they send me a letter

Family, diet, colleagues

I go to the hospital

Trampolining, bike riding

Getting extra support from the daycentre  
And from my home support and health team

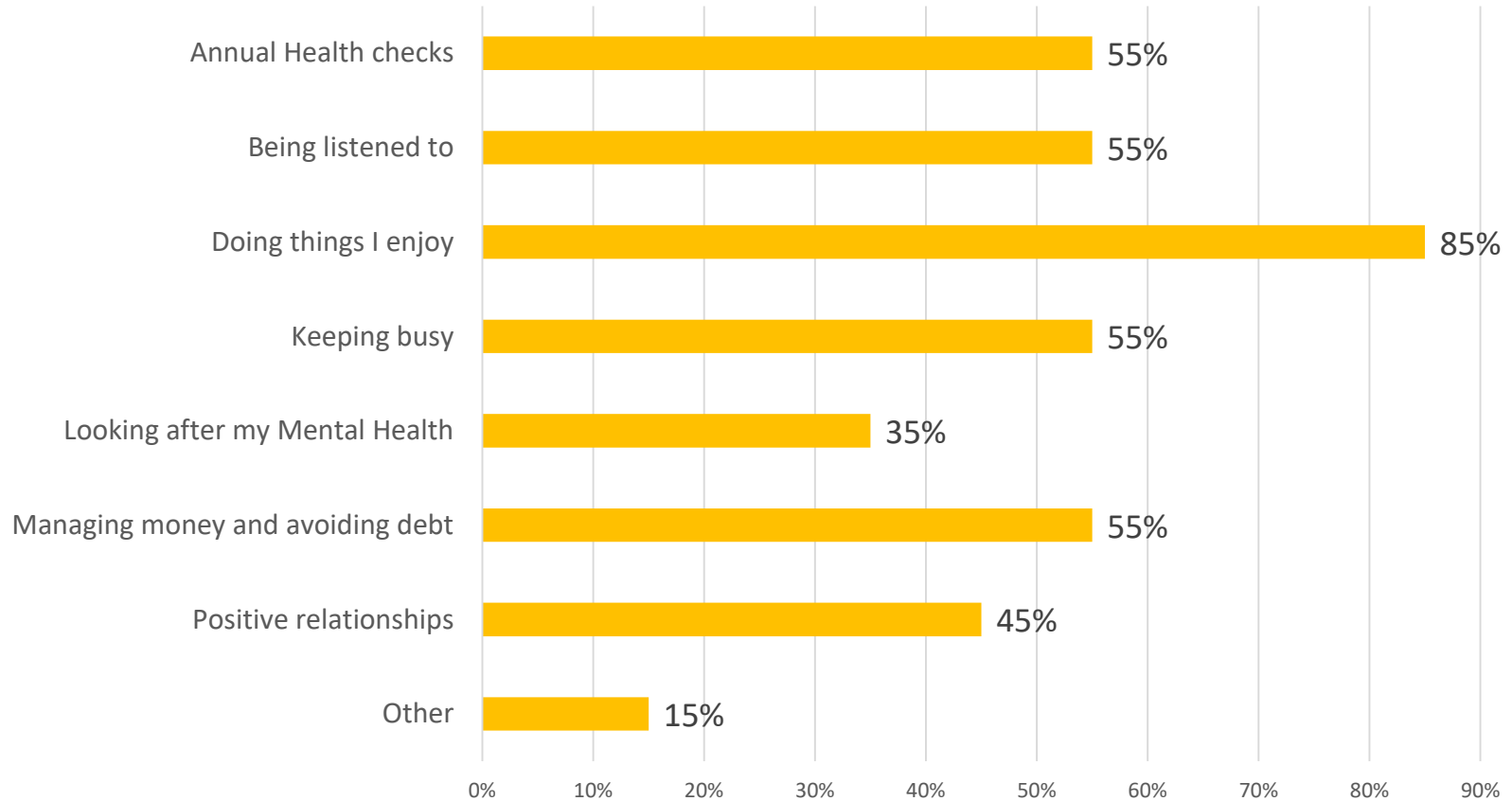
walking more

I don't know

family and home life



# What is keeping you mentally well and happy?



# What is keeping you mentally well and happy? Comments...

Getting out of the house

When my son gets the right support from workplace

Annual health check does nothing for me. It treats me like a child.

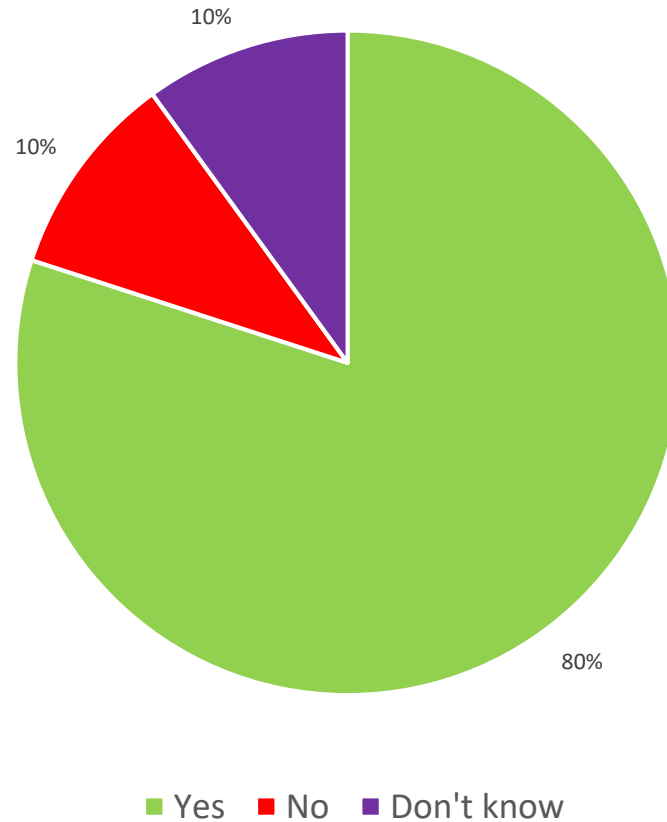
Drawing and walking, looking at pictures

Getting out of the house to meet other than my family

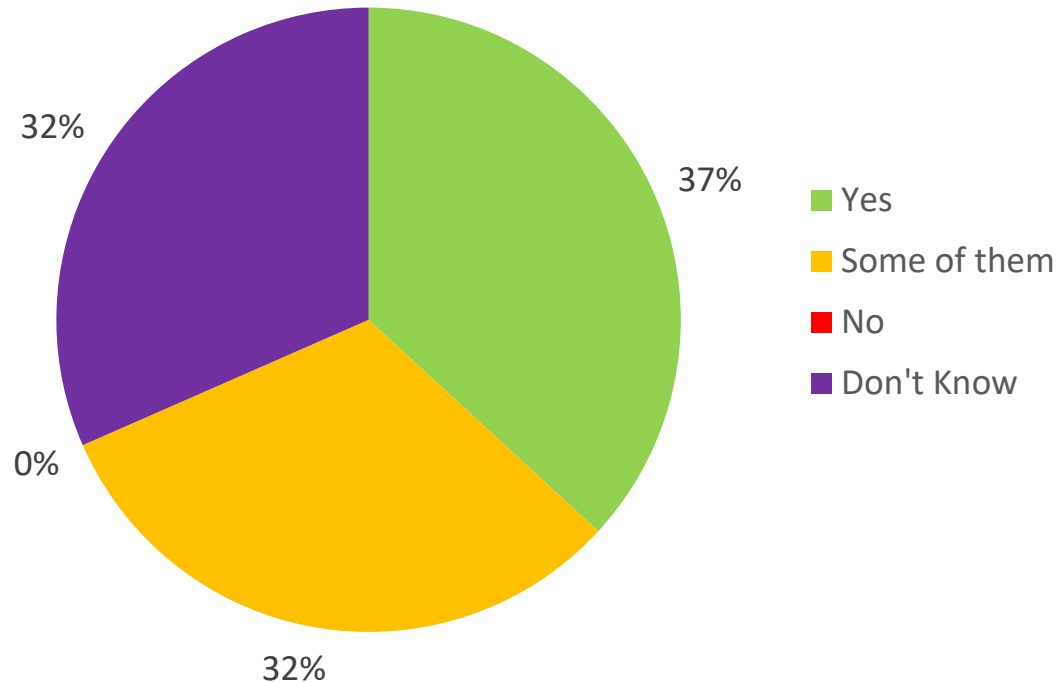
When I phone my family

Music

# Do you have an annual health check?



# Are your health plans and goals being met?



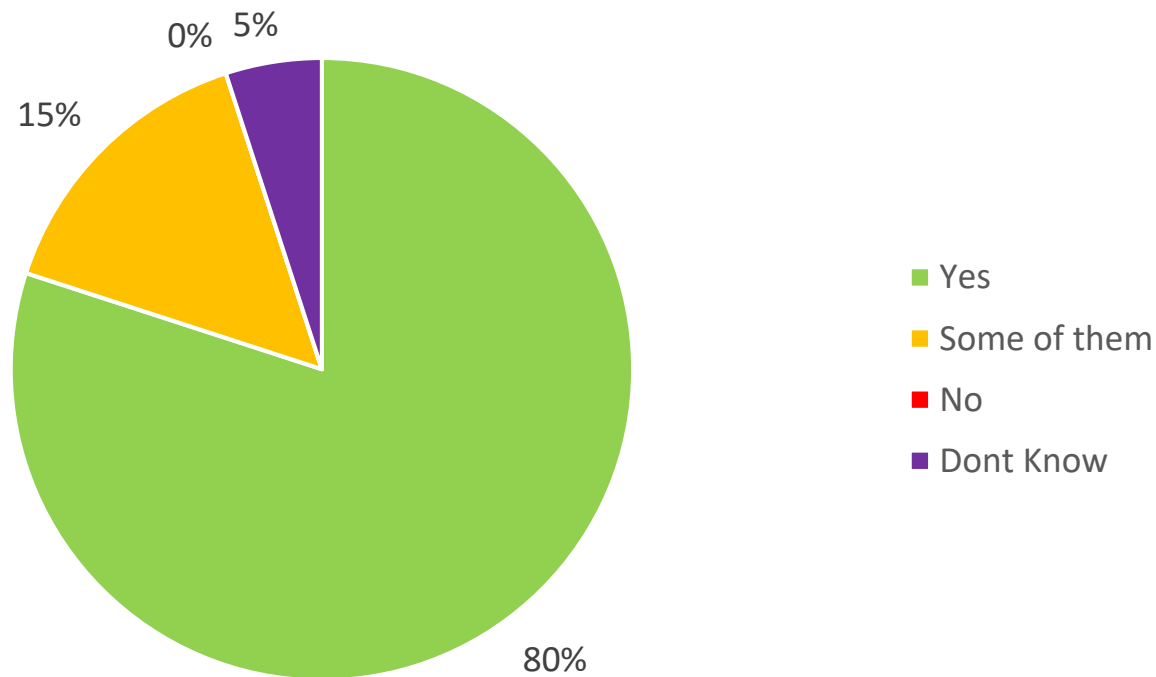
# What would help you meet your health plans and goals?

I need support to go out and can't travel far

I have a taxi card, but don't know how to use it.

More relevant support.  
Such as someone to sit with me while my mum is busy at home doing the house duties

# Are your Social Care plans being met?



# What would help you meet your social care plans?

I want to be acknowledged and listened to

I don't know what they are

More support

I am supposed to get a new plan. I had a review 2 months ago.

I need a clear plan in my folder