



WE ARE WELCOMING.

WE ARE NEWHAM.



ARRIVING IN NEWHAM

welcome.newham@newham.gov.uk
Free phone 0800 916 8757 Mon-Fri 10am-5.30pm



ARRIVING IN NEWHAM

Help getting to your sponsor or family



- One free journey on train or bus to anywhere in England, Scotland and Wales
- Only need to show their Ukrainian passport and boarding pass or ticket showing arrival into the country within the last 48 hours

Help with money



- Our Newham Money
020 3373 1101
ournewhamwork.
engagementteam@newham.gov.uk
www.ournewhamwork.co.uk

Help with food



- Newham Food Alliance
07790 975 086
frontdoor@
newhamfoodalliance.org
www.newham.gov.uk/
newhamfoodalliance

Register for Doctor (GP)



- www.nhs.uk/nhs-services/gps/how-to-register-with-a-gp-surgery
- Call 111 if you feel unwell and not yet registered with a doctor

Register for school / nursery



- www.newham.gov.uk/schools-education

Help with work



- Our Newham Work
020 3373 1101
ournewhamwork.
engagementteam@newham.gov.uk
www.ournewhamwork.co.uk

Questions? Welcome Newham Helpline

welcomenewham@newham.gov.uk

Free phone **0800 916 8757** Mon-Fri 10am-5.30pm

No specific immigration status advice or case work

Regular updates and information?

Welcome Newham Champions

welcomenewhamchampions@newham.gov.uk

Whatsapp **07977 156899**