

Well Newham Outreach Team Locations



13th – 16th July 2022 (Wed-Sat)

Come and talk to our friendly team for advice on **improving your health** such as **stopping smoking**, being a **healthy weight**, getting a **vaccine**, **mental health** support, **financial support** and more. We also have **free vitamin D** supplements for over 65s.

DAY	LOCATION
Wednesday 13th July	Well Newham Vaccine Bus 10:00-13:30 Meridian square, Stratford, E15 (front of Stratford tube station) Sphere Support Food Bank 12:30-15:00 Methodist church, Bryant street, E15 4RU Ageing Well Mature Money (Event) 15:00-19:00 88 Highways Vineyard, Romford road, E15 4EH
Thursday 14th July	Well Newham Information Table 10:00-16:00 Tesco Extra, 1 Armada way, Beckton E6 7ER
Friday 15th July	Well Newham Bus Vaccine 10:00-13:30 1 Kingsford Way, Plashet Park E6 5JQ The Renewal Programme (Food Bank) 10:30-14:30 395 High St. East Ham E12 6PG
Saturday 16th July	Panjabi School Fair for Queen's Platinum Jubilee 10:00-13:00 Ramgarhia Community Centre, 270 Neville road E7 9QN GR8 Day 2 Event for SEND children and young people 12:00-17:00 Newham Leisure Centre, 281 Prince Regent Lane, E13 8SD

**Locations may change at short notice. Follow @NewhamLondon on Twitter for details.*

For more information on support available in Newham visit

www.newham.gov.uk/healthylife