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# UPDATE

**WE ARE NEWHAM.**



**Tuesday 12 July 2022**

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## Hot weather advice



As temperatures in Newham rise, we've put together some advice on coping with this extreme weather.

[\*\*How to beat the heat>\*\*](#)

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## Join the Mayor and Chief Executive Hangout



You are invited to a hangout with Mayor Rokhsana Fiaz and Chief Executive Colin Ansell tomorrow, **Wednesday 13 July, 13:00-14:00**

If you do not already have a calendar invitation in your Outlook, please contact [internal.comms@newham.gov.uk](mailto:internal.comms@newham.gov.uk)

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## International Non-Binary People's Day



**Thursday 14 July** is International Non-Binary People's Day, a day to raise awareness and celebrate the wide range of people who identify as non-binary.

Perhaps you can spend some time on 14 July thinking about your area of work and whether you are doing all you can to make your services accessible to non-binary people.

**[Find out more from Stonewall on how to be an ally>](#)**

The Newham [LGBTQ+ staff network](#) is keen to welcome any colleague to join with us to help make Newham a place where non-binary staff and residents feel comfortable and supported. The staff network is open to all staff, including those who want to attend as allies.

You can contact the LGBTQ+ Staff network on [Lgbt+StaffNetwork@newham.gov.uk](mailto:Lgbt+StaffNetwork@newham.gov.uk) to share your thoughts or get support from your colleagues.

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## Reasonable adjustments launch video now available



Our Reasonable Adjustments Factsheet launch on 6 July had an incredible attendance of over 500 colleagues, showing how important this issue is throughout the Council.

If you missed it, you can watch the session on the [Ability Forum homepage now!](#)

**[Find out more about Reasonable Adjustments>](#)**

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## Core Conversations training

## Friday 15 July, 12:00-14:00

This service provision training module is about the practice of having a good initial conversation with residents who present with a range of welfare issues. The focus is on relationship building and non-judgemental understanding; not a time bound service with standard output, but support that could be varied depending on the person and situation.

This is a practice oriented session based on real scenarios, and we will be simulating conversations and practicing and learning from each other.

It's a two-hour training, and we ask if possible for attendees to complete a 25 minute preparation task before attending the session.

[Sign up now>](#)

### What past Core Conversations attendees have said:

*"In my role I work directly with community members who are going through many different situations. Understanding how to build that relationship, and to take time over that, is something that will enable me to support more people in better ways"*

Find out more about [the Social Welfare Alliance](#) and the full [SWA Training Programme>](#)

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