



**Friday 8 July 2022**

**Sports and leisure activities for SEND young people**

**Ageing Well launch event**

**Good Change Network Mystery Venue Revealed!**

**and more ...**

[View as a Web page](#)

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## **Building a Fairer Newham Update and Q&A**



**Wednesday 13 July, 13:00-14:00**

If you do not already have a **calendar invitation** please contact [internal.comms@newham.gov.uk](mailto:internal.comms@newham.gov.uk)

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**WE ARE CELEBRATING.**

**WE ARE NEWHAM.**

**EID MUBARAK**  
FROM MAYOR ROKHSANA FIAZ,  
COUNCILLORS AND EVERYONE  
AT NEWHAM COUNCIL



[www.newham.gov.uk](http://www.newham.gov.uk)

BUILDING A  
**FAIRER**  
NEWHAM

## Sports and leisure activities for SEND young people



Children and young people with Special Educational Needs and Disabilities (SEND) up to 25 years old and their siblings can enjoy sports and leisure activities with a Gr8 Day 2 Play.

Newham's Youth Participation team is partnering with its leisure service provider, Active Newham, to deliver a rich programme of activities for young people with SEND on **Saturday 16 July, 12:00-18:00, at Newham Leisure Centre.**

[Find out more>](#)

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## MY 2012 - share your story



As we approach the 10<sup>th</sup> anniversary of that extraordinary six weeks of Olympic and Paralympic sport, we're looking back – at the memories, the anecdotes and the legacy of London 2012 – which changed the Borough and many of its people forever.

**We'd love to hear about your experiences of the 2012 Olympic and Paralympic Games**, what did you see? Who did you meet? And how has Newham changed in the 10 years since?

[Share your story now>](#)

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## Ageing Well launch event

# WE ARE NEWHAM.



Come along to an event to mark the launch of Newham's first Ageing Well Strategy, find out about services and activities to help you age well, and get involved in shaping services.

- **Mature Money:** employment opportunities, finance support, volunteering and retirement.
- **Ageing Well Community Festival:** eating well, healthy and safe neighbourhoods, local services and activities, connected integrated communities.
- **Planning and Preparing for Later Life:** planning ahead, advance planning, living well with dementia, end of life care, integrated care.
- **Ageing Well At Home:** keeping safe and warm, support to maintain your home, adaptations and independence, specialist housing, rough sleeping and homelessness prevention, domestic and sexual violence support services.
- **Ageing Well and In the Know:** promoting positive ageing and challenging stereotypes, accessing clear and useful information, communicating easily with the council and other services, digital inclusion.

For more information or to get involved, contact: [ageingwell@newham.gov.uk](mailto:ageingwell@newham.gov.uk) or call 0203 373 8915.

Refreshments and activities provided at all events

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## Good Change Network mystery venue revealed!

You will remember we alerted you to our next Good Change Network, **Tuesday 12 July, 13:30-17:00**, in a previous issue of Newham News.

Well the big news is that we are taking the Network on tour! To try and help colleagues who are not based at Dockside, we are holding the next session at **Canning Town Library, 18 Rathbone Market, London E16 1EH** – 5 mins walk from Canning Town Underground Station. Hopefully also fairly easy for people at Dockside to come along too!

Please come along and find out more about change and transformation projects in the Borough, share your experiences and meet likeminded colleagues.

Places are limited and filling up fast so if you could let us know if you want to attend at [TheGoodChangeNetwork@newham.gov.uk](mailto:TheGoodChangeNetwork@newham.gov.uk), that would be really helpful.

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# Menopause is not a dirty word.

Come along to the first official event of the London Borough Women's Network, focusing on the Three M's: Menstruation, Menopause and Maternity.



Tuesday 19 July 12-2pm  
Online (Microsoft Teams)

[Save this Teams meeting link to join!](#)

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## Gifts and hospitality declaration

Recently you may have encountered situations at work where individuals or organisations may offer you a gift or hospitality.

In principle, a gift should not be accepted unless it is not practicable to return it (i.e. it is perishable and/or trivial in nature). **If a gift is over £25 and cannot be returned it must be declared.**

If you have any doubt it is recommended that you [declare it](#). In the case of hospitality, you should only accept offers of hospitality where this will benefit the Council. Any hospitality, **over £25** must be authorised by your line manager prior to acceptance and it **must be** declared.

However, Gifts received from your colleagues on occasions such as birthdays, baby showers, leaving etc., are not required to be declared.

For more information, refer to the [Gifts and Hospitality Policy](#) If you have any queries, please contact: [Newham.HRSupport@newham.gov.uk](mailto:Newham.HRSupport@newham.gov.uk)

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## Complimenting Kenneth Atobamrere and Ancel Walters

With  
Compliments

A Newham resident had some kind words to say about two Newham colleagues:

"I wish to highly compliment **Kenneth Atobamrere**, Enforcement Team Leader Environment & Sustainable Transport and **Ancel Walters**.

Both staff members helped me today regarding an illegal resident parking bay which was supposed to be removed ages ago as the resident sadly passed away last year and motorists were getting parking fines despite no road markings.

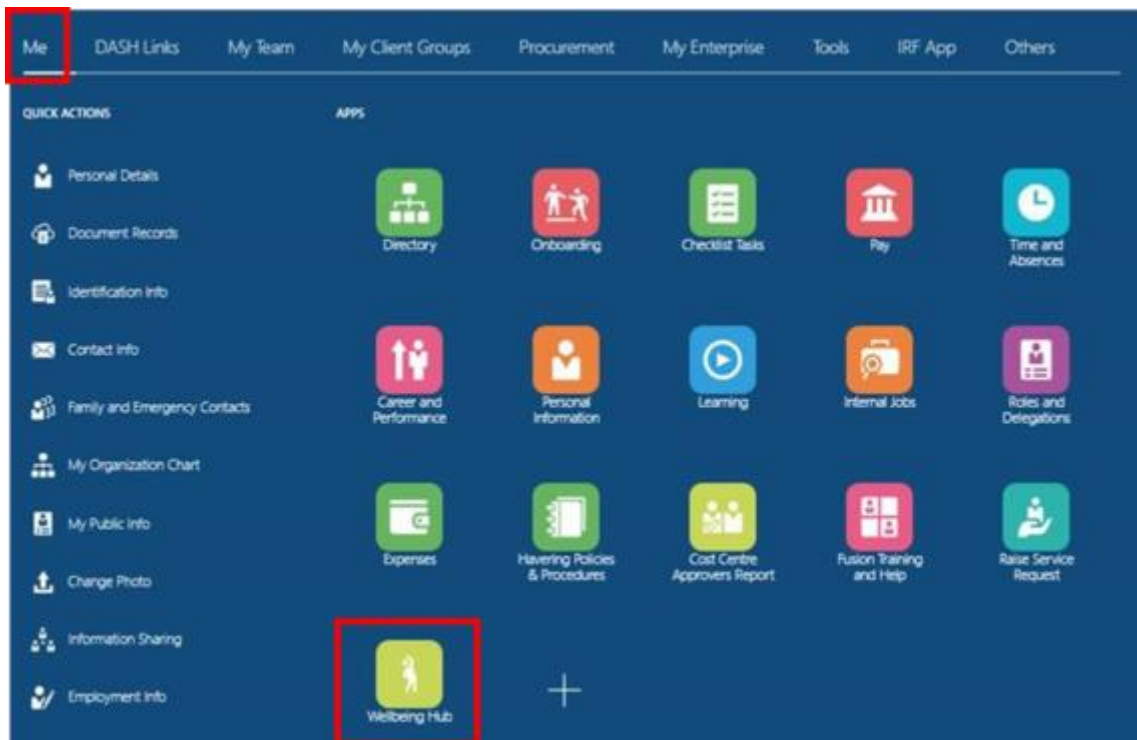
Please could you thank them as they are always very professional and courteous in responding to my concerns locally. **Both staff members exemplify the ethos of the Council in placing people at the heart of issues and actually implementing solutions.**

I hope you personally thank both staff members who are always respectful."

If you have any compliments or words of gratitude for your colleagues - either from residents or yourself, let us know!

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**Fusion Wellbeing link**



**You can now access our Wellbeing Hub and resources via your Fusion account.**

You will find a Wellbeing Hub menu tile directly under 'Me' when you log in to Fusion. This will take you into our [Wellbeing SharePoint Hub](#) where you can access all resources including Mental Health First Aid, PAM, Thrive and our Virtual Exercise Programmes.

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**Speak up with confidence**





If you see:

- a criminal offence
- financial misconduct
- a miscarriage of justice
- an act creating risk to health and safety
- an act causing damage to the environment
- a breach of any other legal obligation
- concealment of any of the above.

Speak up!

It is not necessary to have proof or to investigate the matter yourself - a reasonable belief is sufficient. In the first instance you should raise your concern/disclosure with one of the Council's Contact Officers (click link below to see the details of the contact officers).

**Speak up, and we will ensure that an investigation takes place. No employee will be victimised for raising a matter under this procedure.** Raising a legitimate concern will not impact your continued employment, opportunities for future promotion or training.

[How to speak up>](#)

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## Free sign language qualification opportunity



[Enabled Living](#) are offering 2 FREE places on their British Sign Language Level 1 Qualification to adults who work or live in Newham.

BSL Level 1 will introduce you to fingerspelling and basic signs. This course will cover everyday conversations and will give you confidence when communicating with deaf people. At the end of the course you will receive a Level 1 qualification in BSL.

Course start date: **22 September 2022**

Weekday: Every Thursday

Time: 15:00-17:00

Duration: 32 weeks

Venue: The Enabled Living Lounge, The Resource Centre, 200 Chargeable Lane, Plaistow E13 8DW

If you are interested and are able to commit to 6 months of training and complete the exams at the end of the course please contact [Rukshana.Ahmed@enabledlivinghealthcare.co.uk](mailto:Rukshana.Ahmed@enabledlivinghealthcare.co.uk).

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## 5 STEPS FOR LIVING WITH COVID-19 SAFELY



The government's Living with COVID strategy has removed legal requirements to follow self-isolation and universal access to testing in March/April 2022.

However, COVID levels due to Omicron and its variants are still high.

The five steps above are your guide to staying safe:

1. Do the basics - Wear a face covering in crowded places or where airflow is poor.

2. Get your vaccine - It is the best protection from going to hospital AND it is safe – more than 11.5 billion people worldwide have had a vaccine.
3. Keep testing if you can, especially before seeing people who are at high risk from COVID-19
4. Stay at home, if you have symptoms or a positive test result
5. [Stay Healthy](#) – sleep, eat vegetables where you can and [quit those bad habits](#).

[Find out the latest COVID guidance now>](#)

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## News highlights - our latest press releases

[Find all our latest press releases >](#)

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**GOVDELIVERY** 

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