**London Borough of Newham Mental Health & Wellbeing Community Grant**

**-- Guidance & Application Form --**

COVID-19 has affected every aspect of our residents’ lives, including many mental health and wellbeing challenges for our residents. The long-term impacts of trauma, anxiety, grief and distress, as well as the current financial challenges that residents face due to the rising cost of living, are likely to increase mental health and wellbeing concerns.

The aim of the London Borough of Newham (LBN) Mental Health & Wellbeing Community Grant is to work with voluntary, community, faith sector (VCFS) organisations to strengthen the protective factors in our residents that help improve and support mental wellbeing. They will also help develop and strengthen the number of champions and peer supporters in communities around mental health and increase the understanding of local pathways and supporting services and materials.

Our target groups are community based organisations who work with disproportionately affected communities in Newham. This includes:

* Black, Asian and Minority Ethnic (BAME) groups
* People with pre-existing mental health conditions
* People on low income, may be unemployed, struggling with debt and/or at risk of eviction
* Children and young people, young people at risk of exploitation, young carers
* Adult carers
* People with learning disabilities and developmental disorders
* People with long-term physical health conditions
* People experiencing domestic and sexual violence

**What’s available:** We are looking to fund between eight and ten organisations. The maximum grant available for each organisation is £10,000 (total funding amount £60,000). This round of funding will focus on projects, which address loneliness and social isolation, bereavement and grief, trauma, fear and anxiety and/or reducing mental health impacts caused by financial insecurity.

The grants will be allocated equally where possible between organisations and groups focusing on either children and young people or adults.

**Deadline for application**: 5pm, Wednesday 13th July 2022

**Timeline for delivery**: Each grant will be for up to 6 months of work.

**Who can apply**: Any local voluntary, community or faith sector organisations based-in and/or delivering mental health and wellbeing services in Newham (must also be registered on the Compost Survey list [you can access the link to this here](https://compostlondon.us20.list-manage.com/subscribe?u=38075b3d8f582dbd074f47d06&id=9f5dd7a196)). We are particularly keen to support organisations that engage with Black, Asian and Minority ethnic communities.

**How to apply:** Email a completed copy of this form to [MHWgrant@newham.gov.uk](mailto:MHWgrant@newham.gov.uk)

**Information session:** There is an information session scheduled on Thursday 23rd June, 12-1pm for anyone interested in applying. We will be able to share information from this session to anyone who is unable to attend on the day.

The session is on Zoom:

<https://zoom.us/j/93338374634?pwd=WmhWOE9Vd0EyZ1Y4MjRtMVcxN1pOZz09>

Meeting ID: 933 3837 4634

Passcode: 332077

**Selection criteria:** Bids will be evaluated by a panel of approximately 6 people.

**Timeline:** We hope to inform you of the outcome of your application by Friday 5th August 2022.

**Learning and evaluation:** If you are successful with your application then we ask that you participate in the learning and evaluation in the following way:

* Report on the activities the grant is funding through a simple quarterly feedback and monitoring form.
* Adhere to any quality assurance and risk management processes that will be put in place.
* Regular attendance at the bi-monthly Communities of Practice network meetings – an opportunity to learn together, share knowledge and develop a greater awareness of what available services we have in the borough through discussion (currently approximately 1 hour 15 minutes in length taking place virtually, but may occasionally take place face to face). Please account for this time in your application.

**What we will do**: As well as funding, we will offer successful recipients:

* Social Welfare Alliance training for organisation members
* Signposting to training and collaborative learning sessions across the borough
* We will also be in contact to arrange catch ups and network meetings, to reflect and review how delivery is progressing. This is so that everyone is clear on mutual expectations and to help build long-standing relationships.

The following key principles will underpin our approach:

* Simplifying and minimising paperwork
* Listening and acting on your feedback
* Providing responsive support alongside our funding which can help to develop skills and build capacity.

**London Borough of Newham Mental Health & Wellbeing Community Grant**

**-- Application Form –**

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| **Name of organisation** |  |
| **Address of organisation** |  |
| **Name of key contact** |  |
| **Phone number** |  |
| **Email address** |  |

1. **Please provide a description of your experience of engaging with communities and residents in Newham (maximum 350 words).**  
   This should include:
   * Experience of engaging with communities and residents, including a description such as ethnicities, gender, age range, locations/areas
   * Which community groups you seek to engage with for the project you intend to carry out (include a description as above of ethnicities, gender, age range, locations/areas)
   * How you plan to engage with them including any previous examples of successful engagement methods (such as types of events you conduct, use of social media, phone/online engagement)

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1. **Please describe how you will use the grant to support Newham residents, to help address loneliness and social isolation, bereavement and grief, trauma, fear and anxiety and/or reducing mental health impacts caused by financial insecurity (maximum 350 words).**This should include:

* What you are going to do and why you are going to do it
* If the grant will be used to work with adults, children and young people or take a whole family approach
* The date the project starts/ends

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1. **The maximum grant available for each organisation is £10,000.** **Please provide a description of how much budget you require and how you would spend it (maximum 350 words).**

This should include:

* An outline of the different things you intend to spend that money on, including the costs of staff/volunteers, engagement activities
* You should provide a clear breakdown of how much each component would cost
* The total amount you are applying for

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1. **What impact do you want the work you do as a result of receiving this grant to have and how will you know you've achieved that?**

This should include:

* How many people you hope to reach through this project and why
* The impact you hope to achieve through the project
* How you will monitor and evaluate the project impact (for example, resident feedback, baseline and post intervention surveys, case studies, tracking population reached – a mix of methods is welcome)

1. **Are you going to be using the grant to work with children and young people and/ or adults’ communities?**

* Children and young people
* Whole family approach
* Adults

1. **Are you happy for us to share your details with other organisations that have applied and who engage with the same community groups as you, so that you may form a partnership for this grant?**

* Yes
* No

1. **Will you be willing to send one of your staff members/volunteers on relevant training to support the delivery of this programme?**

* Yes
* No

1. **Will you be willing to participate in regular network meetings with the other organisations who are funded to share learning?**

* Yes
* No

1. **Will you share a quarterly report on activities?**

* Yes
* No

**Submission:** Email a completed copy of this form to[MHWgrant@newham.gov.uk](mailto:MHWgrant@newham.gov.uk) by 5pm on Wednesday 13th July 2022.