

**Newham Co-Production Forum (Adults)**

**Group membership**

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| **Group Name** | **Group Lead contact** | **Contact details** |  |
| ASK - User-led Mental Health Group | Sandra Amoah(Chair) | Asksandra.amoah@gmail.com **User-led mental health group** | ASK aims to be a membership organisation which provides information and support services to customers (18+) and their Carers, who are users, or potential users, of mental health services primarily in Newham. ASK normally run a monthly Forum which runs on the second Thursday of each month in The Hopkins Room, Stratford Library, E15 but due to Covid-19 restrictions meetings are now on Zoom. ASK produces a monthly calendar of activities which is widely distributed in the borough. |
| Autism Support Group | Joel Le Tort (Co-Chair)Honey Sarfo (Group facilitator) | Latifat.sarfo@newham.gov.uk  | The purpose of the Autism Support Group is to:* Share experiences of the group members, service users , their families and carers
* Offer Peer Support and Self Advocacy

Meetings are held every third Wednesday of the month but due to Covid-19 restrictions meetings are now on Zoom. |
| Carers Community Mental Health Group | Zhenreenah Muhxinga Chair | authbabs@yahoo.co.uk  | This is a membership organisation which provides support, information and shared experiences to carers, loved ones and potential service users of mental health services mainly within Newham. Meetings take place monthly but due to Covid-19 restrictions meetings are now on Zoom. |
| Greenhill Cumberland Group | Angus McKenzie-Davie(Chair)Julian Geoghegan(Deputy Chair) | angus.davie@gmail.comgeoghegan.julian@gmail.com | The aims of the Group shall be: * to encourage and provide access for disabled people in Newham to engage in stimulating creative, social, leisure, educational and health-promoting activities;
* to work with LBN and other relevant bodies in helping disabled people in Newham and beyond who might become isolated to enjoy creative activity and to encourage people to develop skills so that they can engage in Co-Production to develop local (and national) legislation;
* to encourage the sharing and development of talents of disabled people, to learn new skills and provide training for members; and
* to seek funding for their activities in order that the group and its members can be sustained collectively and individually, helping to build resilience within the disabled community.

Due to Covid-19 restrictions meeting are currently suspended. |
| Healtogether | Anab Abdulkadir Hoffman (Founder and Director) | Anab Abdulkadir HoffmannFounder and Director **Mobile**:  +44 (0) 7506764898**Email**:   info@healtogether.org.uk**Web**:  [https://www.healtogether.org.uk](https://www.healtogether.org.uk/)**Facebook**: <https://www.facebook.com/healtogethercic2020>**Instagram**: <https://www.instagram.com/healtogethercic/>**Twitter**: <https://twitter.com/HealtogetherCic>**Address**: Community Links Building, 105 Barking Road | London | E16 4HQ | Our office is open Monday to Friday 10am to 2pmIn house services:* We offer a safe space to facilitate social contact
* Counselling, and peer groups for loneliness and isolation, including autism awareness and support parents’ group
* Wraparound Support: advice, information, guidance and practical support on housing, welfare benefits, employment, education and training
* Enabling access to all mainstream services in health and social care
* Mentoring and peer support
* Referral and signposting
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| Newham Disability Reps Forum | Christine DolyakCo-chairSarifa Patel Co-Chair | christinedolyak@gmail.comEmails in Plain Text format pleasesarifa.patel@hotmail.co.uk Meet 2nd Tuesday of the month, normally at The Froud Centre, Manor Park E12 but due to Covid-19 restrictions meetings are now on Zoom. | 1. The group was set up to create an organisation run by and for disabled people and their allies.2. To represent and to provide a voice for disabled people in Newham, whatever community/impairment group(s) they belong to and whatever their background situation.3. To ensure that disabled people of all ages in Newham receive their statutory rights and services.4. To ensure that disabled people of all ages in Newham have choice and control over their lives and the services they need to support independent living.5. To ensure that disabled people of all ages in Newham receive services which are personalised for and appropriate to their individual needs.6. To create a Centre for Independent Living (CIL) in Newham.7. To create a representative body to ensure that disabled people of all ages in Newham have their interests and concerns met by public and private service providers.8. To campaign for the full human rights of all disabled people as stated in the UN Convention of The Rights of Disabled People.9. To campaign against the social, attitudinal and environmental barriers which prevent disabled people of all ages from participating in society on a full and equal basis.10. To carry out all activities in accordance with the social model of disability. |
| Newham Parents Forum | Yamu Njie(Chair) | **Phone**: 07495021062 **Email**: info@newhamparentforum.co.uk **Website**: [www.newhamparentforum.co.uk](http://www.newhamparentforum.co.uk) **Facebook:** Newham Parent Forum **Twitter:** @NPF\_SEND\_Parent**Address**: St Marks Community Centre, Office Room 12, 218 Tollgate Road, Beckton, E6 5YA http://www.sarahbonnellonline.co.uk/_site/data/images/news/76/main-logo.png | Newham Parent Forum (NPF) is a voluntary group of parents and carers of children and young people (0-25) with special/additional needs and disabilities (SEND) living in Newham.The group works closely with Newham Council and Newham NHS and Clinical Commissioning Groups and also work in partnership with other local support groups so that collectively, they can make a real difference.The forum also provides a range of information and signposting services as well as a platform for Newham parents/carers to:* Express their views
* Meet other parent/carers
* Influence current and future services

If there’s a service or subject that you would like the forum to cover in a coffee morning, please contact us. |
| Newham People First Group | Neil JohnstonChair | Yasmin ShamsooFacilitator yasmin@newhampeoplefirst.org.uk  | The aims of the organisation are to:a) Support people with learning difficulties in Newham to understand about self-advocacy and other things to do with self-advocacyb) To raise awareness amongst the general public about the needs of people with learning difficultiesc) To carry out or support research to look into the needs of people with learning difficulties and to share what is found out.The group are now part of the revised LD PAG process.Currently we are contacting the group on at least a weekly basis, including visits, to ensure that they feel supported. |
| Older Peoples Reference Group | Violet WhiteChairAge UK East London coordinates  | Emails via info@ageukeastlondon.org.uk ACH_OPRGlogoFINAL2 | The aim of the Newham Older People’s Reference Group (OPRG) is to ensure that the quality of life of the Borough’s older folk is in the forefront of any policy making.This is open to all interested residents aged 50 and over regardless of race, religion, sexual orientation and disability. We do our best to encompass the needs of disabled members so that attending regular meetings and other activities is as easy as is possible.Membership is on a voluntary basis. Any member already involved in other groups and where there is a shared agenda, is encouraged to act as a go-between so that information, ideas and decisions can be usefully exchanged and disseminated.Meetings take every 6 weeks but due to Covid-19 restrictions meetings are now on Zoom. |
| Senior Learning Disability Group | Prabhudas TannaCo-ChairRemi OsunsanyaCo-Chair | prabhudastanna@gmail.com sanyaosun2@yahoo.com  | The Senior LD Group represents the views of adults who care for adults with Learning Disabilities. The group meets monthly, normally Upper Room, Four Square chapel, (NEXT TO Tesco), London E139EZ.  |
| Subco Trust | Naheed AnwarHolistic Services Director Taskin Saleem Chief Executive  | naheed@subcotrust.org.uktaskin@subcotrust.org.uk | Subco was founded in Newham in1993 to address the unmet needs of vulnerable Asian elders in Newham, one of the poorest areas of the UK. Since that date, we have pioneered innovative, culturally, and linguistically appropriate services to meet their mental health and wellbeing needs and putting them at the centre of services and at the heart of our organisation.  We offer a range of stimulating activities, services and support which respect dignity and promote individual choice. Core values which underpin all our work are to ensure services are provided in a safe and welcoming environment; are friendly, flexible, and tailored to meet individual needs and wishes; are inclusive and empower Asian elders and Carers.  |
| The Powerhouse for Women | Tae Catford(Co-ordinator)Sarah Ruiz(Chair) | info@thepowerhouse.org.uk  | The Powerhouse For Women (The Powerhouse) was established in 1985 to provide a place of safety and independent living support for women with learning disabilities, particularly those who had experienced abuse, sexual, financial and neglect. The current organization emerged from the successful work to establish the Beverley Lewis House for women with learning disabilities, which still exists today.For over a decade Powerhouse has continued to co-produce a range of services for women with learning disabilities, particularly those with low to moderate needs, to live their lives in the ways that they choose. Powerhouse provides a range of activities that support independence, enables peer support and strengthens the voice of women with learning disabilities in the development of services.The groups meets at St. Luke's Community Centre, 85 Tarling Road, E16 1HN.The group are now part of the revised LD PAG process. Please contact The Powerhouse for more information. |

**Additional group members and stakeholders of the Newham Co-Production Forum (Adults)**

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| **Carers First**C:\Users\AidanKeightley\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.MSO\3A790424.tmp | 03003031555[www.CarersFIRST.org.uk](http://www.CarersFIRST.org.uk)  |
| **Healthwatch Newham** Contact: healthwatch | info@healthwatchnewham.co.uk Tel: 020 3866 2969 |
| **Change, Grow, Live** (CGL) Contact: Tobias Morphet, - (Substance and alcohol misuse):  | 0800 652 3879tobias.morphet@cgl.org.uk |

**For any further details please contact:**

co-productionteam@newham.gov.uk