

# East Ham Community Citizens' Assembly

24 September 2020

East Ham Town Hall

**People at the Heart  
of Everything We Do**

# Welcome

- Welcome to the East Ham Community Assembly – annual review meeting
- Today is the 5th and last assembly of this current cycle of community assemblies

# Schedule

Schedule	Duration
Welcome	5
Introductions & Housekeeping	5
Video of Mayor's Speech	2
Introduction to Director, Story so far & Working Group Introductions	5
Presentation 1 - Projects & Service Improvements	15
Round 1 – Tables / Breakout groups	15
Presentation 2 - Whole cycle of Assemblies	5
Round 2 – Tables / Breakout groups	10
Plenary Report backs	10
Video on the Democracy Commission Recommendations	10
Next steps and feedback forms	5
Closing remarks & Thank you by Cllr Charlene McLean	3
Total	90 minutes

# Housekeeping

- **Functions:**
  - Mute/ Unmute – please remain muted when you're not speaking
  - The session will be recorded (except for breakout rooms) if you prefer not to be seen you can turn your camera off. Otherwise we'd love to see you!
  - Joining Breakout rooms for the discussion rounds
  - View options – gallery view is easiest to see everyone
- **Breaks – please take them when you need one.**

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# Opening Poll



- Which ward are you from?
- Have you heard of Newham's Democracy Commission?
- If so did you participate in it in anyway (at the events or the online discussion)?

# The purpose of today's assembly

- To update you on:
  - The Community Plan and the community projects delivered over the last 12 months
  - Ongoing service improvements
- An opportunity to give feedback on:
  - the projects and services improvements
  - the whole cycle of community assemblies
- To give you a brief overview of the Democracy Commission recommendations

# Introductions

## **Mayor Rokhsana Fiaz OBE**

Lead Member - Regeneration, Planning and  
Strategic Housing Delivery



# Introductions

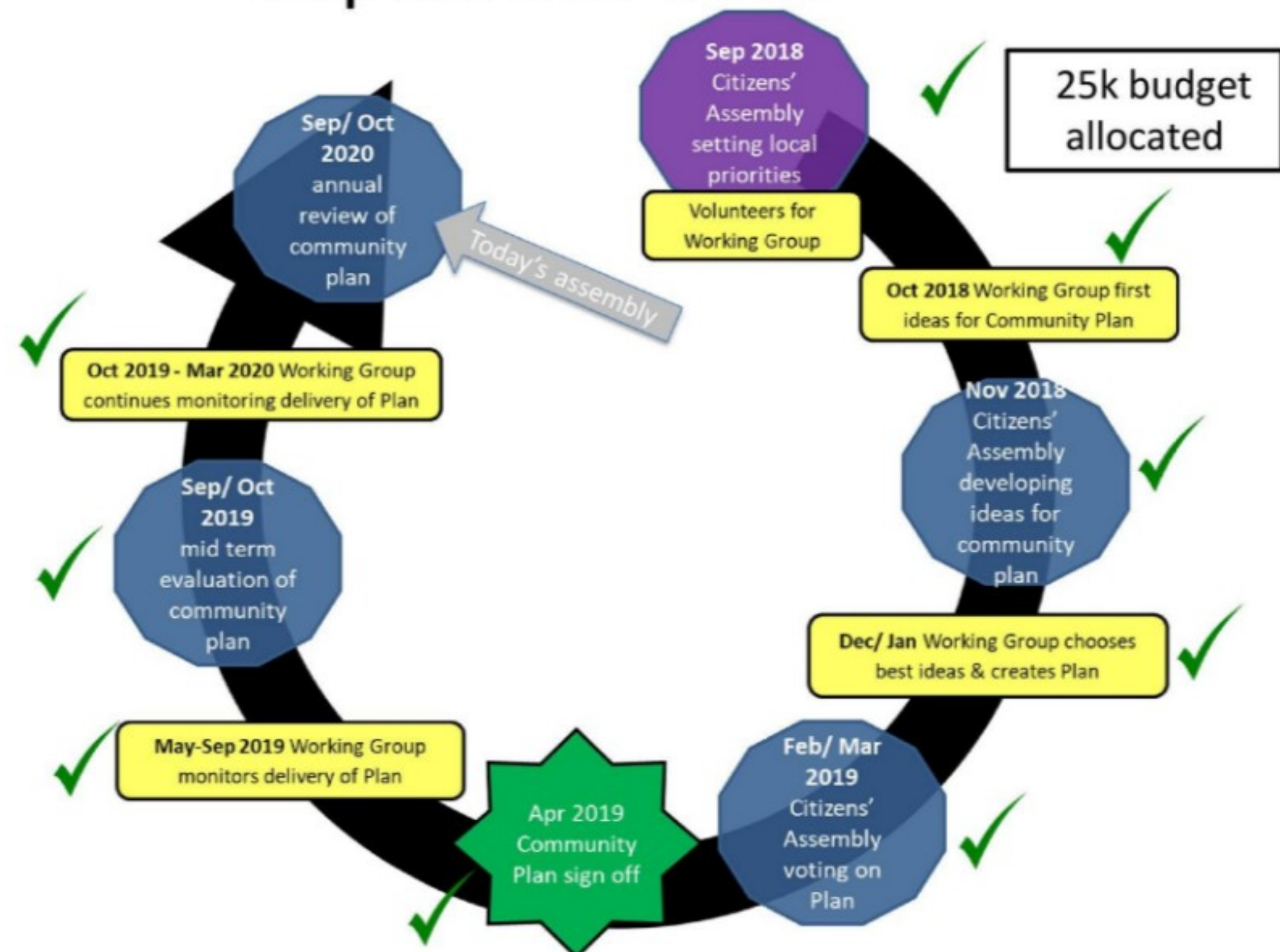
**Tim Aldridge**

Corporate Director of Children and Young people

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# a. The story since September 2018



# The story since September 2018



## **Previous Assemblies:**

- 304 attended the 5 previous assemblies
- 12 active Working Group Members
- Support from LBN services and stakeholders
- Service improvements, projects and budget allocation

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# Working Group Introductions



- Carol
- Nicola
- Fiona
- Mehrunisa
- Prabha
- Manaza
- Katie
- Peter
- Jeremy
- Sheila
- Christine
- Jessica
- Helen
- Raxa
- Chee

Some of the working group members

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# Presentation 1



Projects and Service improvements

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# The top three priorities for East Ham

The logo for Newham London, featuring a stylized red and white wave or ribbon shape above the text "Newham London".

**Priority 1: Anti Social Behaviour & Enforcement**

**Priority 2: Environment**

**Priority 3: Health**

## Community Plan: Budget allocation

East Ham Community Plan: budget allocation					
Potential projects	Cost	Chosen projects	Potential projects	Cost	Chosen projects
1) High Street Business Network	£500	£500	11) East Ham in Bloom	£2,500	
2) Community Safety Roadshow	£1,000		12) Environmental Ambassadors	£1,000	
3) Creative Arts and Cultural Programme	£7,500	£7,500	13) Community Air Quality Project	£500	
4) Personal Safety Workshops	£2,400	£2,400	14) Healthy Families	£6,000	£6,000
5) East Ham Business Awards	£1,500		15) Community First Aid Courses	£3,000	
6) High Street Furniture Review	£2,500	£2,500	16) Targeted Support Groups	£1,000	
7) Environmental Comms Campaign	£3,000		17) Health Ambassadors	£1,000	
8) High Street Clean & Green	£1,000	£1,000	18) One Stop Shop Health Events	£2,000	
9) Keep East Ham Tidy	£2,000	£2,000	19) Healthy Activities in Parks and Open Spaces	£2,000	
10) East Ham Recycles	£1,500		20) Addressing Mental Health	£3,500	£3,100
			<b>Total cost</b>	<b>£25,000</b>	
			<b>Money left from £25k</b>	<b>£0</b>	

## Priority 1: Anti-Social Behaviour and Enforcement

### High Street Business Network

Business Network targeted engagement and events:

#### **Total of 24 businesses engaged:**

- 5 engagement sessions
- 1 targeted high street event
- 1 meeting

#### **Spend:**

Meeting refreshments - £46

Window stickers - £153.25

Spend towards infrastructure for high street event - £300.75



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## Priority 1: Anti-Social Behaviour and Enforcement

### Creative Arts and Cultural Programme

#### 3 x Events took place on East Ham High Street

Each event featured music performances alongside an engagement activity and outreach station:

Event 1 - Showcasing Young people

Event 2 - Making Connections

Event 3 - Collecting opinions

**Event 4 - Community Celebration – this event was unfortunately cancelled due to Covid-19**

#### 2 x sets of family workshops

Workshops were delivered in preparation for the fourth and final celebration event:

- Creative song writing for children
- Family Tree Art project

#### 1 x children's recycled musical instrument workshop

This workshop was delivered to make instruments for the final performance.



#### Spend:

Showcasing Young People - £200

Making Connections - £1303

Collecting Opinions - £1597.75

Creative Workshops - £2400

Celebration Event - £1998.50

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## Priority 1: Anti-Social Behaviour and Enforcement

# Personal Safety Workshops

### Summer workshops:

4 x Self-Defence Workshops for young people

### Personal Safety Event:

- Safer Neighbourhoods
- Enforcement
- Poisonous plants
- Dr Bike
- Cycle Safety
- Handwashing workshop



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# Priority 1: Anti-Social Behaviour and Enforcement

## Personal Safety Workshop

### 6 week Self-Defence courses:

3 x over 50s workshops delivered

3 x Young people and adults workshops  
delivered

Final 3 weeks were cancelled due to Covid-19

### Spend:

Summer workshops £300

Personal Safety Event £430

2 x Self Defence courses £720

Healthy Families Event allocation £450



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# Priority 1: Anti-Social Behaviour and Enforcement

## High Street Furniture Review

### Audit:

- Completed in partnership with Regeneration / Shape Newham, Enforcement, Safer Neighbourhoods and the street cleansing team.
- The audit highlighted a list of necessary service improvements.

### Consultation:

- Residents were consulted on which area of development would have the greatest impact on the look and feel of East Ham High Street.
- The sessions took place at East Ham Library and at a targeted event on the High Street:

The winning option was planting and trees and therefore, when we are able, we hope to be able to continue this work.

Printing Costs – Consultation £40.24



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# Priority 2: Environment

## High Street Clean and Green

### Reusable shopping bags:

Unable to resume our activities on the High Street, we decided to pick up on one of the initiatives around reducing plastic waste that had been developed earlier in the working group process.

The shopping bags were used as a key factor in the Healthy Families project and have also been given out at the recent Wellbeing events.

2 x events were postponed bad weather and Covid-19:

Aims of those events:

- Community Clean up of targeted areas of the high street
- Planting activity for the community
- Creating a bank of clean up kits for businesses (ongoing)

Spend: reusable Shopping bags £455



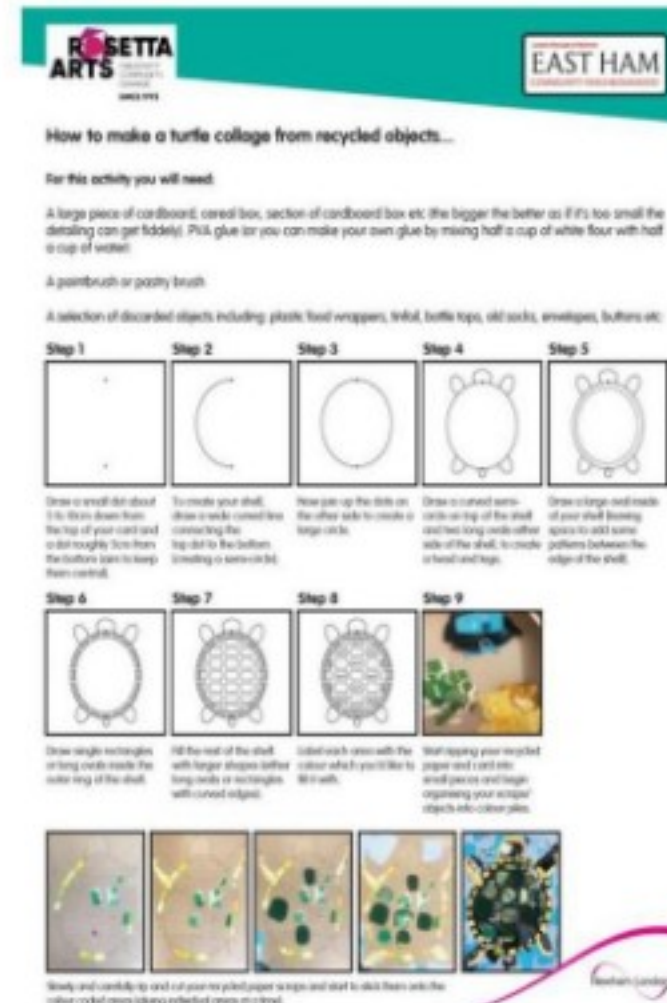
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# Priority 2: Environment

## Keep East Ham Tidy

- Community Clean up Kits purchased
- 3 x community clean up events delivered with residents
- 3 East Ham schools engaged to undertake local clean ups and to receive a recycled art workshop in the school setting.

**Spend:**  
Clean Up kits £300  
Recycled Art project for schools £1700



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# Priority 3: Health

## Healthy Families – part 1

- **Family Cookery Workshops**
  - 3 courses running consisting of 5 x 2hr sessions
  - 25 families each Course (1 adult up to 4 children)
- **Young People's Cookery and Food Hygiene Course**
  - 2 x cookery courses for young people learning to cook independently. Participants learned a variety of healthy recipes and money saving tips.
  - All participants completed the relevant learning and passed their Food Hygiene test to gain this qualification.

### Spend:

Family Healthy Eating Cookery Workshops £3350

Cookery Course for 16-21 years £1650



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# Priority 3: Health

## Healthy Families – part 2

### Healthy Families Activity Bag

containing 12 healthy activities for 150 families to enjoy including:

- Vegan Berry Muffin baking kit
- Embroidered rainbow making kit
- Dual language and other books
- Nature detectives kit
- Spring bulbs

#### Spend:

Healthy Families Activity Bags £1000

Thank you so much for the activity bag! It was absolutely chocca full of things and my two are loving them. Books are one of the winners (particularly Simon Sock) and thought you might like a photo or two of my daughter baking.



I would like to thank you for the activity bag it is really fun doing all the activities. My son had a blast baking the muffins.

I love what [#EastHamCN](#) and [@NewhamLibraries](#) came up as [#environment](#) friendly solution for Families Activity Bag. Thank you! [#Sustainability](#) [#GoGreen](#) [#lessplastic](#) [#lesswaste](#) [#reducereuserecycle](#) [@NewhamLondon](#) [@UptonX\\_newham](#)



17:48 · 28 Aug 20 · Twitter Web App



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# Priority 3: Health

## Addressing Mental Health

### – Part 1

#### **Green Couch:**

Launch event followed by regular social event encouraging residents to talk and signposting to relevant services

#### **Young people; supporting each other:**

Focused workshop for young people to support the development of their awareness of mental health issues

#### **Mental Health First Aid:**

2 day accredited training course for local professionals and community volunteers

#### **Wellbeing Wednesdays:**

This 6 week wellbeing programme was part delivered before Covid-19 designed to include Sculpture, Yoga, Gardening, Creative writing, Mindfulness and Yoga.



#### **Spend:**

Green Couch launch event £70.28

Mental health and supporting each other workshop £450

Mental Health First Aid course £1520

Wellbeing Wednesdays £950

Lattes and Laughter £109.72

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# Priority 3: Health

## Addressing Mental Health – Part 2

### Lattes and Laughter:

Socially distanced coffee morning in Central Park

*“It did me good getting out of the house and meeting people”*

*“I enjoyed seeing people and it was such a good idea, it made me forget the whole virus”*

*“I really enjoyed it, love the way you set up the tents and the teas and coffees while still social distancing.”*

*“Brilliant, Amazing, Really Good! I saw the poster in the park and really enjoyed the embroidery, haven't done it since I was a little girl!”*



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# East Ham



## Community Plan: Budget spend

Project	Budget	Spend	Remaining
High Street Business Network	500	500	
Creative Arts and Cultural Programme	7,500	7,299.25	200.75
Personal Safety Workshops	2,400	2,400	
High Street Furniture Review	2,500	40	2460
High Street Clean and Green	1,000	455	545
Keep East Ham Tidy	2,000	2,000	
Healthy Families	6,000	6,000	
Addressing Mental Health	3,100	3,100	
<b>Totals</b>	<b>25,000</b>	<b>21,994.25</b>	<b>3,005.75</b>

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# Update from service areas

## Better Streets fly-tipping interventions

- Currently rolling out the CSI Tape and chalk paint anti-flytipping messages to the 12 most fly-tipped spots in the borough.
- Changing locations every 6 weeks to keep tackling the worst hit areas.
- Hotspots are identified using data from resident reported incidents as well as crew reports In East Ham wards included in this 6 week cycle which started on 10/09 are:

Hotspots	Residents/ Crew data	Intervention	Ward
Lloyd Road E6	Crew data	CSI tape	East Ham Central
Grangewood Street E6 (Katherine Road- Elizabeth Road)	Residents data	Chalk Paint	East Ham Central- Boleyn
Ruskin Avenue E12 (High Street North- Browning Road)	Crew data	CSI tape	East Ham North
Frinton Road E6	Residents data	Chalk Paint	East Ham South

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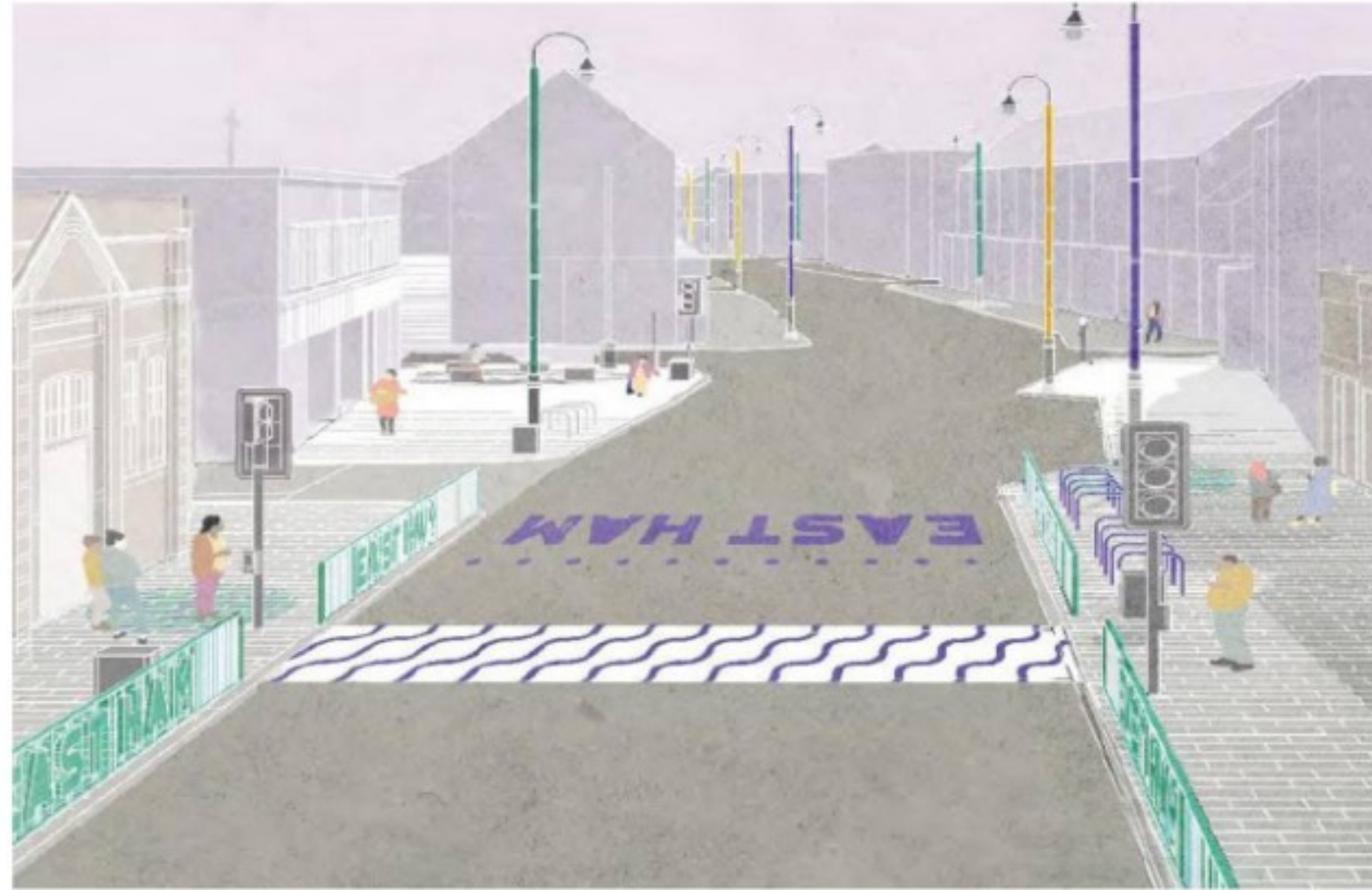
# Update from service areas



Regeneration Team Shape Newham

- Consultation took place over the summer
- 3 projects chosen
- The scheme is provisionally timetabled for installation in Summer/Autumn 2021
- More info:

[www.shapenewham.co.uk](http://www.shapenewham.co.uk)



An artist's impression of high street north (however final designs are being revised in response to feedback).

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# What are your thoughts on the projects that have been delivered?

East Ham seem to have achieved quite a lot. While not always in the public eye it shows that staff are doing a great job

could we engage more with residents using cafes in high street to get them to invest in looking after planters too

look at project in Wanstead - getting volunteers to look after planters

good to hear about cleaning the streets

A slick presentation. Clearly the money was allocated well.

I don't see why some of the planned events are not taking place due to Covid restrictions

Please include bee friendly planting on high street and fruit trees

What were the results of our Test & Trace work? For example how many people used it?

like the green couch day

# What are your thoughts on the projects that have been delivered?

It was good to see what has been done on the High Street but what about the side streets?

Projects that had to be cancelled - there were a lot of cancellations

it is about ownership of environment

need more street cleaning - more bins

What will happen to the unused funds? Will they be used on other projects?

could we have a cleanest street competition?

Covid behaviour is having an impact on our streets

like the idea of cleaning kit

Please use recycled plastics rather than cotton for shopping bags (eg. recycled bottles)

# What are your thoughts on the projects that have been delivered?

Barking Road needs the same level of care and support as High Street North

Too many barbers shops and chicken shops on Barking Road. There seems to be lots of unlicensed shops. What is happening about planning permission?

Used food waste collection points - to use for biowaste

like the one by one project - Shabba took the initiative

Terracycle boxes in libraries?

The events on the mental health side - Priority 3, need to be looked at again but certainly carried out. We do need better communication.

Schools projects - terracycle boxes for people to recycle

landlords need to be held responsible for messy gardens - or encourage residents

Cookery classes - plant based cooking classes would be really good

# What are your thoughts on the projects that have been delivered?

It will be interesting to see what effect the fly tipping project will have. Feedback is very important particularly when people use the app.

High street still needs brightening up

Currently staying away from the high street as it doesn't feel safe - need people working up there to remind people (wardens)

The cookery courses are really important - we should build on what we started

need more provision for mental health - more green couches

Are we going to go back to the business community who didn't take part the first time to see if they will take part in the future?

Idea about improving the high street are great

need more public health information about prevention - particularly at the moment

Need to translate and communicate important messaging in multi-languages (for example covid-19 info)



# What are your thoughts on the projects that have been delivered?

Very interesting, never had this type of thing before. It allows us to work together and build resilience. We achieved what we could. If you sow a seed you have to nurture it in order to bear fruit.

don't accept that very much has been done to promote mental health - no invites to mental health groups and couches not used - include testimony from mental health sufferer or ELFT re talking therapies in Anna's promotion

low attendance of activities - need to stop if too few

One by one project - each one of us in Newham have responsibility.

Two peak interest activities

that that do communications are small proportion of East Ham community

I hope this will continue.

Came to one meeting and was due to be involved in a Street consultation and then nothing evolved. Felt there was a lack of communication.

some good events but to learn from things that didn't go completely right

# What are your thoughts on the projects that have been delivered?

Went to some meetings but was not involved in the projects. People were asked what they wanted and were able to vote on what they wanted and seems to have gone alright although Nigel had a bad experience.

only certain people who attend events - struggling to get other people involved - focus should be on those who don't engage

Attended one of the music events on the High Street by Primark, it was very very good even though the weather was very windy. Engaged with passers by.

takes a while for projects to gain traction

Health projects and coffee events in Central Park were amazing.

Clr Mc Lean will pick up with Nigel's about his concerns.

First time in the assembly, felt the projects were amazing and support Newham recycling aims. 70% reduction in fly-tipping following the projects and interventions.

Look at different platforms for engagement and communication

Attended an event and it was very windy. A lot of the programme was marred by covid 9 but hopefully they will continue.

# What are your thoughts on the projects that have been delivered?

The High Street furniture review was beneficial.

ASB workshop - nothing around COVID and safety measures

Everything is getting better, little by little, (working group, results etc)

Fly-tipping still remains an issue, perhaps we could have CCTV and more enforcement as part of the plan.

Real diversity of projects, which engaged a real cross section of the community. It is a real learning opportunity and take time to take root.

What is the participation of local residents? there are only 3 residents on this call. Why is there so few local people. Why are local people not engaging? It could be dominated by the council and local people not being listened to.

Recycle Officer advised that in the areas where the project was trialled there was a reduction in fly-tipping and will be rolling out to other parts of the borough.

We came up with really good projects that we just need to continue to work on. It is getting beautiful, things are getting better.

Needs to be more resident led with more participation, why so few residents.

# What are your thoughts on the projects that have been delivered?

Maybe focus of smaller areas to tell and engage more residents. Local venues would help as well.

Recognising what will draw people to this process and how we draw more people and attract them to be involved.

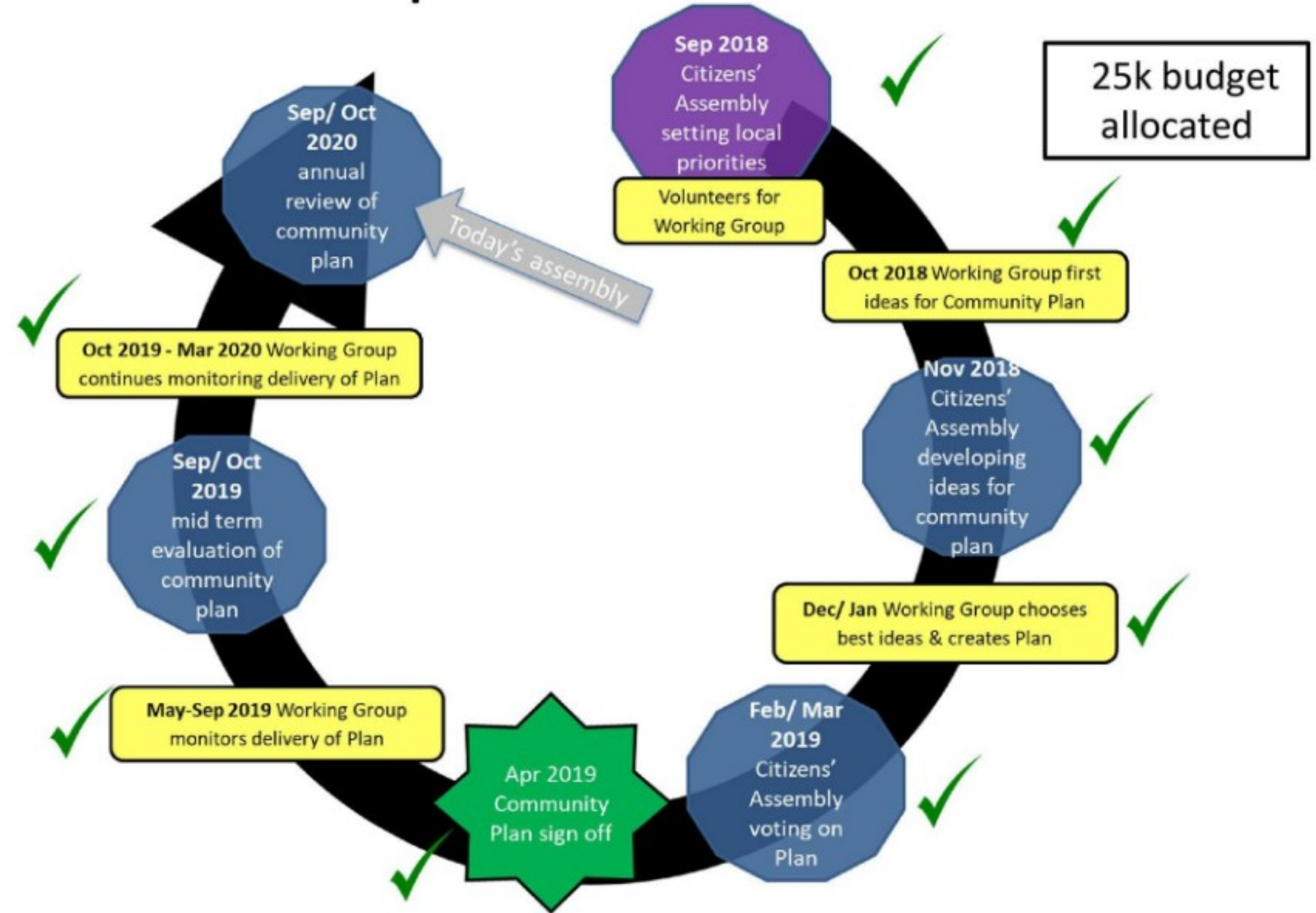
My observation is that it takes a lot of time and so reaching out to more people will take time, but positive that residents are interested in their areas but its just a process which will take time. We all need to work together to make it work.

More local venues and not council buildings in order to engage more residents

# Presentation 2

## The Whole Cycle of Community Neighbourhood Citizens' Assemblies

# a. The story since September 2018



# What feedback do you have on this whole cycle of assemblies and how do you think we can design and improve future assemblies?

I think it's been done really well

Newham has really engaged people - I don't know of any other boroughs where the residents are engaged so much

a lot has been poorly implemented - not enough publicity about projects

Better communications are needed - it's not always clear what it's about

We should widen the scope of the projects and concentrate on small businesses.

More marketing - not just rely on Newham Mag - train stations / multi language / utilising social media

More effective marketing strategies are needed

It was interesting to see how many people had been involved from the start but there has been a big drop off. Of the original 16 about 8 remain.

To improve transparency - youtube channel where residents can view an introduction to all of the key directors and leadership teams including the mayor - could this be included in the app?

# What feedback do you have on this whole cycle of assemblies and how do you think we can design and improve future assemblies?

assembly meetings have been right way of engaging

assemblies needed better publicity

assemblies should happen more regularly

Perhaps more ambassadors could share information about forthcoming events

more info needs to be in mag or recorder

Properly rewarding working group members might have stopped drop off.

zoom and online is good way of engaging more people

Communications are not engaging enough and the website is still very hard to navigate - needs to be more eye catching and user friendly (art / graphics) to show this is relatable for people in every day life - more inviting rather than corporate

East ham is big area, could we split up more?



# What feedback do you have on this whole cycle of assemblies and how do you think we can design and improve future assemblies?

Need multi language buttons on the website

meetings need to be more accessible and local

brilliant to be asked what we want, rather than being told

like the detail of expenditure

need more than 25k

need more people to hear about and understand assemblies

Need to presume that people do NOT have all of the technology required to access the online events and online registration

Technology is a barrier for people

Communication should not discriminate - more people need to have their say from accross the whole community

# What feedback do you have on this whole cycle of assemblies and how do you think we can design and improve future assemblies?

We need to bring Covid issues into our projects. I am a Covid-19 Champion and I feel this is a very important issue. We have to plan Covid for the future even at a local level.

have to be more careful about concept - did we have a plan - what does community mean - conceptual understanding to be sharper

gap between choosing project and implementing due to governance

Need to take the meetings to the people - use other places - parks, schools, etc

concentration on community plan blocked ideas

high street activity to have event, but to be more encompassing

Need to broaden reach

at each CA strict agreement about actions in meetings and report back on actions

working group small, so not a reflection of the area

# What feedback do you have on this whole cycle of assemblies and how do you think we can design and improve future assemblies?

good to have a core group of people - to engage with wider groups

Anna's bulletin - develop to include short report on working group and what local councillors have done

Publish list of all projects delivered

Community newsletters

Use community publications; ie Newham Voices

# Comments from breakout groups & tables



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# Democracy Commission Recommendations

Newham London

Play Democracy Commission recommendations  
video

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# Next steps

You can give further feedback for:

- The independent evaluation of the whole process of community assemblies
- The Democracy Commission Recommendations – Focus Groups and events
- If you'd like to be involved in one or both of these please leave your contact details on the feedback forms or email [CitizensAssemblies@newham.gov.uk](mailto:CitizensAssemblies@newham.gov.uk)
- The evaluation will inform the start of the new process in September 2020
  - look out for details on [www.Newham.gov.uk/citizensassemblies](http://www.Newham.gov.uk/citizensassemblies)

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# Cllrs. Surgery Details



Due to the Coronavirus-19 pandemic, the Council is following national health advice.  
Councillor Surgeries at local venues have been postponed.  
Please contact your Cllr at the listed times via their advertised telephone number or email.

## Correspondence address:

LBN. Newham Dockside , 4th Floor West  
1000 Dockside Road, London, E16 2QU

## East Ham South Ward:

Email: [susan.masters@Newham.gov.uk](mailto:susan.masters@Newham.gov.uk) Mobile: 07720 054335

Email: [lakmini.shah@newham.gov.uk](mailto:lakmini.shah@newham.gov.uk) Mobile: 07950 134124

Email: [quintin.peppiatt@newham.gov.uk](mailto:quintin.peppiatt@newham.gov.uk) Phone: 020 8471 8751

## East Ham Central:

Email: [Aisha.Siddiqah@newham.gov.uk](mailto:Aisha.Siddiqah@newham.gov.uk) Mobile: 07725 311212

Email: [Suga.Thekkeppurayil@Newham.gov.uk](mailto:Suga.Thekkeppurayil@Newham.gov.uk) Mobile: 020 3373 3614

Email: Vacant

## Wall End:

Email: [Lester.Hudson@Newham.gov.uk](mailto:Lester.Hudson@Newham.gov.uk) Phone: 020 8514 6241

Email: [Jennifer.bailey@Newham.gov.uk](mailto:Jennifer.bailey@Newham.gov.uk) Mobile: 07591 223315

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# Closing Remarks

**Clr Charlene McLean**

Deputy Mayor (Community) - Lead Member,  
Community Neighbourhoods

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Thank you and Good Evening!