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News

£1.1 million grant will enrich young lives with exciting projects

Newham Council has launched a host of cultural and creative opportunities to help children and young people across 81 schools in the borough develop their individual talents as part of a £1.1million enrichment grant pilot.

Schools have received grants for school music and other creative opportunities for the pilot which is enabling children and young people to experience high quality activities, in and out of lessons.

Starting this month, there will be a wider range of funded projects for pupils to take part in, including music, dance, visual arts, filmmaking, and creative writing for pupils, both in and out of school.

Councillor Jane Lofthouse, Deputy Cabinet member for education, said: “The new enrichment offer will support children and young people across Newham to develop their creative potential and take advantage of the richness of our already culturally vibrant borough.”

2019/2020 is a pilot year for the project, which will shape the future approach with the full enrichment offer starting in September 2020. The pilot has been expanded to include children in nurseries through to secondary schools.

The extra activities will be rolled out and take place between January and December 2020. They are: Otherwise Education: Writes of Passage Primary and Secondary Networks, The Magpie Project: A Dance Residency, The Whitechapel Gallery: The Newham Primary Art Leaders network, Rosetta Arts: Arts Stars!, East London Dance: On the Move, Art Matters: Annual Exhibition and Creative Workshops 2020, Eastside Community Heritage: siSTEMic.

The enrichment grants pilot started in September 2019 and fit in with Mayor Rokhsana Fiaz’s vision for children and young people to experience diversity and culture, and to discover and develop creativity.



Children of all ages will benefit



Creative projects are included as part of the pilot

Children will discover creativity

News

Play your part in local democracy

The chair of the recently established Democracy and Civic Participation Commission is calling on residents to help strengthen the relationships that exist between local people and Newham Council.

Professor Nick Pearce, 51, Director of The Institute for Policy Research (IPR) and Professor of Public Policy at the University of Bath, said: "This Commission is all about furthering participatory democracy, which means that people have the opportunity to shape the decisions that affect their lives and take an active part in the governance of their community."

The independent Commission, established by Mayor Rokhsana Fiaz, has been tasked with ensuring residents can participate more extensively in local democracy, have their voices heard in decision-making, and be able to hold their elected representatives to account. It will report back with findings and recommendations in March.

Professor Pearce added: "We won't make the right recommendations if we don't involve residents. And unless we hear from the full range of voices, we won't tackle political inequalities."

Feedback from residents is a key

part of the Commission process with a number of public inquiry-style sessions, workshops, and online engagement options. They are fully open to the public. The next events are:

- Drop-in – Saturday 18 January, 10am-12pm, Stratford Library: drop-in and chat with people supporting the Democracy Commission.
- Public meeting (World Café) – Saturday 18 January, 2pm-4.30pm, Old Town Hall Stratford: discuss, listen and exchange views on different themes connected to local democracy with other residents
- Public meeting (World Café) – Tuesday 21 January, 6.30pm-8.30pm, East Ham Town Hall.
- Coffee Morning – Tuesday 21 January, 10am-12pm, Custom House Library: join for a coffee and discuss local democracy in a relaxed atmosphere with other local people.
- Public meeting (World Café) – Wednesday 22 January, 6pm-8.30pm, Britannia Village Hall, West Silvertown.



Professor Nick Pearce

Drop-in – Thursday 23 January, 10.30am-1pm, Manor Park Library.

- Drop-in – Friday 24 January, 12.30pm-4pm, Jack Cornwell Community Centre, Manor Park.
- Evidence hearing – Wednesday 29 January, 10.45am-5pm, Stratford Library: the final public hearing will focus on governance models and the role of councillors in strengthening local democracy.

To learn more about the Commission, future events, and how you can join the conversation about local democracy, visit www.newhamdemocracycommission.org

Residents' feedback is key

...in brief

Primary schools are doing well

The performance of Newham primary schools in key areas of education has placed the borough in the top 10 of performing local authorities in England.

Figures from this year's Key Stage 2 Standard Assessment Tests (SATs) published by the Department for Education, revealed 76 per cent of children in Newham's primary schools achieved the expected standard in reading, writing and Maths, compared to the national 65 per cent, ranking the borough fifth nationally.

The statistics also show 16 per cent of the borough's children achieved the higher standard in reading, writing and Maths, meaning the borough has risen 13 places to eighth position in the national league table.

Councillor Julianne Marriott, Cabinet member for education, children and



Primary school children are performing well

young people, said: "We have a brilliant family of schools in Newham who work together to provide a fantastic education for our children. Our schools offer so many opportunities, from the chance to perform at the Royal Albert Hall, represent our country at football and learn Chinese, and they also get great SATs results."

Library and community centre close for refurbishment

North Woolwich Library and Beckton Community Centre are currently closed for refurbishment works.

The library in Pier Road, North Woolwich, is set to re-open in the autumn. In the meantime a temporary library is operating from North Woolwich Learning Zone at 78 Albert Road, on Mondays and Tuesdays between 9.30am and 5.30pm, and Thursdays between 1pm and 8pm. Email CN.BecktonRoyalDocks@newham.gov.uk for details.

Beckton Community Centre in East Ham Manor Way will be closed until Spring 2021 to allow refurbishment to create a larger, more flexible community space including a community kitchen.

For details of other community centres in Newham visit www.newham.gov.uk/Pages/Services/Community-centres or call 020 3373 0853

Honours for head teachers

Newham Council has offered congratulations to two head teachers who were recognised in the New Year honours.

Neena Lall, head teacher at St Stephen's School and Children's Centre in East Ham received an OBE and Sukwinder Samra, head teacher at Elmhurst School and Director of Elmhurst Teaching School Alliance in Forest Gate, was awarded an MBE. Both were for their services to education.

Neena and Sukwinder were among 84 people nationally recognised for their outstanding contributions to children's services and improving social mobility.

Consultation on SEND funding

Newham Council provides mainstream schools with funding for pupils with the highest special educational needs and disabilities through a High Needs Budget.

This budget is expected to be overspent by approximately £8.2 million in 2019/20. The Council will be publishing a consultation to get residents views on a proposal about how the overspend can be reduced. The consultation will be open from 22 January to 3 March. Details can be found at www.newham.gov.uk/SHN

Leisure centre improvements

Improvements are currently under way to the soft play area and gym facilities at the Atherton Leisure Centre in Forest Gate.

East Ham Leisure Centre and Newham Leisure Centre in Plaistow are also introducing 'poolpods' so residents with limited mobility can get into the swimming pool without help. For more information on Poolpods visit <https://bit.ly/2q0Enqy>



Breaking ground for new homes in Didsbury Close, East Ham, with James Murray, when he was the Deputy Mayor of London for housing in 2019



Helping to address the climate emergency

Mayor Rokhsana Fiaz

It's only a couple of weeks into 2020 and as we embark on a brand new decade we renew our resolve to continue delivering the manifesto pledges I made to residents.

A big piece of work is Newham Council's Budget for the next three years, which is due to be set in March at Full Council.

At the heart of the draft Budget is the Council's ambitious new strategy to create an inclusive economy through its Community Wealth Building agenda. The strategy seeks to transform Newham to create a fairer, more prosperous place for all by addressing poverty and inequality, improving the health and wellbeing of residents, and expanding opportunities into skills and jobs.

I am excited by our Budget spending proposals which build on what we are spending already and, if approved, stand to benefit all residents. For me the priorities remain tackling the housing crisis, keeping wealth local, the climate emergency, and working to keep

our children safe and making the borough the best place for young people to grow up.

During 2020 I'll be working with our Inclusive Economy and Housing directorate teams to continue with the important task of building homes that our residents need and can afford.

Alongside the biggest Council stock refurbishment programme this borough has seen in a generation (involving 16,000 properties) and a review of our housing allocation policy, I am pleased that we're progressing at pace with an ambitious house-building programme that will help meet the Mayor of London's requirement of building 34,000 new homes in Newham by 2033. We are on course to start building 1,056 new Council homes by March 2022, have progressed developing the next part of our new housing delivery strategy, to be published this year, and have started an early review of our Local Plan.

Solving the housing crisis is a long term challenge – and in the

Mayor Rokhsana Fiaz OBE
Mayor@newham.gov.uk



@rokhsanafiaz



Rokhsana_Fiaz



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Residents supported
our Healthy School
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Newham London

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3 - 4 pm

Except
permit holders 

Some
streets are
closed to
traffic at
set times

and 

meantime we will not forget those at the really sharp end – our rough sleeping community.

Last month, for the first time in a decade, this council adopted a Homelessness and Rough Sleeper Strategy, and to deliver this we propose to spend £1.4m every year for the next three years to improve services supporting our most vulnerable people.

Anyone who visited the Stratford Christmas shelter over the holidays would have seen the urgent need for such support, so I'm pleased, that on 20 January we will be re-opening our 25-bed rough sleeper assessment hub, in Forest Gate.

The hub acts as a safe alternative to the streets for rough sleepers, where people are given shelter, food and access to council and health support while long term solutions to their homelessness are sought.

House building is also a vital part of our plans to secure a decent future for our young people – providing homes they can afford in their own community. But it is also

our duty to make Newham a safe and inspiring place to grow up. That is why largest slice of proposed new money in the budget – £4.5m each year – will fund enhanced services for our young people to support new Youth Zones, to provide extra support for their health and mental well-being, and in programmes to keep them safe. And later this month we will celebrate the work of the Youth Safety Board which has been brought together to drive forward our vision for Newham's young people.

Finally in recent weeks we have all been shocked by the devastation of the Australian forest fire disaster, which can leave no-one under any illusion of the Climate Emergency facing our planet and the need to take action.

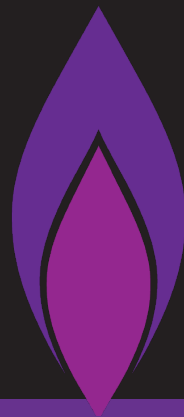
Closer to home we are dealing with our own poor air quality, which is the worst in the country. According to the British Heart Foundation every man, woman and child in Newham is breathing in the toxic equivalent of 159 cigarettes a year and Public Health England confirm we suffer the

largest number of deaths attributable to air quality in the country – some seven out of every 100.

We simply have no choice but to address this crisis, and over the next three years we propose to invest an extra £1m per year to tackle the effects of climate emergency as part of our Newham Climate Now agenda.

And we need you, our residents, to work with us and think about moving towards more sustainable ways of living our lives. Think about your next journey and whether you really need to take the car. Would your child be happier, fitter and healthier with a walk to school? Think about your individual impact on the planet. As a Council we will use our spending to make it more pleasant, attractive and convenient to do the right thing, to create a safer, greener, fairer environment for everyone. So at the start of this new decade – let's make it one for change – for our planet, our borough, for our most vulnerable and for our young people - and for the generations to follow.

John Hajdu



HOLOCAUST MEMORIAL DAY

Standing together against genocide



Stand Together is the theme of Holocaust Memorial Day 2020 and focuses on how people can oppose genocidal regimes by coming together to speak out against oppression.

John Hajdu, 82, survived the Nazi persecution of Hungarian Jews during the Second World War, followed by Soviet oppression after liberation. When he and his mother had to flee Hungary to begin a life of freedom and happiness in the United Kingdom there were many who stood together and supported him.

He will share his story at Newham Council's Holocaust Memorial Day event on 27 January at the Old Town Hall in Stratford. He will describe how his aunt lby saved his life by grabbing him and hiding themselves in the cupboard of a non-Jewish neighbour when the Nazis were rounding people up for deportation. He said: "I'm fortunate to be here, to have escaped, to have been hidden in the cupboard when everybody was being taken, and to have escaped from Hungary in 1956. I came through the minefields at night to Austria under an unmanned watchtower."

He will also talk about how they were freed from the Budapest ghetto by Russian troops, just as the Germans were planning to detonate mines to destroy the area in 1945.

Now retired after a successful career in the hotel business, John received an MBE in the Queen's New Year's Honours for his work educating children about the Holocaust. He also wrote a book called *Life in Two Countries*, about his experiences both as a child suffering Nazi persecution in Hungary and life under Soviet occupation after the end of the war.

John was born in Budapest, in 1937 and although Hungary allied itself with Nazi Germany in 1940, the persecution of the Jews had already begun in 1938. In 1943, John's father, Gyorgy, was sent to a forced labour camp. In October 1944, his mother Livia was taken away to

work and later marched to a concentration camp in Austria.

At the end of the war, John was miraculously reunited with his mother who he believed was dead and they returned to Budapest. Life under Soviet rule proved difficult and in November 1956, after the failed Hungarian revolution against Russian occupation, they set off for Austria, and eventually arrived in the United Kingdom in February 1957.

He said: "When I escaped Budapest I had nothing except for a teddy, which I still have, and a bag of food. When we got to Austria they had to give us clothes and feed us in a camp.

"It's a very strange feeling to wear other people's clothes. When you are a foreigner in a foreign country with no money, no background, you are reliant on the charity of locals. In Vienna I queued at the British Embassy and I was fortunate to be one of the last people to get a permit to be allowed into this country."

He married Maureen in 1972 and the couple have two children and four grandchildren.

He said: "I have lived with this all my life. My mother never talked about her experience at the concentration camp but I know she sustained several beatings, her ribs were broken, her teeth were smashed, she suffered from dehydration and she never fully recovered, physically or mentally.

"It is possible to learn through the power of words what I and thousands of others have gone through and also that maybe the present and future generations should learn and remember those dark days and speak out against such atrocities and shout 'never again'."

This year's Holocaust Memorial Day marks the 75th anniversary of the liberation of Auschwitz. Newham Council will also be presenting a free screening of film *The Book Thief* at 6.30pm at Stratford Picture House in Salway Road, Stratford, on Monday 27 January. To book a place visit <https://www.eventbrite.co.uk/e/the-book-thief-tickets-89210628391w>

HOLOCAUST MEMORIAL DAY

Free event. All welcome.

Monday 27 January, 9.30am-noon

Old Town Hall, Broadway, Stratford, E15

The event will include readings from children; talk from John Hadju; testimony from a survivor of Bosnian genocide; candle-lighting ceremony; Newham Music's Bridging Sounds Orchestra; exhibition of artwork by local children; items from Newham Bookshop and libraries.



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Newham London

SEND High Needs Funding Consultation

Newham Council provides mainstream schools with funding from the High Needs Budget for pupils with the highest special educational needs and disabilities.

This budget will be overspent by approximately £8.2 million in 2019/20. The Department for Education will require Newham Council to provide a Budget Recovery Plan for how we would address this overspend when it happens. We are publishing a consultation to get your views on a proposal about how we can reduce the overspend.

The consultation will be open between
22/01/2020 and **03/03/2020**.

Details can be found here:
www.newham.gov.uk/SHN

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www.newham.gov.uk/privatelandlords





AMBITIOUS AGENDA TO KEEP YOUNG SAFE

Mayor Rokhsana Fiaz's ambition to make Newham the best place in the country for young people to grow up in took a leap forward last month with the publication of the first report by the Newham Youth Safety Board.

The Youth Safety Board (YSB) was created by the Mayor in March 2019 with the specific aim of making Newham a safer place for our children to grow up. Later this month, there will be an official public launch event for the YSB with young people, residents and community organisations taking part to publicise and celebrate the work which has been going on behind the scenes.

The YSB is a partnership between the Council, young people, police, health and education services and families who've experienced the effects of crime and violence, including Keisha McLeod, whose 14-year-old son Corey Junior Davis was murdered in Newham. It is led by the Mayor and Duncan Bew, a surgeon and anti-knife campaigner.

Mayor Fiaz said: "Newham should be a place where every child and young person feels safe, thrives and where they can reach their full potential through accessing all sorts of enriching opportunities.

"With the help of young people, residents, family members and our partners on the Youth Safety Board, we've come up with an ambitious and positive agenda which I am

committed to implementing.

"On behalf of the board I want to dedicate the first report to those youngsters, their families and friends who have been affected by violence, crime and exploitation. We will do better in future."

Alongside the publication of the report the Council announced, in its budget proposals, ambitious plans to invest more than £13 million over three years through initiatives to boost services for young people to keep them safe.

The Council will dedicate £4.5 million a year to support children and young people in Newham until 2023, funding new Youth Zones, providing extra support for young people's health and mental well-being, and programmes to keep teenagers safe.

A key feature of the Board is including young people from the borough. Keir, one such member, said: "Plainly and simply, we're close to a state of emergency regarding youth safety in Newham. It's not just enough, however, to only have the voices of adults making change.

"The opinions and suggestions of young people inside and outside of the gang and knife crime issue are invaluable in order to combat this rising issue. I hope that the Youth Safety Board will take steps to solve the gang and knife crime problem and ultimately make Newham a safer and more enjoyable place to be for everyone."



ECLIPSE THEATRE AND BELGRADE THEATRE COVENTRY PRESENT



eclipse

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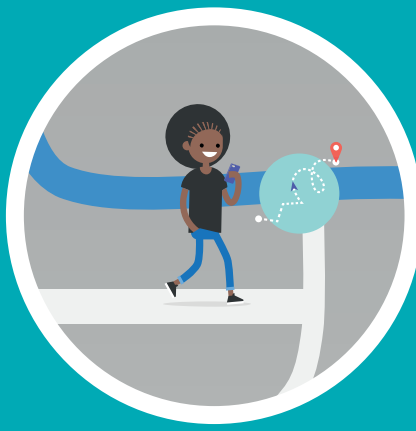


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YOUNG GETTING THE BEST OUT OF LIFE

Newham Council's Schools Health Service is hosting a series of events to provide young people with information and advice to help them learn about their health and how to improve it as they become adults.



The programme is called Living Your Best Life and events are taking place for young people aged between 15 and 19 at the borough's youth zones.

At the events young people will have access to details about a range of council services and information on topics including healthy eating; exercise; height and weight; stress management; healthy relationships; immunisations; HPV vaccine; sleep; meningitis; smoking; mental health awareness; sexual health and substance misuse.

Nurses and representatives from partner organisations including mental health service HeadStart, SHINE (Sexual Health Services in Newham), and leisure activity provider activeNewham, along with our nurses will also be available to talk confidentially to young people and show them how to use accredited health apps.

The events will be held from 3.30pm on:

- **11 FEBRUARY** at the Shipman Youth Zone, Prince Regent Lane, Custom House, E16
- **12 FEBRUARY** at the Beckton Globe Youth Zone in Kingsford Way, Beckton, E6

- **13 FEBRUARY** at the Little Ilford Youth Zone in Rectory Road, Manor Park, E12

- **14 FEBRUARY** at the Forest Gate Youth Zone in Woodford Road, Forest Gate, E7.

Two successful events have already taken place at the Shipman Youth Zone in October and Forest Gate Youth Zone in November. More than 60 young people attended and collected a Health Passport Road Map to record which services they visited and goodie bags.

Councillor Sarah Ruiz, Cabinet member for children's social care, said: "Helping young people stay safe and healthy involves providing a range of services and showing them how and where they can access information and advice on all the things they may experience on their journey to becoming young adults. I would encourage all young people to attend these sessions, find out what's on offer and help us to improve the health and well being of our young people."

For more information on the next events contact schoolhealth@newham.gov.uk



Let's talk about the Budget

Mayor Rokhsana Fiaz and Newham Council's Cabinet have agreed draft Budget proposals for the next three years, in the framework of community wealth building which continues to invest in young people, supports an ambitious housing delivery programme, addresses the climate and health emergency, supports the homeless and ensures residents in work are treated fairly. Now residents are invited to have their say.

Local people have a crucial part to play in the Budget-setting process. You are invited to discuss the proposals at Budget Forums (see dates on page 15).

Mayor Fiaz said: "The key feature of this draft Budget is about making the lives of Newham residents better. Community Wealth Building is the framework through which we shape our policy priorities to do this. It will ensure all residents are approached in a way that is equal and fair."

At the centre of the proposals for 2020/21 to 2022/23 is the Council's strategy for an inclusive economy through a Community Wealth Building agenda that seeks to transform Newham by addressing poverty and inequality, improve health and wellbeing, and expand opportunities into skills and jobs.

Councillor Terry Paul, Cabinet member for finance, said: "As part of our agenda of good governance and transparency we'd like people's thoughts on our spending proposals including some difficult decisions about where to save money."

The draft proposals show that because of Government funding cuts and austerity over the past decade, the Council needs to save £45m by March 2023. Savings of £36.2m have been identified which, when taken together with additional income of £9.6m from a proposed increase in Council Tax over each of the three years, would deliver this.

However, as part of this, the

draft Budget also allows for growth spending of £10m each year on what is being spent already, for new services and enhancing existing ones, to deliver the Mayor's and the administration's priorities.

The largest proposed new investment totals almost £4.5m each year in services directly for young people. This includes £1.2m to double the number of youth zones from four to eight; £750,000 to implement recommendations from the Council's Youth Safety Board; and £1m to fund the safeguarding adolescents' service. A final proposed tranche of £1m per year includes support for mental health services for young people, supporting care leavers, and improving terms and conditions for foster carers.

The Mayor said: "The draft Budget builds on our commitment to ensure Newham becomes the best possible place for our young people to grow up and keeps them safe and protected."

Housing is another priority with £1.4m per annum proposed to improve services supporting rough sleepers. And £400,000 each year is proposed to create a team to bring empty properties back into use.

Also included is proposed investment of £1m per year in services to tackle the climate and health emergency. This includes £500,000 to improve weekly recycling collections, as well as measures to strengthen sustainable transport and improve air quality. An emissions-based

car parking charge system is also proposed.

Added Mayor Fiaz: "Significantly, this is a demonstration of our commitment to playing our part in addressing the greatest threat facing humanity. It is about taking rapid action to improve our air quality and deal with pollution."

An allocation of £500,000 annually is proposed to enhance street cleaning. A further £1m is earmarked to fund Metropolitan Police officers to support the Council's work on dealing with anti-social behaviour and environmental crime.

The London Living Wage, a key part of the Mayor's Community Wealth Building approach, is also set to be funded through £6.5m over the three years.

The Budget proposes an increase in the Newham element of Council Tax of four per cent in each of the next three financial years. In 2020/21 this would mean a weekly increase of 78p for properties in Band D. Despite the proposed increase, Newham's level is still expected to be the lowest in outer London. This does not include the element set by the Greater London Authority. There is no change planned to the Council Tax support scheme, which protects those defined as financially vulnerable through rebates.


Newham's Cabinet meets on 18 February to consider the outcomes of the resident engagement and scrutiny from councillors. The final Budget will be voted upon at a meeting of the Council on 2 March.

Extra Investment Growth Proposals

Extra investment which builds upon the Mayor's policy commitments for delivering for the people of Newham.

Youth Services

+£4.5m per year
in services directly for young people




Street Cleansing

+£500,000 per year



Housing

+£1.8m per year



Climate and Health Emergency

+£1m per year



Funding Police Officers


+£1m per year



Council Tax

+4%* per year
for investment in people and the borough

*To the Newham element of Council Tax



NEWHAM PEOPLE'S
BUDGET FORUMS



Join us at one of our Newham People's Budget Forums to find out how the Council is funded, the 2020/21 to 2022/23 Budget proposals, and how you can be involved in future budget decisions.

DATE	TIME	VENUE
Wednesday 22 January	6.30pm – 9pm	Old Town Hall Stratford, 29 Broadway, Stratford E15 4BQ
Wednesday 29 January	6.30pm – 9pm	Canning Town Library, 18 Rathbone Market, Barking Road, Canning Town E16 1EH
Thursday 30 January	6.30pm – 9pm	East Ham Town Hall, 328 Barking Road, East Ham E6 2RP

You can register at www.newham.gov.uk/PeoplesBudgetForum and you can also register for special requirements to enable you to attend.

Alternatively, email your comments to Peoples.Budget@newham.gov.uk

Full proposals can be viewed online at www.newham.gov.uk/budget

Start a new career with an apprenticeship



Potential apprentices attended last year's fair

Workplace, Newham Council's job brokerage scheme, will be running an apprenticeship fair to help the borough's residents get on the road to finding long-term employment. It is part of the Council's commitment to ensuring that all our residents have the opportunity to benefit from a strong economy, beginning with a job.

The fair, which will take place on Thursday 6 February, will be held as part of National Apprenticeship Week and will give the borough's residents the opportunity to find out about apprenticeships and explore their career options. More than 300 people attended last year's event.

There will be a wide range of employers attending the fair from different industries including:

- UK Parliament
- Transport for London (TfL)
- Metropolitan Police
- London Fire Brigade.

Information will be available from employers on

apprenticeship opportunities, upcoming vacancies and how to apply. Residents will have the opportunity to find out about the different apprenticeship levels, the qualifications they can gain as well as pay and benefits. They will also get the chance to meet current apprentices and talk to them about their journey.

Pippa Stanier-Moore, a talent consultant at the House of Commons for UK Parliament, attended the fair last year. She said: "We were really impressed with the turnout and the candidates we met throughout the day. We really enjoyed the opportunity to meet so many people and chat to them about Parliament and all the great roles we have here."

To attend the fair call 020 3373 1101 and book your place.

Last year, as part of the Newham Supported Internship Programme which supports young residents with disabilities or health and social care needs, Workplace in partnership with Newham College placed 51 interns, aged 18-30, with local employers, John Lewis & Partners, Asda and Newham Council, for ten months. John Lewis & Partners has now offered permanent roles to four of the 12 interns the retailer took on.

Paul Ntulila is profoundly deaf and now works as an Assistant Project Manager for Global Disability Innovation Hub. He pays tribute to the supported

employment team at Workplace for helping him to become the person he is today, including supporting him to undertake a fully funded scholarship MSc in Diplomacy, Statecraft and Foreign Policy at Loughborough University London in 2016.

He said: "Almost immediately after graduating and achieving my Masters, Workplace helped me again by encouraging me to apply for my current role as the Assistant Project Manager at Global Disability Innovation Hub. The support from Workplace has helped me enormously. As a profoundly deaf person I have faced significant barriers in my life and never dreamed that I would overcome these and accomplish what I have today."



workplace

Creating a better future

Workplace
Apprenticeships Fair
Thursday 6 February
10am-5pm

Workplace Westfield,
5th Floor, 2 Stratford Place,
Stratford City E20



Hate that must always be challenged

The infamous sign at the entrance to Auschwitz



Citizen Journalist and student Noah Enahoro, 17, visited Auschwitz in a trip organised by Newham Sixth Form College (NewVic) in partnership with the Holocaust Educational Trust. He writes about the experience which

had a profound impact on him.

“Going to Auschwitz is a world away from watching a documentary or reading about it. The camp (what we know as Auschwitz consisted of a network of 40 camps) is on the outskirts of a town called Oswiecim in southern Poland.

“Walking under the famous sign at Auschwitz I - Arbeit Macht Frei (work sets you free) - left me with an uneasy feeling. I’d be coming out when I finished. Just over a million didn’t. It was a sign put there by the Nazis to trick the inmates into thinking this was a labour camp. Here, you were worked to death.

“Walking along the cobbled paths, past barbed wire and wooden watchtowers, I tried to imagine what prisoners felt

as they entered the camp. For me there was no smell of death. I was walking the same path as them, but I’d remain alive.

“Rooms full of empty suitcases, shoes, piles of human hair, and images of soon-to-be-murdered children, tell you what happened there, and to whom it happened. People like you and me.

“At a wall full of portraits, victims’ faces stare back at you. The eyes of mothers pleading with the camera, and terrified children. Knowing that more than a million innocent sons, daughters, mothers, fathers, brothers, and neighbours were murdered where I stood filled me with a constant sense of grief and sadness.

“Three kilometres from Auschwitz I is Auschwitz II (Birkenau), known as the Death Camp. The famous train tracks stopped here, and the selection was made: immediate death or death by labour. The beautiful sunset behind the gates clashed with the purpose of the place. Prisoners must have seen the same beautiful setting all those years ago.

Newham’s Citizen Journalist panel was formed as part of a commitment by Mayor Rokhsana Fiaz to ensure open and transparent democracy in Newham. Panel members write articles on subjects that matter to them and offer a different perspective about what’s happening in the borough.



Auschwitz: A massive death machine was built there

“The size of the camps is shocking. A massive death machine was built there. The complex seems to stretch on and on forever.

It must have seemed that way to those poor people.

“There’s a replica cattle car in which victims were transported to the camps and in which thousands died in transit. After that, we walked into a gas chamber. Years of hateful propaganda, vilification of innocent civilians and shoulder-shrugging by non-victims led to the construction of this chamber.

“On the concrete walks are the scratches made by the nails of the dying as they tried to claw their way out. Leaving the chamber I realised that I’d been holding my breath. I’d just walked out of a place that so many couldn’t all those years ago. “The nearby crematorium stained with the black coal used to burn the murdered and sometimes the living, told me what happened to those whose bodies were dragged out.

“At the end of the visit we lit candles and placed them on the end of the train track that ran straight through the camp complex. Somehow you want to leave a little bit of light for the world and hope it keeps future darkness at bay.

“The trip changed me, making it clear to me how hatred for one group by another can lead to indescribable inhumanity. Ordinary people did this to ordinary people because hate was stirred up and turned into official policy, and people didn’t stop it. Hate has no expiry date and will always be an issue. We must do everything in our power to challenge it and defeat it before it takes root in our hearts.”

Screams from below

Now I hear screams from below
The screams of children, women, and men
Now I hear screams from below
The screams of brothers, sisters, aunties and uncles
Now I hear the murderous gas
Now I hear the hiss of death
Now I hear the scraping of nails
Cement walls stained with the last attempts of escape
Now I hear the bloodcurdling screams
I hear the last dying breath
Now I see the people inside
The terrified child clinging to its mother’s body
Now I see the people inside
The mother clinging onto the child
Now I see the mother’s wail
For the mother knows the child’s fate
Now I see the people inside
Now I know their fate
Now I want the world to know, I want them all to see
How horrific human actions can truly be
Now I want the world to know, I want them to all see
The millions of lives...

Poem by Noah Enahoro



The train track that carried many to their deaths (photo credit: Noah Enahoro)



A pile of shoes left in a room are all that remain of some of the victims (photo credit: Noah Enahoro)

**HOLOCAUST
MEMORIAL
DAY**

27 January
Old Town Hall Stratford


**HOLOCAUST
MEMORIAL
DAY 27/1**

**HOLOCAUST
EDUCATIONAL
TRUST**



Make your finances work in 2020 with MoneyWorks

Visit us in store for your free New Year gift.

Would you like a summer job with a difference?

There are a number of opportunities in retail, ticket sales and visitor services at Royal Collection Trust. You will receive training and develop skills that will help you take the next step in your career. Register with Workplace by Wednesday 22 January 2020 to apply.

020 3373 1101

WorkplaceEngagementTeam@newham.gov.uk



Age
2

Newham London

15 hours

Are you missing out on free childcare for your 2-year-old?

You may be entitled to 15 hours free early education & childcare per week

Contact the **Best Start in Life Team** on **020 3373 0980** for more information or visit www.newham.gov.uk/twoyearold

*Eligibility criteria applies



Newham London

Save time when you do it online

Access information and services at a time that suits you, 24 hours a day, 7 days a week.

Parking permits, bin queries and bulky and garden waste collection service requests are now [online only](#).

www.newham.gov.uk/doitonline



Newham London

Adult Social Care Survey 2020

Newham Council will be carrying out an annual Adult Social Care Survey from January 2020. It will ask customers who live in the community, care homes or supported living about their quality of life and their experience of the social care services they receive.

Some of your patients may receive this survey in the post. If asked, please encourage patients to reply to the survey so that the council can use their feedback to learn and develop services. All individual responses will be kept confidential and only combined results will be passed on to inform services.

The survey will be run from January to March 2020, with the results being made available to the public by NHS Digital in the Autumn of 2020. If further support is required staff and customers can phone the Survey Helpline on 020 3373 1520 to arrange for us to help customers complete the survey or for further information.

For any other enquiries about the survey contact **William Middleton** on **020 3373 2531** or at william.middleton@newham.gov.uk



Help at hand to deal with debt

It's not unusual for people at some time to experience being short of cash, but if you are in debt, for whatever reason, the best thing to do is to get advice on dealing with it effectively and quickly.

Debt management charities and Newham Council's money management service MoneyWorks can help residents address debt by coming up with a sensible repayment plan that won't leave you struggling with day-to-day expenses and the danger of falling further into debt.

If you're struggling with debt, whether it is for a car, credit card or anything else, it can be hard to know where to turn. There are lots of free advice services available from organisations such as Citizens Advice or the Money Advice Service, with the latter offering free advice to help you find a solution that is right for you.

If you need to repay money owing to the Council such as Council Tax arrears or overpaid Housing Benefit, the Council has a team of dedicated officers who can help you find workable solutions.

Newham's OneSource Debt Resolution Service is responsible for recovering outstanding debt and enforcing court orders, but it is also there to help and support residents who face difficulty in making repayments.

Officers are used to dealing compassionately with people facing crisis with debt, including those struggling with vulnerabilities like mental illness, or dealing with personal challenges like bereavement or domestic violence. They understand the financial distress that can be caused by changes in personal circumstances like loss of employment or delays in receiving benefits.

Councillor Terry Paul, Cabinet member for finance, said: "Whatever challenges you are facing, there is help available. Our trained advisors will look at your financial and personal circumstances to help you make the most of your income and prioritise your debts. They also have direct links with advice agencies and specialist services. The very worst thing people can do when they know they are struggling with debt, is to ignore it."

To speak to a trained advisor call 020 3373 1919 or email oneSourceWelfare@oneSource.co.uk

You can also contact www.moneyadvice.service.org.uk or www.gov.uk/options-for-paying-off-your-debts/debt-management-plans or www.citizensadvice.org.uk



Newham's Citizen Journalist panel was formed as part of a commitment by Mayor Rokhsana Fiaz to ensure open and transparent democracy in Newham. Panel members write articles on subjects that matter to them and offer a different perspective about what's happening in the borough.

Tackling the crisis of homelessness



In the first of two articles, Citizen Journalist Laura Hackshaw addresses homelessness, an issue that is particularly prominent at this time of year.

Take a walk through any local high street or inner city and you'll be confronted with the very real issue of homelessness. Newham has been especially hard hit with a 135 per cent increase in rough sleeping since 2015/16 - a harsh reminder that we are all only just a step away from being without shelter.

Amanda Dubarry, chief executive of Caritas Anchor House, a charity in Canning Town, dedicated to helping house, rehabilitate and retrain those dealing with homelessness, said 54 per cent of residents present with at least one complex need, which includes drug or alcohol misuse, offending, mental health and domestic abuse. The cost of their housing is another major problem.

Nationally, pressure on services has led to cuts being made to social care affecting the most vulnerable. In Newham Mayor Rokhsana Fiaz has put together a programme to help combat the problem. The first part will work with rough

sleeping charities, the Government and other health agencies to tackle specific issues while the second part includes a Newham Homelessness Action Group to create a direct intervention process. The topic is one that remains very close to the Mayor's heart, as she has spoken of experiencing 'sofa-surfing' with her family from the age of 16 to 24.

The Council is proposing to spend £1.4m every year to improve services supporting rough sleepers and creating better preventative services to reduce the risk of others becoming homeless and has also pledged to create at least 1,000 new social houses by 2022.

At the end of 2019, the Carpenters and Dockland Centre in Gibbins Road, Stratford, provided food, refuge and haircuts to rough sleepers from Christmas Eve to 2 January. Although the centre is now closed, rough sleepers have been assessed with ongoing support offered to anyone that may need further help with shelter.

Make a difference to a child every month

We are looking for short break foster carers who can spare at least one weekend a month to care for a child with a physical or learning disability.

Just one weekend a month makes all the difference to a family.

As a Short Break Foster Carer we will support you through:

- A generous allowance
- A one-off grant of £750 to set up your home
- Bespoke training in relation to the child you are caring for
- Support from our specialist services
- Being part of a team supporting children in Newham

Interested?

If you would like to find out more about respite fostering please give us a call on **0800 0130 393**.

www.newham.gov.uk/fostering



LGBT+

HISTORY

MONTH



1 Feb, 12noon
RAISE PROGRESS RAINBOW FLAG
NEWHAM TOWN HALL

In Newham we embrace and celebrate difference and believe that everyone should be treated equally, whatever their race, religion or sexual orientation.

In February Newham Council is hosting a series of events to celebrate the positive and valuable contribution members of the LGBT+ community make to the life of the borough, but also highlighting the discrimination and prejudice that some still face.

Residents are invited to join councillors at Newham Town Hall in East Ham on Saturday 1 February at 12noon to raise the Progress Rainbow Flag at the start of LGBT History Month.

Newham was the first borough in London to raise the Progress flag, which is made up of colour stripes representing life (red), healing (orange), sunlight (yellow), nature (green), harmony and peace (blue), and spirit (violet). Added to this is a chevron of black and brown stripes to represent marginalised LGBT communities of colour, along with the colours pink, light blue and white, which are used to represent transgender.

LGBT History Month is marked during February to coincide with the repeal of Section 28 of the Local Government Act in 1988. The controversial legislation barred local authorities and schools from promoting homosexuality.

This year the theme nationally is Poetry, Prose and Plays, in memory of lesbian journalist Lyra McKee who was shot dead at a riot in Northern Ireland in April 2019.

Newham's programme of events will include film screenings, poetry workshops, talks and a celebratory finale event.

Full details of events will be available at

www.newhamlgbthistory.org

Councillor Charlene McLean, Deputy Mayor and Cabinet member for community neighbourhoods, said: "LGBT History Month is a timely reminder that although much has been achieved in terms of tackling homophobia and transphobia in the past few decades, there is still so much more left to do to ensure that members of the LGBT+ community feel as valued and accepted as the rest of us."

For further information, contact Monica Thomas at **monica.thomas@newham.gov.uk**

Apprenticeships Fair 2020

Thursday 6 February, 10am - 5pm
Workplace Westfield,
5th Floor, 2 Stratford Place,
Stratford City E20 1EJ

Are you looking to kick-start your career? Come along to our Apprenticeships Fair.

You will have the chance to:

- meet a wide range of employers with current apprenticeship opportunities
- find out about pay and benefits
- meet current apprentices and find out about their journey
- find out how to apply
- find out about apprenticeship levels

Contact 020 3373 1101 to book your place.



New approach will spread the wealth

Newham Council believes a strong economy is one which supports businesses and residents to have an equal opportunity to share in the success of economic growth.

It wants the borough to become a more prosperous and fairer place with opportunities for everyone. That is why the Council has launched the Community Wealth Building agenda, driven by Mayor Rokhsana Fiaz, a pioneering approach to encourage the development and inclusive growth of Newham in ways that will bring increased benefits to the borough's residents.

It means a greater share of the money generated in Newham stays in the local community and the residents have a decision making role in the choices that make a difference to their lives.

Community Wealth Building underpins the council's Inclusive Economy Strategy 2020 which was discussed by Cabinet this week and sets out what actions the Council will take to ensure long-term prosperity, fairness and wellbeing will be embedded for all residents.

The strategy will also address poverty, inequality and the climate emergency through the following actions:

- Placing Newham's local centres at the heart of Community Wealth Building
- Making best use of public sector assets
- Reforming Newham Workplace, Newham's job brokerage service

- Supporting Newham's local businesses and institutions to become more successful and responsible and to increase the number of higher skilled, higher paid and better quality jobs
- Introducing more progressive procurement processes
- Becoming a Living Wage employer and encouraging others to do so.

Community Wealth Building is required to ensure that the benefits of growth are shared by all residents - and to address the challenges regarding poverty and inequality in our borough.

Mayor Fiaz said: "Community Wealth Building is a new approach of inclusive economic growth where we will focus on realising the potential of our community; our residents, our businesses and our voluntary sector. This is the source of wealth and talent that will drive a fairer and more prosperous Newham.

"I have always been clear that I would make the borough a beacon of Community Wealth Building. This is putting people at the heart of everything we do. It is about listening to our residents and taking action that makes a difference to their lives. It is about the best possible health, wealth and wellbeing for all. It means supporting people to flourish."

To find out more, visit www.newham.gov.uk/communitywealthbuilding

COMMUNITY WEALTH BUILDING



Proposals driving towards cleaner air

Newham Council knows that dangerous air quality is one of the most acute public health crises facing our residents. It's why the Council declared a climate emergency in April 2019. It is also the reason why cleaning the air that our residents breathe is a top priority for the Council which knows that declarations and words are just not enough.

Mayor Rokhsana Fiaz pledged that things must and were going to change in this borough. Now her administration is looking to tackle one of the biggest causes of dirty air – vehicles producing high levels of toxic emissions.

In Budget proposals agreed by Cabinet in December, there were recommendations to introduce parking permits which could see prices linked to emissions levels of vehicles, with the highest polluters set to pay the highest

price, and free permits for zero emissions vehicles.

The Council asked residents for their views on air quality and vehicle use in the borough last year via an online forum and a series of Citizens' Assemblies. There was a consensus of support for measures to reduce air pollution. This engagement has helped the Council to draft a full review of parking and charges, including proposals to charge for parking permits. These proposals will be subject to public consultation in the coming weeks. The proposed changes aim to improve air quality in the borough and would also bring Newham into line with the vast majority of other London boroughs.

Regional and national transport policies will continue to make it less attractive to operate high emission vehicles, including the extension into Newham of the Ultra-Low Emissions Zone (ULEZ) in October 2021. From this date



Thousands of new trees have been planted in Beckton District Park South to help improve air quality

Newham Council has introduced healthy school streets to improve air quality around schools

ULEZ

Ultra-Low Emissions
Zone (ULEZ)

**£25m
scrappage
scheme**

22 Jan

Old Town Hall in Stratford

29 Jan

Canning Town Library

30 Jan

East Ham Town Hall

“These proposed measures are vital if we are to meet our twin commitments of making the parking structure in Newham fairer for all and tackling the appalling air quality.”

**NEWHAM
CLIMATE
NOW**

higher emissions vehicles will face a daily charge for using roads within the zone.

To encourage drivers and businesses to act ahead of the expansion the Mayor of London has introduced a £25m scrappage scheme for low income residents to encourage a move towards greener vehicles. The Council intends to provide an advice service to residents and to help them in applying for the grant, and to assist with those who want to transition to a cleaner vehicle.

In February the Council will publish a full review of parking and charges, including changes to resident visitor passes, investment in on-street parking technology, a move to paperless permits and plans to improve infrastructure to support and encourage the use of sustainable transport. It will also outline the proposals for new charges for parking permits.

Cllr James Asser, Cabinet member for the environment, highways & sustainable transport, said: “These proposed measures are vital if we are to meet our twin commitments of making the parking structure in Newham fairer for all and tackling the appalling air quality.

“Fewer than half the households in Newham own a car and we are almost alone in London in not charging for parking permits; if approved, this would bring us into line with the rest of the capital and would mean we join other London boroughs in moving to a parking system that

prioritises those vehicles that are cleanest. Newham’s air quality is some of the worst in the country and the effect on the most vulnerable, including the elderly and our children, cannot be ignored as it threatens their health.

“Additionally, the new proposed parking measures would offer better value for money for tax payers and would also make the system easier to use for local residents, more efficient to manage and more flexible for them and their visitors.”

As these proposals form part of the Budget-setting process people are invited to have their say on these recommendations at Budget Forums on 22 January at the Old Town Hall in Stratford, on 29 January at Canning Town Library, and on 30 January at East Ham Town Hall, all between 6.30pm and 9pm. Register at

[www.newham.gov.uk/
PeoplesBudgetForum](http://www.newham.gov.uk/PeoplesBudgetForum)



Most polluting vehicles will pay higher charges

Goal to divert young from crime

A football club that encourages young people to take up sport and avoid being lured into crime has been launched by a University of East London alumnus.

Jonathan Lofulo, from Canning Town, who graduated this year with a master's degree in international refugee law, was keen to give back to the community and provide young people with opportunities he had been denied as a teenager due to bad choices.

His club, Newham Panthers, strives for inclusivity and includes young people aged seven to 14. Jonathan said: "We are open to boys and girls who want to take up football, including people with disabilities. We want to encourage them to see football as a hobby and an alternative to playing on the streets and getting mixed up in gangs."



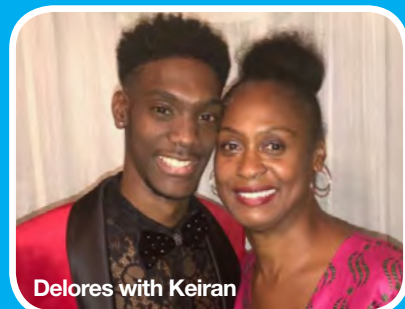
Newham Panthers FC

The club, which Jonathan runs with business partner Zia Ahmed, trains at East Ham's Central Park and plays at West Ham Park in Forest Gate. For information visit www.newhampanthersfc.com

Charity climb is the peak of kindness



Proud Delores



Delores with Keiran

A woman whose son was diagnosed with liver disease has raised almost £2,000 for a children's charity after climbing Mount Snowdon.

Delores McPherson, from East Ham, also managed to persuade family and friends to join her in the climb to raise funds for the Children's Liver Disease Foundation (CLDF). The charity means a lot to Delores and her family as they have received a great deal of support from CLDF since her son, Keiran, 22, was diagnosed with a rare liver disease seven

years ago. He was placed on the waiting list for a liver transplant several months ago.

Delores said: "Climbing Snowdon is something I have always wanted to do, so the time seemed right to do this for CLDF as they support young people in Keiran's situation throughout the UK."

The climb raised £1,943, including donations from generous climbers keen to support the charity. To support Delores' Snowdon climb, visit www.justgiving.com/fundraising/delores-mcpherson1

Top class pupils support mental health

Students taking part in a photo booth



Children have raised more than £700 for a mental health charity through a variety of fund-raising activities at their school in Forest Gate.

Youngsters at Earlham Primary School organised photo booths, stalls and wore yellow as a way of raising awareness about mental health and collecting funds for the

Young Minds charity. They also joined teachers to explore ways of nurturing their own good mental health through relaxing and kind-minded activities.

The Young Minds charity works to support and empower children and young people whatever the challenges they face.

Head teacher Natalie Robinson said: "As a school we place a great emphasis on nurturing the whole child and supporting their emotional and mental health and well-being. Our whole curriculum is designed not just around academic attainment, but developing our children's coping skills so it can help them to boost their resilience, self-esteem and confidence. We were extremely happy to raise so much money for such a worthwhile charity."

Groups home in on charity funds



Computer image of Upton Gardens

Charities and community groups in Newham can apply for a £1,000 donation from house-building company Barratt London.

The Barratt London Community Fund has been set up to offer donations to organisations that are trying to improve life for local residents.

Barratt London has been giving £1,000 every month to improve the quality of life for people living in the vicinity of one of its developments or offices. Karly Williams, regional sales director, said: "It could be a conservation group that wants to improve public spaces and create habitats for wildlife, a piece of play equipment in a community playground, or a lunch club for the elderly wanting to expand."

Barratt London is currently building Upton Gardens in Green Street, Upton Park, which will provide 842 homes on the site of the former Boleyn Ground. Those interested in applying for the donation can email charity@barratlondon.com highlighting where they are based and how they intend to use the funds.

Flying the flag for island's national day



Raising the flag

Residents joined Newham councillors and the High Commissioner for Saint Lucia to celebrate the island's national day with a flag-raising event at the steps of Newham Town Hall in East Ham.

Deputy Mayor Councillor Charlene McLean and Councillor Terry Paul attended the event in December which also marked the 40th anniversary of the island's independence. They were joined by members of the Saint Lucian community; Guy Mayers, Saint Lucia High Commissioner to London; Superintendent Waheed Khan from Newham police; and Felicia Hippolyte from Unity of UK Saint Lucia Associations.

The ceremony began with the national anthem and included prayers and a reception where guests continued the celebrations. It was organised by Justin Moore MBE, who established it in 2007. Newham Council has supported the event since then.

The day is a public holiday on the island where Saint Lucians mark the occasion with religious activities, parades and rallies, cultural and sporting events.

Kids' Corner



PLEASE SEND OR EMAIL DRAWINGS, JOKES, AND POEMS WITH THE CHILD'S NAME, AGE, ADDRESS AND CONTACT DETAILS TO:

KIDS' CORNER, WEST WING, 4TH FLOOR, NEWHAM DOCKSIDE, 1000 DOCKSIDE ROAD, LONDON E16 2QU or newham.mag@newham.gov.uk

Parents, guardians are advised that by submitting an entry with the child's details you are giving permission for the Newham Mag to print their name and age to feature in the gallery. Details provided will not be used for any other purpose. Only the winner's details will be sent to Stratford Picturehouse, the prize provider.

GALLERY

Winner



Manidweepa Kakarla, 7



Annie Gangte, 7



Maha Hussain, 4



Chanelle Harrison-Parkes, 8

Colour-me-in Wordsearch

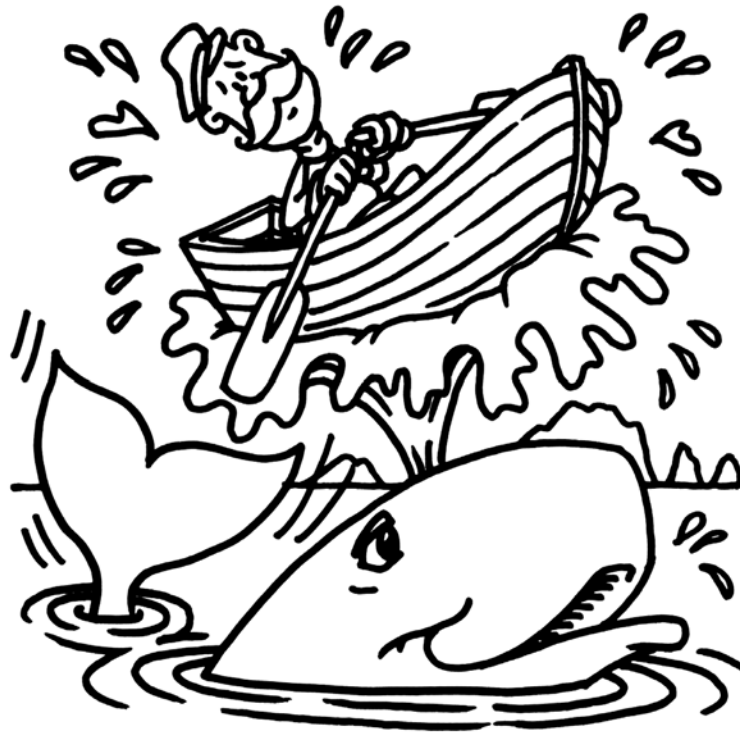
Poem

Earth you are a wonder
 You make my brain thunder
 Where do you come from?
 I don't know-do you have a dad a mum?
 Earth, Earth you create creatures
 Please tell me about their amazing features
 Though you're terrifying
 You can also be mesmerising
 Tell me your future tell me your past
 I'll wait until your very last

Inayah Butt, 9

Wordsearch

You must find the following words in the grid



R O N W T E Z L A T I S N E B S T D A I
 G O J E E S E I O T A E A O T O A T C F
 N H W A V E S G G I T P E L O H W O L B
 W Y U I R A S U L H T L W O H L H A A S
 I M K M N U R O U O T A G E O K L W M R
 G P N S P G R N N A I N H N A O K N M O
 R N T A B B B W L E W K I T I T I J A S
 O A G A E E A O S H E T I N U F W M M T
 C E S V R T I C A D S O T M G S L R H B
 P C O O E O R L K D T R N H I H I A I T A
 S O U R N M E I S D O M S N Y O P R A L
 G L R R E I R E R U T A E R C R G S M T

- | | | |
|----------|-------------|----------|
| Blowhole | Ocean | Tail Fin |
| Creature | Plankton | Water |
| Humpback | Rowing Boat | Waves |
| Mammal | Sailor | Whale |

Tickets to Stratford Picturehouse

This issue's winner receives a free family ticket to Stratford Picturehouse, which includes a kid's popcorn and drink.

To be in with a chance of winning this prize send or email your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Docks, 1000 Docks Road, London E16 2QU** or newham.mag@newham.gov.uk. Don't forget to write your full name, age, address and contact telephone number with your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Stratford Picturehouse, Theatre Square, E15

WHAT'S ON



UNDER-FIVES

Storytelling 🌈 Tues, 9.45-10.30am, 10.45-11.30am, Canning Town; **Mon, 10-11am, Fri 10-11am, Manor Park**; Thurs, 10-11am, Forest Gate; **Tues, 10:30-11:30am, Thurs, 2-3pm, Plaistow**; **Mon, 10.30-11am, North Woolwich**; **Tues, 10.30-11.30am, Beckton**; **Mon, 10.30-11.15am, Custom House**; **Tues, Fri, 11am-12pm, Stratford**; **Tues, 10.30-11.30am, East Ham (term time only)**

Sensory Storytelling 🌈 Run by St Stephen's Early Start. **Fri, 1-2pm, Green St**

Bumps and Bundles Group 🌈 Fun interactive session for parents and carers of babies under 18 months. **Mon, 10-11.30am, Stratford**

Saturday Family Fun 🌈 **Sat, 10.30am-11.30pm, Beckton**

Healthier and Happier Babies and Toddlers 🌈 First Weds of the month, **1-2.15pm, Canning Town**

Baby and Toddler Group 🌈 Play sessions run by Plaistow Children's Centre. **Mon, 10am -11am, Tues, 9.30-11am, Jeyes C.C**

Baby Rhyme 🌈 **Weds, 12.30-1.30pm Manor Park**, **Thurs, 10-10.45am East Ham (term time only)**

Jigaree 🌈 **Fri, 10-11am, Plaistow**; **Fri, 1.30-2.30pm, Canning Town**

Baby Feeding Support For baby feeding support at other locations check the Facebook page: Newham NCT, or email: branch.newham@nct.org.uk **Thurs, 9.30am-12pm, at NCT Milk Bar @ Space, Stratford Salvation Army, 1 Paul Street, E15 4QB**

Songs & Smiles 🌈 Music group for 0-4-year-olds, their grown ups and care home residents. Summerdale Court, Canning Town, E16. For more information email songs@thetogetherproject.co.uk **Mon, 11am-12pm**

Toddler Time 🌈 Parents with children aged three or under welcome for pre-school fun and activities. Contact Mrs F Patel on 020 8514 9860 for more details. **Tues, 2-3pm, term time. Sir John Heron Primary, School Road, Manor Park.**



YOUNG PEOPLE

East Ham Youth Drop in 🌈 Sony PS4, DJ Decks and other activities for 11-19 year-olds. Includes support in using IT for homework. **Mon, 4.15-6.15pm; Tues, 4.15-7.15pm, East Ham**; **Mon, 4.30-5.30pm, Plaistow**

Junior Football Sports Coaching (7-12yrs) 🌈 Coaching provided by activeNewham. **Fri, 4-6pm, Jack Cornwell C.C**

Homework Club 🌈 Free study support for young people at their local library. Age: varies from site to site. **Mon, 3.30-4.30pm; Sat, 10.30am-12.30pm, Plaistow (laptop support)**; **Fri, 4.30-6pm, Canning Town**; **Fri, 4-5pm, East Ham**; **Mon, 4-6pm, Stratford**; **Sat, 10.30am-12.30pm, Forest Gate**

Green Street Youth Works (11-19 yrs) Drop in for Tae Kwon-do, Sony PS4, teenage careers, chill zone, healthy living and other activities. **Weds, 5.30-8.30pm, Thurs, 5.30-8.30pm, Katherine Rd C.C**

Games Club (7-16yrs) 🌈 **Weds, 3.30-6.30pm, Forest Gate**; **Mon, 4.30-5.30pm, Plaistow**; **Thurs, 5-6pm, Canning Town**

AJ Football (4-11yrs) **Thurs, 6-7pm, Newham Leisure Centre, 281 Prince Regent Lane, E13 Cost: £5 per session, (first session is free). Contact Anna Russell**

07834 386814 or Justin Gardner 07438 033195 for more information.

Chill Spot (11-19yrs) 🌈 Exciting youth initiative includes table tennis, games, debates, creative workshops, film club and more. **Mon, Weds, 3.30-6pm, Stratford**

Family Rangers 🌈 **First Sat of the month, 1-4pm, Plashet Park**

Chatter Books (7-12yrs) 🌈 Book club aimed at inspiring young children to read for pleasure. **Sat, 2.30-3.20pm, Plaistow**; **Tues, 4-5pm, Weds, Fri, Sat, 4-5pm, East Ham**

Lego Club (5-12yrs) 🌈 **Sat, 3-4pm, Forest Gate**; **Sat, 2-3pm, Green Street**; **Sat 12-2pm, East Ham**; **Tues, 3.30-4.30pm, Manor Park**; **Mon, 5-6pm, Canning Town**; **Fri, 4-5pm, Beckton**

Science Club Join our fun, interactive science club conduct experiments, watch demonstrations and record the results. **Tues, 4.30 -5.30pm, Plaistow**; **Mon, 4-5pm, Manor Park**

Children's martial arts For children aged 15 and under. Learn a range of martial arts including Shaolin mantis kung fu and Indian kalari payyat. **Mon, 5pm; Sat, 11am, Ithica House, 27 Romford Road, Stratford, E15. First lesson free. For more details, call Paul 07702 594 398**

All listings may be subject to change. Please contact individual events and activities before attending.

Chess Club ★ Weds, 4.45-6.15pm, Beckton; Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham; Mon, 5-7pm (advanced), Thurs, 5.30-7.30pm (beginners) Stratford; Tues, 5.30-7.30pm (children), Forest Gate; Thurs, 5-6.30pm (children's), Custom House; Weds, 6.30-7.30pm (adults), 5.30-6.30pm (children), Canning Town; Weds, 5.30-7.30pm, Green St; Weds, 4-5pm, Thurs, 5-6pm, Plaistow; Thurs; 4.30-6pm, Sat, 11am-12.30pm, Manor Park

English Conversation Club ★ Thurs, 3-4pm, Rabbits Rd Institute; Sat, 10am-12pm, Thurs, 5-6pm, Stratford; Mon, 10-11am, Plaistow; First Mon of the month, 10.30-11.30am, Green St

Adult Reading Groups ★ Third Sat of the month, 10-11am, Custom House; Third Thurs of the month, 6.30-7.30pm, East Ham; First Thurs of the month, 6.45-7.45pm, Plaistow; Last Mon of the month, 6.30-7.30pm, Forest Gate; Last Tues of the month, 3-4pm, Canning Town

ICT Drop in ★ Tues, 11am-12pm, Green St; Weds, 11am-1pm, Forest Gate

Crochet ★ Mon, 10am-12pm, Plaistow

Memory Lane Café ★ For people with dementia and carers. Last Thurs of month, 1-3pm, East Ham; Third Weds of month, 12-3pm, Jack Cornwell C.C; First Fri of month, 2-4pm, Canning Town

Basic Computer Skills ★ Thurs, 10am-12pm, Manor Park; Tues, 11.30am-1.30pm, The Well C.C

Together We Can ★ For adults under 50 who have had a stroke. Fri, 2-4pm, Plaistow

ESOL Entry 2 (16yrs) ★ ESOL language classes for adult learners seeking to improve their English language. Registration required through Newham Adult Learning Service ESOL Team 020 3373 0755. ESOL Pre-Entry, Tues, 10am-2pm, Plaistow

Writers Group (16yrs) ★ Thurs, 6.15-7.45pm, Canning Town; Last Thurs of month, 5.30-7.30pm, Forest Gate

Life in the UK Classes 12-week course to support prospective candidates who want to take the Life in the UK Test and B1. Contact Franklyn on 02085423904 for information. Mon, 10.30am-12.30pm, Manor Park; Weds, 12.30-2.30pm, Fri, 10am-12pm, Plaistow; Fri, 12.30-2.30pm, Green St; Weds, 10am-12pm, East Ham TT; Tues, 12.30-2.30pm, Stratford; Tues, 10am-12pm, Beckton TT

Crafty Crafters Club ★ Mixed adults crafts. Mon, 1-3pm, Custom House

E20 Board Games ★ www.facebook.com/groups/E20BG Thurs, 8pm, The Hall, 2 Victory Parade, E20

HOLA East! ★ For Spanish speakers or those who want to improve their skills in the language. Thurs, 6.30-7.45pm, Stratford

Poetry Group ★ For more details, email sonsequin@hotmail.com Mon, 6-7.30pm, Stratford

Creative Writing ★ Learn new skills and make new friends at Stratford's creative writing group. Sat, 11am-1pm, Stratford



Knit & Natter (16yrs) ★ Fri, 10am-12pm, Canning Town; Tues, 10am-12pm, Manor Park; Fri, 10am-12pm, East Ham; Weds, 10am-12pm, Fri, 10am-12pm, Plaistow; Tues, 10.30am-12.30pm, Green St, Tues, 11am-1pm; Mon, 11am-12.30pm, Beckton;

Table Tennis ★ Mon, 12-3pm, Forest Gate; Tues, 5-6pm, Canning Town; Sat, 3-5pm, Plaistow

Reading for Pleasure Group Join our reading group, make new friends and explore the world of reading. Fortnightly, Thurs, 6.30-7.30pm, Stratford

Studio Sessions - Music Production Workshops ★ Fri, 5-7pm, term time, ASTA Community Centre, 14a Camel Road, Silvertown, E16; Contact Newham Music for more details on 020 3598 6260. Thurs, term time, 6.30-8.30pm, Little Ilford Learning Zone, 1a Rectory Road, Manor Park, E12

Sing East Community Choir ★ Weds, 8-9pm, term time, Chobham Academy, 40 Cheering Lane, Stratford E20. Contact Newham Music for more details 020 3598 6260

East Edge Sisters (E6) Monthly meeting of the Women's Institute branch to allow women to develop new skills, discuss important issues and build new friendships. First meeting free. For more details, email: eastedgesisters@gmail.com Second Tues, of the month, 7.15-9.15pm, St George & St Ethelbert's Church, Burford Rd, East Ham.

Talking Point English Conversation Classes (intermediate) for adult learners seeking to improve their conversation skills. Call Chris on 07722 521032 for more details. Sun, 3.30pm-5pm, £2 p/class, USS, 1 Salway place, Stratford, E15 1NF.

Newham History Society A chance to hear about the borough's rich history from a variety of speakers. Lewis Angell, his life and work by John Plant, 11 Feb, 7.30pm, East Ham Old Conservative Club, Vicarage Lane, East Ham, E6.

Long Term Health Conditions Support Group Join our User-led Support Group which aims to bring together residents with various health concerns to support each other and to share information/experiences. Third Thurs of month, 4.30-6.30pm, Canning Town



COMMUNITY ACTIVITIES

Asta Singers Community singing group. Contact 020 7476 5023. **Mon, 5.45-6.45pm, Asta Community Hub, 14a Camel Road, E16**



Career Progression Club 🌟 Book in advance by calling 020 7476 1666 **Weds, 3.30-7.30pm; Thurs, 2.30-4.30pm; Fri, 1-4pm, RDLAC, Albert Road, North Woolwich, E16**

Stratford Book Club Sociable book club, meets at the King Edward VII in Stratford to read fiction and non-fiction titles. Visit www.meetup.com/stratfordbookclub for more information. **Last Mon of each month, 7.30-9.30pm**



BOXING AND SELF DEFENCE

Mixed Martial Arts Sessions for children run with professional teacher, £2 children, £5 adults. More info at <http://sifudavidsingh.wixsite.com/website> **Mon, 6.30-7.30pm, (6-13yrs); Tues, 6.45-7.45pm, (6-13yrs); Thurs, 4.45-5.45pm, (6-13yrs); Thurs, 6-7pm, (adults) Beckton**

A1 Judo Club **Weds, 5.45-6.15pm Tots (3-4 year olds); 6.15-7.15pm Under 8s, 7.15-8.15pm Over 8s; Sat, 2.15-2.45pm Tots (3-4 year olds), 2.45-3.45pm Under 8s, 3.45-4.45pm Over 8s.** East Ham Leisure Centre. Contact Tahmina on 0772 585 8796 or visit www.a1judo.com

Modern Arnis and Self-Defence **Tues, 4-5pm, (6 to 11 yrs), Sat 11am-12pm, (9-12 yrs), Jack Cornwell C.C**

Tae Kwondo (4-14yrs) 🌟 A 10-week programme. To book, email: khanqkblackbelt@yahoo.co.uk or call 0798 4684805. **Fri, 6.45-7.45pm, Green St**

Silat Martial Arts Classes for boys (7-16), £5, 2-3pm; girls (7-16) £5, 3-4pm, and men (16+) £10, 5-7pm, Sun, 266 High St North, Manor Park. **Register online at <http://tiny.cc/martialArtsAtJamia> or call 020 8472 5663**



GREEN

Newham Green Gym Conservation at East Ham Nature Reserve, Norman Rd, E6. **Weds, 10am-1pm and last Sat of month.** Visit www.newhamgreengym.org for more details

Community Gardening 🌟 **Thurs, 4.30-6pm, St John's Green, Albert Road, North Woolwich; Fri, 10am-1pm.** Grow Together, Be Together Community Garden, Wellington Rd, East Ham

Community Gardening Course - Cody Dock 🌟 Sessions for the over 55s. Call 020 7473 0429 or 0754 3810969 for

details. **Weds, 1-2pm, Cody Dock, 11c South Crescent, Canning Town; Tues, 11.30am-1.30pm, The Well C.C**

Community Garden – Forest Gate **Thurs, 2-5pm; Fri, 1-5pm; Sat, 10am-4pm, 136 Earlham Grove, E7 9AS**



HEALTH AND FITNESS

Yoga Build strength and tone muscles, reduce body pain, stiffness and fatigue. Suitable for all levels, open to men and women. **Mon, 6-7.30pm, Beckton (open to all); Thurs, 8.15-9.15am (over 55s), Forest Gate; Sat, 10am-12pm, Thurs, 5.45-7.45pm (£1 per person) Plaistow; Thurs, 6-7.30pm, (£2 per person) Stratford; Tues, 1.30-2.30pm, (over 50s free, under 50s £2) Jack Cornwell C.C; Mon, 6-7.30pm, Tues, 6-7.30pm, (free for all ages) Green Street; Weds, 12.30-1.30pm, Katherine Road C.C**

Yoga for the whole family **Tues, 5-6pm, Green Street**

Stratford Judokwai Tiny tots (5+). **Weds, 6.30-8pm; juniors (9+), Tues, 6.30-8pm, Thurs, 6.30-8pm; youth (13+) seniors, Tues, 8-9.30pm, Thurs, 8-9.30pm, senior beginners, Weds, 8-9.30pm.** Carpenters & Docklands Centre in Gibbins Road, Stratford, E15 2HU. Contact Mick Foulger on 07985601260 or Paul Willis on 07836659605, or mick1f@talktalk.net or paulwillis83@live.co.uk for more details

Tai Chi in the Park (18yrs) 🌟 Meet at corner of Forest Lane & Magpie Close. **Tues, 10-11am, Forest Lane Park, E7**

Salsa **Fri, 6.15-7.15pm, East Ham; Sat, 2.30-4.30pm, Forest Gate**

Woodside Badminton Club Cost for two-hour session is £5. Call club secretary on 07956 150 240 for more details. **Fri, 7.30-9.30pm, at Carpenters & Docklands Centre, 98 Gibbins Rd, Stratford**



Zumba Registration essential. Bring water and a towel, for all ages and abilities. **Mon, 9.30-10.30am (£3), Tues, 9.30-10.30am (£2) Over 50s free, Jack Cornwell C.C; Fri, 6-7pm (free) Canning Town; Weds, 6.30-7.30pm (free) Manor Park; Tues 5.30-6.30pm (free) Stratford; Tues, 1-1.45pm £1 for under 55s, Katherine Rd C.C**

HEALTH AND FITNESS

UNITYZUMBA Tues, 8-9pm, Thurs, 8-9pm St Mark's C.C; Fri, 7.30 – 8.30pm, Flipout Trampoline Park, 281 Barking Road, East Ham, E6. Sessions cost £5, call 07886 884 573 for details

Pain Management 🌟 Second Fri of the month, 5.30-7pm, Manor Park

Diabetes Support Session 🌟 Information session on how to prevent and manage the condition with specialist advice. Third Fri of the month, 5.30-7pm, Manor Park

Newham Dog Community 🌟 Monthly dog walks, various group events and activities. Call 07927 176477 or join the closed group on Facebook or visit www.newhamdogcommunity.co.uk

Hatha Yoga £5 first class, email yogabreathandbody@gmail.com for details. Beginner/Level 1 hatha yoga: Mon, 7.15-8.45pm, Weds, 6.30-7.45pm, Chandos C.C

Zumba 🌟 Child-friendly sessions which will run for an initial 10 weeks and possibly long-term depending on demand. Fri, 10-11am, St Mark's C.C, Tollgate Road, E6

Zumba with Cuban David For more details call David on 07950424778 or Chris on 07956723915. Mon, 6.30-7.30pm, £5 per class. Queens Road West Community Centre, 63 Queens Road West, Plaistow, E13 0PE.

Inclusive Yoga 🌟 A slower, gentle class on the chair, mat or wheelchair. Thurs, 11.15am-12.15pm, Beckton

50+ ACTIVITIES

Get Active, Get Healthy, & Exercises for Fitness 🌟 Thurs, 11am-12pm, Jack Cornwell C.C

Fitness 🌟 Sessions free for over 55s but £1 for under 55s. Thursday fitness at 9.15-10am (55+); Thursday fitness at 10-10.45am is open to all (£1 charge for under 55's); Zumba, 1-2pm, Tues, ladies only (55+); Exercise for ladies, 9.30-10.30am, Fri (55+); Exercise for ladies, 10.30-11.30am, Fri, (£1 charge for under 55's), Katherine Road C.C

Tea Dance 🌟 Call 0793 035 2453 for details. Weds, 2.30-4pm, Canning Town

Over 50s Social Club Friendly community group offers a game of dominoes, cards, bingo, a light lunch (£2) and much more. Tel: 020 8514 0903. Weds, 11.30am-3.30pm, Manor Park C.C

Newham Parkinson's Group 🌟 Drop-in sessions for those affected by Parkinson's. 3rd Mon of the month, 11am-1pm, Stratford

Line Dancing Mon, 6.30-7.30pm (55+), Canning Town; Weds, 12.15-1.15pm (£2pp), The Well C.C; Thurs, 1-3pm (£1 per session), RDLAC, Albert Road, North Woolwich

Walking Group 🌟 Social walks in the Beckton and Royal Docks areas. Fri, 1.15pm, Beckton

Tone-Tastic Low impact aerobic class with resistance bands. Mon, 3.30-4.30pm, Forest Gate

Healthy Hearts Programme Weds, 3.30-4.30pm, Plaistow

Drop-in Embroidery Class (50yrs) 🌟 Mon, 11am-1pm, East Ham

Over 60s Social Club Fri, 12.45-2pm, Canning Town

Games and Friendship Club 🌟 Chat and make friends over some games and a cuppa. Thurs, 11am-1pm, East Ham

Art Classes for over 55s Classes run by the Renewal Programme at 395 High Street North, Manor Park, E12. For more details call 020 8471 6954 or www.renewalprogramme.org.uk Middle Eastern Art & Calligraphy, Fri, 10am-12pm; Photography for over 55s, Thurs, 10am-12pm; Textile Design for over 55s, Tues, 1.30-3.30pm

Holiday Spanish Club (50yrs) 🌟 Weds, 12.30-1.30pm, Manor Park

Forever Young (50yrs) Enjoy community activities and make new friends. Weds, 11am-1pm, Beckton; Weds, 10.30am-12.30pm, Forest Gate

St Luke's Over 50s Club Activities include gentle Tai Chi, board games, gardening and sewing. Call Alison Skeat on 0207 366 6403, for details email alison.skeat@chctcorp.org.uk Fri, 10.30am-4.30pm, St Luke's C.C, Tarling Road, E16

Tai Chi Mon, 12.15-1.15pm, £2, The Well C.C

Chair Based Yoga Tues, 11.30am-12.30pm, Fri, 12-1pm, Jeyes C.C

Creative Coffee Morning (65yrs+) 🌟 For more information, call Colette on 020 8279 1002 or colette@stratford-circus.com Thurs, 10am-12pm, Stratford Circus Arts Centre, Theatre Square, Stratford, E15; Tues, 2-2.30pm, Katherine Road C.C

Over 55's fitness session 🌟 Register at Plaistow Library. Fri, 11am – 12pm, Newham Leisure Centre

Keep Fit Line Dancing for Over 55s 🌟 Weds, 2.30-4pm, Custom House & Canning Town neighbourhood centre, E16. Call 07930 352453 for more details.

All listings may be subject to change. Please contact individual events and activities before attending.

FEMALE SPORTS

Female Only Zumba Tues, 6-7pm, Forest Gate Community School, Forest Ln, E7. £2. Thurs, 10.15-11.15am, Stratford, £2.50; Mon, Weds, 6.30-7.30pm, Asta Community Hub, 14A Camel Rd, E16. £2.50

Women's badminton academy £2.05 charge. Fri, 1-3pm, East Ham Leisure Centre, 324 Barking Road, East Ham, E6. Call 07930 162505 for info

Women's Boxing Mon, 9.15-10.15am, Katherine Road C.C

Women's Fitness Contact courses@bonnydowns.org or call 020 8586 7070 for more details Mon, 6-7pm, The Well C.C

Zanga Zanga Fitness (16yrs) £5 per session. Thurs, 5-6pm, Froud Community Centre, 1 Toronto Avenue, Manor Park

SPORTS

Black Arrows Badminton Club Adults: Fri, 7-9pm, Juniors: Sat, 10am-12pm, £3.70, East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037173

Adult Tennis (16yrs+) Sun, 10-11.30am, 11.30am-1pm, Stratford Park (tennis courts), West Ham Ln, Stratford Email: playtennis@activenewham.org.uk

Football and boxing 60A Albatross Cl, London E6 5NX. For more details, email: AJohny@westhamunited.co.uk. Sat, 10am-12pm



Walking Football (18yrs) Mon, 10-11am (except Bank Holidays), Call 07306 010857 for more details, Memorial Park AstroTurf, E15 3BP

FOOTBALL

AIR Football (16yrs) Tues, 1-3pm, Fri, 10am-12pm, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6

WHU Kicks Mon, Tues, Fri, 4-7pm, WHUCST, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat, 10.30am-12pm, Newham Leisure Centre, E13

BASKETBALL



Basketball Sessions Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Ability Club (14-25yrs) Multi sports for disabled young people. Mon, 5-6pm, Newham Leisure Centre. Weds, Fri, 5-6pm, NewVlc, E13 Contact Paul495@btinternet.com or call 07811 671082

Wheelchair Cricket (12yrs) Thurs, 6-7pm, Newham Leisure Centre. Contact Bradley.Donovan@essexcricket.org.uk



RUNNING AND ATHLETICS

Running and Athletics Newham & Essex Beagles Athletics Club. Visit www.newhamandessexbeagles.co.uk for more details

East End Road Runners Coached sessions. Newham Leisure Centre, E13. Tues, Thurs, 7pm; Sun, 9am. Call 07979 261647

COMMITTEE MEETINGS

Meetings take place at Newham Town Hall, Barking Road, E6, unless otherwise stated. Tues, 28 Jan, 7pm, Overview and Scrutiny Cttee; Mon, 3 Feb, 7pm, Local Development Cttee; Tues, 11 Feb, 6.30pm, Strategic Development Cttee, Will Thorne Council Chamber, Old Town Hall, Stratford, E15, Tues, 18 Feb, 6pm, Cabinet. For the full list of meetings visit www.newham.gov.uk/councilmeetings

CONTACT THE MAYOR

Mayor's Surgery By appointment only. Sat, 25 Jan, 10am-12pm, Stratford Library, The Grove, Stratford, E15; Sat, 8 Feb, 10am-12pm, Forest Gate Library, Woodgrange Road, E7 Call 020 8430 2000 to book or email Mayor@newham.gov.uk

Telephone surgery Weds, 22 Jan; Weds, 19 Feb Call 020 8430 2000, 1-2pm. Leave your contact details and information about your query

CONTACT DETAILS

LIBRARIES

Beckton Globe 020 3373 0853
Canning Town 020 3373 0854
Custom House Library 020 3373 0855
East Ham 020 3373 0827
Green Street 020 3373 0857
Forest Gate 020 3373 0856
Manor Park 020 3373 0858
Plaistow 020 3373 0859
Stratford 020 3373 0826
Archives and Local Studies 020 3373 6881

COMMUNITY CENTRES (C.C)

East Ham Market Hall 020 8471 0292
Jack Cornwell C.C. 020 8553 3459
Jeyes C.C. 020 3373 2205
Katherine Rd C.C. 020 8548 9825
St Mark's C.C. 020 7474 1687
Vicarage Ln C.C. 020 8519 0235
Harold Rd Centre 020 8472 2805
Queens Market 020 8475 8971
Rabbits Rd Institute 020 3373 0858
Royal Docks Learning Activity Centre 020 7476 1666
St John's Church 020 8503 1913
St Bartholomew's Church & Centre, 020 8470 0011
The Community Resource Centre, 020 3373 2697
St. Paul's Church Centre 020 8552 9955
The Well Community Centre 020 8586 7070

LEISURE & SPORTS VENUES

Atherton Leisure Centre 189 Romford Rd, E15
East Ham Leisure Centre 324 Barking Rd, E6
Newham Leisure Centre 281 Prince Regent Ln, E13
NewVlc Prince Regent Ln, E13
UEL SportsDock Docklands Campus, University Wy, E16



HAVE YOUR SAY ON LOCAL DEMOCRACY IN **NEWHAM** #NewhamDemocracyCommission

The Democracy and Civic Participation Commission in Newham is exploring ways in which local residents can be more engaged and involved in local decision-making and the council's work.

Public Evidence Hearing

Stratford Library - Wednesday 29 January from 10.45am – 5pm

Have Your Say

Coffee mornings, drop-in sessions and public meetings across the borough until

Friday 24 January 2020

For all event details and to have your say online go to
www.newhamdemocracycommission.org

Delivered by



**MONDAY 27
JANUARY 2020**

9.30am - 12pm
Old Town Hall Stratford,
29 Broadway, E15 4BQ.

Doors will open at 9am



This year, we are honoured to welcome guest speaker
and Holocaust survivor **John Hajdu MBE**

The theme this year is **Stand Together**

This is a **FREE** public event

All are welcome to attend
www.newham.gov.uk/hmd

At 6.30pm there will be a free screening of
The Book Thief (12A) at Stratford Picture House.

Please book via Eventbrite
www.eventbrite.co.uk/e/the-book-thief-tickets-8921062839



HOLOCAUST MEMORIAL DAY